



WASHINGTON RAMS FOOTBALL CALENDAR



October 2026 ~ REGION Month

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27-Sep	28-Sep	29-Sep	30-Sep	1	2	3
On your own Review Film in 	Mental Monday O/D Meeting 3:00-3:20 PM W/R 3:30-4:40 PM Practice 5:00-6:30 PM	Tough Tuesday O/D Meeting 3:00-3:20 PM Practice 3:40-5:35 PM	Warrior Wednesdy ST Meeting 3:00-3:20 PM W/R 3:30-4:40 PM Practice 4:55-6:20 PM	Tatical Thrusday Ram Time 2:55-3:30 PM Walk-Thru Game Plan 3:40-5:00 PM	Varsity Game #6 Washington vs. Carl Hayden	Treatment 8:00-8:30 AM Flexibility Training 8:30-9:30 AM
4	5	6	7	8	9	10
On your own Review Film in 	Fall Break Mental Monday O/D Meeting 3:00-3:20 PM W/R 3:30-4:40 PM Practice 5:00-6:30 PM	Fall Break Tough Tuesday O/D Meeting 3:00-3:20 PM Practice 3:40-5:35 PM	Fall Break Warrior Wednesdy ST Meeting 3:00-3:20 PM W/R 3:30-4:40 PM Practice 4:55-6:20 PM	Fall Break Tatical Thrusday Ram Time 2:55-3:30 PM Walk-Thru Game Plan 3:40-5:00 PM	Varsity Game #7 Washington @ North Canyon	Treatment 8:00-8:30 AM Flexibility Training 8:30-9:30 AM
11	12	13	14	15	16	17
On your own Review Film in 	Mental Monday O/D Meeting 3:00-3:20 PM W/R 3:30-4:40 PM Practice 5:00-6:30 PM	Tough Tuesday O/D Meeting 3:00-3:20 PM Practice 3:40-5:35 PM	Warrior Wednesdy ST Meeting 3:00-3:20 PM W/R 3:30-4:40 PM Practice 4:55-6:20 PM	Tatical Thrusday Ram Time 2:55-3:30 PM Walk-Thru Game Plan 3:40-5:00 PM	Varsity Game #8 Washington vs. Copper Canyon	Treatment 8:00-8:30 AM Flexibility Training 8:30-9:30 AM
18	19	20	21	22	23	24
On your own Review Film in 	Mental Monday O/D Meeting 3:00-3:20 PM W/R 3:30-4:40 PM Practice 5:00-6:30 PM	Tough Tuesday O/D Meeting 3:00-3:20 PM Practice 3:40-5:35 PM	Warrior Wednesdy ST Meeting 3:00-3:20 PM W/R 3:30-4:40 PM Practice 4:55-6:20 PM	Tatical Thrusday Ram Time 2:55-3:30 PM Walk-Thru Game Plan 3:40-5:00 PM	Varsity Game #9 Washington @ Alhambra	Treatment 8:00-8:30 AM Flexibility Training 8:30-9:30 AM
25	26	27	28	29	30	31
On your own Review Film in 	Mental Monday O/D Meeting 3:00-3:20 PM W/R 3:30-4:40 PM Practice 5:00-6:30 PM	Tough Tuesday O/D Meeting 3:00-3:20 PM Practice 3:40-5:35 PM	Warrior Wednesdy ST Meeting 3:00-3:20 PM W/R 3:30-4:40 PM Practice 4:55-6:20 PM	Tatical Thrusday Ram Time 2:55-3:30 PM Walk-Thru Game Plan 3:40-5:00 PM	Varsity Game #10 Washington vs. Maryvale	Treatment 8:00-8:30 AM Flexibility Training 8:30-9:30 AM