



WASHINGTON RAMS FOOTBALL CALENDAR

July 2025 ~ **FOOTBALL CAMP MONTH**



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29-Jun	30-Jun	1	2	3	4	5
Ram's Football Camp is for CLEARED Athletes through Register My Athlete, ONLY!	 Weightroom 6:30-7:25 PM Summer Football 7:30-9:00 PM 	Speed/Agility & Field Workout 6:30-8:30 PM 	 Weightroom 6:30-7:25 PM Summer Football 7:30-9:00 PM 	GLADIATOR   6:30-8:00 PM		Ram Workout @ Home
6	7	8	9	10	11	12
	 Weightroom 6:30-7:25 PM Summer Football 7:30-9:00 PM 	Speed/Agility & Field Workout 6:30-8:30 PM 	 Weightroom 6:30-7:25 PM Summer Football 7:30-9:00 PM 	GLADIATOR   6:30-8:00 PM		Ram Workout @ Home
13	14	15	16	17	18	19
Ram's Football is for CLEARED Athletes through Register My Athlete, ONLY!	 Weightroom 6:30-7:25 PM Summer Football 7:30-9:00 PM 	Speed/Agility & Field Workout 6:30-8:30 PM 	 Weightroom 6:30-7:25 PM Summer Football 7:30-9:00 PM 	 Ram's Football Camp @ Prescott High School Cost \$275 		
20	21	22	23	24	25	26
Return from Camp @ 2:00PM  	 Weightroom 6:30-7:25 PM Summer Football 7:30-9:00 PM 	Speed/Agility & Field Workout 6:30-8:30 PM 	 Weightroom 6:30-7:25 PM Summer Football 7:30-9:00 PM 	GLADIATOR   6:30-8:00 PM	Need to be cleared by TODAY in order to receive equipment on Monday!	
27	Mandatory 28	29	30	31	1-Aug	2-Aug
	RAM's Pre-Season Varsity Equipment 4:00 PM 9/10 Equipment 5:00 PM Team Meeting 6:00-7:00 PM	 RAM's Pre-Season Practice #1 O/D Meeting 6:00-7:00 PM W/R 7:10-8:15 PM	 RAM's Pre-Season Practice #2 ST Meeting 6:00-7:00 PM W/R 7:10-8:15 PM	 RAM's Pre-Season Practice #3 O/D Meeting 6:00-7:00 PM W/R 7:10-8:15 PM	 Media Day 6:00-9:00 PM Ht, Wt, 40, L-Drill, ProAgility, Vertical, Broad Jump	