



WASHINGTON RAMS FOOTBALL CALENDAR



September 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29-Aug	Full Pads 30-Aug	Full Pads 31-Aug	Helmet & Shoulder Pads 1	Full Pads 2	3	NO Pads 4
	RAM's Varsity Practice #1 3:25 O-Meetings 4:05 Weightroom 5:15-7:15 Practice	RAM's Varsity Practice #2 3:25 D-Meetings 4:05 Weightroom 5:15-7:15 Practice	RAM's Varsity Practice #3 3:25 ST-Meetings 4:05 Weightroom 5:15-6:45 Practice	Scrimmage Game Washington @ Tempe	RAM's Varsity Practice #5 3:00 PM Film Break Down 4:15-5:00 PM Weightroom	On your own Review Film in
5	Full Pads 6	Full Pads 7	Helmet & Shoulder Pads 8	Helmet ONLY! 9	10	NO Pads 11
	RAM's Varsity Practice #6 3:25 O-Meetings 4:05 Weightroom 5:15-7:15 Practice	RAM's Varsity Practice #7 3:25 D-Meetings 4:05 Weightroom 5:15-7:15 Practice	RAM's Varsity Practice #8 3:25 ST-Meetings 4:05 Weightroom 5:15-6:45 Practice	RAM's Varsity Practice #9 2:55 Ram Time 3:45 Practice Walk-Thru Game Plan	1st Varsity Game Washington @ Flagstaff	RAM's Varsity Practice #10 Treatment 8:00-8:45 AM Weightroom 9:00-10:30 AM
12	Full Pads 13	Full Pads 14	Helmet & Shoulder Pads 15	Helmet ONLY! 16	17	NO Pads 18
On your own Review Film in 	RAM's Varsity Practice #11 3:25 O-Meetings 4:05 Weightroom 5:15-7:15 Practice	RAM's Varsity Practice #12 3:25 D-Meetings 4:05 Weightroom 5:15-7:15 Practice	RAM's Varsity Practice #13 3:25 ST-Meetings 4:05 Weightroom 5:15-6:45 Practice	RAM's Varsity Practice #14 2:55 Ram Time 3:45 Practice Walk-Thru Game Plan	Varsity Game #2 Washington vs. Prescott	RAM's Varsity Practice #15 Treatment 8:00-8:45 AM Weightroom 9:00-10:30 AM
19	Full Pads 20	Full Pads 21	Helmet & Shoulder Pads 22	Helmet ONLY! 23	24	NO Pads 25
On your own Review Film in 	RAM's Varsity Practice #16 3:25 O-Meetings 4:05 Weightroom 5:15-7:15 Practice	RAM's Varsity Practice #17 3:25 D-Meetings 4:05 Weightroom 5:15-7:15 Practice	RAM's Varsity Practice #18 3:25 ST-Meetings 4:05 Weightroom 5:15-6:45 Practice	RAM's Varsity Practice #19 2:55 Ram Time 3:45 Practice Walk-Thru Game Plan	Varsity Game #3 Washington vs. Independence	RAM's Varsity Practice #20 Treatment 8:00-8:45 AM Weightroom 9:00-10:30 AM
26	Full Pads 27	Full Pads 28	Helmet & Shoulder Pads 29	Helmet ONLY! 30	1-Oct	NO Pads 2-Oct
On your own Review Film in 	RAM's Varsity Practice #21 3:25 O-Meetings 4:05 Weightroom 5:00-6:45 Practice	RAM's Varsity Practice #22 3:25 D-Meetings 4:05 Weightroom 5:00-6:45 Practice	RAM's Varsity Practice #23 3:25 ST-Meetings 4:05 Weightroom 5:00-6:30 Practice	RAM's Varsity Practice #24 2:55 Ram Time 3:45 Practice Walk-Thru Game Plan	Varsity Game #4 Washington @ Cortez	RAM's Varsity Practice #25 Treatment 8:00-8:45 AM Weightroom 9:00-10:30 AM