



WASHINGTON RAMS FOOTBALL CALENDAR

August 2025 ~ **FOOTBALL PRESEASON MONTH**



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27-Jul	Mandatory 28-Jul	29-Jul	30-Jul	31-Jul	1	2
Football is for CLEARED Athletes through Register My Athlete, ONLY!	RAM's Pre-Season Team Meeting 3:00-3:20 PM Equipment 3:30-5:00 PM W/R & Field Workout 5:10-7:30 PM	RAM's Pre-Season O/D Meeting 6:00-6:30 PM W/R 6:40-7:15 PM Field 7:20-8:35 PM	RAM's Pre-Season O/D Meeting 6:00-6:30 PM W/R 6:40-7:15 PM Field 7:20-8:35 PM	RAM's Pre-Season ST Meeting 6:00-6:30 PM W/R 6:40-7:15 PM Field 7:20-8:35 PM	Media Day 6:00-9:00 PM Ht, Wt, 40, L-Drill, ProAgility, Vertical, Broad Jump	Day OFF
3	Helmet ONLY! 4	Helmet ONLY! 5	Helmet ONLY! 6	Helmet & Shoulder Pads 7	Helmet & Shoulder Pads 8	9
Day OFF	School Begins RAM's Pre-Season Practice #1 Team Meeting 6:00-6:20 PM W/R 6:30-7:40 PM Practice 7:45-8:55PM	RAM's Pre-Season Practice #2 O/D Meetings 6:00-6:20 PM Practice 6:30-8:55 PM	RAM's Pre-Season Practice #9 O/D Meetings 6:00-6:20 PM W/R 6:30-7:10 PM Practice 7:25-8:55PM	RAM's Pre-Season Practice #4 ST Meeting 6:00-6:20 PM Practice 6:30-8:55 PM	RAM's Pre-Season Practice #5 O/D Meeting 6:00-6:20 PM Practice 6:30-8:55PM	On your own Review Film in
10	Helmet & Shoulder Pads 11	Full Pads 12	Full Pads 13	Full Pads 14	Full Pads 15	16
Day OFF	RAM's Pre-Season Practice #6 O/D Meetings 6:00-6:20 PM W/R 6:30-7:10 PM Practice 7:25-8:55PM	RAM's Pre-Season Practice #7 Football Card 3:30-4:00 PM W/R 4:10-4:50 PM ST Practice 5:10-7:30 PM	RAM's Pre-Season Practice #8 ST Meetings 6:00-6:20 PM Practice 6:40-8:55 PM	RAM's Pre-Season Practice #9 O/D Meetings 6:00-6:20 PM W/R 6:30-7:10 PM Practice 7:25-8:55PM	RAM's Pre-Season Practice #10 Football Card Check Point Film & Practice 6:00-8:55 PM 	On your own Review Film in
17	Full Pads 18	Full Pads 19	Full Pads 20	Full Pads 21	Full Pads 22	23
On your own Review Film in 	RAM's Pre-Season Practice #11 O/D Meeting 6:00-6:20 PM W/R 6:30-7:10 PM Practice 7:30-8:55 PM	RAM's Pre-Season Practice #12 O/D Meetings 6:00-6:20 PM Practice 6:35-8:55 PM	RAM's Pre-Season Practice #13 Football Card 3:30-4:00 PM W/R 4:10-4:50 PM ST Practice 5:10-7:30 PM	RAM's Pre-Season Practice #14 Ram Time 6:00-6:20 PM Practice 6:30-8:00 PM	Purple & White Scrimmage 6:00 PM BBQ & Parents Meeting to follow	On your own Review Film in
NO Pads 24	Helmet ONLY! 25	Full Pads 26	Helmet & Shoulder Pads 27	Helmet & Shoulder Pads 28	29	30
On your own Review Film in 	Mental Monday O/D Meeting 6:00-6:20 PM W/R 6:30-7:10 PM Practice 7:20-8:55 PM	Tough Tuesday O/D Meeting 6:00-6:20 PM Practice 6:35-8:35 PM	Warrior Wednesdy ST Meeting 6:00-6:20 PM W/R 6:30-7:10 PM Practice 7:20-8:55 PM	Tactical Thrusday Ram Time 2:55-3:30 PM Walk-Thru Game Plan 3:40-5:00 PM	1st Varsity Game Washington @ Glendale	Treatment 8:00-9:00 AM Flexibility Training 9:00-10:00 AM