

Seniors' Centre Holiday Hours

The Centre will be closed Dec. 24, 25, 26th and Jan 1st.

Entertainment Schedule

The Christmas Entertainment evening will be December 17th. Entertainment will restart on January 2, 2020. Doors open at 4:30 p.m. Thank you to all who come out every week to support entertainment .

Merry Christmas and Happy New Year from Tilly.

Program Cancellations and changes

- Social Dance will be held Dec. 2 and 5th and then cancelled until the new year.
- no Wednesday crafts until the New Year except for a meeting Dec. 19th for December's birthdays.
- Dec 18th - Chair Yoga and Mahjong cancelled due to Sherry and Shortbread social.
- Last Carpet Bowling until New Year is Dec 19th - back Jan 7th.
- Line Dancing cancelled Dec. 27th.
- Book Club cancelled for December.
- Whist cancelled Dec. 4, 11th and 25th.

Lights on Kitimat Contest

Kitimat Snowflake Seniors' Centre members will be driving around Kitimat neighbourhoods to admire the festive decorations that adorn our homes this holiday season.

Judging for creative displays will take place between December 8 - 15.

To enter just turn your lights on after 6pm. Photos of the winning homes will be published in the Dec. 19th edition of the Kitimat Northern Sentinel.

Notice to Program / Event Leaders

Please ensure that a replacement leader is in place if you are planning to be away. This will prevent cancellations that may result in disappointment and inconvenience. Your cooperation is appreciated.

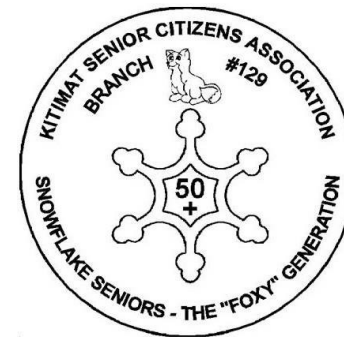
Sick and Visiting

Please call Carol Paul at 250-632-5628 if you know of someone who is sick or in need of a visit. This past month Carol sent flowers and a card to Nancy Gray, Eylene Craven, Anne Bunn, Fran Hrynkiw and to a Seniors' member in the Terrace hospital.

Newsletter Updates

If you have new items or updates for future publications, Shirley Boudreault can be contacted at 250-632-4295 or email shirlboud@icloud.com.

Please note-- all submissions must be received a week prior to month end to ensure inclusion.



Our Goal

Loneliness is a recurring problem within the lives of, not only seniors but, everyone. The impact that being lonely can have on one's mental and physical being is far from healthy and can easily be reduced with a bit of help. That's why here, at Snowflake Seniors' Centre, we strive to reduce feelings of loneliness and give the seniors of our community a positive and safe place where they can hangout and mingle whenever they feel like getting out of the house. We strive to create a positive environment where everyone feels welcome and can have fun. Join us in our journey to better the lives of the Seniors in Kitimat.

KITIMAT

Seniors' Centre

DECEMBER 2019

NEWSLETTER

**KITIMAT SENIOR CITIZENS
ASSOCIATION BRANCH #129**

658 Columbia V8C 1V5

Phone: 250-632-3405

Programmer: **Amelia Pozsgay** 250-632-3475

Monday - Tuesdays 9-2

Wednesdays - Thursdays 10 - 3

E-mail: kitsca@citywest.ca

Website: www.kitimat seniors.com

Our Elected 2020 Executive

Ray Taylor: President

Pauline Morgan: Vice President

Richard Krickan: 2nd Vice President

Barb Thomas: Treasurer

Gillian Mullins: Secretary

Anne Berrisford: Director

Janice Bienias: Director

Nelly Lamers: Director

Under the Christmas Tree Tea , Bazaar and Raffle

Together Everyone Achieves More: Thus, a successful Raffle, Luncheon and Bazaar is possible only through the expertise and the giving of time by a generous T.E.A.M. We made every effort to include all invaluable volunteers. We humbly apologize if we have inadvertently missed any hardworking volunteer. We would like to thank the following volunteer teams:

Raffle Ticket Sales:

Save-On Foods/Riverlodge and Individual Books - Anne Berrisford, Elfryda Bienias, Anne Bunn, Eylene Craven, Elaine Farina, Mariane Foster, Luella Froess, Darlene Gleig, Cindy James, Connie Laitinen, Theresa Mildenerger, Edna Partington, Carol Paul, Jackie Potuzak, Bonnie Schmidt, Bill Whittey, and Paul Zenuk.

Save-On-Foods Table - Janice Bienias, Ruth Brady, Connie Craig, Art Emmerson, Ray Foster, Helga Klem, Barb Knapton, Richard Krickan, Nelly Lamers, Lois Marleau, Gillian Mullins, Marjorie Oleniuk, Bonnie Schmidt, Margaret Sanou, and Cheri Seppela.

Individual Books – Karen Bringleston, Karina Dziuba, Melanie Fossil, Karen Highton, Fran Hrynkiw, Sharon Hughan, Sharron Keller, Sandy Knowles, Pearl Lennox, Aileen Ponter, Barb Thomas, Brent Thompson, John Tymchyshyn, Tina Watchorn, and Loesje Weightman.

Luncheon and Bazaar:

Marion Amado, Tillie Bachmann, Elfryda Bienias, Janice Bienias, Frank DaSilveira, Terry Dillabough, Elnora Dillabough, Melanie Fossil, Mariane Foster, Ray Foster, Sharon Hughan, Betty Jankauskas, Connie Laitinen, Nelly Lamers, Melanie Lapointe, Kelly Loran, Pauline Morgan, Gillian Mullins, Edna Partington, Linda Partington, Doug Paterson, Bonnie Schmidt, Wolf Schmidt, Molly Steele, Barb Thomas.

Phoning:

Anne Bunn

We gratefully thank all those businesses and individuals from Terrace and Kitimat whose generous donations supported our event.

“Under the Christmas Tree” Raffle:

Prize Package 1 Donated by: Canadian Tire, Save-on Foods, Cooks Jewellers, McEllanney Ltd., and Aileen Ponter. **Winner** is Anne Bunn.

Prize Package 2 Donated by: M Star Motels, Chalet, Rosario’s, and the Kitimat Concert Association. **Winner** is Carolyn Stella.

Prize Package 3 Donated by: Terrace’s Comfort Inns, Back Eddy Bar and Grill, Tillicum Theatres, and Wings. **Winner** is Paul Wilkinson.

Prize Package 4 Donated by: Prevost R.V. and Marina, Snow Valley Ford, Phil’s Mobile Service, and Rio Tinto. **Winner** is Bobbi Cross.

Prize Package 5 Donated by: The Diva in You, Vitality Spa, Pyramid Office Supplies, and Prevost R.V. and Marina. **Winner** is James Wilson.

Continued on page 7

Under the Christmas Tree Tea, Bazaar and Raffle (Continued from page 2)

Door Prizes made possible by the following businesses:

Sponsor	Winner
Pedro’s	Leslie Lawrence
Gemmas	Melissa Oleniuk
Beitz Computer	Eleanor Kendall
Caprice Trading Post	Maria DaSilveira
Bradley’s Bait and Tackle	Marla North
Kermode Tooling (Laura Yeager)	Janice Bienias
McCarthy Motors	Chelsea Rinquinna
W.D. Fashions	Marjorie Oleniuk
Andre’s Tech	Jim Yakiwchuk
Terrace Home Hardware	MurrieCollings
Kermode Tooling	Fil Greenslade
Kermode Tooling	Gillian Mullins
Unique Creations	Felix Mullins

Congratulations to all the winners and a heartfelt appreciation to all volunteers. The Christmas Party door prize winners will be acknowledged after the December 4, 2019 dance. This is the perfect segue into the Christmas/Holiday Season.

Finally yet most importantly, we thank all those who kindly donated baking and bazaar items. They are most definitely an integral part of our successful team. See you again next year!

Snowflake Senior Centre Craft Group

Elfryda Bienias, Anne Bunn, Shari Burrows, Eylene Craven, Melanie Fossil, Ruth Hanson, Sharon Hughan, Cindy James, Connie Laitinen, Edna Partington, and Bonnie Schmidt.





KITIMAT

Senior's centre



This Month's Events

Sherry and Shortbread Social: Join us for the afternoon and share the joy of the Christmas season! There will be special guests, treats, and more importantly, a time to gather with friends. Wear your ugliest Christmas sweater to enter our Ugly Sweater Contest and reduce your entrance fee from \$6.00 to \$4.00.

Dec 18th - 1:30 p.m.
\$6.00/person
\$4.00/person wearing
ugly sweater
Seniors' Centre
1:30 - 3:30 pm
Registration Req'd.
Pay at door

Just for Laughs



Program / Event Leader Contact List

Bridge: Richard Krickan

Carpet Bowling: Ray Foster

Choir and Ukulele: Fran Hrynkiw

Computer Users: Helen O'Neill

Crafts & Bazaar: Shari Burrows

Cribbage: Michael Middleton

Cycling Group: NA

Entertainment: Tilly Bachmann

Exercise and Chair Yoga: Janice Bienias

Genealogy Group - Elaine Farina and

Bev Whicher

Line Dancing: Aileen Ponter

Mahjong: Barb Knapton

Maintenance: Earl Keller and Bill Whitty

Hosting the Centre: Barb Knapton

Membership: Helen O'Neill

Newsletter: Shirley Boudreault

Pancake Breakfast: Tilly Bachmann and

Betty Jankauskas

Pickle Ball: Theresa Mildenberger

Potlucks and Socials: NA

Publicity: Jean Nidd

Purchasing: Tilly Bachmann

Recycling: Grant Macdermid,

Cans: Sharron Keller

Seniors Counselor: NA

Sick and Visiting : Carol Paul

Social Dance: Pauline Morgan

Sueca: Evaristo Cabral

Tai Chi: Bill Willis

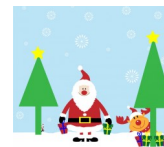
Table Tennis: Norbert Eitner

Whist: Shari Burrows

Do you like what you see but aren't a member? We encourage you to try any of our activities 3 times for free prior to purchasing a membership.



DECEMBER



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Tai Chi-7am PickleBall-8:30am Social Dance - 11:15am Crib- 1pm Bridge & Mexican Train-7pm	3 Tai Chi-7am Table Tennis-8:30am Carpet Bowling-1:30pm Sing along @ MLC -1:30pm Entertainment- 6pm	4 Tai Chi-7am PickleBall-8:30am Chair Yoga-11am Mahjong-1pm Christmas Party - 5:30pm	5 Tai Chi-7am Table Tennis-8:30am Social Dance - 11:00am Carpet Bowling-1:30pm Knot Just Knitting-1:30pm	6 Tai Chi-7am PickleBall - 8:30 am Line Dancing- 10:30am Ukulele-1:30pm	7
8	9 Tai Chi-7am PickleBall-8:30am Crib- 1pm Bridge & Mexican Train-7pm	10 Tai Chi-7am Table Tennis-8:30am Carpet Bowling-1:30pm Sing along @ Seniors-1:30pm Entertainment- 6pm	11 Tai Chi-7am PickleBall-8:30am Chair Yoga-11am Mahjong-1pm Genealogy (Library)-- 1:30pm	12 Tai Chi-7am Table Tennis-8:30am General Meeting-1:00pm Entertainment-6pm	13 Tai Chi-7am PickleBall-8:30am Line Dancing- 10:30am Carpet Bowling - 1:30pm Ukulele-1:30pm	14
15	16 Tai Chi-7am PickleBall-8:30am Crib- 1pm Bridge & Mexican Train-7pm	17 Tai Chi-7am Table Tennis-8:30am Carpet Bowling-1:30pm Sing along at MLC -1:30pm Entertainment Party - 6p.m.	18 Tai Chi-7am PickleBall-8:30am Sherry & Shortbread - 1:30 Whist-7pm	19 Tai Chi-7am Table Tennis-8:30am Carpet Bowling Party- 1:00pm Knot Just Knitting-1:30pm Ukulele at MLC 1:30pm	20 Tai Chi-7am PickleBall-8:30am Line Dancing- 10:30am Ukulele-1:30pm	21
22	23 Tai Chi-7am PickleBall-8:30am Crib- 1pm Bridge & Mexican Train- 7pm	24 CHRISTMAS EVE - all pro- grams cancelled	25 CHRISTMAS DAY - all programs cancelled	26 BOXING DAY - all programs cancelled	27 Tai Chi-7am PickleBall-8:30am Ukulele-1:30pm	28
29	30 Tai Chi-7am PickleBall-8:30am Crib- 1pm Bridge & Mexican Train- 7pm	31 Tai Chi-7am Table Tennis-8:30am	Jan 1/20 HAPPY NEW YEAR - Riverlodge and Seniors' Centre closed.			