

RUTHLESS



AGGRESSION



MONDAY	
8AM - 9AM	Jiu Jitsu
12PM - 1PM	Jiu Jitsu
4PM - 6PM	Boxing
6PM - 8PM	Jiu Jitsu
TUESDAY	
8AM - 9AM	Jiu Jitsu
12PM - 1PM	Jiu Jitsu
6PM - 7:45PM	Youth Wrestling
8PM - 9:30PM	Jiu Jitsu
WEDNESDAY	
8AM - 9AM	Jiu Jitsu
4PM - 6PM	Boxing
6PM - 8PM	Jiu Jitsu
THURSDAY	
8AM - 9AM	Jiu Jitsu
6PM - 7:45PM	Youth Wrestling
8PM - 9:30PM	Jiu Jitsu
FRIDAY	
8AM - 9AM	Jiu Jitsu
6PM - 8PM	Friday Night Live
SATURDAY	
12PM - 1PM	Jiu Jitsu