



## COVID-19 UPDATE – 15<sup>th</sup> January 2022

Your safety is my highest priority. I wish to assure you that I have COVID-19 Safety Plan in place and have completed Infection Control Training.

I am fully COVID-19 vaccinated and treat all clients irrespective of their vaccination status, as well as clients who are more vulnerable to COVID-19.

In view of the latest development in NSW Health Guidelines, I am taking appropriate steps to ensure your appointment is as safe as possible. I will:

- wear appropriate face mask at all times
- clean all areas of communal contact and encourage fresh airflow between each client
- wash my hands and use hand sanitiser between each client
- temperature check myself and every client before beginning treatment

As your craniosacral therapist or birth support person, I am not able to maintain 1.5m social distancing. You are therefore required to wear a facemask throughout the appointment. In addition, as my services are considered “personal services” under the NSW Health Guidelines, COVID Safe QR Code is required to be checked in upon arrival.

Please call to reschedule the appointment, if you experience any of the following:

- have flu-like symptoms such as cough, fever, runny nose, shortness of breath or sore throat, or
- are awaiting COVID-19 test result, or
- are tested positive to COVID-19 or are a close contact with a confirmed case.

Looking forward to continue serving you.

Lisa

