

JEWISH CONGREGATION OF MARCO ISLAND  
**A Road-Map to the Friday Night Service**



**An Overview Outline of the Friday Night Service**

1. **Preliminaries** –  
Greeting and gathering the assemblage for prayer.
2. **Qabbalat Shabbat, Welcoming the Shabbat Queen** –  
A celebratory prelude to worship, innovated in the 16<sup>th</sup> century by the mystics of the Galilean city of Tz'fat.
3. **The Sh'ma and Its Blessings** –  
“The Jewish Pledge of Allegiance,” affirming our identity as faithful servants of The One God.
4. **T'fillah, Prayer with a Capital “P”** –  
Core of the worship service: the conceptual counterpart to the Biblical sacrifices – consisting of Eighteen Benedictions on weekdays, and Seven on Shabbat.
5. **Conclusion** –  
Wrapping up the experience, and disbanding the assemblage.

**Components and Conduct of the Friday Night Service**

sequence	rubric	on prayerbook page[s]
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|----|--|---------|
| 1. | <b><u>Preliminaries</u></b> –  |         |
|    | a. Shabbat candle-lighting blessing.   | 120-121 |
|    | <p style="margin: 0;">בְּרוּךְ אֱשֶׁר צִוְּנוּ לְהַדְלִיק נֵר שֶׁל שַׁבָּת<br/>                     Blessed be the One Who inspires us to kindle the lights of <i>Shabbat</i>.</p> |         |
|    | b. Shabbat evening <i>Qiddush</i> (Reform placement).  | 122-123 |
|    | <p style="margin: 0;">בְּרוּךְ מְקַדֵּשׁ הַשַּׁבָּת<br/>                     Blessed be the One Who hallows the <i>Shabbat</i>.</p>  |         |
|    | c. <i>Qabbalat Panim</i> (“Personal Welcome”) – thematic readings.   | 124-129 |
| 2. | <b><u>Qabbalat Shabbat, Welcoming the Shabbat Queen</u></b> –  |         |
|    | a. Psalm 95 – a summons to celebratory worship.  | 130     |
|    | b. Psalm 96 – all Creation honors its Creator.   | 131-132 |
|    | c. Psalm 97 – the glory of the Creator.  | 132-133 |
|    | d. Psalm 98 – invoking the many praises of God.  | 133-134 |
|    | e. Psalm 99 – joining the celestial beings in honoring God.  | 135     |
|    | f. Psalm 29 – bearing witness to God’s awesome might.  | 136-137 |
|    | g. <i>L’chah Dodi</i> – 16 <sup>th</sup> -century hymn by Shlomo Alkabetz.   | 138-139 |

לָכֵּה דוֹדֵי לְקִרְאָת כַּלָּה פְּנֵי שַׁבָּת נְקַבְּלָהּ  
 Come, dear friends– let us greet the Shabbat bride!

2, *Qabbalat Shabbat* (continued)

- h. Psalm 92 – a song for Shabbat. 140  
 i. Psalm 93 – God’s grandeur exceeds all else. 141  
 j. *Shalom ‘Aleichem* – 16<sup>th</sup>-century kabbalistic hymn. 142-143

שְׁלוֹם עָלֵיכֶם מְלַאֲכֵי הַשָּׁרֵת מִמְּלַךְ מַלְכֵי  
 הַמְּלָכִים, הַקָּדוֹשׁ בְּרוּךְ הוּא  
 Peace to you, O messengers of peace from The Holy And Blessed One!

- k. *Chatzi Qaddish* – “Half” (or Reader’s) *Qaddish*.” 144

יְתַבָּרַךְ לְעֵלְאֵמוֹן כָּל בְּרִכְתָּא דְאַמִּירוֹן בְּעֵלְמָא  
 Praised be The Holy One, beyond any blessings we could recite.

3. **The *Sh’ma* and Its Blessings** –

- a. *Bar’chu* – initial call to worship. 146

בְּרַכּוּ אֶת יְיָ הַמְּבָרָךְ  
 All praise The Eternal One, Who is blessed!

- b. *Sh’ma* Prelude 1: *Ma’ariv* – God’s transcendence as Creator. 148

בְּרוּךְ אַתָּה יְיָ, הַמַּעֲרִיב עֶרְבִים  
 Praised are You, Eternal One, Who makes evening fall.

- c. *Sh’ma* Prelude 2: *Ahavat ‘Olam* – God’s immanence. 150

בְּרוּךְ אַתָּה יְיָ, אוֹהֵב עַמּוֹ יִשְׂרָאֵל  
 Praised are You, Eternal One, Who loves Your people Israel.

- d. *Sh’ma* – Deuteronomy 6:4-9, attesting to God’s Oneness. 152-154

שְׁמַע יִשְׂרָאֵל, יְיָ אֱלֹהֵינוּ, יְיָ אֶחָד  
 Hearken, O Israel: The Eternal One, our God, is One!

- e. Postlude: *Ge’ulah* – celebrating God’s redemptive power (including  
*Mi Chamochah*, the Song of the Sea – Exodus 15). 156-158

בְּרוּךְ אַתָּה יְיָ, גָּאֵל יִשְׂרָאֵל  
 Praised are You, Eternal One, Who has redeemed Israel.

- f. Hiatus 1) *Hashkiveinu* – bedtime prayer. 160

בְּרוּךְ אַתָּה יְיָ, הַפּוֹרֵשׁ סִכַּת שְׁלוֹם עָלֵינוּ  
 Praised are You, Who spread over us a sheltering canopy of peace.

- g. Hiatus 2) celebrating Shabbat in song: 162

i. *v’Sham’ru* (Exodus 31)

or

ii. *Yism’chu* (from the Saturday morning *Mussaf* service).

- h. Hiatus 3) special-focus benedictions:

i. Announcement of the coming New Moon. 379

ii. Birthday and anniversary blessings, and *sheHecheyanu*. - - -

iii. *Mi sheBeirach* prayer for the sick. 371

4. **T'fillah, Prayer with a Capital "P"** –

- a. *Adonai S'fatai* – Psalm 51:17 as prelude and summons to prayer. 164

אֲדַנִּי שִׁפְתַי תִּפְתָּח וּפִי יִגִּיד תְּהִלָּתֶךָ  
O Lord, open my mouth that my mouth may declare Your praise.

- b. *T'filah 1) Avot* – the merit of our worthy forebears. 166

זִכֹּר חֲסִדֵי אֲבוֹת, וּמְבִיא גּוֹאֵל לְבְנֵי בְנֵיהֶם  
You remember the righteousness of our forebears,  
and bring redemption to their children's children.

- c. *T'filah 2) G'vurot* – a celebration of God's might. 168

אַתָּה גִבּוֹר לְעוֹלָם אֲדָנִי, רַב לְהוֹשִׁיעַ  
You are eternally mighty, O Lord, with great redemptive power.

- d. *T'filah 3) Q'dushah* – proclaiming God's holiness. 170

בְּרוּךְ אַתָּה יְיָ, הָאֵל הַקְּדוֹשׁ  
Praised are You, God of holiness.

- e. *T'filah 4) Q'dushat haYom* – the unique holiness of Shabbat. 172

בְּרוּךְ אַתָּה יְיָ, מְקַדֵּשׁ הַשַּׁבָּת  
Praised are You, Who bestows the Shabbat with its holiness.

For weekday worship, eleven petitionary prayers are inserted here, beseeching God to endow us with discernment, repentance, forgiveness, redemption, healing, a continuance of the cycle of the seasons, the ingathering of the exiles, justice, righteousness, the rebuilding of Jerusalem, and salvation.

- f. *T'filah 5) R'tzei* – aspiring to sincere devotion. 174

בְּרוּךְ אַתָּה יְיָ, הַמְחִיזִיר שְׂכִינְתּוֹ לְצִיּוֹן  
Praised are You, Who restores Your Presence to Zion.

- g. *T'filah 6) Hoda'ah* – thanks-giving. 176

בְּרוּךְ אַתָּה יְיָ, הַטּוֹב שְׂמֵךְ וּלְךָ נֶאֱחָה לְהוֹדוֹת  
Praised are You, Whom it is good to acknowledge with gratitude.

- h. *T'filah 7) Shalom Rav* – the blessing of peace. 178

בְּרוּךְ אַתָּה יְיָ, הַמְבָרֵךְ אֶת עַמּוֹ יִשְׂרָאֵל בְּשָׁלוֹם  
Praised are You, Who blesses Your people Israel with peace.

- i. Final meditation – concluding with Psalm 19:15. 180

Final sign-off with recitation of a Biblical verse representing your Hebrew name.  
You can request a name-verse to recite, by sending a note of your Hebrew name to [RabbiMarkGross@gmail.com](mailto:RabbiMarkGross@gmail.com)!

5. **Conclusion** –

- a. *'Aleinu* – proudly accepting our duty to honor and serve God. 586-591

אֲנַחְנוּ כּוֹרְעִים לְפָנֵי הַקְּדוֹשׁ בְּרוּךְ הוּא  
We bow only before The Holy And Blessed One.

- b. *Qaddish* – memorial tribute to those who gave us Shabbat. 598

עֲשֵׂה שָׁלוֹם בְּמְרוֹמָיו הוּא יַעֲשֶׂה שָׁלוֹם עָלֵינוּ  
May the One Who makes peace On High, make peace for us.

- c. Epilogue – closing song, and ‘*Oneg-Shabbat*.’

כל המענג את השבת נותנין לו משאלות לבו שנאמר והתענג  
על ה' ויתן לך משאלות לבך עונג זה איני יודע מהו  
כשהוא אומר וקראת לשבת ענג הוי אומר זה עונג שבת  
Babylonian Talmud, Shabbat 118b - Anyone who delights in the Shabbat is granted his heart's desires – even as it is said in Scripture: “Delight yourself in The Eternal One, Who shall give you the desires of your heart” [Psalm 37:3]. Now we have no way of knowing to what this “delight” refers, until the same verse continues “you shall call the Sabbath a delight,” you may deduce it refers to **delighting in the Shabbat.**  
במה מענגו רב יהודה בריה דרב שמואל בר שילת משמיה  
דרב אמר בתבשיל של תרדין ודגים גדולים וראשי שומין  
רב חייא בר אשי אמר רב אפילו דבר מועט ולכבוד שבת  
עשאו הרי זה עונג  
By what means does one express this delight in it? Rav Judah, son of Rav Samuel son of Shilat said in Rav's name: With cooked beets, large fish, and heads of garlic. But Rav Chiya son of Ashi said in Rav's name: **even some trivial item, if prepared in honor of the Shabbat, counts as a “delight.”**

אם-תִּשִׁיב מִשַּׁבַּת רַגְלְךָ עֲשׂוֹת חֲפָצֶיךָ בְּיוֹם קִדְשִׁי  
Isaiah 58:13 - “Refrain from trampling the Shabbat by carrying out your own pursuits,  
וְקִרְאתָ לַשַּׁבָּת עֲנָג לְקִדּוֹשׁ יְהוָה מְכַבֵּד  
proclaiming the Shabbat to be a delight, and hallowing that day which The Eternal One has honored.”