

## BREAKFAST MENU

### Gendarmes (The Works)

Eggs of your choice with grilled bacon, mushroom, tomato, hash brown, sausage and toast \$25.00

### Eggs Florentine

Poached eggs on bruschetta with spinach, smoked salmon and creamy hollandaise sauce \$23.00

### Omelettes

Ham, cheese, tomato and basil OR Mushroom, thyme and mozzarella \$19.00

### French Crepes

With a selection of seasonal fruit and maple flavoured syrup \$19.50

Small \$16.00

### Eggs as you like them

With baked beans and bacon OR Spinach grilled haloumi and lemon \$21.00

### French Toast

With bacon, banana, maple and cinnamon \$20.00

### Butter Mushrooms

With feta, haloumi, lemon, garlic and spring onions. Served on toasted flat bread. \$21.00

### Extra Healthy Choices

Porridge With Grilled banana, cinnamon and honey \$15.00

### Seed Bread Bruschetta

Topped with tomato, red onion. Basil pesto and ricotta \$18.00

### Ciabatta Bread

Toasted and topped with smoked salmon, avocado and feta \$20.00

### Honey Toasted Muesli

With healthy seeds, seasonal fresh fruit and yoghurt \$16.00

## Vegan Special

### French Ratatouille

Pan fried in extra virgin olive oil, tomato, bell peppers, garlic, red onion, courgette, aubergine and flat leafed parsley and house baked flat bread \$22.00

## Gluten Free

### Omelette

Herb, Feta and mushroom with gluten free toast \$21.50

## LUNCH MENU

Available from 11am

## Salad Favourites

### Monet's Salads

Free range chicken on a bed of fresh seasonal vegetables and served with Monet's vinaigrette. \$22.50

OR

Bacon, avocado, tomato, cucumber, capsicum & greens.

## Monet's Traditional Options

### Laffes

Crispy flat bread filled with seasonal salad greens

Add free range chicken \$21.50

Add cold smoked salmon \$23.00

### Panini

Free range chicken with seasonal vegetables, topped with grated mozzarella \$20.00

OR

Smoked Salmon Brie and salad greens, topped with grated mozzarella \$21.00

## Fettunta

On ciabatta bread toasted, drizzled with olive oil rubbed with garlic and topped with tomato, avocado & basil \$18.00

On ciabatta bread toasted, drizzled with olive oil rubbed with garlic and topped with aubergine, avocado & feta \$19.00

## Iron Top Up

### Sirloin

Grilled with rosemary, garlic and olive oil, served with kumera fires, salad & horseradish \$25.00

### Protein Bowl

Poached eggs on grilled spinach tomato, garlic free ranged chicken, haloumi and lemon zest. Drizzled with Monet's vinaigrette \$23.50

### Monet's Beef Burger served with fries

Tomato, red onion, lettuce, beetroot, gherkins, sour cream & yoghurt dressing \$20.00

### Free Ranged Chicken Burger served with fries

Avocado, lettuce, red onion, tomato, sour cream & yoghurt dressing \$21.50

### Bacon & Egg Burger served with fries

Lettuce, red onion, tomato chutney, sour cream & yoghurt dressing \$19.50

## Vegan Option

### Seed Loaf Stack

With grilled tomato, basil, spinach, mint, aubergine and splashed with extra virgin olive oil \$19.00

## Gluten Free Option

### Salata Italiana

Cherry tomatoes, cucumber, red onion, bell peppers, olives, feta with gluten free croutons \$19.00

