

Risk Assessment for Training sessions and Match DaysRisk assessment applying to all attending Training and Matches.

Activity	Risk	Who might be harmed	Steps to prevent harm	Further steps	RAG	Action by whom	Date
People participating who are not eligible or medically fit	Legal liability & Unknown Medical conditions	Players	<ul style="list-style-type: none"> <li>• Ensure participants are eligible to participate – age, ability etc relevant to the session</li> <li>• Ensure participants are medically fit to participate, enquire in sensitive and confidential manner</li> </ul>	Check through registers or verbally request information at open access sessions	Amber	Parents, players, coaches, Club Welfare Officer	Ongoing
Manual Handling	Injury	Leaders, volunteers	<ul style="list-style-type: none"> <li>• Appropriate instructions are given on how to lift or move specialist items of equipment</li> <li>• Ensure enough staff are available to move heavy objects as required</li> </ul>	Ensure that staff have received appropriate instruction on manual handling	Green	Coaches, volunteers	Ongoing
Condition and access of play area (grass, astroturf, tarmac, indoor areas), i.e., Slippery, wet, uneven, dirty, dog faeces,	Slips, Trips, Falls and obstruction of access	Players & Leader	<ul style="list-style-type: none"> <li>• Removal of any items a safe distance from around the sides of the delivery area</li> <li>• Access to Qualified First Aider, First Aid Kit and Telephone</li> </ul>	Request letting body to remove large items	Green	Coaches, volunteers	Ongoing

litter, glass, large bricks and stones							
Any obstructions i.e. Benches, Chairs, Equipment, Bags surrounding the pitch	Slips, Trips & Falls	Players & Coaches	<ul style="list-style-type: none"> <li>• Removal of any items a safe distance from around the sides of the delivery area</li> <li>• Access to Qualified First Aider, First Aid Kit and Telephone</li> </ul>	Request letting body to remove large items	Green	Participants & Coaches	Ongoing
Child protection	Participants vulnerable from members of the public	Players	<ul style="list-style-type: none"> <li>• Ensure that participants leave the play area with a buddy (to the toilets/drink/break etc)</li> <li>• Leaders awareness of spectators at open access sessions and general public areas</li> <li>• Photography requires written consent</li> </ul>	<ul style="list-style-type: none"> <li>• Brief all participants before each session</li> <li>• Leaders make appropriate enquiry to member of the public</li> <li>• Written consent collected from parent / guardian</li> </ul>	Amber	Players Coaches Club Welfare Officer	Ongoing
Strains and Injuries during and after play	Injury	Players & Leader	<ul style="list-style-type: none"> <li>• Recognised Coaching methods used</li> <li>• Adequate Warn Up and Cool Down</li> <li>• Participants Wearing Suitable Clothing and Footwear</li> <li>• Access to Qualified First Aider, First Aid Kit and Telephone</li> </ul>	Planned and structured coaching session regarding injury prevention	Amber	Players	Ongoing

Weather conditions	Injury	Players, Coaches and members of the general public	<ul style="list-style-type: none"> <li>• Medical information / emergency contact details available to key staff</li> <li>• Access to qualified first aider, first aid kit and telephone</li> <li>• Postpose match if in Extreme weather conditions which can cause a huge variety of risks, such as flooding, frost, snow.</li> </ul>	<ul style="list-style-type: none"> <li>• All incidents to be recorded properly</li> <li>• Referee and club officials should call off the fixture or training session, if extreme weather is expected.</li> </ul>	Amber	Coaches, volunteers, Referee	Ongoing
Accidents (first aid)	Injury	Players & Coaches	<ul style="list-style-type: none"> <li>• Medical information / emergency contact details available to key staff</li> <li>• Access to qualified first aider, first aid kit and telephone</li> </ul>	All incidents to be recorded properly	Green	Coaches, volunteers	Ongoing
Equipment	Slips, trips, shin kicks, injuries arising thereafter	Players, coaches	<ul style="list-style-type: none"> <li>• Safety of portable goals – ensure that posts are correctly secured and fixed together/weighted if necessary</li> <li>• Ensure participants have appropriate footwear</li> <li>• Ensure participants have shin pads</li> </ul>	If participants do not have shin pads consider excluding them from the activity		Coaches, volunteers	Ongoing
Goalposts	<ul style="list-style-type: none"> <li>• Permanent goal posts.</li> <li>• Temporary goal posts</li> </ul>	Players, coaches, volunteers	<ul style="list-style-type: none"> <li>• Ensure goals are constructed correctly,</li> </ul>	<ul style="list-style-type: none"> <li>• Follow FA and BSI guidelines when purchasing goals and do not</li> </ul>	Amber	Coaches, volunteers	Ongoing

			<ul style="list-style-type: none"> <li>• Ensure goals are free from paint splinters caused by rust,</li> <li>• Ensure members of the public don't climb on them and falling. Don't use fixing nets with metal cup hooks.</li> </ul>	<p>use goals with metal cup hooks.</p> <ul style="list-style-type: none"> <li>• Referee should clear the posts safe prior to play.</li> <li>• When they are not in use, put away and store.</li> </ul>			
Pitch Condition	Uneven ground, presence of pot holes/objects, surrounding area	Players, coaches, volunteers	<ul style="list-style-type: none"> <li>• The pitch should be checked by the referee prior to any training or games.</li> <li>• The surrounding area should be checked for objects that may cause bodily injury e.g. bottles or glass.</li> </ul>	<ul style="list-style-type: none"> <li>• The pitch and surrounding area should be checked before each event by the organisers/club officials.</li> </ul>	<b>Red</b>	Coaches, volunteers	<b>Ongoing</b>
Balls	Too hard/damaged leather	Players	<ul style="list-style-type: none"> <li>• The balls should be checked by Referee/Match Official/Coaches prior to games or training.</li> </ul>	<ul style="list-style-type: none"> <li>• Make sure all balls are pumped to correct pressure, as per the manufacturer's guidelines. When leather peels they should be destroyed.</li> </ul>	<b>Amber</b>	Coaches	<b>Ongoing</b>
Footwear	Sharp studs	Players	The referee should check prior to all matches that sharp studs are not worn.	<ul style="list-style-type: none"> <li>• Club officials should check to make sure that studs their players are wearing</li> </ul>	<b>Amber</b>	Coaches, Referee	<b>Ongoing</b>

				<p>appropriate footwear for the surface.</p> <ul style="list-style-type: none"> <li>• Players should regularly check their studs</li> </ul>			
Jewellery	Loose or sharp jewellery	Players,	<ul style="list-style-type: none"> <li>• Club officials should make sure all jewellery has been removed or taped down before any match or training session can proceed.</li> </ul>	<ul style="list-style-type: none"> <li>• Referee should check to make sure all jewellery is removed or taped down.</li> </ul>	Amber	Coaches, Referee	Ongoing
conduct of players	Dangerous Play, physical violence.	Players, coaches, volunteers and members of the general public	<ul style="list-style-type: none"> <li>• The club must play to the FA rules/guidelines. The referee should caution or send off an overly aggressive player. If it is believed violence could occur the the offending players should be cautioned or sent off.</li> </ul>	<ul style="list-style-type: none"> <li>• The club should train their player to tackle correctly and within the FA rules/guidelines.</li> <li>• The club should remove any player from the field of play if behaving in a violent or dangerous manor. Legal action can be taken against a club for not controlling their player.</li> </ul>	Red	Coaches, volunteers	Ongoing
Injuries from normal play	Accidental bodily harm.	Players, Officials, Members of the Public	<ul style="list-style-type: none"> <li>• Players should warm up and cool down correctly. If a serious injury should happen</li> </ul>	<ul style="list-style-type: none"> <li>• If you are in any doubt about the severity of an injury and you</li> </ul>	Red	Coaches, volunteers	Ongoing

			a first aid worker should be first at the scene.	believe it could be life threatening contact the emergency services on 999.			
Dehydration and exhaustion	Bodily injury	Players	<ul style="list-style-type: none"> <li>Club officials must always ensure players have bottles of water.</li> </ul>	<ul style="list-style-type: none"> <li>Players should be advised to bring additional water to games and training</li> </ul>	<b>Red</b>	Coaches, Players	<b>Ongoing</b>
Public proximity to pitch	Players colliding with the public.	Players, Officials, Members of the Public	<ul style="list-style-type: none"> <li>Members of the public must be a minimum of 2 meters from the edge of the side-lines, further back than 3 meters is recommended at most clubs.</li> </ul>	The club officials can insist that members of the public are to move back to a distance of his/her choosing with full support from the club	<b>Red</b>	Coaches, Officials	<b>Ongoing</b>
Structures and dugouts	Players and public liability.	Players, Officials, Members of the Public	<ul style="list-style-type: none"> <li>All dug outs to be a minimum of meters from the edge of the pitch. Structures are not to be fixed within 2 meters of the side-line.</li> </ul>	<ul style="list-style-type: none"> <li>Warn all players prior to participating that the dugout/structure is near the pitch side</li> </ul>	<b>Red</b>	Coaches	<b>Ongoing</b>
Blood spillage	Blood loss.	Players, Officials, Members of the Public	First aid kit should be available to all players.	First aid training to deal with such incidents	<b>Amber</b>	Coaches	<b>Ongoing</b>