

Health and Safety Policy

Updated May 2021

Rowhedge Juniors FC has a duty of care to all its players, parents and volunteers. We accept that this is a duty imposed by law on all organisations to avoid carelessly causing injury to others.

We are committed to providing a safe playing/training environment for all players, volunteers and other users and will promote good practice in health and safety within the football environment and will ensure compliance with all relevant statutory provisions.

We will ensure that suitable and sufficient risk assessments are carried out, that procedures and safe systems are implemented in accordance with all current statutory provisions and that all improvements will be sought through regular audits and reviews.

The responsibility of duties for safety matters lies with the club committee to advise and oversee.

The policy will be kept up to date, particularly as Rowhedge Juniors FC changes in nature and size to ensure our responsibilities are met.

Our Commitment:

- We will provide and maintain a safe healthy playing environment at all times and endeavour to ensure the safety of all our players, parents and volunteers.
- To undertake regular, recorded risk assessments of our premises and any other premises where our activities take place
- Create a safe environment by putting health and safety measures in place as identified by the risk assessments that satisfies health, safety and welfare requirements.
- Provide adequate training, information, instruction and supervision to enable all volunteers helping at Rowhedge Juniors FC perform their role safely and effectively.
- Ensure that all volunteers are competent in the activities they are engaged in so they are aware of the hazards and risk arising from their activities.
- To safeguard the health, safety and well-being of our users who access our provisions and any member of the general public who could be affected by our activities.
- We will check that all equipment we use is suitable and fit for the purpose intended and properly maintained and used in a safe manner.

Risk Assessments:

A risk assessment is a technique for identifying and controlling hazards.

- A hazard is anything that has the potential to cause harm -such as a faulty electric socket
- risk is the likelihood of it causing harm and the degree of harm it could cause, such as an electric shock

Risk assessment involves identifying all hazards, assessing risks and putting measures in place to control any risk that is unacceptable. There are five steps to any risk assessment:

- Identify the hazard
- Decide who might be harmed by them and how
- Evaluate the risk and decide on precautions
- Record your findings and implement them
- Review your assessment and update if necessary

We will regularly undertake risk assessments prior to the delivery of sporting activities and events taking place to help minimise the possibility of risk and dangers to participants.

First Aid:

Rowhedge Juniors FC shall provide appropriate equipment, facilities and personnel where possible to administer first aid if there are injuries or accidents.

All Rowhedge Juniors FC coaches delivering football sessions have to undertake Emergency First Aid as part of their training.

All teams will be given a first aid kitbag to be used for all training/ matches.

First air bags to be checked regularly and contents replaced as and when required.

Reporting Accidents:

- All coaches have a duty to report any major injury or accident sustained during the delivery of football activities to the Club Welfare Officer. Minor injuries are at the discretion of the coach.

The completed report will be submitted to the CWO who will attempt to discover why the accident occurred and what action should be taken to avoid recurrence of the problem if unavoidable and as necessary.

Working Environment:

Anyone controlling non-domestic premises must take reasonable steps to provide players/volunteers with equipment and premises that are safe.

- Playing/training areas must be kept clean and tidy
- Any spillages must be cleaned up immediately
- Waste material and rubbish must be removed routinely
- Walkways and passageways must be kept clear from obstructions at all times
- Trailing cables are a trip hazards and should not be left in any passageway.

Responsibilities of Staff and Volunteers:

Whilst carrying out the activities all volunteers are to adhere to any health and safety policy and procedures in place.

- Take reasonable care for own health and safety and that of others who may be affected by their actions
- Report any accident or injury to the Club Welfare Officer as soon as possible.
- To co-operate with Rowhedge Juniors FC on health and safety issues
- To correctly and safely use equipment when delivering activities
- To undertake health and safety training as required/if applicable
- Report any unsafe areas, practices or conditions to the Club Secretary or Welfare Officer immediately.