# All About Me

My name is:	
My birthday is:	Down Syndrome FOUNDATION OF FLORIDA
My favorite activity is:	
Three things that really motivate me are:	
Three things that make me feel happy are:	
Three things that might upset me:	
Things I may be afraid of :	
Three of my strengths in school:	
Three of my challenges in school:	
If I am frustrated I might:	
When I am frustrated my family recommends:	
Some things you might need to know about my health:	
Lam allergic to:	

# More About Me





#### Myth: People with Down syndrome have severe cognitive delays.

<u>Truth:</u> Most people with Down syndrome have cognitive delays that are mild to moderate. IQ is not an adequate measure of the functional status of people with Down syndrome. People with Down syndrome have great potential if given opportunities.

#### Myth: Children with Down syndrome are placed in segregated special education programs.

**Truth**: Children with Down syndrome are included in regular academic classrooms across the country. Students may be integrated into specific courses or fully included in the regular classroom for all subjects.

#### Myth: Students with Down syndrome are a determent to other students in the class.

<u>Truth</u>: Inclusive systems provide a better quality education for all children and are instrumental in changing discriminatory attitudes. Schools provide the context for a child's first relationship with the world outside their families, enabling the development of social relationships and interactions.

#### Myth: People with Down syndrome cannot attend college.

<u>Truth</u>: There are over 20 colleges and universities in Florida that have Post Secondary Comprehensive Transition Programs. Inclusive Post Secondary Programs increase independent living and job opportunities.

#### Myth: Adults with Down syndrome may be unable to work.

<u>Truth</u>: Businesses seek young adults with Down syndrome for a variety of positions. They are employed by banks, corporations, nursing homes, hotels and restaurants. They work in the music and entertainment industry. People with Down syndrome bring to their jobs enthusiasm, reliability and dedication.

#### Myth: Behavior problems and depression are just part of having Down syndrome.

<u>Truth</u>: Often, medical or mental health problems go untreated due to the assumption that it is typical of having this genetic condition. Complete examinations by appropriate health care professionals should always be pursued.

#### Myth: Down syndrome is a rare genetic disorder.

**Truth**: Down syndrome is the most commonly occurring genetic condition. One in every 800 births is a child with Down syndrome. There are currently 250,000 people in the U.S. with Down syndrome, with 5,000 births per year.

### The **FOUNDATION** Resources

Down Syndrome Partners in Education is a partnership between the Down Syndrome Foundation of Florida and the surrounding eight counties (Brevard, Catholic Diocese, FDLRS, Lake, Orange, Osceola, Polk, Seminole, Sumter, Toni Jennings Exceptional Education Institute at UCF, Volusia, and UCP).

Each county is represented by a group of individuals who act as the 'Down Syndrome Specialist' for their county. We collaborate quarterly to provide resources and tools to promote success in the school environment.



### FOUNDATIONS of Education

Sign up below for a quarterly newsletter full of information and resources to help and support teachers in the classroom.



## Down Syndrome Resources

We have collected some resources that we think could be helpful for you as a teacher.



#### **Scholarships**

We offer a variety of scholarships (speech, ABA, PT, OT, Educational, etc.)



## Breakfast of Champions

We are the experts in
Down syndrome and you are the
experts in Education! Join us for
a breakfast to help SUPPORT
you!

**Save the Date:** October 19, 2024

If you have any questions please email <u>Amy.Simon@dsfflorida.org</u>