

Monday

Tuesday

Wed

Thursday

Friday

Saturday

Sunday

Adult
Open Mat
10:00–11:00AM

Kids Class
Ages 5–9
11:00–11:45AM

Teen Class
Ages 10–14
12:00–12:45PM

No-Gi
Adult Class
12:00–1:00PM

Adult Class
12:00–1:00PM

Adult Class
12:00–1:00PM

No-Gi Kids Class
Ages 5–9
5:00–5:45PM

Kids Class
Ages 5–9
5:00–5:45PM

Kids Class
Ages 5–9
5:00–5:45PM

No-Gi Teen Class
Ages 10–14
6:00–6:45PM

Teen Class
Ages 10–14
6:00–6:45PM

Teen Class
Ages 10–14
6:00–6:45PM

No-Gi
Adult Class
7:00–8:00PM

Adult Class
7:00–8:00PM

Adult Class
7:00–8:00PM