

Team Canada Dance

TCD is a not-for-profit organization that has been bringing together Canada's elite performers, dancers and choreographers together as Canada's National Dance team on the world stage for 3 decades.

Our organization gives dancers the opportunity to travel, meet other dancers worldwide and to compete as a unified team with other Team Canada Dance also gives dancers from across Canada. Canadian dancers the opportunity to learn from master teachers and choreographers both within Canada and worldwide. We encourage our Team Canada dancers and their supporters to foster good sportsmanship, and to promote Canadian values while exhibiting our remarkable dance training. We only work with the 'best of the best' choreographers who choose the best dancers to represent Canada.

2022

The International Dance Organization (IDO), is a non profit World Dance- and Dancesport Federation consisting of OVER 90 member and contact NATIONS, representing more than 500,000 DANCERS, from all SIX CONTINENTS.



Choreo Team

ON: Christie McKay-Hofland

ON: Irina Egorova

ON: Tiffany McLachlan

AB: Shelley Tookey

AB: Lisette Stein

AB: Kelci Tookey

IDO Canada

BONNIE DYER

Canadian National Director IDO American's Chairperson

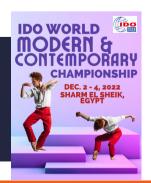




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GENERAL INFORMATION

The IDO Dance Championships are the sole "officially' accepted world dance sport championships in the Performing Arts

TEAM PARENT/LIASON: An appointed person who will assist with roll call, remind team members of rehearsals, and help wherever else is needed by the Team Canada office and/or choreographer(s) at the World Championships.

EXTRA ROUTINES: You have been invited to the Canadian National Team. Each country is allowed 3 entries, however, during the 2022 BJMC Championships, permission has been granted for two additional group entries (not solo or duo). Please remember. that this is a World Championship and it's not open for anyone to enter. You have to be selected to qualify.

We have work closely with all the choreographers on the teams across Canada to decide how we split any 'extra' routines between the provinces. Please remember that Team Canada is not just your proovince!

TEAM REHEARSALS: All team rehearsals are mandatory. If you must miss one due to travel difficulties, illness, bereavement, or mandatory prior home-studio commitment, please let your choreographer and the IDO Canada office know. Any other reasons for missing rehearsals such as parties, etc., are not acceptable and the choreographer may remove you from routines. Missing rehearsals will be assessed by the choreographer on a case-by-case basis. We are taking a studio-first approach, which means that any activity that you are required to take part in from your home studio which conflicts with Team Canada's schedule is acceptable - please let us know in advance. The rehearsal schedule will be available until departure. The choreographer may schedule extra rehearsals if necessary or for 'extra' routines. Any changes to rehearsal notices will be emailed to the team, and posted.

REHEARSALS AT COMPETITION: It is the discretion of your choreographer as to how many and when they will hold rehearsals for the team. The Team Parent/Liason/Assistant will make sure all the dancers are aware of when/where they will be held. This information will be given daily and will be posted. This cannot be pre-planned until the team knows the competition schedule and what rounds they qualify for. We ask the parents to not stay and watch the rehearsals as we find the dancers are much more focused at rehearsals without an audience.

TEAM WEAR: To order Team Canada wear, please go to our www.TeamCanadaDance.ca to the TEAM WEAR tab. If you have any questions regarding this, please contact them directly. Please reemember that no other Team Wear is allowed to be made by anyone else.

MONEY: Everything connected with IDO is in Euros but competition organizers may offer additional merchandise and use local currency for admission and other event specific items.

How much cash do I send with my child? We have found that \$300 CDN converted to local currency is usually enough in the past. The resort is mostly all-inclusive meaning that buffet meals are included but not restaurants. You may want to pay for additional activities as well such as diving, pyramids, etc.

TRAVEL INFORMATION

<u>AIR TRAVEL</u>: *airline information coming after all travelling team members/family are confirmed. **Be at the airport **3 hrs prior** to departure! (We are trying to get a flight associated with Canadian companies).

It's important that you check-in as soon as you arrive. Please go through security and find your gate. Afterwards, you can go to restaurants, meet each other, etc. - but remember that if you miss your flight, it will be your responsibility to buy another ticket. Do not wait for anyone that may be late as it's easier to get one ticket the next day rather than several!

E-TICKETS: We use E-tickets which will be emailed to you once they have been 'printed'. E-tickets look like a piece of paper and will have your name and booking code on it. We are booking as a group, so you may not be able too check-in early online. If upgrading is available, you will receive thee price list for that before departure. You will have to pay directly to the agency for upgrades, not us. **Please make sure your passport does not expire within 6 months of travel.** We are not kidding! We have had both dancers and parents turned away at the gate for this in the past. This is YOUR responsibility, not ours, or the airline.

TEAM TRAVEL: Dancers are to wear their Team Canada jacket and black pants while travelling to Europe, not Mexico or Egypt necessarily. There will be extra Team Wear available for sale if anyone is interested - the extra team wear is optional. Your Team Canada jacket or substitute is included in your fees.

EXTENDED STAY: Normally we have an extended stay option for a week but this trip is already 8-10 days long. If you want an additional week, let us know and if there are 10 travellers wanting to stay we can look into it for you. PLEASE NOTE: your return ticket will be out of Sharm El-Sheik/Cairo so you will have to make your way back to that airport upon return. If you plan on travelling outside of the Sharm El Sheik, Egypt, please check with the Government of Canada Travel Advisory. https://travel.gc.ca/travelling/advisories

TRAVELLING WITH CHILDREN: Canadian travelers visiting Egypt with children should carry:

- a valid passport for each child
- the child's long-form birth certificate.
- if a child is travelling alone, with only one parent, or with a or with a third-party of legal age, a letter of authorization signed by the other parent, or both parents, as the case may be

See more https://travel.gc.ca/travelling/children

DANCERS TRAVELLING WITHOUT A PARENT: If you are sending your child (under 18) without a parent, please ask another parent on the team that you and your child feel comfortable with to chaperone. Please let us know who the chaperone will be so we can arrange seating on the airplane and suitable hotel accommodations. Please fill out and have your child carry the following consent letter https://travel.gc.ca/travelling/children/consent-letter

<u>DIVORCED/SEPARATED PARENTS:</u> Please have a notarized letter from the other parent granting you permission to travel with your child outside of Canada. Usually we haven't had any problems, but customs have informed us that there is an increase in human trafficking and they have become stricter. If a father is listed as 'unknown', then you must have your child's long-form birth certificate.

COSTUMES: Please pack costumes and shoes in your carry-on. All props must go with the luggage. **ONE** SUITCASE PER PERSON. Dancers - you do not need many clothes as 99% of the time you will be in dance clothes or team wear. Although you can pay to bring more luggage on to the plane, **PLEASE DON'T** as it will not fit into the bus that picks up the team at the airport.

SEATING ON THE PLANE: Every effort is made to keep all the families together and chaperones with the dancers. However, airlines are somewhat unpredictable. There are enough of us travelling so even if the airline doesn't honour our requests for seating (even though we have colour coded everyone that must stay together), we're sure that we can have a suitable exchange of seats between thee team members if necessary.

LEAVING CANADA: We will have a 'team parent' from each of the travel groups doing attendance before leaving Canada, at each travel point, and before boarding the bus.

COVID VACCINE: All travelers must be fully vaccinated to travel with the team. You must bring proof of vaccination and show it when/if asked when boarding or at immigration and proof must comply with Canada's requirements. If you normally use a digital copy, it is a good idea to carry a paper copy with your passport as well. Covid isn't over and many strains are appearing. Travel restrictions can happen at any time and we don't want you stranded at the airport or denied entry.

MASKS: All passengers must wear face masks at the Canadian & Egyptian airports. While in Egypt, visitors are asked to wear a mask in all public areas.

ENTERING EGYPT: Canadians traveling on regular Canadian passports do require Visas to enter Egypt for tourism. We will be applying as a group. You must show proof of an entry stamp in your passport when you leave Egypt. If you cannot provide proof of entry, you cannot obtain an exit stamp and will be denied exit. When entering the Arab Republic of Egypt, travelers should be aware that each traveler can only have a max. of 1L of alcohol, 200 cigarettes, 25 cigars, or 200g of Tobacco. Egyptian Pound and currency exchanges can be found in just about every hotel and airport. Carry some cash as a credit card isn't always accepted.

<u>HEALTH INSURANCE:</u> All travelers must have valid health insurance before entering Egypt. If you do not have any, let us know and we can direct you.

CURRENCY: Egyptian Pound and currency exchanges can be found in just about every hotel and airport. Always have some cash on you as credit cards aren't always accepted. Leave tips but no obligation to.

ONCE YOU ARRIVE: Please gather your luggage and go out the doors. Wait for the driver holding the IDO and/or Canada sign. Please remember to go to the washroom before boarding the bus.

CANCELLATION OF FLIGHTS: The world can be unpredictable! If our flights are cancelled due to weather or other natural conditions, please know that it's for your safety and no one is to be blamed. Please do your best to remain calm as we work out an alternative plan.

WEATHER: The climate is warm and dry all year long with temperatures ranging between 19-27 C in the fall/winter.

HOTEL INFORMATION

HOTEL: *Please be patient as it may take some time to check in large groups!

Our hotel will not be confirmed until we submit our final rooming list to the organizer. IDO organizers coordinate all the hotels for IDO World Championships, not Cups such as the WDC-C&C. They have reserved blocks in the hotels within walking distance to the venue. Since we will be traveling for Championships, our hotel will be arranged for us. There are several hotels in the area that are booked for this event and the sooner we submit our rooming lists, the sooner we will know which hotel.

What we do know at this time is that the resorts are self-contained with pools, beaches, activities, restaurants, and amenity shopping. The hotels can offer booking arrangements for fun activities and for transportation to local shopping areas. Included in our price will also be buffet meals but you can purchase meals in a restaurant if desired.

Required at check in:

- Credit card or cash deposit required if you want to charge anything to your room and/or turn phone on
- Government-issued photo ID this is required for everyone. Your passport can be used

PASSPORTS: KEEP THEM SAFE!

Please put all passports in your hotel safe. If you want to hold onto them, please know that if you lose them, you are on your own to replace them, however, the organizer of the competition can guide you to the embassy. Dancers who are traveling without a parent have no choice - put them in the safe! It's also recommended to carry a photocopy of the passport and carry ID with you at all times.

ROOMS: We do not let other people into our rooms. Any social visiting must be done in the lobby. No room or hall parties! This is applicable to both dancers and parents! We are representing our country and do not want to risk our reputation at the competition or hotel(s). Any property damage is at your expense and may risk fines and/or deportation. Also, we are paying per person, not just by room like in North America, so no sneaking in people. Again, we don't want to risk our reputation or get kicked out.

DINING: There are several restaurants near the hotel and the venue that are not included in any of the Sharm El Sheik resort buffet meals if you would like to try some local menus. Traditional cuisine includes: Liver - Alexandria Style, Molokheya, Fatta, and Koshary. Vegan restaurants are in Sharm el Sheikh too.

VACCINATIONS FOR EGYPT: In addition to your Covid vaccine, routine vaccines should be up-to-date, such as MMR, diphtheria, tetanus, pertussis, polio, varicella (chickenpox), influenza, and others. You must have proof of your vaccinations, including the Polio vaccine. Additional recommended vaccines for travelers can include Hepatitis A,B (or TwinRix). Typhoid is recommended but not compulsory. No Malaria risk noted.

FUN TIME: Yes! There will be time for fun and visiting the pyramids if you wish to do so. You will be asked not to plan any activities on the day of the competition so you are rested and don't miss it! A trip to the pyramids takes an entire day and please do this after all competition has ended for you and not in between days.

EGYPT

COUNTRY: According to Egypt.travel, despite Egypt ranking in the top 30 largest countries (1M Km² of land), it is a country where 99% of the population utilizes only 5% of the land area, but nearly 100% of its aquatic resources as a result of the predominantly barre ecosystem.

The river Nile is the longest and most vital river in the world. The northward flowing direction of the river has earned Egypt's southern border the name of "Upper Egypt". Within this stretch of the Nile is the world's most intensive concentration of temples, tombs, and palaces constructed over the span of 4,000 yrs. As the river continues to flow upwards past major cities and temples, it begins to branch out into a flower-shaped formation known as the Nile delta, covering 240 km of the Mediterranean coastline. Home to 30 million people, this is Egypt's most agriculturally rich land with some of the most beautiful, soul-rejuvenating nature Egypt has to offer.

Much like the Nile, the Red Sea coast, a once microcosm of the world that hosted sailors from far away lands, has also become a pivotal part of the country. Turquoise waves break against rocky capes and windswept beaches in the foreground of an endless mountain range, a much-needed escape for the people of Cairo. The real lure here, especially for the non-locals, is the fabulous island reefs near the resort of Hurghada and the smaller settlements of Port Safaga, El-Quseir, and Marsa Alam to the south. This entire region saw a rapid transformation in the past two decades, catalyzed by surges of annual tourists, with the most notable development being the future construction of Egypt's new capital city near this coastline. These destinations pack a powerful punch when it comes to travel-seeking vacationers. Shark-diving, snorkeling, and kite-surfing are complemented by the revitalizing effects of 18-hole golf courses, private beaches, open-air cinemas, and unrivaled nightlife scenes. A tribute to its elusive splendor, the Egyptian landscape is quite remarkable, especially considering it's a country composed mostly of sand and dust.

Any world traveler should familiarize themselves with what they should and should not do to ensure they are being sensitive to the norms of their destination while simultaneously acting in the safest way possible. A major part of Egypt's identity is the fact that it's a tourist economy, a hub that attracts travelers from every corner of the globe. Accordingly, a major part of Egypt's infrastructure caters to the well-being and enjoyment of its guests, but, there are of course those who want to take advantage of this. Thus, to ensure you get the most out of your trip, ensure that you utilize the services of registered tour operators and agents to organize city tours and the like. In addition, societal and cultural conventions should be followed to guarantee the best possible experience, such as taking note of acceptable dress codes and not drinking alcohol in the street. The hotel you're staying at can provide you with everything you need to know about your current destination.

Finally, here are a few tips and tricks that will help you comfortably navigate the land of the Pharaohs:

- Bargain in shops and markets.
- Ask "white taxis" to turn their meter on as soon as you get in. Unless you're in a hurry, you don't need to negotiate
- Don't look lost or like a tourist don't wear your Canadian wear outside of the resort or to pyramids.
- Ask the help of the touristic police if you feel you're in a troublesome situation.
- Spend time talking to the people. Egyptians are interesting, kind and have a great sense of humor. You will learn from them as they will learn from you—it is always a rich exchange. Don't miss out on that!
- Enjoy the country as much as you can. Egypt is not just any country—Egypt is "Om el Donia" (the Mother of the World)!

PEOPLE: A democratic republic of blended ethnicities, Egypt is divided into 26 governorates consisting of towns, cities, and villages. Currently, Egypt is home to some 90 million Egyptians that are (almost) equally split between urban and rural-dwelling citizens, concentrated near the banks of the Nile in the major cities of Cairo, Luxor, Aswan, and Port Said. A very provincial people, Egyptians have always had deep-rooted ties to their places of origin, so much so that even those who live abroad always return to the exact same town they had previously built a life in.

Although, as descendants of one of the world's oldest civilizations, Egypt has influenced and been influenced by thousands of years of civilization. A large and unfortunate part of this past constituted many conflicts, ranging from Pharaonic rule and Roman invasions to colonialism and war. This has been reflected in the country's cultural diversity, with foreign languages such as English, French, German, Italian, and Spanish being widely spoken amongst different circles in society. This applies to just about all other facets of life, where everything from cuisine to art to literature exists as an amalgam of diversity, a residual of foreign lands. This has allowed society to cater to a wide spectrum of individuals regardless of class, from the religious man to the thrill-seeking 'party animal." The Egyptian people are continuously evolving, challenged by the opposing forces of tradition and modernization.

Consequently, having survived thousands of years as a key economic and political hub in the region, Egyptians themselves have become a fusion of the human race and view themselves differently as a result. Despite that Egypt's minorities, consisting of Nubians, Bedouins, Turks, Greeks and several others, constitute less than 5% of Egypt's population, the other 95% of Egyptians are themselves only 17% Arab, proven through sophisticated DNA analysis. In other words, Egypt is as much a part of the world as the world is of Egypt. Perhaps a subconscious driver behind the astonishingly unique culture Egyptians have constructed over the course of their history, Egyptians do not identify as Arabs, much like their DNA, but as something much more complex. As noted by British officers during the times of colonial rule, the very meaning of being Egyptian is so heavily entrenched within the very cores of the people that even upon being invaded by multiple countries, the Egyptian identity remained impressively intact; an identity that, in a way, lends itself to every corner of the globe.

CULTURE: Egyptian culture dates back thousands of years to the ancient Pharaohs and has been influenced by numerous invaders throughout history. Without a doubt, this colonialist footprint has blended with the country's rich tradition to define Egyptian culture as we know it today.

Food-based gatherings are in fact one of the main social pillars of Egyptian culture with roundtable family feasts at its forefront. The local palette is geared heavily towards legumes and rice with onions, garlic, and plenty of spices. There's nothing quite like filling up on the delicious national cuisine, including foul, ta'miyah, and koshari, while basking in the hospitality of the locals. Mediterranean Sea just inches away, salt water fish and crustaceans are a dime a dozen

Egypt is also well known for its captivating entertainment. Belly dancing, or oriental dancing as it's formally known, is a longstanding part of Egyptian culture permeating all facets of life, from cabarets to the most extravagant weddings. These cultural performances extend to the Sufi whirling dervishes and the famous tanoura. Originally a means to gain higher spiritual awareness, this display of dazzling, brightly colored skirts spinning to the hypnotic pulse of the music is guaranteed to mesmerize. The Egyptian's love of the performing arts even transcends into the world of live Arabic music concerts in the arching halls of the Cairo Opera House and the Sayed Dervish Theatre in Alexandria, where the beat of the tablah, or drum, reverberates into the depths of your bones.

In keeping with the oriental rhythm, Egyptians speak the official language, Arabic. While modern standard Arabic is used in television, government speeches, and educational institutions, Egyptian 'colloquial' Arabic is the common form that is universally understood, especially across the Middle East due to Egypt's prominence in the film industry. Within Egyptian Arabic, a number of different vernaculars exist, still fairly discernable but with a twist. The Bedouin of Sinai have their own dialect that differs from those of the Western Desert. There are also minor linguistic groups, such as that of the Nubians, who speak Eastern Sudanic languages, and other minorities such as Greek and Armenian which have undoubtedly shrunk over time.

Much like the official language, Egyptians across the country share a very similar trait; their friendliness. Egyptians are a very warm, sociable people who are always ready to strike up a conversation. They will offer you directions or assistance whether or not you asked for it, and will go out of their way to take you where you need to be. If you're invited over to an Egyptian's house for anything ranging from snacks to a six-course meal, don't expect to finish off your plate so easily as your generous hosts can refill faster than you can eat. If you truly want to experience Egypt, then you absolutely must mingle with the locals to learn the meaning of the expression "a home away from home".

Egypt's culture has so much to offer both locals and visitors who are looking to experience its charm. Whether you're interested in its ancient history or simply looking for an adventure, this place, and its people, are sure to captivate your very existence.

The work week is Sunday through Thursday. Egypt's customs, laws, and regulations adhere closely to Islamic practices and beliefs. Exercise common sense and discretion in dress and behaviour.

Dress conservatively: for women, knee-length or longer dresses and long sleeves are preferable, and men should not wear shorts outside tourist areas. Respect religious and social traditions to avoid offending local sensitivities. Overt public displays of intimate affection are frowned upon in Egyptian culture.

In public, between sunrise and sunset, be discreet when:

- drinking
- eating
- smoking

NATURAL DISASTERS: Egypt, particularly Cairo and Eastern Sinai, is located in an active seismic zone. The country is also subject to sand and dust storms.

CRIME: Rates of violent petty crime have historically been low in Egypt, although there are reports that such crime has been on the rise given the economic downturn since 2011. Purse snatching and pickpocketing occur most often in tourist locations and on the metro. Be aware of your surroundings and vigilant for thieves using different strategies to distract and rob you. If you are a victim of crime, report it to the TOURIST POLICE. Travel in large groups and by organized transportation, and follow the advice of local authorities, hotels, and tour guides if you are traveling to rural areas.

DEMONSTRATIONS/CIVIL UNREST: While the size and frequency of demonstrations have decreased significantly in recent years, it always remains possible that may occur, but most likely on Fridays following noon prayers. If you find yourself near a demonstration/protest, anywhere in the world, you may face scrutiny from the local police/security forces.

EGYPT

DRUGS/ALCOHOL: The use of drugs and open consumption of alcohol (other than licensed façilities such as hotels and restaurants) are prohibited. Transgressions could be punished by detention or other penalties. Penalties for possession, use/trafficking of illegal drugs are strict and you can expect jail, heavy fines, and even capital punishment for certain drug-related crimes.

MEDICATION/COSMETICS: Egyptian authorities consider some prescription and over-the-counter medicines medications controlled substances. They will seize all narcotic and psychotropic medications, even if you have the original prescription. For all other prescription and over-the-counter medications:

- Carry the original prescription
- Ensure the medication is in its original packaging
- Don't attempt to enter with more than 3 months' supply.

DRONES: Drones are strictly prohibited in Egypt and subject to lengthy jail terms and deportation. Unauthorized possession and usage of drones in Egypt may carry similar charges to espionage.

PHOTOGRAPHY: Ask permission before taking a photo (even of people). In some places it is forbidden to take photos. Photography of bridges, canals (including the Suez Canal), government, police, and embassy buildings and vehicles, as well ass military personnel and establishments is prohibited.

SOCIAL MEDIA: Publishing or posting social media or other content that could be perceived as critical of Egyptian society, government, security forces or the President may be considered illegal under Egyptian law. Convictions can carry heavy fines and lengthy prison sentences. There is a high risk of arrest in connection to social media posts considered critical of Egypt.

BEHAVIOUR: Due to the current security context and political sensitivities, be conscious of your behaviour and how it may be interpreted by Egyptian authorities. Visitors including researchers, journalists, activists and development workers could encounter problems with authorities, if their activities are perceived as suspicious. Meeting with members of or expressing support for organizations banned in Egypt could be perceived as criminal behaviour.

Suspects may be detained without charges or access to immediate legal counsel during investigative stages of a criminal case

CUSTOMS: Strict duties apply on the importation of expensive electronics, including video and photographic equipment, laptops, and computer software and hardware. Such equipment should be for personal use and you should list it (model and serial number) and check it upon arrival and departure, in which case no duty will be collected. Appropriate permits and authorizations are required for the commercial importation of any type of electronics. It is prohibited to export any antiquity or any item older than 100 years without a licence.

LGBTQ2 TRAVELLERS: Egyptian laws don't criminalize sexual acts or relationships between persons of the same sex. However, LGBTQ2 travellers could be discriminated against based on their sexual orientation, gender identity, gender expression or sex characteristics. Members of the LGBTQ2 community in Egypt, have been arrested by authorities for using online dating apps and social media. LGBTQ2 travellers should carefully consider the risks of travelling to Egypt. Travel and your sexual orientation, gender identity, gender expression and sex characteristics

SHARM EL-SHEIKH

SHARM EL-SHEIKH: The name, Sharm El Sheikh means "Bay of the Sheikh". The city is also known as the "City of Peace" ("Madinet Es-Salaam" in Egyptian Arabic) due to the large number of international peace conferences that have been held there. Among Egyptians and many visitors, the name is commonly shortened to "Sharm".

With sunshine and warm waters all year round, Sharm El Sheikh is the closest destination to Europe where you can soak up the sun, dive into amazing corals reefs, and enjoy the sea any time you need a break from routine

Sharm El Sheikh is located on the Gulf of Aqaba, about 300 km from Suez and 19 km from Ras Mohammed National Park. Inside Sharm, Naama Bay is where the action is to be found whereas the Old Town is where you should head for your daily shopping and souvenirs. If you are in the market for some serenity Hadaba (near Ras Um Sid) would be your choice, here you find calm hotels and resorts. Sharm El Sheikh is an Egyptian city on the Sinai Peninsula, in South Sinai Governorate, on the coastal strip along the Red Sea. elsheik is the administrative hub of Egypt's South Sinai Governorate, which includes smaller coastal towns of Dahab and Nuweiba as well as the mountainous interior, St. Catherine, and Mount Sinai.

The city and holiday resort is a significant centre for tourism in Egypt, while also attracting many international conferences and diplomatic meetings. Sharm el-Sheikh's major industry is foreign and domestic tourism, owing to its landscape, year-round dry climate with long hot summers and warm winters and long beaches with clear calm waters. It is particularly popular with scuba diving and snorkelling enthusiasts due to the diversity of marine life: 250 different coral reefs, and 1000 species of fish. Yes, there are sharks so be careful when visiting coral reefs! Sharks and other potentially dangerous aquatic animals are present in the waters off Egypt. Certain beaches and dive areas may be subject to temporary closures. Exercise caution and seek advice from local authorities, and ensure to dive with reputable and licensed operators.

Sharm El Sheikh boasts the widest array of fun, exciting and even crazy water and extreme sports: besides diving, snorkelling, sailing, wind and kite-surfing, you can even try sky diving or parachuting from a helicopter on your next holiday in Sharm El Sheikh. Moreover, from Sharm El Sheikh, you can easily book trips and safaris into the nearby Sinai desert and discover the amazing St Catherine Monastery, or the majestic Sinai Mountains. You can also head to Sharm for a wellness and pampering holiday; the town is home to Egypt is the most famous and professional Spas in Egypt. Add to that endless nights spent at local bars, nightclubs and beaches dancing the night away or the magic of an existing safari into the mountainous Sinai desert landscape and you will know why Sharm is ranked among the best vacation destinations in the world.

COP27 HOST: Egypt was awarded the right to host the 27th UN Climate Change Conference, COP27, scheduled to take place between 7 and 18 November 2022, as COP26 was shifted from 2020 to 2021 due to the Covid-19 pandemic. Under COP27, member states would prove their implementation of pledges made under the Paris Agreement and the ones at COP26. However, the COP27 has been subjected to scrutiny for being hosted by Egypt. Amnesty International published some key demands in its May 2022 detailed analysis and stressed attending nations to use the event as a means to press Egypt to bring about meaningful improvement in its human rights record. The non-profit also demanded the safe, meaningful, and effective participation of Egyptian and non-Egyptian civil society actors by avoiding a crackdown on peaceful dissent and civic space.

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IMPORTANT VENUE INFORMATION

- The dimensions of the stage depth x width is approximately 12m X 14m (39ft X 45ft). Entry is from the sides of the stage, with no wings.
- Spectator capacity is approximately 1,000 in the main competition space.
- Food and beverage are available in and near the event centre. The event centre is within our resort.
- The organizers do not provide custody or insurance for the participants. The responsibility to provide custody and insurance applies to the delegate institutions. The organizer will not be held responsible for any accidents during the stay in Sharm El-Sheik and Convention Centre. The team captains of the nations must have insurance information ready if something happens and paramedics are called to bring the dancer to the hospital if necessary. You may leave insurance papers with the IDO Organizational Office at check-in. There is a hospital within the resort (fee will apply)
- IMPORTANT INFORMATION REGARDING EGYPTIAN9 HEALTH SYSTEM: The quality of the Egyptian health system varies from region to region but is below Canadian standards. Travel with health insurance. You can find a hospital/clinic within the various resorts in Sharm as well as paramedic services if needed.
- The institutions and their dancers own the right to withdraw from further competition on each stage of the event. Withdrawal from the competition shall not result in reimbursement of the enrollment fees.
- The use of sports footwear is mandatory, while the use of 'stiletto' or 'spike' heels (or any kind of footwear that may damage the surface) is prohibited on the stage.
- Any form of advertisement is forbidden without the written consent of the organizers.
- During the IDO Championship, the participants are obliged to absolutely comply with fire and occupational health and safety requirements and procedures valid in Cintermex
- Participation in the IDO World Acrobatic Dance Championship expresses the unconditional and perpetual consent to photo, video, TV recording, and broadcasting of all presentations.
- Protests (Festival) can only be submitted in writing to the organizers and judges immediately (maximum 20 minutes) after the round concerned and only by the official National Team Captains. Later protests shall not be considered. In the event of rejection, the security shall be forfeited as a whole. Protests (IDO WC) comply with IDO Dance Sport Rules & Regulations
- Detection of non-compliance to the age-division rules may result in disqualification and making the information publicly available.
- Attention! Please bring a photocopy of your passport to the venue. Because of past problems, the IDO Check-In Counter will check in all participant passports. If the number and names of dancers in the competition will be according to the internet enrolment (by DIES) or if they are different, less or more dancers on stage.

WORLD CHAMPIONSHIP FORMAT

COMPETITION CHECK-IN: Team Canada Dance/IDO Canada will have already checked in the dancers and wired the money.

COMPETITION ENTRY FEES: World Acrobatic Dance Championship entry fees were included in your travel fees.

SPECIAL RULE FOR COSTUMES: *will discuss at meeting.

General costume rules for all age divisions include costuming that covers all intimate parts of the dancers body during the entire performance and covered with a non-transparent material in any colour except flesh. Male dancers may dance bare-chested (except in Children's division). Dancers must also be dance in an age appropriate manner.

Costuming should never be offensive to the public or other competitors. If religious or political symbols are used ass decoration and/or costume, they must suit the theme and choreography in which they are used. Such symbols must always be in good taste and never be offensive.

MARKING: Judges mark on the 3D system: TECHNIQUE (10 marks), COMPOSITION (10 marks), & IMAGE VALUE (10 marks). Total of 30 marks.

COMPETITION & JUDGING: After all dancers dance, the next round of dancers will be posted and announced. Please make sure you do not leave the area. Each additional round, the list is flipped so whover danced first now dances last in the next round.

TIME LIMITS: Solo, Duo - 1:45 - 2:15 minutes

Strictly enforced. Small Group (3-7 dancers) - 2:30 - 3:00 minutes

Children Formation - 2:30 - 3:00 minutes Junior & Adult Formations - 2:30 - 4:00 minutes

JUDGES: There is no feedback at the World Championships. By the time you make it to this stage, you should not need to be told to stretch your feet, etc. Each judge is from a different country and no country will have two judges on the panel at the same time.

ROUNDS: If there are 50 in a category then it will be cut down to 25, then 12, then to the Final 6. After each round, the scrutineers will count the marks for the competitors to reach the next round. They will publish the results for the next round as soon as possible relating to the running of the event. **Please do not leave the hall until this announcement** as there might be an extra unforceseen round (re-dance) which you might **miss by leaving too early**.

FINALS: The final 6 will dance in the finals. If you are lucky enough to be one of the top 6 in the world, please stay backstage after you dance as they usually call the top 6 back on stage for a bow and so the judges can take one final look and place thee dancers from 1st - 6th place.

EPN/ENTRIES PER NATION: The IDO World Championships are the largest official Dance Sport World Championships in the world. Because so many nations and dancers are involved, there is a limit to the number of entries each country can bring to 3 EPNs in each age/category. Exception for Wild Cards and Defending Champions.

WILD CARDS: During regular World Championships, the organizing country has the right for one additional participant (dance group) in each discipline, category, and age group.

In addition, dancers may qualify as a Wild Card at sanctioned Grand Prix events. Dancers winning GOLD in the Adult categories may qualify as an additional entry for that nation.

DEFENDING CHAMPION: Last year's World Acrobatic Dance Champion for Children, Junior, and Adult I and II divisions have the right to defend their titles without national qualification, in addition to the national enrolments (EPNs) - but they have to be enrolled by their national federation.

THIS IS A REAL COMPETITION: This is not a competition where everyone comes home with a medal - there is 1 (one) Gold, 1 (one) Silver, and 1 (one) Bronze. Each dancer will be given a certificate with their placement. Only your Team Captain and/or choreographer may pick these up - no parents/dancers in the IDO Office.

PREPARATION / BE READY: Because the World Championships are normally big events, it may happen that the time schedule has to be adjusted during the days. We ask all coaches for the dancers be ready to dance at least 90 minutes prior to the published start of the round - respectively inform themselves about the planned start of the dancers. All information will be published backstage near the stage entrance and announced from the stage. Everybody please inform yourself during the day(s).

TEAM CAPTAIN: These are normally the National Director, Administrator, and/or choreographer from each province. Bonnie Dyer will choose the captain for the event. Certificates will be picked up by this assigned person <u>only</u>.

PARADE OF NATIONS: All dancers in all age divisions are to participate in the Parade of Nations, wearing their team jackets and black pants, or team wear. Please bring flags to wave and souvenirs to trade with other countries!

LIVESTREAM: There will be livestream. Generally it does cost about 7-10 Euros per day but for the first Acrobatic Championships in North America, the livestream will be at no cost. The livestream link will be available through the IDO Dance website, the IDO World Dance Challenge / Acro Championship website, the Team Canada Dance website, and possibly through social media platforms.

PHOTO/VIDEO: Filming personal videos are strictly prohibited at all times in Cintermex. DanceBug will film the whole eveent and produce DVDs for sale. Pictures taken at the event is permitted only by journalists/reporters with accreditation, official photographer of the organizer, and parents taking pics of their children (must be proved upon request)

SCHEDULE: Once all the entries are in, we will post the final schedule. This usually comes out shortly before the start of the competition.

OFF DAYS: The World Championship can last several days and dancers may not dance everyday. Dancers are free to explore the tourist activites in the area during this time, however, we do hope and expect our team members to show up andc heeer on the other Canadian particiants throughout the competition.

TEAM PICTURE

Every year we do a team picture — GO CANADA! We usually try to arrange this for the Friday evening before Finals







ADMISSION TO CHAMPIONSHIPS, GALA, and ACCREDITATIONS

PLEASE NOTE that this information has not been released yet and usually isn't released until closer to the competition. We are basing all this information on past experiences from 2019 and before. This information may change at any time and we will update this page when we have more information.

DANCERS ENTRANCE BANDS:

Dancers will each receive a wrist band to enter each day.

If lost, a new one must be purchased.

Dancers must wear these with their costumes

LOST WRISTBANDS: 5 EURO each

2022 ADMISSION TICKETS:

We will be getting the admission tickets for all our team travellers this year to make it easier. If you lose your admission band, you must purchase a new one at the ticket counter

Admission is approx 15-20 Euros/day or approx 35-40 Euros/week based on previous years but this years admission has not been released yet. This will be included in your Team Travel cost.

MASTER CLASSES:

During the event, there may be a Master Class offered which is usually about 15 euros/person/class

Announcements on Master Classes is usually made in the fall.

There may not be Master Classes offered at the Ballet, Jazz, and/or Modern/Championships. We do not have this information yet.

PHOTOS / VIDEOS:

Traditionally, personal photos and videos during competition are prohibited and can result in disqualification of the dancer/team and ejected from the competition.

Photo and/or video packages are usually available through the organizers.

Prices will be announced.

Team Canada will be purchasing a package if offered but you may purchase your own if offered

A FEW MORE THINGS

EUROPEAN ELECTRICITY: When traveling, one of the most important things to bring with you is a POWER CONVERTER, as the wall sockets are usually much different. There also aren't as many outlets in hotel rooms as we are used to because electricity is much more expensive. Luckily, converters are affordable and can be bought at many places such as CAA, Walmart, Shoppers, Amazon, and so on. You will need different ones depending on the country. Your best bet is to get an all-in-one converter.

EGYPT: uses standard European type F (like Europe) or sometimes C. Standard voltage is 220 V and the standard frequency is 50 Hz plug outlets. For reference, standard voltage in Canada is 100 - 127 V. You will fry your electric devices without a voltage converter!













NATIONAL FLAGS & PINS: Don't forget to bring a Canadian flag for the Parade of Nations! Also, dancers love to trade anything with Canada on it, such as pins, scarves, hats, jackets, and so on.

EXPECTATIONS OF TEAM MEMBERS: We are representing Canada, IDO Canada / Team Canada Dance, our studios, and ourselves. Please be mindful at all times. We expect our team to be:

- polite and courteous to all dancers from around the world and within our team
- support all Team Canada dancers from other provinces as well as our own
- we cheer for everyone, even our competition!
- please mind your manners
- a pleasant disposition is aways encouraged
- NO EXCUSES!
- no contact with the organizer unless it is to say "thank you"
- dancers and parents are to be respectful of their choreographers, and to each other
- everyone is to be respectful at the hotel
- no one is to talk to the judges even if you know them!
- different countries, diifferent cultures please mind your facial expressions

FACIAL EXPRESSIONS: Please do not make faces or comments if you see something you do not like on stage as it does not set a good example of sportsmanship for our country. It will look like we are making fun of them or thinking that we are better than them.

ENGLISH: All IDO World Championships are held in English as the common language but organizers may also use their native tongue in addition.

MOST IMPORTANT OF ALL

- Any dancer, choreographer, or parent not showing 100% sportsmanship will be removed from the team. Your beheaviour also risks the rest of the team being expelled from the competition. If this happeens, there will be NO REFUNDS
- Dancers all would like to win, but even more so, they want to please you and make their parents proud. if you are angry or upset as a parent/chaperone so will the dancers. Please try to emphasize the positives and work in a calm manner to smooth out any negatives. Remember, if you have time to complain then you have time to help! Be the solution, not the problem.

*Remember you may be the best in your area - but this is not a local, provincial, or National competition. It is a World Championship

- Be a humble winner annd gracious if you do not win
- Over the years, dancers will receive many trophies and medals -- these will be long forgotten or lost as dancers move on into adulthood. However, the memories of this time as a member of Team Canada, representing Canada on the world stage, will be memories that will last a lifetime
- Please be the parent that makes this a wonderful experience each and everytime your child gets to participate
- Everyone has worked hard to get to the World Championship. The dance studio teachers with their expert training, the choreographers who work endless hours for the dancers, the directors, your organizers, the dancers, and you the parents!

Thank you for giving the dancers this amazing opportunity!

- Who do we cheer for? EVERYONE! (but of course we cheer really loud for Canada)
- Remember that we are all one team, from East to West. We are Canada.

In other words, say little when you win and less when you lose. The number one ingredient of a true athlete is SPORTSMANSHIP!

BEFORE YOU LEAVE

1. CHECK AIR LINE LIST

- proper dates
- proper spelling of names as they appear on the passport
- expiry of passport is NOT within 6 months of the return date
- Visa has been obtained
- DOB is correct

2. CHECK ROOMING LIST

• we will have copies for team members that you can write Room Numbers on at the hotel

3. ANY WAIVER MUST BE SIGNED

4. TEAM JACKETS

- all team members will have received a team jacket or something comparable.
- these will be distributed at rehearsals. Let us know if you did not receive anything.

5. CHECK THE WEBPAGE AND/OR TEAMSNAP

- www.teamcanadadance.ca
- BIMC tab
- we do try to email everyone important updates, but in case you missed it, it will be available at all times on our webpage

6. EXTRA TEAM WEAR

- completely optional
- available through our website once opened for the season
- no team should make their own

7. SOCIAL MEDIA POLICY

- please review our social media policy, as welll as the rules & regulations
- do not create any new accounts in our name

8. HAVE FUN!!