



VENUE | Cintermex Convention Centre, Monterrey, Mexico

WORLD ACRO DANCE CHAMPIONSHIP 2022/23

Team Canada Dance

TCD is a not-for-profit organization that has been bringing together Canada's elite performers, dancers and choreographers together as Canada's National Dance team on the world stage for 3 decades.

Our organization gives dancers the opportunity to travel, meet other dancers worldwide and to compete as a unified team with other dancers from across Canada. Team Canada Dance also gives Canadian dancers the opportunity to learn from master teachers and choreographers both within Canada and worldwide. We encourage our Team Canada dancers and their supporters to foster good sportsmanship, and to promote Canadian values while exhibiting our remarkable dance training. We only work with the 'best of the best' choreographers who choose the best dancers to represent Canada.

The International Dance Organization (IDO), is a non profit World Dance- and Dancesport Federation consisting of OVER 90 member and contact NATIONS, representing more than 500,000 DANCERS, from all SIX CONTINENTS.



Choreo Team

- BC: Lexy Cox
- AB: Lisette Stein
- ON: Jordan Clark

IDO Canada

BONNIE DYER

Canadian National Director
IDO American's Chairperson



JULY 22-23
Monterrey, Mexico

www.ido-dance.com

www.ido-worlddancechallenge.com

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GENERAL INFORMATION

The IDO Dance Championships are the sole "officially" accepted world dance sport championships in the Performing Arts

TEAM PARENT/LIASON: An appointed person who will assist with roll call, remind team members of rehearsals, and help wherever else is needed by the Team Canada office and/or choreographer(s) at the World Championships.

EXTRA ROUTINES: You have been invited to the Canadian National Team. Each country is allowed 3 entries, however, during the 2022/23 Acro-Dance Championships, permission has been granted for additional solo entries. Please remember that this is a World Championship and it's not open for anyone to enter. You have to be selected to qualify.

We have worked closely with all the choreographers on the teams across Canada to decide how we split any 'extra' routines between the provinces. Please remember that Team Canada is not just your province!

TEAM REHEARSALS: All team rehearsals are mandatory. If you must miss one due to illness, bereavement, or mandatory prior home-studio commitment, please let your choreographer know. Any other reasons for missing rehearsals such as holidays, parties, etc., are not acceptable and the choreographer may remove you from a routine. Missing rehearsals will be assessed by the choreographer on a case-by-case basis. We are being more lenient this year about dancers' prior commitments and rehearsals but please speak to us if you need to miss or have a conflict.

The rehearsal schedule will be available until departure. The choreographer may schedule extra rehearsals if necessary or for 'extra' routines. Any changes to rehearsal notices will be emailed to the team, and posted.

REHEARSALS AT COMPETITION: It is the discretion of your choreographer as to how many and when they will hold rehearsals for the team. The Team Parent/Liason/Assistant will make sure all the dancers are aware of when/where they will be held. This information will be given daily and will be posted. This cannot be pre-planned until the team knows the competition schedule and what rounds they qualify for. We ask the parents to not stay and watch the rehearsals as we find the dancers are much more focused at rehearsals without an audience.

TEAM WEAR: To order Team Canada wear, please go to our www.TeamCanadaDance.ca to the TEAM WEAR tab. If you have any questions regarding this, please contact them directly. Please remember that no other Team Wear is allowed to be made by anyone else.

MONEY: Everything connected with IDO is in Euros but competition organizers may offer additional merchandise and use local currency for admission and other event specific items.

How much cash do I send with my child? We have found that \$300 CDN converted to local currency is usually enough.

TRAVEL INFORMATION

AIR TRAVEL: **airline information coming after all travelling team members/family are confirmed. **Be at the airport 3 hrs prior to departure!*

It's important that you check-in as soon as you arrive. Please go through security and find your gate. Afterwards, you can go to restaurants, meet each other, etc. - but remember that if you miss your flight, it will be your responsibility to buy another ticket. Do not wait for anyone that may be late as it's easier to get one ticket the next day rather than several!

E-TICKETS: We use E-tickets which will be emailed to you once they have been 'printed'. E-tickets look like a piece of paper and will have your name and booking code on it. We are booking as a group, so you may not be able to check-in early online. If upgrading is available, you will receive the price list for that before departure. You will have to pay directly to the agency for upgrades, not us. **Please make sure your passport does not expire within 6 months of travel.** We are not kidding! We have had both dancers and parents turned away at the gate for this in the past. This is YOUR responsibility, not ours, or the airline.

TEAM TRAVEL: Dancers are to wear their Team Canada jacket and black pants while travelling to Europe, not Mexico. There will be extra Team Wear available for sale if anyone is interested - the extra team wear is optional. Your Team Canada jacket or substitute is included in your fees.

EXTENDED STAY: People who have opted for the **Extended Stay** option can leave after they are finished at the competition if they wish, however, your hotel has been pre-paid so there will be no refund if you choose to start your vacation early. PLEASE NOTE: your return ticket will be out of Monterrey so you will have to make your way back to that airport upon return. If you plan on travelling outside of the Monterrey, Mexico area, please check with the Government of Canada Travel Advisory.

<https://travel.gc.ca/travelling/advisories>

TRAVELLING WITH CHILDREN: Canadian travelers visiting Mexico with children should carry:

- a valid passport for each child
- the child's long-form birth certificate.
- if a child is travelling alone, with only one parent, or with a or with a third-party of legal age, a letter of authorization signed by the other parent, or both parents, as the case may be

See more <https://travel.gc.ca/travelling/children>

DANCERS TRAVELLING WITHOUT A PARENT: If you are sending your child (*under 18*) without a parent, please ask another parent on the team that you and your child feel comfortable with to chaperone. Please let us know who the chaperone will be so we can arrange seating on the airplane and suitable hotel accommodations. Please fill out and have your child carry the following consent letter

<https://travel.gc.ca/travelling/children/consent-letter>

DIVORCED/SEPARATED PARENTS: Please have a notarized letter from the other parent granting you permission to travel with your child outside of Canada. Usually we haven't had any problems, but customs have informed us that there is an increase in human trafficking and they have become stricter. If a father is listed as 'unknown', then you must have your child's long-form birth certificate.

COSTUMES: Please pack costumes and shoes in your carry-on. All props must go with the luggage. **ONE SUITCASE PER PERSON.** Dancers - you do not need many clothes as 99% of the time you will be in dance clothes or team wear. Although you can pay to bring more luggage on to the plane, **PLEASE DON'T** as it will not fit into the bus that picks up the team at the airport.

SEATING ON THE PLANE: Every effort is made to keep all the families together and chaperones with the dancers. However, airlines are somewhat unpredictable. There are enough of us travelling so even if the airline doesn't honour our requests for seating (*even though we have colour coded everyone that must stay together*), we're sure that we can have a suitable exchange of seats between the team members if necessary.

ONCE YOU ARRIVE: Please gather your luggage and go out the doors. Wait for the driver holding the IDO and/or Canada sign. Please remember to go to the washroom before boarding the bus.

ENTERING MEXICO: Canadians travelling on regular Canadian passports do not require visas to enter Mexico if the purpose of their trip is tourism and the stay does not exceed 180 days (*a fee is applicable if entering by land. For those travelling by air the fee is included in the price of the plane ticket*). However, all Canadians entering Mexico either by plane or land should have a **tourist card** filled out and have it stamped at their first port of entry. When entering by plane and transiting through Mexico City, your tourist card should be stamped in Mexico City before boarding towards your final destination. If your tourist card was lost or stolen in Mexico, you must immediately go to the nearest Immigration office in order to obtain a replacement or an exit permit (*depending on your date of entry*). *Canadian citizens who fail to present a valid Mexican immigration document (tourist card/FMM, TRT, TRP or other) when checking-in at the airport may be directed to the Immigration Office, resulting in delays, missed flight, unexpected expenses and/or the imposition of a fine.*

A digital version can be filled out, <https://www.inm.gob.mx/fmme/publico/en/solicitud.html> but you still need to print it and bring it with you. You fill it out, register it, and print off your copy (You must be within 30 days of travel to use this method.) The system also e-mails you with the link. Because the form is paper rather than the stiffer stock they usually give you, you'll want to crease or partially cut along the line where the form will be separated.

Customs forms are also available online <https://login.siat.sat.gob.mx> but they will need to be printed and filled out by hand. This is still a great time-saving method, especially if travelling alone.

LEAVING CANADA: All travellers must be fully vaccinated to board the flight. You must bring proof of vaccination and show it when boarding and proof must comply with Canada's requirements. If you normally use a digital copy, it is a good idea to carry a paper copy with your passport as well.

All passengers must wear face masks at the Canadian & Mexico airports. While in Mexico, Monterrey may have an order to wear masks when outside the home. Please keep in mind that as officials may issue fines and/or arrest and detain individuals found to be in violation.

CANCELLATION OF FLIGHTS: The world can be unpredictable! If our flights are cancelled due to weather or other natural conditions, please know that it's for your safety and no one is to be blamed. Please do your best to remain calm as we work out an alternative plan.

HOTEL INFORMATION

HOTEL: **Please be patient as it may take some time to check-in large groups!*

Our hotel will not be confirmed until we submit our final rooming list to the organizer. IDO organizers coordinate all the hotels for IDO World Championships, not Cups such as the WDC-C&C. They have reserved blocks in the hotels within walking distance to the venue. Since we will be travelling for Championships, our hotel will be arranged for us. There are several hotels in the area that are booked for this event and the sooner we submit our rooming lists, the sooner we will know which hotel.

Required at check in:

- Credit card or cash deposit required - if you want to charge anything to your room and/or turn phone on
- Government-issued photo ID - this is required for everyone. Your passport can be used

PASSPORTS: *KEEP THEM SAFE!*

Please put all passports in your hotel safe. If you want to hold onto them, please know that if you lose them, you are on your own to replace them, however, the organizer of the competition can guide you to the embassy. Dancers who are travelling without a parent have no choice - put them in the safe!

ROOMS: We do not let other people into our rooms. Any social visiting must be done in the lobby. No room or hall parties! This is applicable to both dancers and parents! We are representing our country and do not want to risk our reputation at the competition or hotel(s). Any property damage is at your expense and may risk fines and/or deportation.

DINING: There are several restaurants near the hotel and the venue that are traditional latin-American cuisine, European, and American-style to suit most travellers.

MONTERREY: Monterrey, city, capital of Nuevo León estado (state), northeastern Mexico, translated from Spanish to English is "King Mount" or "King mountain", which refers to the city's topography and the large mountains that surround it. Rich in history and culture, Monterrey is one of the most developed cities in Mexico and is hailed as one of the most livable cities in Mexico, particularly the suburb San Pedro Garza García. It serves as a commercial center of northern Mexico and is the base of many significant international corporations. As one of the largest cities in Mexico, Monterrey is reigned over by the mighty Cerro de Silla, a mountain that galvanizes adventurers with its steep hiking trails. At an elevation of about 1,765 feet (538 metres) in the west-central part of the state, Monterrey sprawls over the semiarid floodplain of the Santa Catarina River, which spills eastward from the flanks of the Sierra Madre Oriental. Parts of the city are set against the scenic backdrop of Mount Silla, which rises above the plain to an elevation of more than 5,500 feet (1,700 metres). Pop. (2010) 1,135,512

Like any foreign city that we visit, please stay within the designated tourist areas and be careful of pickpocketing and mindful of your surroundings.

VACCINATIONS FOR MEXICO: Routine vaccines should be up-to-date, such as MMR, diphtheria, tetanus, pertussis, polio, varicella (chickenpox), influenza and others. Additional recommended vaccines for travellers can include Hepatitis A,B (or TwinRix).

MOSQUITOS: Protect yourself from mosquito bites at all times. Mosquitos carry viruses such as Chikungunya, Dengue, Mararia, and Zika.

IMPORTANT VENUE INFORMATION

- The dimensions of the stage depth x width is approximately 12m X 14m (39ft X 45ft). Entry is from the sides of the stage, no wings. Floor is white-wash sprung floor.
- Spectator capacity approximately 1,500 in main competition space.
- Food and beverage available in and near the Cintermex event centre.
- The organizers do not provide custody or insurance for the participants. The responsibility to provide custody and insurance applies to the delegate institutions. The organizer will not be held responsible for any accidents during the stay in Monterrey, Mexico and the Cintermex Convention Centre. The team captains of the nations must have insurance information ready if something happens and paramedics are called to bring the dancer to the hospital if necessary. You may leave insurance papers with the IDO Organizational Office at check-in.
- IMPORTANT INFORMATION REGARDING MEXICAN HEALTH SYSTEM: The quality of the Mexican health system varies from region to region. Private hospitals usually offer good-quality care but are generally expensive. Most won't agree to deal directly with medical insurance companies and will require payment in advance.
- The institutions and their dancers own the right to withdraw from further competition on each stage of the event. Withdrawal from the competition shall not result in reimbursement of the enrollement fees.
- The use of sports footwear is mandatory, while the use of 'stiletto' or 'spike' heels (or any kind of footwear that may damage the surface) is prohibited on the stage.
- Any form of advertisement is forbidden without a written consent of the organizers.
- During the IDO Championship, the participants are obliged to absolutely comply with fire and occupational health and safety requirements and procedures valid in Cintermex
- Participation to the IDO World Acrobatic Dance Championship expresses the unconditional and perpetual consent to photo, video, TV recording, and broadcasting of all presentations.
- Protests (Festival) can only be submitted in writing to the organizers and judges immediately (maximum 20 minutes) after the round concerned and only by the official National Team Captains. Later protests shall not be considered. In the event of rejection, the security shall be forfeited as a whole. Protests (IDO WC) comply with IDO Dance Sport Rules & Regulations
- **Detection of non-compliance to the age-division rules may result in disqualification and making the information publicly available.**
- Attention! Please bring a photocopy of your passport to the venue. Because of past problems, the IDO Check-In Counter will check-in all participant passports. If the number and names of dancers in the competition will be according to the internet enrolment (by DIES) or if they are different, less or more dancers on stage.

WORLD CHAMPIONSHIP FORMAT

COMPETITION CHECK-IN: Team Canada Dance/IDO Canada will have already checked in the dancers and wired the money.

COMPETITION ENTRY FEES: World Acrobatic Dance Championship entry fees were included in your travel fees.

SPECIAL RULE FOR COSTUMES: *will discuss at the meeting.

General costume rules for all age divisions include costuming that covers all intimate parts of the dancer's body during the entire performance and is covered with a non-transparent material in any colour except flesh. Male dancers may dance bare-chested (except in the Children's division). Dancers must also be dance in an age appropriate manner.

Costuming should never be offensive to the public or other competitors. If religious or political symbols are used as decoration and/or costume, they must suit the theme and choreography in which they are used. Such symbols must always be in good taste and never be offensive.

MARKING: Judges mark on the 3D system: TECHNIQUE (10 marks), COMPOSITION (10 marks), & IMAGE VALUE (10 marks). Total of 30 marks.

COMPETITION & JUDGING: After all dancers dance, the next round of dancers will be posted and announced. Please make sure you do not leave the area. Each additional round, the list is flipped so whoever danced first now dances last in the next round.

TIME LIMITS:

Strictly enforced.

Solo, Duo - 1:45 - 2:15 minutes
Small Group (3-7 dancers) - 2:30 - 3:00 minutes
Children Formation - 2:30 - 3:00 minutes
Junior & Adult Formations - 2:30 - 4:00 minutes

JUDGES: There is no feedback at the World Championships. By the time you make it to this stage, you should not need to be told to stretch your feet, etc. Each judge is from a different country and no country will have two judges on the panel at the same time.

ROUNDS: If there are 50 in a category then it will be cut down to 25, then 12, then to the Final 6. After each round, the scrutineers will count the marks for the competitors to reach the next round. They will publish the results for the next round as soon as possible relating to the running of the event. **Please do not leave the hall until this announcement** as there might be an extra unforeseen round (re-dance) which you might **miss by leaving too early**.

FINALS: The final 6 will dance in the finals. If you are lucky enough to be one of the top 6 in the world, please stay backstage after you dance as they usually call the top 6 back on stage for a bow and so the judges can take one final look and place the dancers from 1st - 6th place.

EPN/ENTRIES PER NATION: The IDO World Championships are the largest official Dance Sport World Championships in the world. Because so many nations and dancers are involved, there is a limit to the number of entries each country can bring to 3 EPNs in each age/category. Exception for Wild Cards and Defending Champions.

2022/23 Exception: due to world events as well as the world pandemic, to encourage more dancers to start traveling for competitions, the IDO has removed all EPNs for participating dancers in Acro.

WILD CARDS: During regular World Championships, the organizing country has the right for one additional participant (dance group) in each discipline, category, and age group.

In addition, dancers may qualify as a Wild Card at sanctioned Grand Prix events. Dancers winning GOLD in the Adult categories may qualify as an additional entry for that nation.

DEFENDING CHAMPION: Last year's World Acrobatic Dance Champion for Children, Junior, and Adult I and II divisions have the right to defend their titles without national qualification, in addition to the national enrolments (EPNs) - but they have to be enrolled by their national federation.

THIS IS A REAL COMPETITION: This is not a competition where everyone comes home with a medal - there is 1 (one) Gold, 1 (one) Silver, and 1 (one) Bronze. Each dancer will be given a certificate with their placement. Only your Team Captain and/or choreographer may pick these up - no parents/dancers in the IDO Office.

PREPARATION / BE READY: Because the World Championships are normally big events, it may happen that the time schedule has to be adjusted during the days. We ask all coaches for the dancers be ready to dance at least 90 minutes prior to the published start of the round - respectively inform themselves about the planned start of the dancers. All information will be published backstage near the stage entrance and announced from the stage. Everybody please inform yourself during the day(s).

TEAM CAPTAIN: These are normally the National Director, Administrator, and/or choreographer from each province. Bonnie Dyer will choose the captain for the event. Certificates will be picked up by this assigned person only.

PARADE OF NATIONS: All dancers in all age divisions are to participate in the Parade of Nations, wearing their team jackets and black pants, or team wear. Please bring flags to wave and souvenirs to trade with other countries!

LIVESTREAM: There will be livestream. Generally it does cost about 7-10 Euros per day but for the first Acrobatic Championships in North America, the livestream will be at no cost. The livestream link will be available through the IDO Dance website, the IDO World Dance Challenge / Acro Championship website, the Team Canada Dance website, and possibly through social media platforms.

PHOTO/VIDEO: Filming personal videos are strictly prohibited at all times in Cintermex. DanceBug will film the whole event and produce DVDs for sale. Pictures taken at the event is permitted only by journalists/reporters with accreditation, official photographer of the organizer, and parents taking pics of their children (*must be proved upon request*)

SCHEDULE: Once all the entries are in, we will post the final schedule. This usually comes out shortly before the start of the competition.

OFF DAYS: The World Championship can last several days and dancers may not dance everyday. Dancers are free to explore the tourist activities in the area during this time, however, we do hope and expect our team members to show up and cheer on the other Canadian participants throughout the competition.

TEAM PICTURE

Every year we do a team picture – GO CANADA!

We usually try to arrange this for the Friday evening before Finals



ADMISSION TO CHAMPIONSHIPS, GALA, and ACCREDITATIONS

DANCERS ENTRANCE BANDS:

Dancers will each receive a wrist band to enter each day.

If lost, a new one must be purchased.

Dancers must wear these with their costumes

LOST WRISTBANDS: \$10 USD each

2022 ADMISSION TICKETS:

Payment in cash (pesos) or through registration.

TUESDAY JULY 26 150 pesos

WEDNESDAY JULY 27 150 pesos

TUESDAY & WEDNESDAY JULY 26-27 300 pesos

ALL EVENTS PASS JULY 24-31 500 pesos

MASTER CLASSES:

During the event, each World Acrobatic Dance Championship participant will be allowed to attend the Acrobatic workshops free of charge. Wristbands will grant entry. If dancers wish to attend workshops in other genres, they must purchase a Workshop Pass

DANCERS CELEBRATION:

Dancers will be granted entrance to the celebration with their wristbands.

Non-dance participants will pay \$5 USD

Adults over 18 yrs will cost \$10 USD

MEALS/BUFFET:

On account of the world pandemic and community cases still present, there will be no dancer meals/buffet offered at this event.

There are several restaurants around Cintermex within walking distance, such as Chili's, La Arcada1200, Carl Jr's, Buffalo Wild Wings, Mely's, and so on. There may also be vendor stands in the Cintermex Arena on evening final rounds.

PHOTOS / VIDEOS:

Photo and/or video packages will be available through Dance Bug.

Prices will be announced.

A FEW MORE THINGS

ELECTRICITY: Electricity in Mexico is the same as in the U.S. and Canada, 110 Volts, 60 Cycle. You do not need a transformer or converter. Some older places may not have 3 hole ground receptacles with ground so you might want to bring one of those inexpensive adapters that go from a 3 prong plug to a 2 hole receptacle.

NATIONAL FLAGS & PINS: *Don't forget* to bring a Canadian flag for the Parade of Nations! Also, dancers love to trade anything with Canada on it, such as pins, scarves, hats, jackets, and so on.

EXPECTATIONS OF TEAM MEMBERS: We are representing Canada, IDO Canada / Team Canada Dance, our studios, and ourselves. Please be mindful at all times. We expect our team to be:

- polite and courteous to all dancers from around the world and within our team
- support all Team Canada dancers from other provinces as well as our own
- we cheer for everyone, even our competition!
- please mind your manners
- a pleasant disposition is always encouraged
- NO EXCUSES!
- no contact with the organizer unless it is to say "thank you"
- dancers and parents are to be respectful of their choreographers, and to each other
- everyone is to be respectful at the hotel
- no one is to talk to the judges - even if you know them!
- different countries, different cultures - please mind your facial expressions

FACIAL EXPRESSIONS: Please do not make faces or comments if you see something you do not like on stage as it does not set a good example of sportsmanship for our country. It will look like we are making fun of them or thinking that we are better than them.



Psychologicalscience.com

ENGLISH: All IDO World Championships are held in English as the common language but organizers may also use their native tongue in addition.

MOST IMPORTANT OF ALL

- Any dancer, choreographer, or parent not showing 100% sportsmanship will be removed from the team. Your behaviour also risks the rest of the team being expelled from the competition. If this happens, there will be NO REFUNDS
- Dancers all would like to win, but even more so, they want to please you and make their parents proud. If you are angry or upset as a parent/chaperone - so will the dancers. Please try to emphasize the positives and work in a calm manner to smooth out any negatives. Remember, if you have time to complain then you have time to help! Be the solution, not the problem.

**Remember you may be the best in your area - but this is not a local, provincial, or National competition. It is a World Championship*

- Be a humble winner and gracious if you do not win
- Over the years, dancers will receive many trophies and medals -- these will be long forgotten or lost as dancers move on into adulthood. However, the memories of this time as a member of Team Canada, representing Canada on the world stage, will be memories that will last a lifetime
- Please be the parent that makes this a wonderful experience each and everytime your child gets to participate
- Everyone has worked hard to get to the World Championship. The dance studio teachers with their expert training, the choreographers who work endless hours for the dancers, the directors, your organizers, the dancers, and you - the parents!

Thank you for giving the dancers this amazing opportunity!

- Who do we cheer for? EVERYONE! (but of course we cheer really loud for Canada)
- Remember that we are all one team, from East to West. We are Canada.

*In other words, say little when you win and less when you lose.
The number one ingredient of a true athlete is SPORTSMANSHIP!*

BEFORE YOU LEAVE

1. CHECK AIR LINE LIST

- proper dates
- proper spelling of names as they appear on the passport
- expiry of passport is NOT within 6 months of return date
- DOB is correct

2. CHECK ROOMING LIST

- we will have copies for team members that you can write Room Numbers on at the hotel

3. ANY WAIVER MUST BE SIGNED

4. TEAM JACKETS

- all team members will have received a team jacket or something comparable.
- these will be distributed at rehearsals. Let us know if you did not receive anything.

5. CHECK THE WEBPAGE AND/OR TEAMS NAP

- www.teamcanadadance.ca
- Acro tab
- we do try to email everyone important updates, but in case you missed it, it will be available at all times on our webpage

6. EXTRA TEAM WEAR

- completely optional
- available through our website once opened for the season
- no team should make their own

7. SOCIAL MEDIA POLICY

- please review our social media policy, as well as the rules & regulations
- do not create any new accounts in our name

8. HAVE FUN!!