

VENUE | Proximus Theatre, Belgium.



IDO WORLD BJMC CHAMPIONSHIPS 2023

Team Canada Dance

TCD is a not-for-profit organization that has been bringing together Canada's elite performers, dancers and choreographers together as Canada's National Dance team on the world stage for 3 decades.

Our organization gives dancers the opportunity to travel, meet other dancers worldwide and to compete as a unified team with other dancers from across Canada. Team Canada Dance also gives Canadian dancers the opportunity to learn from master teachers and choreographers both within Canada and worldwide. We encourage our Team Canada dancers and their supporters to foster good sportsmanship, and to promote Canadian values while exhibiting our remarkable dance training. We only work with the 'best of the best' choreographers who choose the best dancers to represent Canada.

The International Dance Organization (IDO), is a non profit World Dance- and Dancesport Federation consisting of OVER 90 member and contact NATIONS, representing more than 500,000 DANCERS, from all SIX CONTINENTS.



IDO Canada

BONNIE DYER

Canadian National Director
IDO American's Chairperson
IDO Vice President-New Ventures



NOV.27 - DEC.3
DePanne, Belgium

www.teamcanadadance.ca

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GENERAL INFORMATION

The IDO Dance Championships are the sole "officially" accepted world dance sport championships in the Performing Arts

TEAM PARENT/LIAISON: An appointed person who will assist with roll calls, remind team members of rehearsals, and help wherever else is needed by the Team Canada office and/or choreographer(s) at the airports and World Championships. **We will communicate by TeamSnap.**

COMMUNICATION: All of our communication, chat messages, emails, etc will be done through the app TeamSnap. There will be no outside communication permitted or separate chat groups. We have found several times that chat groups were made outside regular communication and incorrect information was shared. We will not be on to monitor but will be checking in once and while. Our moderators will be the Team Captains and choreographers. TeamSnap will have all of our contact information so you can contact us directly or the choreographer. Emails and communication are stored on TeamSnap so there is no confusion as to what info has been sent. Post your pics too!

EXTRA ROUTINES: You have been invited to the Canadian National Team. Each country is allowed a defined # of entries per age per division. Please remember that this is a World Championship and it's not open for anyone to enter. You have to be selected to qualify. We work closely with all the choreographers on the teams across Canada to decide how we split any 'extra' routines between the provinces if necessary. Please remember that Team Canada is not just your province! Those three positions must be split across all of our Canadian dancers and we want to choose the best to represent Canada.

TEAM REHEARSALS: All team rehearsals are mandatory. If you must miss one due to travel difficulties, illness, bereavement, or mandatory prior home-studio commitment, please let your choreographer **and** the IDO Canada office know. Any other reasons for missing rehearsals such as parties, etc., are not acceptable and the choreographer may remove you from routines. Missing rehearsals will be assessed by the choreographer on a case-by-case basis. We are taking a **studio-first** approach, which means that any activity that you are required to take part in from your home studio which conflicts with Team Canada's schedule is acceptable - please let us know in advance.

The rehearsal schedule will be available until departure. The choreographer may schedule extra rehearsals if necessary or for 'extra' routines. Any changes to rehearsal notices will be emailed to the team, and/or posted on TeamSnap.

REHEARSALS AT COMPETITION: It is the discretion of your choreographer as to how many and when they will hold rehearsals for the team. The Team Parent/Liaison/Assistant will make sure all the dancers are aware of when/where they will be held. This information will be given daily and will be posted. This cannot be pre-planned until the team knows the competition schedule and what rounds they qualify for. We ask the parents to not stay and watch the rehearsals as we find the dancers are much more focused at rehearsals without an audience.

TEAM WEAR: To order Team Canada wear, please go to our www.TeamCanadaDance.ca to the TEAM WEAR tab. If you have any questions regarding this, please contact them directly. Please remember that no other Team Wear is allowed to be made/distributed by anyone else.

TRAVEL INFORMATION

AIR TRAVEL: **airline information coming after all traveling team members/family are confirmed. **Be at the airport 3 hrs prior to departure!*

It's important that you check in as soon as you arrive. Please go through security and find your gate. Afterward, you can go to restaurants, meet each other, etc. - but remember that if you miss your flight, it will be your responsibility to buy another ticket. Do not wait for anyone that may be late as it's easier to get one ticket the next day rather than several!

E-TICKETS: We use E-tickets which will be emailed to you once they have been 'printed'. E-tickets look like a piece of paper and will have your name and booking code on them. We are booking as a group, so you will not be able to check in early online. If upgrading is available, you will receive the price list for that before departure. You will have to pay directly to the airline for upgrades, not us. **Please make sure your passport does not expire within 6 months of travel.** We are not kidding! We have had both dancers and parents turned away at the gate for this in the past. This is YOUR responsibility, not ours, or the airline.

TEAM TRAVEL: Dancers are to wear their Team Canada jacket and black pants while travelling to Europe. There will be extra Team Wear available for sale if anyone is interested - the extra team wear is optional. Your Team Canada jacket or substitute is included in your fees.

EXTENDED STAY: People who have opted for the **Extended Stay** option can leave after they are finished at the competition if they wish, however, your hotel has been pre-paid so there will be no refund if you choose to start your vacation early. PLEASE NOTE: your return ticket will be out of BRUSSELS so you will have to make your way back to that airport upon return. If you plan on traveling outside of the Belgium area, please check with the Government of Canada Travel Advisory. <https://travel.gc.ca/travelling/advisories>
Any additional ticket changes will be arranged and paid for by you. We cannot do additional requests.

TRAVELLING WITH CHILDREN: Canadian travelers visiting Belgium with children should carry:

- a valid passport for each child
- the child's long-form birth certificate.
- if a child is traveling alone, with only one parent, or with a third party of legal age, a letter of authorization signed by the other parent, or both parents, as the case may be

See more <https://travel.gc.ca/travelling/children>

DANCERS TRAVELLING WITHOUT A PARENT: If you are sending your child (*under 18*) without a parent, please ask another parent on the team that you and your child feel comfortable with to chaperone. Please let us know who the chaperone will be so we can arrange seating on the airplane and suitable hotel accommodations. Please fill out and have your child carry the following consent letter
<https://travel.gc.ca/travelling/children/consent-letter>

DIVORCED/SEPARATED PARENTS: Please have a notarized letter from the other parent granting you permission to travel with your child outside of Canada. Usually we haven't had any problems, but customs have informed us that there is an increase in human trafficking and they have become stricter. If a father is listed as 'unknown', then you must have your child's long-form birth certificate.

COSTUMES: Please pack costumes and shoes in your carry-on. All props must go with the luggage. **ONE SUITCASE PER PERSON.** Dancers - you do not need many clothes as 99% of the time you will be in dance clothes or team wear. Although you can pay to bring more luggage onto the plane, **PLEASE DON'T** as it will not fit into the bus that picks up the team at the airport. Also - we have had many suitcases lost at the airport and your costume cannot be immediately replaced or substituted.

LEAVING CANADA: We will have a 'team parent' from each of the travel groups doing attendance before leaving Canada, at each travel point, and before boarding the bus.

SEATING ON THE PLANE: Every effort is made to keep all the families together and chaperones with the dancers. However, airlines are somewhat unpredictable. There are enough of us traveling so even if the airline doesn't honor our requests for seating (*even though we have colour-coded everyone that must stay together*), we're sure that we can have a suitable exchange of seats between the team members if necessary.

WHILE ON THE PLANE: It is very important that the dancers sleep on the plane as we need them well rested when they arrive. If they try to stay awake during the flight then they will likely get run down and ill by the end of the week. You will be on an overnight flight. When you arrive, it will be 6 hrs ahead of EST time, so 6 am in Belgium will be midnight in Ontario or 10 pm in AB, which will make competing difficult unless rested. Please, get your sleep!

SECURITY: Please note that in Europe, security is quite strict - be prepared to be frisked from head to toe. Line-ups can also be quite long as they are very thorough. Always exercise a high degree of caution and be alert wherever you travel. Countries are on high alert for human trafficking.

ENTERING BELGIUM: Belgium is a member of the European Union and part of the Schengen area. You do not need to pass customs when traveling between Poland and other European countries.

At this time, there are no further entry requirements for either country. We will update you if this changes.

ONCE YOU ARRIVE AT BELGIUM AIRPORT: Please gather your luggage and go out. Wait for the driver holding the IDO and/or Canada sign. Please remember to go to the washroom before boarding the bus.

CANCELLATION OF FLIGHTS: The world can be unpredictable! If our flights are canceled due to weather or other natural conditions, please know that it's for your safety and no one is to be blamed. Please do your best to remain calm as we work out an alternative plan.

DELAYED FLIGHTS/MISSED CONNECTIONS: Recently, airlines have experienced difficulties with delayed flights causing missed connections and lost luggage. We ask for your patience should you experience travel problems related to these issues. Your flights will be rebooked. Last year we had an entire team miss their connecting flight and were able to get them on a later flight. If you miss your connecting flight because you weren't paying attention, sleeping, or were late due to shopping at the airport then you will need to rebook your own ticket through the airline. And yes, it's happened!

Lost luggage can be tracked. Many families have put Airtags in their luggage to track it but it doesn't always result in getting luggage faster - it's more for a personal piece of mind. Last year we only had 3 parents with delayed luggage. Our travel agent working with the airlines was able to reunite them. This is why we ask that important luggage be kept in your carry on because it does happen.

HEALTH CARE Excellent medical care is available in Belgium. Service is available throughout the country. Medical services may require immediate payment before insurance reimbursement.

VACCINATIONS FOR BELGIUM: In addition to your covid vaccine, routine vaccines should be up-to-date, such as MMR, diphtheria, tetanus, pertussis, polio, varicella (chickenpox), influenza, and others.

INSURANCE: All travelers must have valid health insurance before traveling. If you do not have any, let us know and we can direct you. We recommend getting Covid-insurance as well as travel cancellation insurance to cover any necessary quarantine and/or cancellations and evacuations.

TRAVEL ADVISORY Belgium, as with most of Europe, recommends exercising caution. You can always check advisories on travel.gc.ca. Belgium has a Public Alert System you can register with called BE-Alert. Belgium's emergency number is **112** (*not 911*)

IMPACT OF UKRAINE CONFLICT In February 2022, Russia began a military invasion of Ukraine. There has been a significant increase in the number of displaced persons entering Belgium from Ukraine. There are important delays at border crossings. Transportation and other essential services may be strained due to the high demand. There are no additional safety or security concerns but please be aware of the possible travel delays and lack of availability in hotels and other accommodations.

MONEY: Everything connected with IDO is in Euros (€) but competition organizers may offer additional merchandise and use local currency (*Belgium= Euros*) for admission and other event-specific items.

How much cash do I send with my child? We have found that \$300 CDN converted to local currency and/or Euros is usually enough in the past. A wonderful breakfast is usually included but you may want to buy your other meals and maybe some souvenirs.

CURRENCY: Euros (€) - Always have some cash on you as credit cards aren't always accepted. You can use the ATM in Belgium to withdraw for a nominal fee. Tipping is not common in Belgium. The current currency exchange is approx. 1 CAD = 0.69 Euro

WEATHER: Typical days are 8°- 15° C in the fall. Be prepared for both the cold and milder weather. The transitional seasons of spring and autumn are highly unpredictable and experience large temperature swings with periods of fine weather and temperatures around 20 °C alternating with much colder periods. Prepare for both snowy and spring-like weather, and perhaps lots of rain.

FREE TIME: Yes! There will be free time for fun and visiting the area if you wish to do so. You will be asked not to plan any activities on the day of the competition so you are rested and don't miss it!

Choreographers also prefer that dancers not do any swimming before the start of their competition because they want their energy levels as high as possible!

HOTEL INFORMATION

HOTEL: **Please be patient as it may take some time to check in large groups!*

Our hotel will not be confirmed until we submit our final rooming list to the organizer. IDO organizers coordinate all the hotels for IDO World Championships, not Cups such as the WDC-C&C. They have reserved hotels within a large radius of the venue. Since we will be traveling for the Championships, our hotel will be arranged for us. There are several hotels in the area that are reserved for this event and the sooner we submit our rooming lists, the sooner we will know which hotel and the closer we will be!

****Once we know, we will tell you - we cannot tell you until we know ourselves. It can take time so please be patient. This information will be updated with the hotel information once confirmed.***

Required at check in:

- Credit card or cash deposit required - if you want to charge anything to your room and/or turn the phone on
- Government-issued photo ID - this is required for everyone. Your passport can be used

PASSPORTS: *KEEP THEM SAFE!*

Please put all passports in your hotel safe. If you want to hold onto them, please know that if you lose them, you are on your own to replace them, however, the organizer of the competition can guide you to the embassy. Dancers who are traveling without a parent have no choice - put them in the safe! It's also recommended to carry a photocopy of the passport and carry ID with you at all times.

WE DO NOT ALLOW OTHER PEOPLE INTO OUR ROOMS.

Any social visiting must be done in the Lobby.

No room or hall parties! *(applicable for both dancers and parents)*

****IMPORTANT****

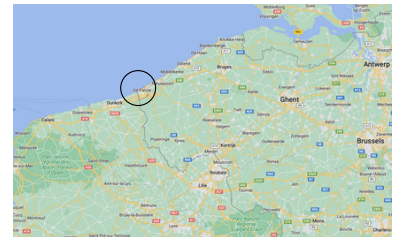
If anyone is caught sneaking another family member or friend into their rooms to stay with them, that dancer and family **will be expelled immediately** from the competition. Unlike our hotels we do not pay for the room but *per person*. It is important that Canada does not look like cheaters. This rule also applies to all our ground transportation also – it is for dancers and parents travelling with the team – they have paid for this service **PLEASE DO NOT ASK FOR ANY EXCEPTIONS – WE CANNOT ACCOMMODATE ANYTHING DIFFERENT**

DINING: There are several restaurants near the hotel and the venue. They have a variety of different cuisine aside from the traditional Polish, such as Italian, Japanese, American, European, etc.

DE PANNE - BELGIUM

DE PANNE: is a town and municipality located on the North Sea coast of the Belgium province of West Flanders. There it borders France, making it the westernmost town in Belgium. It's one of the most popular resort town destinations in Belgium. The population is approx. 11,000 people in 23.9 km, giving it a population density of almost 500 inhabitants per km.² Royalties who have lived in De Panne include King Albert I and Queen Elisabeth. The Belgian royal family lived here during WWI because it was located in the tiny fraction of their country that wasn't conquered by the Germans.

De Panne is home to Plopsaland, a theme park aimed at young children, and is located on the former grounds of Meli Park. It's also the place where the first land yachts intended for sport were built and used by the Dumont brothers in 1898. There is the De Panne Railway Station located in nearby Adinkerke with regular service to Brussels. There are buses that run to Dunkirk.



PLOPSALAND: is a theme park located in Adinkerke, Belgium - part of the municipality of De Panne, and is owned and operated by Plopsa (*the theme park division of Studio 100, the company operates 8 water parks across Belgium, The Netherlands, Germany, and Poland*). Plopsaland was formerly known as Meli park from 1935-1999. During the renovation in 1999, several characters from Studio 100 were used - such as Samson en Gert and Kabouter Plop - to theme new and old attractions. The competition will be held within Plopsaland!



Samson and Gert



Kabouter Plop



BELGIUM: officially the Kingdom of Belgium, is a country in Northwestern Europe, bordered by the Netherlands to the north, Germany to the east, Luxembourg to the southeast, France to the southwest, and the North Sea. It has a population of more than 11.5 million making it the 22nd most densely populated country in the world and 6th most in Europe. It is known for medieval towns, Renaissance architecture, and as the headquarters of the European Union and NATO. The country has distinctive regions including Dutch-speaking Flanders to the north, French-speaking Wallonia to the south, and a German-speaking community to the east. The bilingual capital, Brussels, has ornate guildhalls at Grand Place and elegant art-nouveau buildings. Belgium is part of the Schengen area and is also home to the beautiful tourist cities of Antwerp and Bruges. Belgium is famous for *chocolate, waffles, and beer!*

SCHENGEN AREA: The world's largest visa-free zone! The Schengen Area signifies a zone where 27 European countries abolished their internal borders, for the free and unrestricted movement of people, in harmony with common rules for controlling external borders. The area covers most of the EU countries, except Ireland, with Romania, Bulgaria, and Cypress soon to be a part of it. Although not a part of the EU, Norway, Iceland, Switzerland, and Lichtenstein are part of this zone as well. Canadian citizens do not need a visa for travel to countries within the Schengen area, however, visa-free travel only applies to stays of up to 90 days in any 180-day period.

WORLD CHAMPIONSHIP FORMAT

COMPETITION CHECK-IN: Team Canada Dance/IDO Canada will have already checked in the dancers a

COMPETITION ENTRY FEES: World BJMC Championship entry fees were included in your travel fees and we've wired the money

SPECIAL RULE FOR COSTUMES: *will discuss at the meeting.

General costume rules for all age divisions include costuming that covers all intimate parts of the dancer's body during the entire performance and is covered with a non-transparent material in any colour except flesh. Male dancers may dance bare-chested (except in Children's division). Dancers must also dance in an age-appropriate manner.

Costuming should never be offensive to the public or other competitors. If religious or political symbols are used as decoration and/or costume, they must suit the theme and choreography in which they are used. Such symbols must always be in good taste and never be offensive.

MARKING: Judges mark on the 3D system: TECHNIQUE (10 marks), COMPOSITION (10 marks), & IMAGE VALUE (10 marks). Total of 30 marks.

COMPETITION & JUDGING: After all dancers dance, the next round of dancers will be posted and announced. Please make sure you do not leave the area. For each additional round, the list is flipped so whoever danced first now dances last in the next round.

TIME LIMITS:

Strictly enforced.

Solo, Duo - 1:45 - 2:15 minutes
Small Group (3-7 dancers) - 2:30 - 3:00 minutes
Children Formation - 2:30 - 3:00 minutes
Junior & Adult Formations - 2:30 - 4:00 minutes

JUDGES: There is no feedback at the World Championships. By the time you make it to this stage, you should not need to be told to stretch your feet, etc. Each judge is from a different country and no country will have two judges on the panel at the same time.

ROUNDS: If there are 50 in a category then it will be cut down to 25, then 12, then to the Final 6. After each round, the scrutineers will count the marks for the competitors to reach the next round. They will publish the results for the next round as soon as possible. **Please do not leave the hall until this announcement** as there might be an extra unforeseen round (re-dance) that you might **miss by leaving too early**.

FINALS: The final 5 or 6 will dance in the finals. If you are lucky enough to be one of the top 5 or 6 in the world, please stay backstage after you dance as they usually call the top 6 back on stage for a bow and so the judges can take one final look and place thee dancers from 1st - 5th or 6th place

EPN/ENTRIES PER NATION: The IDO World Championships are the largest official Dance Sport World Championships in the world. Because so many nations and dancers are involved, there is a limit to the number of entries each country can bring to 3 EPNs in each age/category. Exception for Wild Cards and Defending Champions. Post-covid competitions may differ on allowable EPNs

2022/2023 Exception: due to world events as well as the world pandemic, to encourage more dancers to start traveling for competitions, the IDO has allowed more EPNs for participating dancers in Acro and other *select* disciplines and/or categories (*not Tap unfortunately*). Team Canada will split entries accordingly.

WILD CARDS: During regular World Championships, the organizing country has the right to one additional participant (dance group) in each discipline, category, and age group.

In addition, dancers may qualify as a Wild Card at sanctioned Grand Prix events. Dancers winning GOLD in the Adult categories may qualify as an additional entry for that nation.

DEFENDING CHAMPION: Last year's World Champion for Children, Junior, and Adult I and II divisions have the right to defend their titles without national qualification, in addition to the national enrolments (EPNs) - but they have to be enrolled by their national federation.

THIS IS A REAL COMPETITION: This is not a competition where everyone comes home with a medal - there is 1 (one) Gold, 1 (one) Silver, and 1 (one) Bronze. Each dancer will be given a certificate with their placement. Only your Team Captain and/or choreographer may pick these up - no parents/dancers in the IDO Office.

PREPARATION / BE READY: Because the World Championships are normally big events, it may happen that the time schedule has to be adjusted during the days. We ask all coaches for the dancers to be ready to dance at least 90 minutes prior to the published start of the round - respectively inform themselves about the planned start of the dancers. All information will be published backstage near the stage entrance and announced from the stage. Everybody please inform yourself during the day(s).

TEAM CAPTAIN: These are normally the National Director, Administrator, and/or choreographer from each province. IDO Canada will choose the appropriate captain for the event. Certificates will be picked up by this assigned person only.

PARADE OF NATIONS: All dancers in all age divisions are to participate in the Parade of Nations (PoN), wearing their team jackets and black pants, or team wear. Please bring flags to wave and souvenirs to trade with other countries! Please note that you are expected to attend and participate in every PoN

LIVESTREAM: There will be livestream. Generally, it does cost about 7-10 Euros per day. We will post any livestream information once it is released.

PHOTO/VIDEO: Personal videos are strictly prohibited at all times at World Championships. Belgium Media will film the whole event and produce DVDs for sale. Pictures taken at the event are permitted only by journalists/reporters with accreditation, the official photographer of the organizer, and parents taking pics of their children with prior consent and proven upon request. They are strict about the rules and anyone not following the rules risk being ejected from the facility.

SCHEDULE: Once all the entries are in, we will post the final schedule. This usually comes out shortly before the start of the competition. We have the tentative schedule posted.

OFF DAYS: The World Championship can last several days and dancers may not dance every day. Dancers are free to explore the tourist activities in the area during this time, however, we do hope and expect our team members to show up and cheer on the other Canadian participants throughout the competition. There will be a GALA/party after the final day of the competition and Team Canada will arrange some fun team activities.

IMPORTANT VENUE INFORMATION

**important points from IDO organizer*

- The dimensions of the dance floor depth x width are approximately 32 m x 12 m (45ft x 39 ft) or 14m X 12m (45ft X 39ft). Entry is from the sides of the stage
- Spectator capacity 1,406 of which 1,390 can be sold (*16 places reserved for production*)
- The organizers do not provide custody or insurance for the participants. The responsibility to provide custody and insurance applies to the delegate institutions. The organizer will not be held responsible for any accidents during the stay in Kielce and the Hala Legionów. The team captains of the nations must have insurance information ready if something happens and paramedics are called to bring the dancer to the hospital if necessary. You may leave insurance papers with the IDO Organizational Office at check-in.
- IMPORTANT INFORMATION REGARDING BELGIUM HEALTH SYSTEM: Please be aware that if paramedics are called for you to the venue, you will need to present insurance or pay for the care.
- The institutions and their dancers own the right to withdraw from further competition at each stage of the event. Withdrawal from the competition shall not result in reimbursement of the enrollment fees.
- The use of sports footwear is mandatory, while the use of 'stiletto' or 'spike' heels (*or any kind of footwear that may damage the surface*) is prohibited on the stage.
- Any form of advertisement is forbidden without the written consent of the organizers.
- During the IDO Championship, the participants are obliged to absolutely comply with fire and occupational health and safety requirements and procedures valid in Hala Legionów.
- Participation in the IDO World Championships expresses the unconditional and perpetual consent to photo, video, TV recording, and broadcasting of all presentations.
- Protests (Festival) can only be submitted in writing to the organizers and judges immediately (maximum 20 minutes) after the round concerned and only by the official National Team Captains. Later protests shall not be considered. In the event of rejection, the security shall be forfeited as a whole. Protests (IDO WC) comply with IDO Dance Sport Rules & Regulations
- **Detection of non-compliance to the age-division rules may result in disqualification and making the information publicly available.**
- Attention! Please bring a photocopy of your passport to the venue. Because of past problems, the IDO Check-In Counter will check-in all participant passports. If the number and names of dancers in the competition will be according to the internet enrolment (by DIES) or if they are different, less or more dancers on stage. **Team Canada already will have a copy in our registration system to use if needed and will present it to the judges if asked.*

TEAM PICTURE

Every year we do a team picture – GO CANADA!

We usually try to arrange this for the Friday evening before Finals



ADMISSION TO CHAMPIONSHIPS, GALA, and ACCREDITATIONS

DANCERS ENTRANCE BANDS:

Dancers will each receive a wrist band to enter each day.

If lost, a new one must be purchased.

Dancers must wear these with their costumes

LOST WRISTBANDS: 5 EURO each

2023 ADMISSION TICKETS:

Tickets

1 Day:

- 12 yr: 12 euro

+ 12 yr: 20 euro

3 Days: 27 - 28 - 29 november

- 12 yr: 30 euro

+ 12 yr: 50 euro

4 Days: 27 - 28 - 29 - 30 november

- 12 yr: 36 euro

+ 12 yr: 60 euro

4 Days: 30 nov - 1 - 2 - 3 december

- 12 yr: 36 euro

+ 12 yr: 60 euro

7 Days:

- 12 yr: 70 euro

+ 12 yr: 100euro

MEALS/BUFFET:

There may be meals for purchase at the venue, as well as nearby the venue.

More details to follow.

PHOTOS / VIDEOS:

Photo and/or video packages will be available through Belgium Media

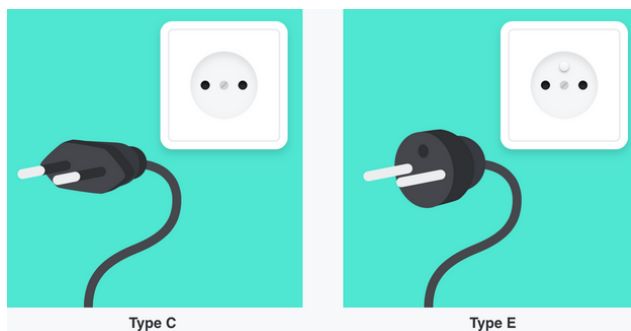
Prices will be announced.

There will be Livestream

A FEW MORE THINGS

EUROPEAN ELECTRICITY: When traveling in Europe, one of the most important things to bring with you is a POWER CONVERTER, as the wall sockets are much different. There also aren't as many outlets in hotel rooms as we are used to because electricity is much more expensive in Europe. Luckily, converters are affordable and can be bought at many places such as CAA, Walmart, Shoppers, Amazon, and so on. You will need different ones depending on the country. Your best bet is to get an all-in-one converter.

BELGIUM: There are two associated plug types, types C and E. Plug type C is the plug that has two round pins and plug type E is the plug that has two round pins and a hole for the socket's male earthing pin. Belgium operates on a 230V supply voltage and 50Hz. **For reference, the standard voltage in Canada is 100 - 127 V. You will fry your electric devices without a voltage converter!**



NATIONAL FLAGS & PINS: Don't forget to bring a Canadian flag for the Parade of Nations! Also, dancers love to trade anything with Canada on it, such as pins, scarves, hats, jackets, and so on.

EXPECTATIONS OF TEAM MEMBERS: We are representing Canada, IDO Canada / Team Canada Dance, our studios, and ourselves. Please be mindful at all times. We expect our team to be:

- polite and courteous to all dancers from around the world and within our team
- support all Team Canada dancers from other provinces as well as our own
- we cheer for everyone, even our competition!
- please mind your manners
- a pleasant disposition is always encouraged
- NO EXCUSES!
- no contact with the organizer unless it is to say "thank you"
- dancers and parents are to be respectful of their choreographers, and to each other
- everyone is to be respectful at the hotel
- no one is to talk to the judges - even if you know them!
- different countries, different cultures - please mind your facial expressions

FACIAL EXPRESSIONS: Please do not make faces or comments if you see something you do not like on stage as it does not set a good example of sportsmanship for our country. It will look like we are making fun of them or thinking that we are better than them.

ENGLISH: All IDO World Championships are held in English as the common language but organizers may also use their native tongue in addition. *Belgium speaks Dutch, German, and French.*

MOST IMPORTANT OF ALL

- Any dancer, choreographer, or parent not showing 100% sportsmanship will be removed from the team. Your behavior also risks the rest of the team being expelled from the competition. If this happens, there will be NO REFUNDS
- Dancers all would like to win, but even more so, they want to please you and make their parents proud. If you are angry or upset as a parent/chaperone - so will the dancers. Please try to emphasize the positives and work in a calm manner to smooth out any negatives. Remember, if you have time to complain then you have time to help! Be the solution, not the problem.

Remember you may be the best in your area - but this is not a local, provincial, or National competition. It is a World Championship

- Be a humble winner and gracious if you do not win
- Over the years, dancers will receive many trophies and medals -- these will be long forgotten or lost as dancers move on into adulthood. However, the memories of this time as a member of Team Canada, representing Canada on the world stage, will be memories that will last a lifetime
- Please be the parent that makes this a wonderful experience each and every time your child gets to participate
- Everyone has worked hard to get to the World Championship. The dance studio teachers with their expert training, the choreographers who work endless hours for the dancers, the directors, your organizers, the dancers, and you - the parents!

Thank you for giving the dancers this amazing opportunity!

- Who do we cheer for? EVERYONE! (but of course, we cheer really loud for Canada)
- Remember that we are all one team, from East to West. We are Canada.

*In other words, say little when you win and less when you lose.
The number one ingredient of a true athlete is SPORTSMANSHIP!*

BEFORE YOU LEAVE

1. CHECK AIR LINE LIST

- proper dates
- proper spelling of names as they appear on the passport
- expiry of passport is NOT within 6 months of the return date
- DOB is correct

2. CHECK ROOMING LIST

- we will have copies for team members that you can write Room Numbers on at the hotel

3. ANY WAIVER MUST BE SIGNED

4. TEAM JACKETS

- all team members will have received a team jacket or something comparable.
- these will be distributed at rehearsals. Let us know if you did not receive any

5. CHECK THE WEBPAGE AND/OR TEAMSNAPE

- www.teamcanadadance.ca /Tap Teams tab
- TeamSnap
- we do try to email everyone important updates, but in case you missed it, it will be available at all times on our webpage/TeamSnap

6. EXTRA TEAM WEAR

- completely optional
- available through our website once opened for the season
- no team should make their own

7. SOCIAL MEDIA POLICY

- please review our social media policy, as well as the rules & regulations
- do not create any new accounts in our name

8. HAVE FUN!!