

IDO RULES FOR TAP CHAMPIONSHIPS

***CONDENSED VERSION**

2019

CONTENTS

PERFORMING ARTS	2
• IDO Performing Arts disciplines	
AGE DIVISIONS	2
• IDO age divisions of all events, *New age divisions in 2020	
CATEGORIES OF IDO EVENTS	3
• Number of dancers in each	
PROPS AND SCENES	3
DURATION OF PERFROMANCE	4
SPECIAL RULES	4
• Lifts, costumes, acro movements	
TAP DANCE	5
LIVE MUSIC RULES	6
CODE OF ETHICS, STANDARDS OF CONDUCT FOR DANCERS	7
• Ethical behaviour, conduct backstage, conduct while off premises	
CODE OF CONDUCT FOR TEACHERS/COACHES/CHOREOGRAPHERS	8
• Duties of an educator	

If you want to read the complete document of the IDO Competition Rules, please see

Dance Sport Rules & Regulations

<https://www.ido-dance.com/ceis/ido/rules/competitionRules/danceSportRules.pdf>

Anti-Doping Rules

<https://www.ido-dance.com/ceis/ido/rules/competitionRules/ido-anti-doping-rules.pdf>

SECTION 1 PERFORMING ARTS

The rules outlined below cover the following Performing Arts Dance Disciplines :

Show Dance	Production
Jazz Dance / Lyrical	Character – Ethnic – Folk
Tap Dance	Belly Dance / Oriental
Acrobatic Dance	Show Belly Dance / Oriental Show
Ballet	Folk Belly Dance / Oriental Folk
Modern and Contemporary Dance	Flamenco
Bollywood	

Unless stated otherwise under the specific rules for a particular discipline, the following categories are available in the Performing Arts Disciplines listed above:

3.4 AGE DIVISIONS

The following age divisions will be used in all IDO Events:

AGE DIVISION	AGE RANGE
MINI KIDS	7 and under <i>(born in 2012, 2013, 2014, ...)</i>
CHILDREN	11 & under <i>(born in 2008, 2009, 2010, 2011, ...)</i>
JUNIOR	12 – 15 <i>(born in 2004, 2005, 2006, 2007)</i>
ADULT 1	16 & over <i>(born in 2003, 2002, 2001, 2000, 1999, 1998, 1997, ...)</i>
ADULT 2	31 & over <i>(born in 1988 and before)</i>
SENIOR	50 & over <i>(Belly Dance/Oriental (born in 1969, 1968, 1967, ...))</i>

In the Modern Dance Discipline Mini Kids are not allowed.

****NEW AGE DIVISIONS 2020** (AGM 2018, Implementation 01.01.2020 !!!)

SOLO, DUO, COUPLE and TRIO

MINI KIDS:	7 years and under (when applicable)
CHILDREN:	12 years and under
JUNIOR 1:	13 years – 14 years
JUNIOR 2:	15 years – 16 years
ADULT 1:	17 years and over
ADULT 2:	31 years and over (when applicable)
SENIOR:	50 years and over (when applicable)

The rules of the 2-year span is applicable – not in adults 2.

GROUPS, TEAMS, CREWS and FORMATIONS

MINI KIDS:	7 years and under (when applicable)
CHILDREN:	12 years and under
JUNIOR:	13 years – 16 years
ADULT 1:	17 years and over
ADULT 2:	31 years and over (when applicable)
SENIOR:	50 years and over (when applicable)

The rules of the 2-year span is applicable – not in adults 2.

3.4 CATEGORIES OF IDO EVENTS

SOLO	Male and/or Female
DUO	Two males, two females or one male and one female
DUO female <i>In ADULT Disco Dance, Show Dance, and Salsa Shines</i>	female and female
DUO mixed (<i>in ADULT Disco and Show Dance</i>)	male and female, or male and male
COUPLE	male and female
TRIO in Tap and Bollywood	Any combination of three dancers
GROUP	3 – 7 dancers (<i>Tap, Bollywood 4-7 dancers</i>)
CREW in Break Dance and Hip-Hop Battles	3 – 7 dancers
FORMATION	8 – 24 dancers
TEAMS and FORMATION in Salsa Rueda de Casino	8 – 24 dancers (<i>6-12 couples</i>)
PRODUCTION	25 dancers and more

Competitors in all dance disciplines dance to their own music. No dancer shall compete against him or herself

STAGE PROPS: Permitted in many Performing Arts disciplines. However, Stage Props must be carried by the dancer(s) in one trip. Stagehands / assistants are not allowed to carry props for the dancer(s).

NOTE: Cumbersome scenic props are not permitted in any dance, category, style or division at any IDO Event.

Hand Props are anything carried with the hands and not part of the costume (bells, flags, cane, umbrella, etc.). Floor Props are the same, objects set on the floor (chairs, stairs, ladders, tables, etc.). Scenic Backgrounds and Backdrops (scenic curtains or flats – scenery).

Props, liquids shoes, costumes or other substances that can litter, damage, or make the dance floor / stage unsafe may not be used in any discipline.

NOTE: This means that the use of such props, liquids, shoes, costumes or other substances will be punished with a warning and/or direct disqualification. (*AGM 2017, Implementation 1.9.2017, no change possible before 2021*)

Using electrical devices, such as personal light effects and music which the dancer plugs into an electric socket – props, may be used but must be powered by battery.

SCENIC SET UP AND BREAK DOWN: Scenic backgrounds and floor props must take no longer than 15 seconds to set up and 15 seconds to carry it away in Solo, Duo, Trio and 25 seconds in Group entries. Formations will be allowed 45 seconds to set up and 45 seconds to take it off the stage. Time will begin as soon as the first piece of scenic material touches the stage and in taking it off, as soon as the last piece is off the stage. This rule applies to all Performing Arts disciplines. The rule regarding dancers carrying the props in one trip, on and off, will remain the same.

DURATION OF PERFORMANCE:

CATEGORY	MINIMUM Time Duration	MAXIMUM Time Duration
Solos, Duos & *tap Trios	1 min & 45 seconds (1:45) 1 minute in Ballet solo (1:00)	2 minutes & 15 seconds (2:15)
Groups	2 minutes & 30 seconds (2:30)	3 minutes (3:00)
Formations	2 minutes & 30 seconds (2:30)	4 minutes (4:00)
Production	5 minutes	8 minutes

Children's Formation will be 2:30 minimum and 3:00 maximum in Performing Arts, except Belly Dance and Flamenco Dance.

The time limit for all Productions is 8 minutes maximum, which will allow the opportunity to have a final with 3

LIFTS: Lifts are defined as movements / figures in which both feet of one dancer are off the floor and such figures / movements are performed with the help / physical support of another person.

Lifts are permitted in some, but not all dance disciplines. Please refer to specific rules for the discipline in question. Lifts are NOT permitted in Children's divisions, except in Production.

ACROBATIC MOVEMENTS: Acrobatics are those movements, in which body overturns round sagittal or frontal axis, such as somersaults, hand wheeling and similar figures. These movements are permitted in some, but not all disciplines. Please refer to specific rules for the discipline in question. If permitted, acrobatic movements will not always enhance the dancer's score, and could even detract from the score if they are not performed in a technically correct manner.

In all disciplines where applicable, in Children age division acrobatics are allowed if a body part is touching the floor. Acrobatics must not dominate the routine. In Children age division, all acrobatics must be performed without any physical support of a dancer, dancers. (*AGM 2017, Implementation 1.1.2018, no change possible before 2021*)

SPECIAL NOTE FOR ROUTINE RESTRICTIONS: No dance routine shall be performed in more than one discipline. *Example:* The same routine cannot be performed in both a Jazz and Show Dance, nor can a Modern piece be performed in both a Modern and Ballet event.

SPECIAL RULE FOR COSTUMES: In Jazz/Lyrical, Modern and Contemporary Dance, Ballet, Tap Dance and Show Dance disciplines dancers will not be allowed to change their costume during a performance or competition, unless it is ordered because of an infraction of the Costume Rules. It will also not be allowed to change the music or choreography in the next or final round.

SPECIAL RULES FOR THE CHILDREN AGE DIVISION: Dark themes, costumes, and music are not permitted in the Children Age Division

1.4 TAP DANCE

The categories of Tap Dance are: Solo Male, Solo Female, Duo, Trio, Group, Formation.

Age Divisions see in General Provisions of Performing Arts.

1. **Characteristics and Movement:** Although the primary emphasis should be on the harmonious blend of the dancer's footwork (sound), many variables exist. All forms of tap will compete against each other, such as: Rhythm, Hoofing, Buck and Wing, Waltz Clog, Military, Precision Kick Line, Latin and Musical Theater.
2. Jingle taps, double taps or double clagues are not permitted.
3. The music must not contain pre-recorded taps.
4. Personal amplification devices are not permitted.
5. No more than 30 seconds of a cappella or tacet (silence) may be used in any one routine. The absence of music must occur within the music and not at the beginning or end. "Stop Time" is an open part of a measure of music, not played but silent, with some notes being played. "A Capella" is an open phrase of multiple measures in length, but completely absent (silent) of any/all music.

NOTE: Music must be played at the beginning and end of the music and the A Capella must be no longer than 30 seconds. A Capella can also be defined as "Tacit."

6. The dancer's taps and the music must be clearly audible to the audience and adjudicators.

NOTE: The Organizer must make sure the stage has adequate floor microphones and speakers to make this possible.

7. **Acrobatic Movements** that are an integral part of the routine are permitted as outlined under General Provisions of Performing Arts, but will not enhance the dancer's score. (*see in General Rules Performing Arts under Acrobatic Movements restriction for Children*)

8. Regarding health and safety issues in Tap dance, it is not allowed to dance or perform toe work (dancing on pointe) in the Children's age division for longer than one beat of music. The definition of this being dancing or standing on the tips of the toes in weight-bearing steps on one or both feet.

Toe work/dancing on pointe will be for no longer than one beat of the music on one or both feet in Children's Division.

NOTE: No more than one beat and NO weight bearing pointe work at any time. This is stated strictly to clarify the rule already in effect

LIVE MUSIC during Junior and Adult Groups:

1. This is a separate category and cannot be mixed with other categories.
2. Musicians are not counted as participants unless they also dance in the routine. The ages of the musicians are not relevant unless they are also dancers.
3. The Organizer must be advised by email 4 weeks prior to the event. The email must explain all necessary details. Once approved, the participant must adhere to the agreement.
4. All equipment must be brought in and set up by the Dancers and/or musicians.
5. Set up must be done quickly and in a quiet, non-disruptive manner.
6. The set up and break down of the musical equipment and portable amplification must not take more than 3 minutes.
7. Live music and recorded music can be mixed. In this case, the house system of the Organizer can be used if the entrant can cue the sound engineer of the house system for starts and stops of the recorded music.

For example: If the entry uses amplified live music there can be two different systems:

- a. House system for CD and/or up to 2 microphones for vocals only.
 - b. The entrant may supply additional portable amplification system for live music/vocals.
 - c. Both systems may be mixed for live music AND recorded music
8. Suggested live music: Vocals, brass, woodwinds, strings, drums, percussion, bass and keyboards may be used to make music. Full size pianos or organs will not be allowed.

CODE OF ETHICS, STANDARDS OF CONDUCT

1.1 RULES FOR COMPETITORS

COMPETING IN EVENTS NOT SANCTIONED OR RECOGNIZED BY IDO

IDO licensed competitors are not permitted to compete in any competition featuring any discipline that is administrated under IDO jurisdiction that is advertised as a World or Continental Championship, unless that event is fully recognized and sanctioned by the IDO. IDO Licensed competitors who enter such non-recognized / non-sanctioned events may jeopardize or lose their IDO license.

ETHICAL BEHAVIOUR

Competitors will always act in a dignified manner with good sportsman-like behaviour. Competitors will treat other competitors in the manner in which they would like to be treated. All competitors must be good losers and also good winners.

Acts of violence and intimidation against Organizers, Adjudicators or competitors will not be tolerated on or off the premises at any time during the event.

CONDUCT BACKSTAGE, ON, OR AROUND THE STAGE

Competitors must:

- Be punctual and well behaved while backstage
- Be friendly with their fellow competitors and never be a distraction to a fellow competitor's performance
- Be quiet and refrain from stretching or rehearsing while waiting for their turn to compete
- Do their best to keep the dressing rooms, toilets and backstage area clean, and must discard rubbish in proper receptacles

CONDUCT WHILE OFF THE COMPETITION PREMISES

Competitors will always act in a dignified manner while attending any IDO event, both on the competition premises and while in a hotel, restaurant or other facility. Gross misbehaviour could result in disqualification from the competition.

Any act of violence, aggression, or sexual misbehaviour against fellow competitors or anyone else may result in immediate disqualification and future suspension from IDO competitions. Any violations of the local law result in immediate disqualification and suspension from future IDO competitions.

BEING A GOOD SPORT AND DANCE AMBASSADOR

Each competitor should always act in a friendly manner toward their fellow competitors and should be a good sportsman at all times. Everyone should work together to make each IDO Event a very memorable occasion with all the dancers getting along in a friendly manner.

Each competitor will always compete without the use of prohibited substances and will actively fight against doping, respect WADA and act in the spirit of fair play.

PROVIDING THE AUDIENCE WITH A POSITIVE IMAGE OF DANCE

Dancers and Educators, as well as Adjudicators and IDO officials must be aware and adhere to these rules, at all times. Performing dancers should make every effort to provide a proper and positive image of dance to the audience. The music should always be age appropriate. Lyrics should not contain inappropriate words, especially in the Children's and Junior age divisions.

1.1.1 IDO CODE OF ETHICS AND CONDUCT FOR TEACHERS, COACHES, AND CHOREOGRAPHERS

1. All Teachers, Trainers, Coaches and Choreographers, hereinafter called Educators, will conduct themselves in a professional manner at all times when attending and IDO event. They must always act dignified and must display good sportsmanlike behavior.
2. Educators must always respect their fellow Educators, and will refrain from making derogatory or inflammatory statements against both fellow Educators and Competitors
3. An Educator has the right to question the result of any event, but this must be done in private with the Organizer, Supervisor, or Chairperson of Adjudicators. Once a decision has been reached, the Educator must accept that decision without fuss. Any further inquiries about such decision must be submitted, in writing, to the Disciplinary Committee for review
4. Educators may not, under any circumstance, bribe, threaten, harass, or otherwise intimidate an Organizer or IDO official. Doing so may result in immediate expulsion from the event and possible further penalty from the Disciplinary Committee.
5. Educators must never approach an Adjudicator directly with questions on how or why they marked in the manner they did, nor may they ask what criteria an Adjudicator uses in evaluating competitors
6. Choreographers and dancers who use material, choreography, or routines created by other IDO competitors, if found guilty, by viewing tapes, will be prosecuted to the full extent of the Disciplinary Committee and are subject to losing the right to participate in IDO events for life
7. It is illegal to copy or to make Video tapes of IDO events and to sell them without explicit written permission from the Organizer and the IDO. Any infringement of this rule may result in legal prosecution, including member federations or individuals
8. When a competition is held on a non-raised surface (sports hall), only ONE coach may sit on the floor in front of the Formation or Production. Coaching, directing, or otherwise motivating dancers by their coaches or assistants during a performance is strictly prohibited and may result in the disqualification of the dancers. This rule applies to all IDO disciplines.
9. Coaching and directing dancers by their coaches or assistants during a performance is strictly prohibited and may result in the disqualification of the dancers. This rule applies to all IDO disciplines.

DUTIES OF AN EDUCATOR

1. Educators must make sure that all competitors competing in IDO events have read, and are fully aware of, the Code of Conduct for competitors contained within this IDO Rule Book
2. Educators must ensure that their dancers are well behaved both at the competition site and at other establishments, such as the hotel and restaurants
3. Educators must ensure that their dancer are respectful to other competitors and that they do not distract fellow performers by warming up in the wings or in the auditorium or hall where the competition is taking place.
4. Educators must ensure that their dancers are ready to perform at the appointed time
5. Educators must ensure that their dancers remain in or around the competition site until the next round is posted and there is no chance of a re-dance
6. Educators of final-round competitors must ensure that their dancers are present for the awards ceremony, and that they accept their placement graciously and in a dignified manner
7. Educators should be aware of the time schedule and have their dancers ready to perform at least one (1) hour before the scheduled time
8. Educators must do their best to ensure that their dancers keep the dressing rooms, toilets, and backstage area clean, and that rubbish is discarded in the proper receptacles.

The **IDO CODE OF CONDUCT** (hereinafter “Code”) articulates the highest standards and most important principles and values for conduct and behaviour within the IDO and its members.

The main purposes of the Code are to secure a certain standard of behaviour and to protect the welfare of individuals, which is essential to IDO and its aims & objectives to promote worldwide the art of dancing and dance sport in all its forms. This Code complements and does not replace the control exercised by Competent Authorities and does not limit or alter applicable international law or relevant national law. The Code defines the required standards of conduct and behaviour, which applies to the whole IDO family, as follows:

- **Associations National member organizations (NMO) and its members**
- **Elected and Appointed members**
- **IDO employees and contract employees**
- **Coaches, Trainers, Dancers, Team Captains, representatives of NMO**
- **Adjudicators and all officials serving at the competition**

The IDO and its members shall at all times and in every situation comply with following values and principles:

- **Integrity and Ethical behaviour**

Everyone shall act with integrity, behave ethically and perform loyalty in all situations to uphold the reputation of and integrity of IDO and its aims and objectives.

- **Privacy, Dignity, and Respect**

It is important to treat everyone in a manner that makes them feel valued and respected and act in a way to protect their personal rights and maintains their privacy, dignity and respect

- **Welfare**

Everyone shall act, promote and advocate for the happiness, health, safety, well-being, and medical care of IDO family members, and participants of IDO events at all times and in every situation

- **Solidarity and Politeness**

It is important to support each other and share feelings, aims and dreams. Mutual support brings mutual success before, during and after the competition, on and off the field

- **Inclusivity**

Zero tolerance on discrimination as a result of origin, nationality, race, ethnicity, religious belief, skin colour, age, gender, language, social origin, physical, emotional, mental and intellectual ability, sexual preference, political or other belief, place or type of residence, or engagement in any kind of verbal or physical harassment based on any kind of criteria, mentioned about or other.

- **Compliance with Laws, Rules and Regulations**

Everyone shall comply with all applicable laws and adhere to internal rules, regulations and other decisions made by IDO bodies

- **Personal data Protection**

Protection of personal data will be guaranteed to every individual and shall be processed lawfully and fairly.

- **Fair Play Policy**

The essence of Fair Play is highly encouraged and appreciated at all times in all our decisions and actions

- **Avoidance of Potential Conflicts of Interest**

Everyone shall act in the best interests of IDO and its aims & objectives. It is the personal responsibility of each member of the IDO family to declare any potential conflict of interest and avoid such situations

- **Transparency and Good Governance**

The most important policy is to ensure transparency and strive to maintain a culture of accountability in all actions, standing up to checks where necessary. All actions should be scrupulous enough to bear public scrutiny.

- **Clean Sport**

Drugs and doping are strictly forbidden and shall be avoided, shall not be offered and shall not be given in any circumstances

- **Against Bribery and Corruption**

All forms of bribery and corruption are unacceptable and not tolerated, as such shall be rejected and condemned by everyone

- **No Competition Manipulation**

Zero tolerance of any form of manipulation or unlawful influencing in competition. Forgery and falsification of any kind of documents are strictly forbidden and not tolerated

- **Social and Environmental Responsibility**

IDO and its members are committed to contribute a positive social change through the art of dancing and dance sport and aim to minimise the negative influence of all its events on the environment and to promote sustainability development through channels of communications and influence.