

AUTUMN

Episode #1

"Sleep Hygiene"

Written by

Madelyn Starr

JADE

My name is Jade Adler. I'm making this recording in case anything happens to me. That way, maybe someone else can put the pieces together, even if I haven't. I should start with Autumn. I work for wellness coach Autumn Gandara, and I produce her podcast Autumnal Vibes. There's something weird going on with her and I don't know what it is. If you're listening to this, then that means that my recordings got to you somehow and I... well, I might need help. I'm digging into it now, but things are getting strange and, honestly, I'm scared. So please, listen carefully.

JADE'S VOICE

Autumn is a new supernatural mystery audio drama where wellness has a price. Listen to episode one on October 28th, 2024, available wherever you listen to podcasts. Learn more at autumnpodcast.com, and on social media @AutumnPodcast.