

Talking Out Ltd 6 De Ferrieres Avenue Harrogate North Yorkshire HG1 2AR

Email: admin@talkingoutresidential.com

Date: July 2019

Dear Parent

Re: "Talking Out" Residential Course for children 12 – 16yrs of age who stammer

Venue: Bewerley Park Outdoor Education Centre, Pateley Bridge, North Yorkshire, HG3 5JB www.outdoored.co.uk

Date: 27th October 2019 – 1st November 2019

Cost This course is fully funded by Action for Stammering Children

This letter is to inform you about an opportunity for your child to attend an intensive residential therapy/activity week in North Yorkshire.

The aims of the course:

- To develop confidence in communicating
- To develop a more positive attitude to speaking and decrease sensitivity to stammering
- To develop problem solving and self help skills.
- To develop positive thinking skills
- To develop a peer support network

There will be 20 places available for children in school years 8 - 12 who are aged between 12-16 years on 27^{th} October 2019.

The course is being organised Talking Out Ltd, a specialist Speech and Language Therapy practice run by members of the Yorkshire and Humber Clinical Excellence Network for Stammering, in collaboration with Active Training and Education Trust (ATE) <u>www.ate.org.uk</u>. The course was developed by the Stammering Support Centre, Leeds Community Healthcare.

The course is fully funded by the charity Action for Stammering Children (ASC). ASC is a UK charity, that aims for a society where children and young people who stammer have the same opportunities and quality of life as their peers, ensuring that every child and young person across the UK who stammers, has access to effective services and support to help them meet the challenges created by their stammer. For more information go to: www.actionforstammeringchildren.org

The residential course comprises:

- Dormitory style accommodation
- Three meals a day plus snacks
- Travel from Harrogate Train Station
- Organised activities and equipment

There will be an excellent therapist/young person ratio of 1:5, with additional monitors and support staff, from ATE throughout the day and night. Please look at ATEs website to find out more about the level of care ATE will provide your child while on the course.

There will be a local pre-course meeting arranged for all the young people and parents who are involved. This will be held in Leeds during September (details to follow). At this meeting, everyone involved in the week will be able to meet together. There will be presentations, information and the opportunity to ask questions about the course from the Speech and Language Therapists as well as Bewerley Park and ATE staff. **Everyone who is offered a place on the course will be expected to attend the pre-course meeting**.

What's next? We need you to complete the application form by 6th September 2019.

This can be found online at <u>www.talkingoutresidential.com</u> and can either be completed online, or downloaded and returned to:

Talking Out Ltd 6 De Ferrieres Avenue Harrogate North Yorkshire HG1 2AR

admin@talkingoutresidential.com

This is a very popular course with limited spaces, please make sure that you get your application forms to us as early as you can, and now later than 6th September.

If you have any questions please do not hesitate to contact either us:

admin@talkingoutresidential.com 07763719272 (Ben Bolton-Grant, SLT)

We look forward to hearing from you soon.

Letters will be sent to all applicants in w/c 9th September 2019 to inform you if your child has a place on the course.

Yours sincerely,

Ben Bolton-Grant and Teresa Howarth Highly Specialist Speech and Language Therapists Talking Out Ltd