

Yoga  
Meditation  
Reiki Energy  
Polarity  
Salt Room  
Sound Bowls  
Readings  
and More...



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OPEN

*By Appointment Only*

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MINDBODY APP

[www.praisewellness.com](http://www.praisewellness.com)

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Michele Mendez

# Yoga

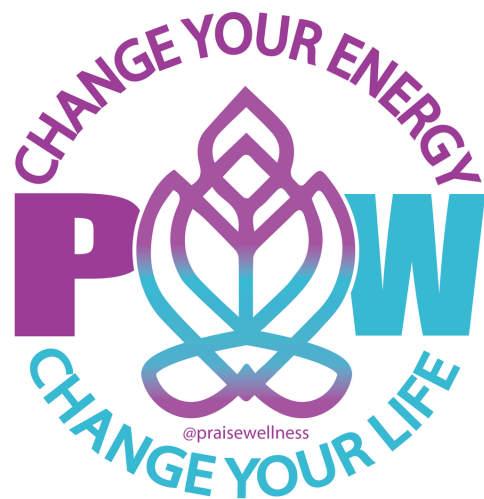
& SPA SERVICES

*Nourish Your  
Body and Soul*



Get the best spa  
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# Spa

*Nourish Your Body and Soul*



**131 MAIN ST, SUITE 7  
LANCASTER, MA 01523**



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## Facial

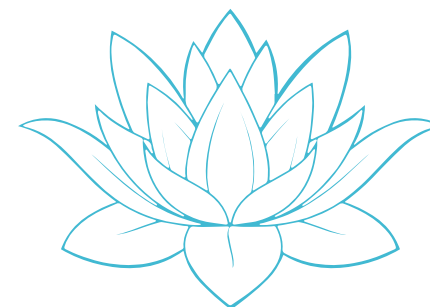
- Circadia Oxygen \$180
- Custom Anti-aging \$180
- Custom Facial \$125
- Petite Facial \$75
- Back Facial \$125
- Deluxe Custom Facial \$170
- Dermaplaning Facial \$135
- Dermaplaning \$80
- LED Therapy \$25

## Waxing

- Brow/Lip/Chin \$48
- Brow \$23
- Lip \$14
- Chin \$14
- Arms \$45
- Back \$85
- Bikini Line \$30
- Brazilian \$72
- Chest \$85
- Full Leg/Bikini \$90
- Lower Leg \$45
- Underarm \$28
- Upper Leg/ Bikini \$50

## Pedicure

- Pedicure \$65



## GET SPECIAL PRICE

Even though we give excellent service, we will still provide special prices for you, with applicable conditions. Ask us about membership!



**10% OFF**  
for our members