



## Brussels Sprouts Salad with Grainy Mustard Dressing

4 servings

10 minutes

### Ingredients

440 grams Brussels Sprouts (trimmed, thinly sliced)

7 grams Whole Grain Mustard

29 milliliters Apple Cider Vinegar

### Directions

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Gently toss all ingredients in a mixing bowl until well combined. Divide onto plates and enjoy!

### Notes

**Storage:** Refrigerate in an airtight container up to 5 days.

**Warm It Up:** Lightly steam all of the ingredients in a large pan with some water until tender then serve.