			Servings	CHOOSE ONE	Servings		Servings	CHOOSE ONE	Servings	3-4 TIMES/WEEK	
Morning		(Cooked)		(Canned)		(Canned)		(Canned)		(Raw)	(Raw)
	1/2 cup	Rice	12	Mixed Greens 27 oz wt/ 16 oz vol	12	Pure Pumpkin 29 oz wt/ 16 oz vol	1	Tuna in water 5 oz		Liver Chicken 1-1.5 lb	2 Eggs
			6	Carrots 14.5 oz wt/ 8 oz vol			1	Sardines in water 3.75 oz		Hearts & Gizzards Chicken .9-2 lb	
			6	Peas 15 oz wt/ 8 oz vol			3	Mackerel in Brine 15 oz		Liver Beef 1 lb	
			6	Green Beans 14.5 oz wt/ 8 oz vol			3	Salmon 14.75 oz			
				(Fresh Cooked)							
				Squash							
				Broccoli							

			Servings	CHOOSE ONE	Servings		Servings	CHOOSE ONE
Evening		(Cooked)		(Canned)		(Canned)		(Raw)
	1/2 cup	Rice	12	Mixed Greens 27 oz wt/ 16 oz vol	12	Pure Pumpkin 29 oz wt/ 16 oz vol	16-18	Ground Beef 80/20 5 lbs
			6	Carrots 14.5 oz wt/ 8 oz vol			12	Ground Turkey 80/20 3 lbs
			6	Peas 15 oz wt/ 8 oz vol				
			6	Green Beans 14.5 oz wt/ 8 oz vol				
				(Fresh Cooked)				
				Squash				
				Broccoli				

		Treats, Supplements, Etc.				
AM	**Treats**	Dog Treats - 5 simple ingredients				**Young Living**
				As Needed		**Animal Scents**
PM	**Bones and Joints**	Bone Meal		As Needed		Wound Care: Puriclean, Infectaway, Mendwell, Ointment
AM	**Skin/Coat Immune Support**	SeaMeal		AM		Internal Pests: Paragize
AM	**Vitamins and Minerals**	Meal Mix		As Needed		Stress/Trauma: T-Away
AM	**Biome**	Probiotics and Digestive Enzymes		As Needed		Bathing: Shampoo
AM	**Omega 3 and Joints**	Krill Oil		As Needed		**Essential Oils - Therapeutic Grade**
AM	**Joints**	Joint Supplement		As Needed	**Flea and Tick**	EO mixed with Water Pick 2-3
AM	**Immune Support - Biome**	Fermented Food				Lemongrass, Eucalyptus, Citronella, Peppermint, Palo Santo, Geranium
AM	**Brain and Cognitive**	Hemp Oil				
PM 2-3/Week	**Joints and Skin/Coat**	Collagen		As Needed		Belly Ache/Loose Stool: Digize
AM	**If Spayed or Neutered**	Hormone Support		As Needed		Bateria/Viruses: Thieves Oil
As Needed	**Allergies**	Seasonal Support	Quercetin			**Cleaning**
As Needed	**Anxiety**	Stress Support		Safe Cleaning without Bleach		Thieves
As Needed	**After Antibiotics**	Liver & Kidney Support				**Supplements**
As Needed	**Flea and Tick**	Flea and Tick Defense		AM		Sulfurzyme

**These statements have not been evaluated by the Food and Drug Administration. Young Living and Mercola products are not intended to diagnose, treat, cure, or prevent any disease.*
As a breeder we are not recommending the use of any of these products. We choose to use them in our breeding program for our dogs.
Please consult with a veterinary professional.