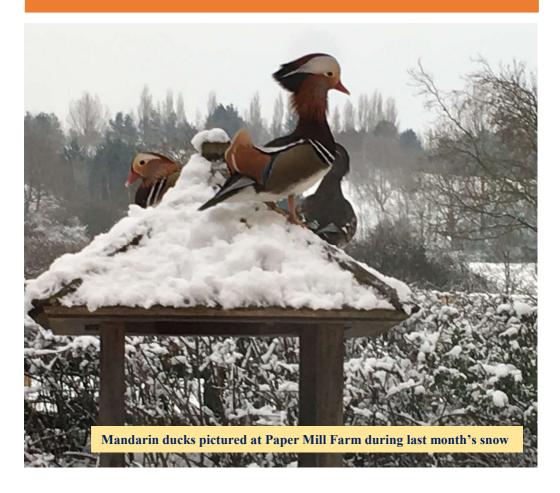
SHNEWS

INSIDE THIS EDITION: PARISH COUNCIL NEWS G.O.M. MAVIS'S QUIZ EVERYTHING BUT THE MOD CHURCH NEWS PANCAKE RECIPE BODK CLUB & MUCH MORE MARCH 2019 Issue 3

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St LUKE'S, STOKE HAMMOND

Rector: Revd John Waller 01525 261062

March 3 rd	11.00	Family Service – Revd John Waller
March 10 th	09.00	Morning Worship – Phillipa Cook
March 17 th	09.00	Holy Communion – Revd John Waller
March 24 th	11.00	Holly Communion Benefice Service
		Revd John Waller
March 31 st	10.00	Family Service Mothering Sunday
		Valerie Kerr

PLEASE ALSO NOTE THE FOLLOWING DATES FOR COMMUNITY BREAKFASTS AT THE COMMUNITY CENTRE, BRAGENHAM SIDE.

Saturday 9 th March	08.30 – 10.30 (Last Orders)
Saturday 13 th April	08.30 – 10.30 (Last Orders)
Saturday 11 th May	08.30 – 10.30 (Last Orders)

Church Wardens:

Diane Webber 01525-270409 and Harry Davies 01234-822780

METHODIST SERVICES

REGRETFULLY THERE WILL BE NO FURTHER SERVICES HELD IN THE METHODIST CHURCH STOKE HAMMOND.

Should you require further information or details of Methodist Services to be held in Stewkley, please contact the Minister. Revd Donna Broadbent-Kelly on 01525 240589

WE ARE PLEASED TO ADVISE THE POPULAR WEDNESDAY COFFEE MORNINGS WILL CONTINUE 10.30 – 11.30 (For more information please contact 01525 270287)

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PARISH COUNCIL NEWS

Some of you may already be aware, particularly if you've read the Editor's Notes in this edition of the SH News before reading this report, that the SH News is to become a bimonthly publication from next month. The main reason for this is simply down to cost. For many years the SH News was prepared, produced and funded by the Stoke Hammond Community Association (SHCA), but with an everincreasing circulation which also encompassed the new homes in Newton Leys South (NLS) that fall within the Parish boundaries of Stoke Hammond, the monthly print run went from 400 to 600 plus copies in just a 2 year period. The SHCA could simply not absorb these costs so the Parish Council stepped in and has funded the SH News for the last few years. With circulation set to increase by another 200 households when the latest phase of new homes in NLS are occupied your PC felt it could no longer justify spending the amounts of monies involved in producing the SH News on a monthly basis, but as a community we do still need to have a platform for informing our parishioners of local news and events, and advertising the services of local businesses, hence the decision to go bimonthly which still services this need but drastically reduces the costs and leaves much needed funds available for other community needs. Current and past issues of the SH News can viewed both the SH Community Association website be on website www.stokehammondcommunitycentre.com PC and the www.stokehammondpc.com

By the time this edition of the SH News lands on your doormats we are but a few days away from Parish Council Surgery to be held in the new Newton Leys Pavilion on the evening of Thursday 7th March. We do hope we are able to welcome and meet with our Parishioners in what will be a less formal setting to that of a normal PC Meeting.

Well it has taken nigh on two months but at long last the light above the pedestrian crossing has been fixed. First reported to Highways via the 'Fix My Street' portal in early December last year, and despite it being an obvious safety issue for people using the crossing, nothing much seemed to be happening. Then when chased Highways tried to suggest it was the responsibility of the PC. They quickly realised the errors of their ways when your PC rang Highways and pointed out that the light in question was on the same column as the belisha beacon and was thus most definitely their responsibility. The light was duly repaired a few days later, but it really should not be so difficult to get something like this sorted in good time.

So, to the February PC Meeting held on Tuesday 5th February, where we were joined by AVDC District Councillor Neil Blake who explained about his recent decision in resigning from the Conservative group as he was unhappy about how

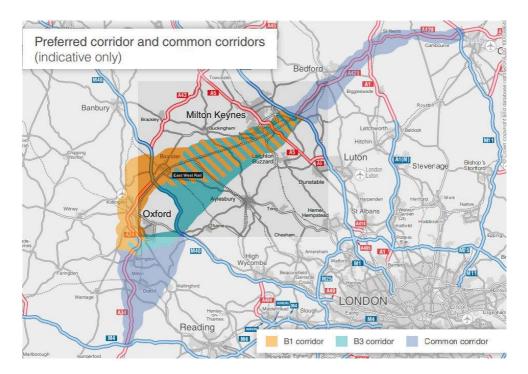
it was dealing with the unitary issue. He remains as an Independent Councillor and will continue in his support of the parishes.

During the public session of the meeting the subject of Brookfields the new housing development on the old garage site was raised and in particular the frontage onto the Leighton Road. Some felt that it was aggressive building which encroaches on the building line. Comments such as it being an eyesore and a hazard for traffic coming in and out of the main road. Both Highways and AVDC had been happy with the plans but in future they needed to be looked at more carefully to make sure they are correct. It was agreed that the matter should be referred to the enforcement officer to check for their compliance with the approved planning. And that was not all for AVDC planning as the resident from Papermill Farm told the meeting that he was extremely disappointed that their hydro application, which was supported by Great Brickhill Parish Council, had still not been determined. With it being a time critical application and with no new date yet been given for determination the resident advised he may be forced to lodge an appeal. District ClIr Neil Blake acknowledged there had been some staffing issues but there was now a full team in place in the planning department.

When the PC a few years ago decided to take over responsibility for the grass cutting throughout the village as part of a BCC devolved services agreement, The SH Green Team was formed, with grass cutting machinery and associated equipment purchased to take on this process. Over the ensuing years The Green Team has worked well at times, but at other times faltered due to shortage of staff and reliability of equipment. The PC has therefore decided to retain the services of a contractor to undertake all grass cutting throughout the village, not only that belonging to BCC but Parish owned land such as The Green and the Community Centre Land. It was confirmed at the PC meeting that tenders have now been sent out to several potential contractors and these tenders are to be back with the PC by the 22^{nd} of February.

If you haven't heard about the Oxford to Cambridge Expressway then read on as it could impact on us and neighbouring villages. Highways for England has been investigating several possible corridors across Bucks for the proposed new road link between Oxford and Cambridge. Initially three corridor routes namely A, B and C were considered but the recommendation has narrowed this down to two routes within the B Corridor, namely B1 & B3 both of which comprise a central corridor broadly aligned with the proposed East-West rail route from Abingdon to South Milton Keynes via Winslow. Details of the exact proposed routes will be released for public consultation in Autumn of this year, but as you can see from the map on the following page, both of the B1 and B3 corridors for this locality encompass an area starting just north of Newton Longville down past Stoke

Hammond finishing north of Leighton Buzzard. So potentially any local villages and communities could be dramatically affected by what is the final determined route. More information can be found on the following website https://highwaysengland.co.uk/projects/oxford-to-cambridge-expressway/ and we will of course keep you updated as and when more information is released.



The next PC meeting is to be held on Tuesday 5th March 7.30pm at the usual venue of the Community Centre, Bragenham Side.



Should you wish to contact your Parish Council, please do so via our clerk: Sue Severn, 19 Curlew, Watermead, Bucks. HP19 0WG 01296 336575 07778 473392 <u>clerk.stokehammondpc@gmail.com</u> www.stokehammondpc.com









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Here's how to stay protected from scam calls

Hello,

We want to make sure you're safe and while we can never stop scam calls completely, we're doing lots of things to make sure you stay protected.

For an easy way to stay safe, we've put together a list of common tricks that scammers use, so you know what to look out for.

It's probably a scam if someone calls you out the blue to:

- tell you that your service has been hacked
- try to remotely take control of your computer or another device
- tell you they've found a problem with your computer
- ask you for an urgent payment and threaten to disconnect your service
- ask for payment details to activate Call Protect, Caller Display, or any of our free services.

If something doesn't seem right, you can still stay in control. Make sure not to give out any personal details, hang up the phone, and report the call on our website at bt.com/scams

If you want to report a scam or learn more about the free products we've made to help avoid them, you'll find information on bt.com/scams

Best wishes, The BT Team







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Lindens

Here at The Lindens we are always very interested in history – of the old house and its setting, our residents and guests and how this may fit into the bigger historical picture. So, if you have any images of the old house and its links into the area, we would love to see them.

The home is fortunate to have several items of historical interest, including our ironwork gates, old safe door and carved column capitals.

In our grounds, we have a large ammonite fossil on display. Ammonites were sea creatures, related to the octopus and squid we see now.

Ammonites lived in spiral shells made from minerals and they grew these shells chamber by chamber as they increased in size. The creature moved around by squirting jets of water. When alive, they were very common ocean animals, becoming extinct about the same time as the dinosaurs, some 66 million years ago.



In medieval times they were thought to be fossilised snakes. Now these fossils are often used as an index, as the rock they are fossilised in can often be linked to specific geologic timescales. This helps to date not only the rock layers but the other fossils found around them.



If you would like to call in and join us for afternoon tea or if you are interested in working or volunteering here, please phone us and ask for Tina or Milli. We look forward to meeting you.

Chris Ryan

Manager, The Lindens.

The Lindens, Stoke Road, Stoke Hammond, Buckinghamshire, MK17 9BN.

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"EVERYTHING BUT THE MOO"

Following last month's 'A small case of rape' we now reach our twelfth extract from the book 'Everything but the Moo' written by Hazel Turner's late mother Pam Murphy, we delve into the world of bulls and Artificial Insemination!

BULLY FO YOU!

Back in 1950, the cows could still have some fun in the farmyard. Almost every stock farm kept its own bull, or borrowed the use of one from a neighbour down the road. The Artificial Insemination Service was still only a gleam in the boffin's eye. Gents in waterproof suits with long plastic gloves, and a large stainless steel can, containing little drops of semen were a long way off.

Great care went into the selection of a bull. Pedigrees were studied, together with prices, milk records of his father, mother, sisters, and there was still about equal chances of picking a winner as there are now of winning the football pools or National Lottery. A good bull could make a herd, and a bad one ruin it, but since it takes nearly five years before there is any indication at all, and 7 years for proper proof, it is just a lottery.

The reason for this is that there is a nine month gestation period, two and a half years before the resultant daughter, if indeed he had a daughter or two (most bulls seem to start with a plethora of sons) calves, and then almost a year before she completes her lactation, and has shown whether she will give enough milk to ensure a place in the herd, with a good butterfat percentage. You need at least twenty daughters to come to a reliable decision, and during this time, he has been begetting further progeny. So a stumor is indeed a disaster, and a winner the answer to a farmer's prayers.

Gems Empire was our first bull, and came from Guernsey itself. A grandson of Herald of Maple Lodge (who had been hidden from the Germans in the middle of a haystack during the war), he was distantly related to several members of the herd, which was desirable.

Gems Empire travelled by sea, surviving a crossing of almost shipwreck magnitude, and settled into his new home at Tyrells Manor. He was a handful, having been used to graze on tether, with a rope around his horns and through his ring in the nose, as is custom in Guernsey. This, however, meant that his nose was "hard" and used to being pulled, as he reached for the luscious morsel of grass almost beyond his chain.

At an early age he learnt that he could have two herdsmen dancing around his pull pole like a marionette by just throwing up his head at the crucial moment. A "garden" built out of his box, and surrounded by thick steel bars, with a steel lined door to his living quarters, and an escape hatch became essential. Alongside was

Stoke Hammond local Store

Under new management, the local shop has been refurbished and re-opened on 1st January 2011. It is currently known as "Stoke Hammond Food and Wine".



Opening hours are: Mon-Sat: 6am till 10pm Sun: 7am till 10pm

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News & magazines	Beers, Wines & Sprits	Pet food	
Confectionary & snacks	Soft Drinks	Health & Beauty products	
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Dairy products	Groceries	Greeting cards	
Medicines	Baby food & other products	Household Sundries	
Sandwiches & ready meals	Fruit & Vegetable	Stationary items	

Other services:

- Paper delivery available for local residents (delivery charge is 25p per day).
- Negotiation is underway to re-open the post office as "Post Office Local"
- Pay-point/Top up services will be available.
- Cash machine will be available.
- Photocopier & passport photos will also be available.
- Pies and coffee will be introduced in the morning.

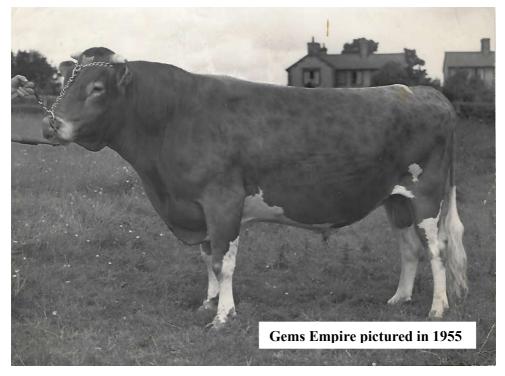
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Beers from 6 for £5.50_(500ml cans)

Strong beers are from £1.09 (500ml cans)

the serving pen, where the cow was left to await his attentions.



Gems Empire liked to take his time over the whole procedure. He liked to nuzzle the cow, make a few feints, go back into his pen for a bit and then at long last, he would jump. He got slower and slower as he grew older. Once a tired Hans, our German farm foreman who had been an English POW and who had not gone home, and who had fathered six offspring himself, was heard to mutter:- "Hurry up you old B... Gawd if I took as long as you, I would not get the chance more than once a twelve month!"

We had beginners luck with Gem, who certainly lived up to his name. His daughters were superb, in both milk and butterfat. The growing A. I. service expressed interest in purchasing him. This meant the most lengthy and complicated tests. Inspections, blood tests, sheath washing tests, to find out whether he had bovine equivalent of VD, and finally collection of his semen for microscopic examination.

A man from the Ministry appeared, bearing a rather nasty looking rubber contraption, about a two foot long in length and comprising of an inner and outer shell. Hot water was poured between the two, "to make it nice and warm for him!" and it was well greased. It was *supposed* to represent the cow's vagina. I

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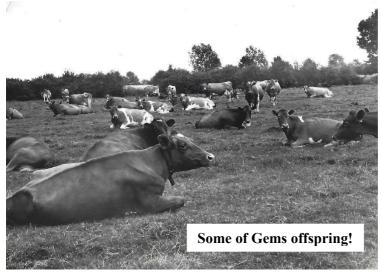
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did not think old Gems Empire would be fooled. He was not! He looked at the vet, the contraption, and the cow standing in the serving pen, who was not in that state of health known in the farmyard as "bulling". (Unlike humans, cows are only interested every three weeks). Gem swung all his 15cwt around, and pinned the vet against the steel bars, and to make his intentions quite clear planted his foot firmly on the vet's.

Released and complaining of being ruined for life, with at least two broken ribs and a broken foot, and he did not get danger money. The vet accepted a suggestion to come back another day when a cow was in season.

The next cow to come bulling was one of Gem's daughters. Having kept an anxious crowd waiting for his customary 45 minutes, he jumped, and successfully served her, before the hideous contraption could be clamped on his private parts. He was all for a spot of incest! The third time was text book. He jumped, the thing was fitted on to him, and he gave oodles and oodles of semen. Wrigley, virile semen when looked at through the microscope. But in those days, semen was used fresh, not frozen as it is today, and it had to keep for at least 48 hours. In 36 hours all the lovely wriggles were still, and dead. Gems Empire could not be used for Artificial Insemination.



He had thirteen happy years, leaving over 60 daughters in the herd, and a number of sons, some of whom did go into the A.I. circuit.

He got very arthritic towards the end, and we knew he would have to be put down. We were

all somewhat relieved when one morning we found him dead in his box. He looked so content, and obviously in the Elision fields -He had made the herd.

Next month : MEMORIES OF SCHOOL TEACHERS & FRIENDS.



Stewkley Players will be staging 'Stepping Out', their 121st production, in March. Stepping Out is a comedy play by Richard Harris about the attempts of amateurs who attend the same weekly tap dancing class in a North London church hall. Despite the students at first treating the classes as social occasions, and showing little co-ordination they are encouraged by Mavis, a former chorus girl, to learn some dancing skills for a recital at a charity benefit. But before the

dancing begins, Mavis must mediate the minor dramas that erupt among this loveable crew on their way to the show. A fabulous fun night out with a real "feel good" factor! Please see the advert on the adjoining page for details



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Now for something different again this month - can you provide the surnames and relationship of the following people ??

(1) George & Henry

MAVIS'S QUIZ

of dog from the given description.

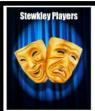
So how did you do?

Answers to last month's guiz and if you remember you had to identify the breed

- (3) Alec & Eric
- (5) Andrew & Julian
- (7) James & Andy
- (9) Richard & David
- (11) Serena & Venus
- (13) Joan & Jackie

- (2) Margaret & Mark
- (4) Pat & Stirling
- (6) Paul & Stella
- (8) Graham & Damon
- (10) Jonathon & Richard
- (12) David & John
- (14) Dennis & Leslie.
- (15) Kirk & Michael
- (16) Jonny & Zoe

Best of luck, and again no cheating on the internet !! Answers next month



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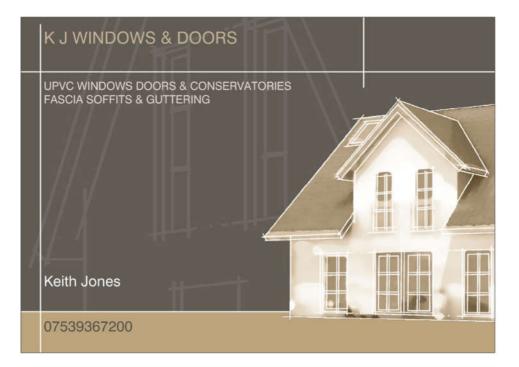
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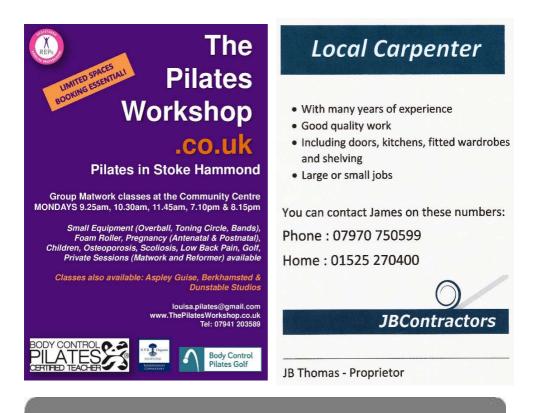
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For decorating matters



IT'S ONLY A NUMBER

I'm not a number I am a free man. So said the Prisoner more years ago than I care to remember. Looking back I disagree. I'm not a number I'm more numbers than I can actually remember. It started on the birth certificate when I was given a National Health Service number. This later became a National Insurance number probably to enable the authorities to collect money before ever giving some back. Now I have a passport number, a tax reference number a VAT registration number etc.etc.. Fortunately being young enough (and I don't say that very often) to have avoided conscription I do not have a Service number to remember. Customer numbers however I have in abundance - the only important ones relating to wine clubs. Most of these require confirmation passwords in addition. I therefore have a list as long as your arm which I need as I couldn't possibly remember them all (with the possible exception of the wine clubs!). I know you're not supposed to keep these things written down but how else? For the really important accounts which could be scammed for my life savings (a fictional amount approaching three figures after pension day) I do not write these passwords and numbers down. That would be silly. I have one password/number which I use for a variety of accounts. Not very security conscious but I can remember one number and I have never had the embarrassment of forgetting it at the head of a queue in the supermarket or at a cash machine! The question of numbers was brought up a month or so back when I was bemoaning the fact of getting old (well older). A female friend suggested that getting old was all in the mind. If you think like a 30 year old then you are 30. Age is only a number.

She had a birthday on 1st of this month and I've not heard from her since. Coincidence?

In conclusion I would say that there is only one important number and that when it's up it's up and there's nothing you can do about it.

Newly resurfaced and repainted courts at Great Brickhill Tennis Club!

The refurbished courts are now open for all members to enjoy so why not come along and try one of the courses on our Autumn coaching programme.

There is something for everyone, whatever age or level of tennis you are.

Adult Improvers - designed to improve your overall game play

- Running on Fridays from 19:00-20:00
- 8 week course costing just £45

Junior Lessons - coaching for children aged 5 to 16 years

- Course runs on Fridays from 4pm (term time) until 14 December
- Coaching for ages 5-8, 8-11 and 11+ years

Even if you don't play tennis you may find our Cardio Tennis of interest

Cardio Tennis* – a great way to keep fit!

- Runs every Wednesday from 10:30-11:30am
- First session is FREE so you can try it and see how you get on
- 9 week course costing just £40
- Pay and play option available for £6 per session

* - you don't need to be a member to join the Cardio Tennis course but we hope you'll choose to join when you discover how much fun you can have!

Go online for more information and to book your place!



clubspark.lta.org.uk/greatbrickhilltc



Stoke Hammond Sports Club

FASHION SHOW

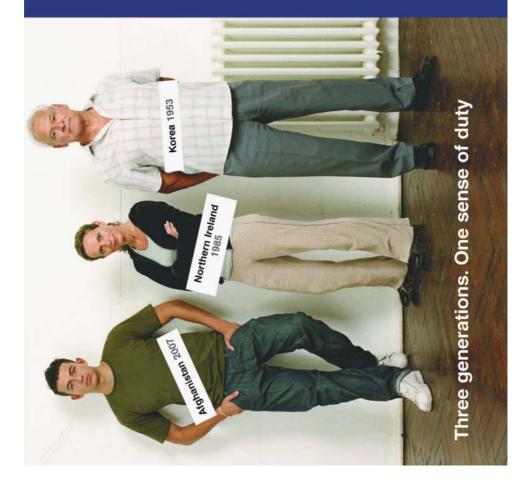
Friday 8th March 2019 doors open 19.00

Ladies clothes and accessories from the UK and Italy from as little as £15.00 (there will be a £10.00 clearance rail)

All items can be bought on the night and all major cards are accepted

If you would like to model some of the clothes please call Valerie on 01525-270361

The bar will be open and tea or coffee will be available





Serviceman or woman? Now or in the past? Member of Service family?

Do you need help – practical? financial? emotional? Please call us (in confidence) SSAFA Bucks: 01296 744530 (24 hrs)

www.ssafa.org.uk

Registered Charity No. 210760 Est. 1886, Registered Charity (Scotland) N

New to Stoke Hammond ...

Joyful Tots

- A place where we play, learn and share together
- For parents, Carers, or anyone looking after a baby or preschool child



- Our regular session is now 10 28 25 28 25 11.30am on Friday mornings during term times at Stoke Hammond Community Centre
- £2 per family light refreshments provided (but no Charge for your first session!)
- Can't make the date but still interested? Give us a ring to let us know times and days you'd prefer
- For more information Call Jacklen 07897 487657 or Diane 01525 270409



Joyful Tots have been meeting regularly through this half term, apart from the "Snow-day" when we felt it would be safer to stay in our homes rather than venture out! We are buying new equipment and toys as we go, and have a lovely new colourful Carpet! Toddlers recently

enjoyed stamping bingo dabbers over a huge sheet of paper!

Come for a free trial visit to see what you think!



Madisons **Hair Salon**

17 Greenway, Newton Longville, MK17 OAP

01908 632050

Situated in Newton Longville our Salon is modern and friendly, with very competitive prices. We also have ample free parking.

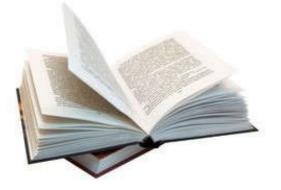
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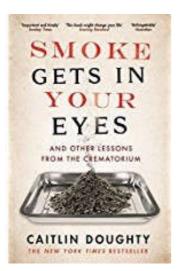
Cut	£22.00
Cut & Blow Dry	£33.00
Blow Dry	£20.00
Restyle	£33.00
Restyle & B/Dry	£44.00
Hair Up	£35.00
Shampoo & Set	£20.00
Shamp, Set & Cut	£33.00
Perms	£70.00
Men's Cut	£12.00
Clipper Cut	£6.00
Children: Under 5	£6.00
Under 10	00 50
Under 10	±8.50
Under 14	
Under 14	
Under 14 Beauty	£14.00
Under 14 <u>Beauty</u> Gel Nails	£14.00 £20.00
Under 14 Beauty Gel Nails Manicure	£14.00 £20.00 £15.00
Under 14 Beauty Gel Nails Manicure Pedicure	£14.00 £20.00 £15.00 £20.00 £7.00
Under 14 Beauty Gel Nails Manicure Pedicure File & Polish	£14.00 £20.00 £15.00 £20.00 £7.00 £20.00
Under 14 Beauty Gel Nails Manicure Pedicure File & Polish Eyebrow Definition	£14.00 £20.00 £15.00 £20.00 £7.00 £20.00
Under 14 Beauty Gel Nails Manicure Pedicure File & Polish Eyebrow Definition Eyebrow Wax/Tint	£14.00 £20.00 £15.00 £20.00 £7.00 £20.00 £12.00

Colours	
Roots	£45.00
Whole Head Colour	£65.00
Whole Head Foils	£80.00
Half Head Foils	£60.00
Top Foils	£40.00
Roots & Foils	£75.00
Ombre	£55.00
Ombre & Wh/Head Colour	£80.00
Colour Strip	£22.00
Toner	£12.00
ALL COLOURS INCLUDE A	BLOW DRY
CUTS ARE £12.00 EXTRA. 2	25 %
DISCOUNT FOR OVER 65'S	on hair
SERVICES TUESDAY TO FIR	DAY
Waxing	
Lip or Chin Wax	£6.00
Under Arm	£9.00
Half Leg	£20.00
Full Leg	£30.00
Bikini Line	£16.00
Men's Back & Shoulders or	
Chest & Abdomen £22.00 -	-£32.00
Check our Facebook pa	age for
•	

ongoing offers & packages

STOKE HAMMOND BOOK CLUB





'SMOKE GETS IN YOUR EYES' by Caitlin Doughty

Well, this was a most unusual book dealing with the memoirs of the Author's work at a Crematorium in America. It relates her many experiences in rather graphic detail - in my opinion 'too much information'.

To my surprise the group's reaction was mostly favourable. It was described as well written, interesting and one of our members felt that she gained valuable knowledge from it, although she would not want to read anything else by this author, whilst another thought that everyone should read it to give them a realistic, calm and more relaxed view of dying. Although a challenging read it was considered to be well researched, particularly into other cultures, and

written with a certain amount of humour and enthusiasm. Referring to the inevitable the quote that 'exercise, organic food and plastic surgery only works up to a point' was well received!

Myself, plus one or two others, did not feel like reading it all but although some of the group were doubtful at first, they persevered and were glad they did.

Next month's book is 'Once we were Sisters' by Sheila Kohler



Computer, Telephone and Broadband Specialist

No Fix No Fee Policy . Free Survey

Great rates for Stoke Hammond villager's

Networking, Broadband, Telephone VOIP and iT Specialist

Virus/Malware removal a specialty

VOIP is a bit like Skype but in my opinion better ---1 internet connection and multiple telephone numbers all over your broadband connection.

Been in the Industry for over 30 years and have full liability Insurance, The Managing Director was personally responsible for getting high speed broadband to the village of Stoke Hammond and he wants all villagers to get the most out of this at a reasonable cost. He was on the SDLT executive committee and has helped out at numerous village and Church events with his "hobby" of PA/Audio.

Local references available upon request.

Call 01525 888166 or 07740 852836 alternatively email: techdean@techdean.co.uk for a free no obligation survey.

Or go on Facebook and search Techdean

Company registration number 9352505



LADIES THAT LUNCH



We had 13 ladies attending in February and it was a lovely chatty time. Any lady is welcome to attend. It costs £2 a month, and you are served soup and a roll, followed by cake or biscuits, tea and coffee. Valerie serves the soup dead on 12.30 so don't be late. We finish between 1.30 and 1.45 so plenty of time to walk the dog or fetch children or grandchildren from school or nursery! If you haven't been before we are all friendly but could you let us know if you are coming for catering purposes. We nearly ran out of soup last month! Thank you to the Sports Club committee for letting us host it each month. The dates for the next one is March 5th, and the one after that is on April 2. In May it will be on May 7th.

Hazel Turner 01525 270404. Or Valerie 270361. Answer phones available on both numbers.



READERS LETTERS

Dear Editor- I am rather upset about the amount of dog poo in the churchyard, particularly the amount on some of the graves. Out of respect for the families who visit regularly I have picked it up and put it in the red bin outside the churchyard. Terry has already started to mow the public footpath in and around the churchyard so it would be a courtesy to him if dog owners would pick up their pooches poo! Don't forget the fine, if caught is a massive £7000.

Many thanks to all those who already dispose of the faeces properly, it is deeply appreciated. Hazel Turner



Given to adults and/or children in small heated in-door pool by Qualified Swimming Teacher

Telephone for full details 01525 240240

Could you do with a helping hand?

Talk to Extra Help for the complete solution



Mutleys Dog Grooming



Located in Stoke Hammond

Call Tina on 07725 404714

- · Pick up and drop off service can be arranged
- Nail clipping
- Specialised breed stripping
- All grooming requirements catered for
- Evening and weekends appointments available



Church News

Review:

Community Breakfast: The circular tables proved popular at another successful Community breakfast. Regular customers invited their weekend guests to join us in a steady flow though the morning. Several people supplied food items for the Food Cupboard – many thanks for your support and thanks also to our helpers Sue, Valerie, Margaret and Liz.

The Bible Course: Our Bible Course has now finished and those who attended really enjoyed it. In fact it was so worthwhile we're considering running another course in the future so if you're interested, please let us know and we'll put you on the waiting list! More information can be found at: https://www.biblesociety.org.uk/explore-the-bible/the-bible-course/

Forthcoming events:

Community Breakfast: We'll be holding our Community Breakfast again on **Saturday 9th March**, serving breakfast **from 8.30 till 10.30am**. A few people have said they don't eat cooked breakfast. We also have cereals, toast and pastries available, or just have a drink! It's not just about the food, it's about meeting your neighbours too! We've started a regular collection for the **food bank**, so please bring your donations with you. Prayer request cards will be also available and are always treated confidentially.

Prayer meetings: Our prayer meetings are open to all denominations so please join us if you wish! There'll be meetings at **8pm** on **Wed 13th and 27th March** at **The Birches**,



Church Rd this month. If you'd like to come to a prayer meeting, but are worried about praying, you needn't be – it's perfectly OK to come and listen and just pray silently with us if you wish! If you'd like to join us or if you'd like prayers for someone, please call John Bowler, as we sometimes change

times, dates or location.

Lent group: We've held a Lent course in the village for many years now. The course usually lasts 5 weeks and looks at Bible chapters or specific themes. Last year we

studied the Beatitudes (Matt5 v 1-12). We haven't decided this year's subject, but the course will run on Tuesday afternoons. (There's often a parallel course run on Wednesday evenings for those who can't make the daytime course). We usually start with a soup lunch then a short praver read a passage and discuss it. If you're interested, place

short prayer, read a passage and discuss it. If you're interested, please contact a church member. Further details will follow next month.

Special services:

Mothering Sunday service: This year our service will be held on **Sunday 31st March at 10am** and will be led by Valerie Kerr. Families are particularly welcome and there will be a gift for all Mothers.

Dates for your diary:







Recipe for Pancakes!

As most of you will know, Tuesday 5th March is Shrove Tuesday, also known as Mardi gras or (to us) pancake day. Traditionally, Christians would finish off rich and indulgent foods in preparation for the forty day fasting period of Lent, leading up to Easter. Here's a recipe for pancakes that you can try at home:

Ingredients

- 1 tbsp vegetable (rapeseed) oil, plus a little extra for frying
- 100g plain flour
- Pinch of salt
- 2 large eggs
- 300ml milk
- lemon wedges to serve (optional)
- caster sugar to serve (optional)



Method

- Put the flour and salt in a large bowl and make a hollow (dip) in the centre. Break the 2 large eggs into a cup one at a time and pour them into the hollow. Stir the eggs into the flour until they've absorbed as much flour as they can. (The mixture will look lumpy, but don't worry). Add the vegetable oil and carry on stirring.
- 2. Add the milk a little at a time you're trying to make a smooth paste. Once the mixture starts to loosen, you can use a hand whisk or an electric whisk to beat the mixture further and add the remaining milk a little at a time (if you add it all at once, the milk will spray everywhere when you start to beat the mixture!) The mixture will eventually become smooth and have the texture of thick single cream.
- 3. Set aside in the fridge for 30 mins to rest if you have time, or start cooking straight away.
- 4. Set a medium non stick or well seasoned frying pan over a medium heat and carefully wipe it with some oiled kitchen paper.
- 5. When very hot, pour a ladleful of batter into the pan. Quickly tip the pan to move the mixture around for a thin and even layer of batter on the bottom of the pan. Return the pan to the heat and cook your pancakes for 1 min or so on each side until golden, keeping them warm in a low oven as you go. (Just to warn you, the first pancake never seems to come out as well as the rest!)
- 6. Serve with lemon wedges and caster sugar, or your favourite filling. Enjoy!

Shrove Tuesday (Pancake day): Tuesday 5th March – don't forget your lemons!
Palm Sunday: 14th April (6pm Holy Communion followed by AGM at 6.30pm)
Good Friday: 19th April (Church open from 12 to 3 for quiet reflection)
Easter Day: 21st April (9am Holy Communion service led by Rev John Waller)
Plant Sale: 27th April on the village green

What traditions are associated with the Easter season?:

February 2018's Church News covered traditions associated with Lent, including fasting (you can read the report on the Church Benefice Website URL below). Traditionally, no meat could be eaten during Lent (except on Sundays which don't count as part of Lent because they're feast days: <u>every</u> Sunday celebrates Easter Sunday,

when we were all redeemed by Jesus' death). Fish are cold blooded so they could be eaten, but in Tudor times, wealthy individuals (like Henry VIII) got fed up of eating fish and stretched the rules to include the "fish" porpoises and seals!



The subject of **Mothering Sunday** was covered in last March's Church News (also on the website). One of the traditions of Mothering Sunday was that domestic servants visiting their mothers, took a **simnel cake**. Simnel cake, known since medieval times, is a light fruit cake eaten during the Easter season. It has two layers of marzipan, one



in the middle and one on top. The top layer has a circle of "eggs" also made of marzipan. The eggs represent the apostles either 11 (without Judas) or 12. There are many ideas of where they got their name. One is

that a mythical couple, Simon and Nelly, fell out over making a Simnel. One wanted to boil it, one to bake it and, after beating each other with household implements, they compromised by using both cooking techniques! Another idea is just that the word simnel could be derived from the Latin word *simila*, meaning fine, wheat flour.

Bible verses of the month: *Matthew* 7 v 1-2: Do not judge, or you too will be judged. For in the same way you judge others, you will be judged, and with the measure you use, it will be measured to you.

What does it mean? These verses caution the reader to avoid judging others: we rarely know all the full circumstances. The reader is also warned that they will be judged by the same criteria they use on others and as we all know, we're not perfect and make mistakes from time to time, so be generous with your mercy and it will be returned to you - Shakespeare's "Measure for measure" was based on verse 2 !

Church Benefice Website: www.brickhillschurches.org.uk.

If you want to come to a service, all church service times are listed on the website, along with contact details for the Rector. His phone goes straight to an answerphone but he will reply as soon as he's able. The Rector's day off is Monday.

Church news articles are available to read on the benefice website (click on Stoke Hammond in the list and scroll down to Stoke Hammond Newsletters)

If you would like to come to church but have mobility problems please ring John (see below) regarding transport. If you would like to volunteer to help, have a prayer request or enquiry, please ring Churchwardens: Harry, on 07773065271; Diane, on 270409 or Treasurer: John, on 270202.



YOU COULD ADVERTISE YOUR COMPANY OR SERVICES HERE FOR JUST £30 A YEAR (6 BIMONTHLY EDITIONS) IF YOU ARE INTERESTED THEN PLEASE EMAIL: shcommunitycentre@gmail.com

OR CALL GREG NOBLE ON 01525 270744

Wednesday's 6.00pm - 7.00pm Trinity methodist Church Hall, North Street Leighton Buzzard UJ7 IES B8.00 per Class for block booking of 5-6 weeks

E10.00 per class drop in (please call in advance to chec) availability).

Booking Essential Limited spaces available Contact: 07974 141874 The Core Club or Nikki G Zumba Email: nikki@wizfit.co.uk



Parish Newsletter

February 2019

We have had a busy half term here at School and the children have been really enthused by their new topics which has been wonderful to see. They will be learning about some equally exciting topics when they return after half term; including Greek Myths, pirates and the history of the Tudors!

Sporting News - we have had some fantastic results in the recent sporting events we have attended. Some of our Year 5 and 6 children represented High Ash School at a Basketball Festival and successfully came third, after competing against 12 other local schools. This secured High Ash a place in the basketball finals which takes place on Tuesday 26th February.

The Year 3 and 4 children have also been representing the school at a Hockey Festival and more of our Year 5 and 6 children have been involved in a recent 7-a-side football league match against Newton Longville where we won 3-2!

Events coming up

Monday 25th February - Children return to school after February half term Tuesday 26th February - Yr 5/6 Basketball Finals at The Buckingham School Wednesday 27th February - Winter Disco 3.30 - 6.00pm Thursday 28th March - Prosecco & Pamper Evening 7.00-9.00pm at the School (fundraising event for the school - all welcome!)

Sara J Boyce

Sara Boyce Headteacher <u>headteacher@highash.bucks.sch.uk</u>





STARS









Whether you are looking for short or long term accommodation The Orchard Hotel has so much to offer. This old family home has been sympathetically and tastefully converted and now provides accommodation and assisted living for retired gentlefolk.

There are five single and two double fully serviced guest rooms, each with:

- En-suite facilities
- Personal colour TV
- Drinks making amenities
- Courtesy tea and coffee
- Fridge, freezer and microwave
- Personal laundry service, if required

Residents are invited to make full use of the guest lounge and sun room as well as the indoor and outdoor swimming pools and the beautifully and lovingly tended gardens.

The majority of guests at The Orchard choose to be self sufficient and prepare their own meals or eat at nearby pubs and restaurants. However, hotel staff are happy to cater for guests providing this is arranged in advance.

The Orchard is fully accessible for anyone with limited mobility. It is regretted however that pets cannot be accommodated.

For more information please contact: The Orchard Private Hotel, Stewkley, Buckinghamshire LU7 0HR Tel: 01525 240 240 Fax: 01525 240 464 Email: orchardstewkley@supanet.com



(or ride!)

SUPPORTING

STOKE HAMMOND COMMUNITY CENTRE



Sign up before 8pm on 30 March for the chance to win a £300 gift voucher to spend at Woburn Safari Park.

with the latest Vale Lottery prize draw



- Your support could change local lives forever
- Sign-up for just £1 a week and see the difference it makes to your local community
- A whopping 60p from EVERY £1 ticket goes to good causes
- You also have the chance to win cash prizes up to £25,000 every week

To start supporting, visit:

www.valelottery.co.uk

and search for: Stoke

Supporters must be 16 years of age or older. Sign up before 30th March 2019 Terms and conditions apply – see website*.



VILLAGE DIARY

Tuesday 5th March Tuesday 5th March Thursday 7th March Thursday 7th March Friday 8th March Saturday 9th March Tuesday 2nd April Tuesday 2nd April Saturday 13th April

Ladies that Lunch – Sports Club 12.30 – 13.45 Parish Council Meeting – Community Centre 19.30 Parish Surgery – Newton Leys Pavilion 19.00 – 21.00 Gardening Club AGM – Sports Club 19.00/19.30 start Fashion Show – Sports Club 19.00 Community Breakfast – Community Centre 08.30 – 10.30 Ladies that Lunch – Sports Club 12.30 – 13.45 Parish Council Meeting – Community Centre 19.30 Community Breakfast – Community Centre 08.30 – 10.30

ORGANISATIONS THAT USE THE COMMUNITY CENTRE

High Ash Scouts, Cubs, Beavers Every Thursday 17.30 - 21.30hrs Contact: John Till 01525 261444 Buttons Pre-School Monday – Friday 09.00 – 15.00hrs Contact: 01525 270501/07973 158368

Pilates - Group Matwork

Monday's 09.25, 10.30, 11.45, 19.10 & 20.15hrs Contact: Louisa Harris 07941 203589 Slimming World Wednesday's 19.30 – 21.30hrs Contact: Emma Yorke 07933 790954

Joyful Tots Every Friday 10.00 – 12.30hrs Contact Jacklen 07897 487657 or Diane 01525 270409

To Hire the Hall please telephone 07555 711929 or e-mail: shcomunitycentre@gmail.com

SH NEWS – ADVERTISING RATES

For 6 bimonthly editions: FULL Page - £85.00 HALF Page - £50.00 QTR Page - £30.00 To upgrade to full colour on rear cover, additional per edition cost: FULL Page - plus £15.00 HALF Page - plus £10.00 QUARTER Page - plus £5.00 Note: Upgrading to full colour is on a per edition basis. not a commitment for 6 editions

Bucks County Council Community Transport Co-ordinator Registrar (<i>Births, Deaths & Marriages</i>) Aylesbury Vale District Council Gypsy Hotline Litter Enforcement Officer Social Care Services (<i>Emergency Duty</i>) MK General Hospital Stoke Mandeville Hospital Luton & Dunstable Hospital Stoke Mandeville Hospital Cuton & Dunstable Hospital Stoke Mandeville Hospital Stoke Mandeville Hospital Stoke Mandeville Hospital Stoke Mandeville Hospital Stoke Mandeville Hospital District Council (<i>Liene Curry</i>) District Councillor (<i>Janet Blake</i>) District Councillor (<i>Jene Thereitt</i>) High Ash School	01296-395000 07729-699488 01296-382581 01296-383774 01296-585858 01494-817750 01908-660033 01296-315000 01582-491122 01525 270858 07743-355484 01525-270744 01525-261288 07817-756158 01525-261620
M.P. (John Bercow)	020-7219-6346

Police non-emergency number 101

EDITORS NOTE

As you may have read within the Parish Council News report, this edition of the SH News is the last monthly version and from next month we become a bimonthly publication. So, next month's publication will in fact be the April/May edition. The PC News report covers the reasons for changing to a bimonthly publication so I won't reiterate them here, but there are some other advantages in becoming a bimonthly publication, aside from the obvious like less panic and pressure for our contributors when the normal monthly deadline looms. Relief for the feet of our volunteer delivery people who can now have every alternate month off. But it should also mean we can increase the amount and quality of our content to make the SH News a more interesting and entertaining read and bring more news to you the people who reside in the Parish of Stoke Hammond.

May I please have copy for the April/May issue by **20th March**

Greg Noble, Oak Farm, Bragenham Side, Stoke Hammond. MK17 9DB 01525-270744 E-mail: gregnoble1980@aol.com



WASTE COLLECTION DATES

EDITORS NOTE: APOLOGIES TO THOSE FEW WHOSE NORMAL COLLECTION DAY IS A TUESDAY

Waste Bin:	Recycling Bin: Paper, glass, cardboard, plastics, cardons, cans & tins	Food Waste Bin:	Garden Waste Bin:
Wednesday 27 Feb		Wednesday 27 Feb	Wednesday 27 Feb
	Wednesday 6 Mar	Wednesday 6 Mar	
Wednesday 13 Mar		Wednesday 13 Mar	Wednesday 13 Mar
	Wednesday 20 Mar	Wednesday 20 Mar	
Wednesday 27 Mar		Wednesday 27 Mar	Wednesday 27 Mar
	Wednesday 3 Apr	Wednesday 3 Apr	
Wednesday 10 Apr		Wednesday 10 Apr	Wednesday 10 Apr



Stoke Hammond Parish Council Surgery Newton Leys South

THURSDAY 7th MARCH 2019 7pm to 9pm at Newton Leys Pavilion

Residents of Newton Leys South are represented by Stoke Hammond Parish Council.

Your Parish Councillors will be holding a Surgery at Newton Leys Pavilion from 7pm to 9pm. Meet a Parish Councillor and discuss any matters regarding the Parish, or let us know if we can help in connection with living in Newton Leys South.

If you would like to send us your question in advance, please email clerk.stokehammondpc@gmail.com or call our office on 01296 336575

Everyone welcome. We look forward to meeting you

Sue Severn

Clerk to Stoke Hammond Parish Council

www.stokehammondpc.com