

# 10 Core Commitments

There are specific activities you need to do and events you need to participate in to  
**“Maximize Your Success”**

These are all Simple things that are Easy to do... They  
are also **Easy NOT To Do!**

**Over the next 1, 2 or 3 years**  
your team will grow and prosper beyond your wildest dreams.

**Here are the 10 Core Commitments...**

## 1. Become A Product Of The Product

Use all the LifeWave products everyday. You'll want to have you own story so you can tell others about your experience(s) with the products. If you try to bypass or ignore this commitment, there is no way you can be successful with LifeWave. Be sure you have your autoship setup for a minimum of 55pv immediately. Also, be sure you have one person sponsored on your left with a minimum of 55pv and one person on your right with a minimum of 55pv. Then consider a Core Advanced, or Premium product package so you can have enough product to begin your business. Learn about the products: <https://www.liveyounger.com> and [liveyoungerproducts.com](http://liveyoungerproducts.com)

## 2. Set Your “Goals!”

Goal setting is a powerful process for thinking about your ideal future with Lifewave, and for motivating yourself to turn your vision of the future into reality.

How much do you want to make per month?

How fast do you want to make it?

How many hours per week will you allocate to your business? ...and for how many months? Be realistic and you can reach your goals every month! [lifewave.com/opportunity](http://lifewave.com/opportunity)

## 3. “Two Exposures Every Day”

This is where the rubber meets the road. Show the products and/or business to at least **TWO NEW** people per day. This can be done in a number of ways... Text or email [Thenewpatch.com](http://Thenewpatch.com). Call a