

# HIV 101 and Renal Function

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# Disclaimer



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# Outline of Topics

1. HIV epidemic overview
2. Antiretroviral therapy (ART) basics
3. Initiating ART
4. Primary care resources for people with HIV
5. Renal considerations with HIV
  - A. Treatment toxicity
  - B. HIV associated nephropathies
  - C. AKI
  - D. Comorbid CKD
6. Hemodialysis and HIV
7. Transplant and HIV

# HIV Worldwide

## Summary of the global HIV epidemic (2019)

	People living with HIV in 2019	People newly infected with HIV in 2019	HIV-related deaths in 2019
 Total	<b>38.0 million</b> [31.6 million – 44.5 million]	<b>1.7 million</b> [1.2 million – 2.2 million]	<b>690 000</b> [500 000 – 970 000 million]
 Adults	<b>36.2 million</b> [30.2 million – 42.5 million]	<b>1.5 million</b> [1.1 million – 2.0 million]	<b>600 000</b> [430 000 – 840 000]
 Women	<b>19.2 million</b> [16.4 million – 22.2 million]	<b>790 000</b> 590 000 – 1.1 million]	<b>300 000</b> [220 000 – 420 000]
 Men	<b>17.0 million</b> [13.8 million – 20.4 million]	<b>870 000</b> 630 000 – 1.2 million]	<b>390 000</b> [280 000 – 560 000]
 Children (<15 years)	<b>1.8 million</b> [1.3 million – 2.2 million]	<b>150 000</b> [94 000 – 240 000]	<b>95 000</b> [61 000 – 150 000]

Source: UNAIDS/WHO estimates

# HIV in the United States

## Adults and Adolescents With HIV in the 50 States and District of Columbia



At the end of 2018, an estimated **1,173,900 people** had HIV.

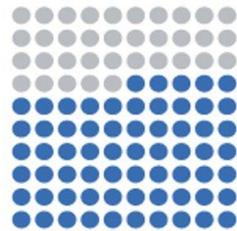
**86%**

of all people with HIV knew they had the virus.\*

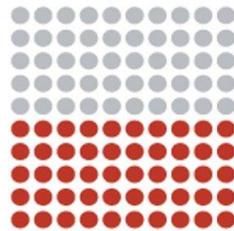


It is important for people to know their HIV status so they can take medicine to treat HIV if they have the virus. Taking medicine every day can make the viral load undetectable. People who get and keep an undetectable viral load (or stay virally suppressed) have effectively no risk of transmitting HIV to HIV-negative sex partners.

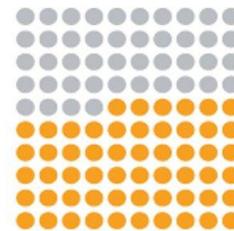
Although more than half of adults and adolescents with HIV are virally suppressed, more work is needed to increase these rates. For every **100 adults and adolescents with HIV in 2018**:



**65**  
received  
some  
HIV care



**50**  
were  
retained  
in care †



**56**  
were virally  
suppressed ‡

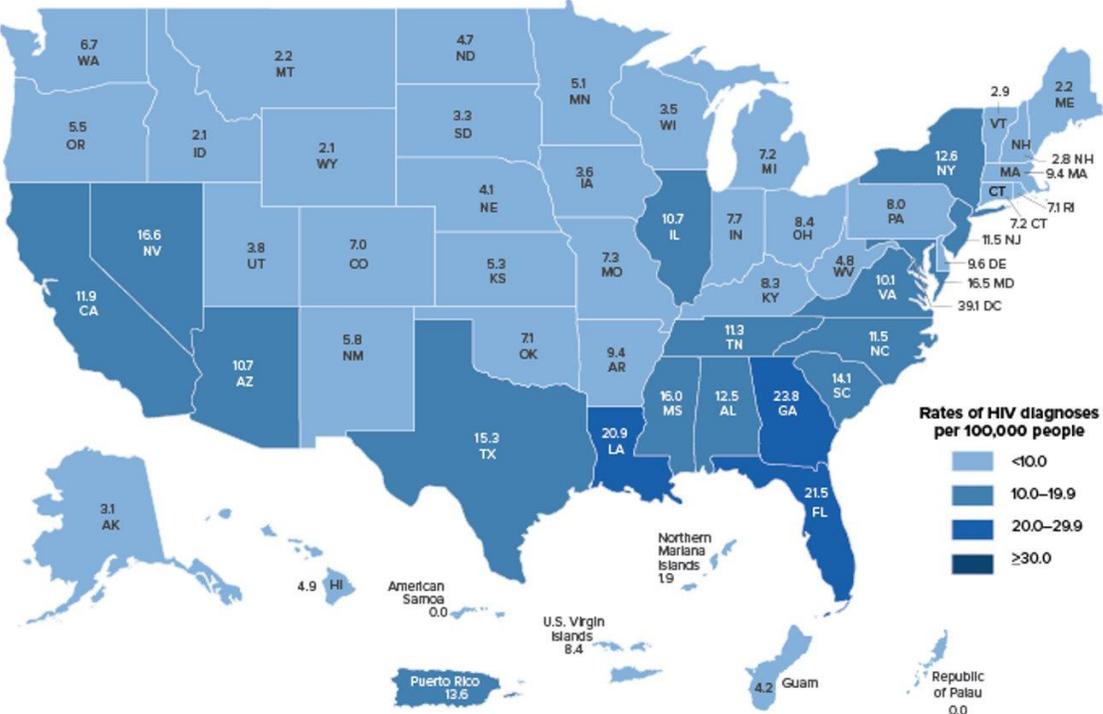
\*11 out of 17 Southern states fell below this estimate.  
† Had 2 viral load or CD4 tests at least 3 months apart in a year.  
‡ Based on most recent viral load test.

Source: CDC. Estimated HIV incidence and prevalence in the United States 2014–2018. *HIV Surveillance Supplemental Report* 2019;25(1).  
Source: CDC. Selected national HIV prevention and care outcomes (slides). Accessed May 20, 2020.

# HIV Rates Vary Across the US

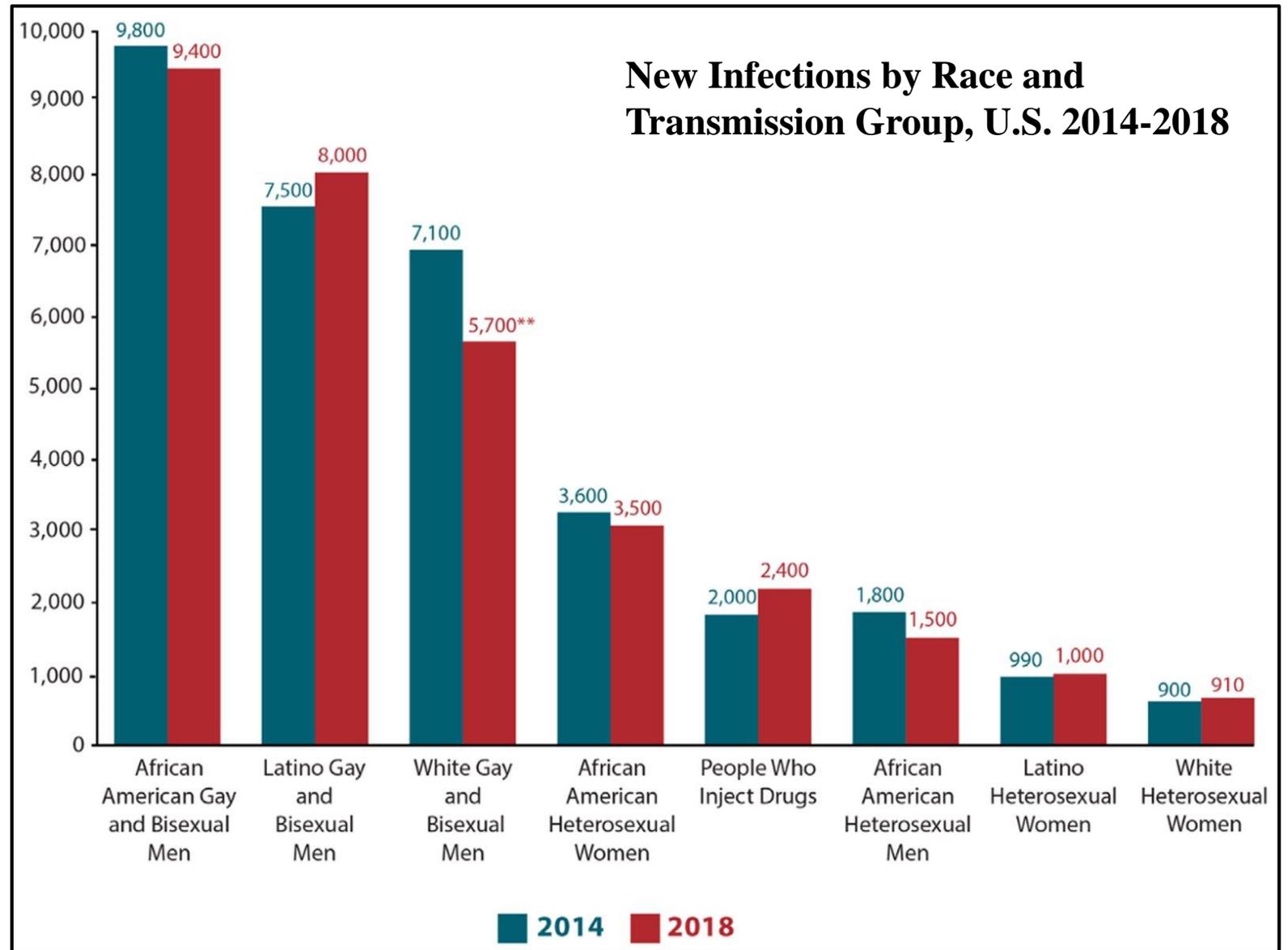
## Rates of New HIV Diagnoses for Adults and Adolescents in the US and Dependent Areas, 2018

The highest rates of new HIV diagnoses were mainly in the South.



Source: CDC. Diagnoses of HIV infection in the United States and dependent areas, 2018. *HIV Surveillance Report* 2020;31.

# HIV Disparities



# Ending the HIV Epidemic

February 2019

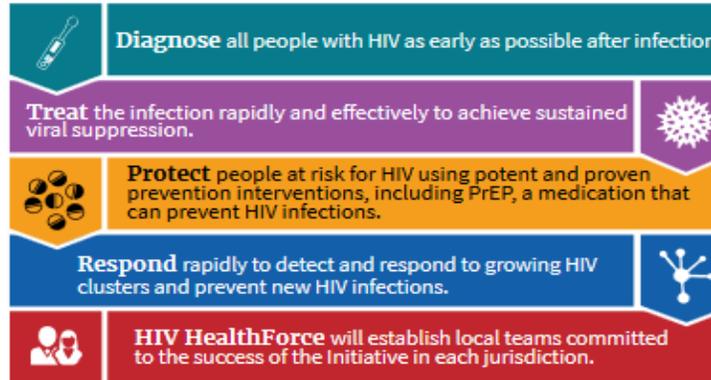
## Ending the HIV Epidemic: A Plan for America

HHS is proposing a once-in-a-generation opportunity to eliminate new HIV infections in our nation. The multi-year program will infuse 48 counties, Washington, D.C., San Juan, Puerto Rico, as well as 7 states that have a substantial rural HIV burden with the additional expertise, technology, and resources needed to end the HIV epidemic in the United States. Our four strategies – diagnose, treat, protect, and respond – will be implemented across the entire U.S. within 10 years.

### GOAL:

75% reduction in new HIV infections in 5 years and at least 90% reduction in 10 years.

Our goal is ambitious and the pathway is clear – employ strategic practices in the *places* focused on the right *people* to:



The Initiative will target our resources to the 48 highest burden counties, Washington, D.C., San Juan, Puerto Rico, and 7 states with a substantial rural HIV burden.



### Geographical Selection:

Data on burden of HIV in the US shows areas where HIV transmission occurs more frequently. More than 50% of new HIV diagnoses\* occurred in only 48 counties, Washington, D.C., and San Juan, Puerto Rico. In addition, 7 states have a substantial rural burden – with over 75 cases and 10% or more of their diagnoses in rural areas.

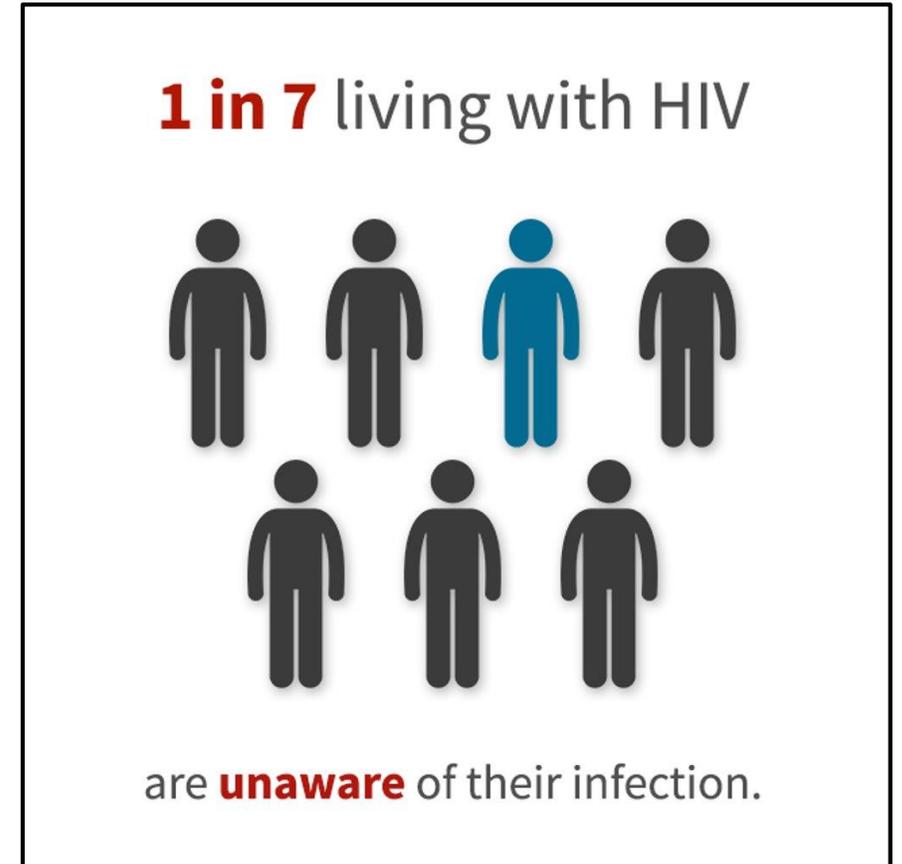
\*2016-2017 data

Ending  
the  
HIV  
Epidemic

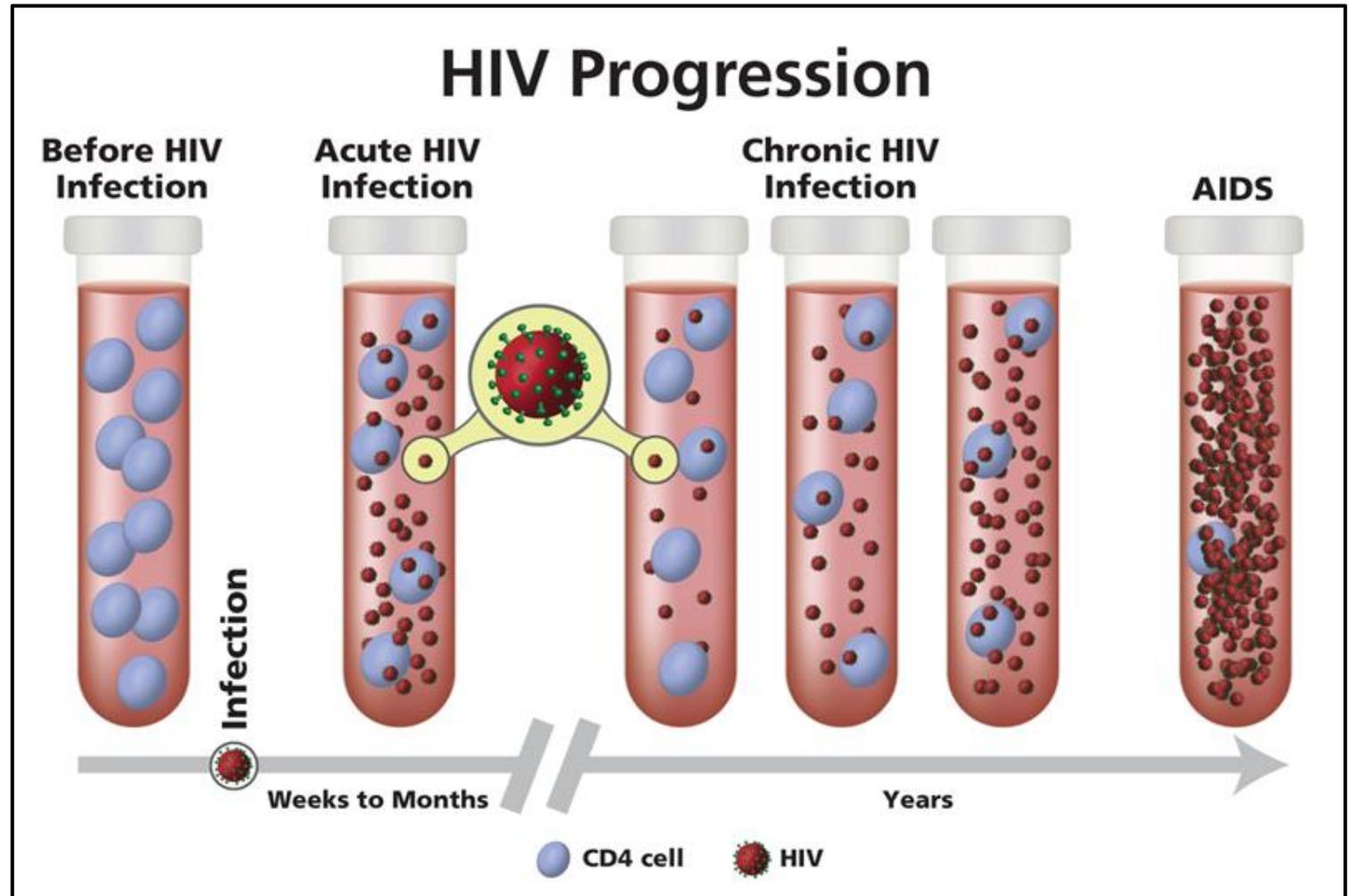
[www.HIV.gov](http://www.HIV.gov)

# Importance of Testing

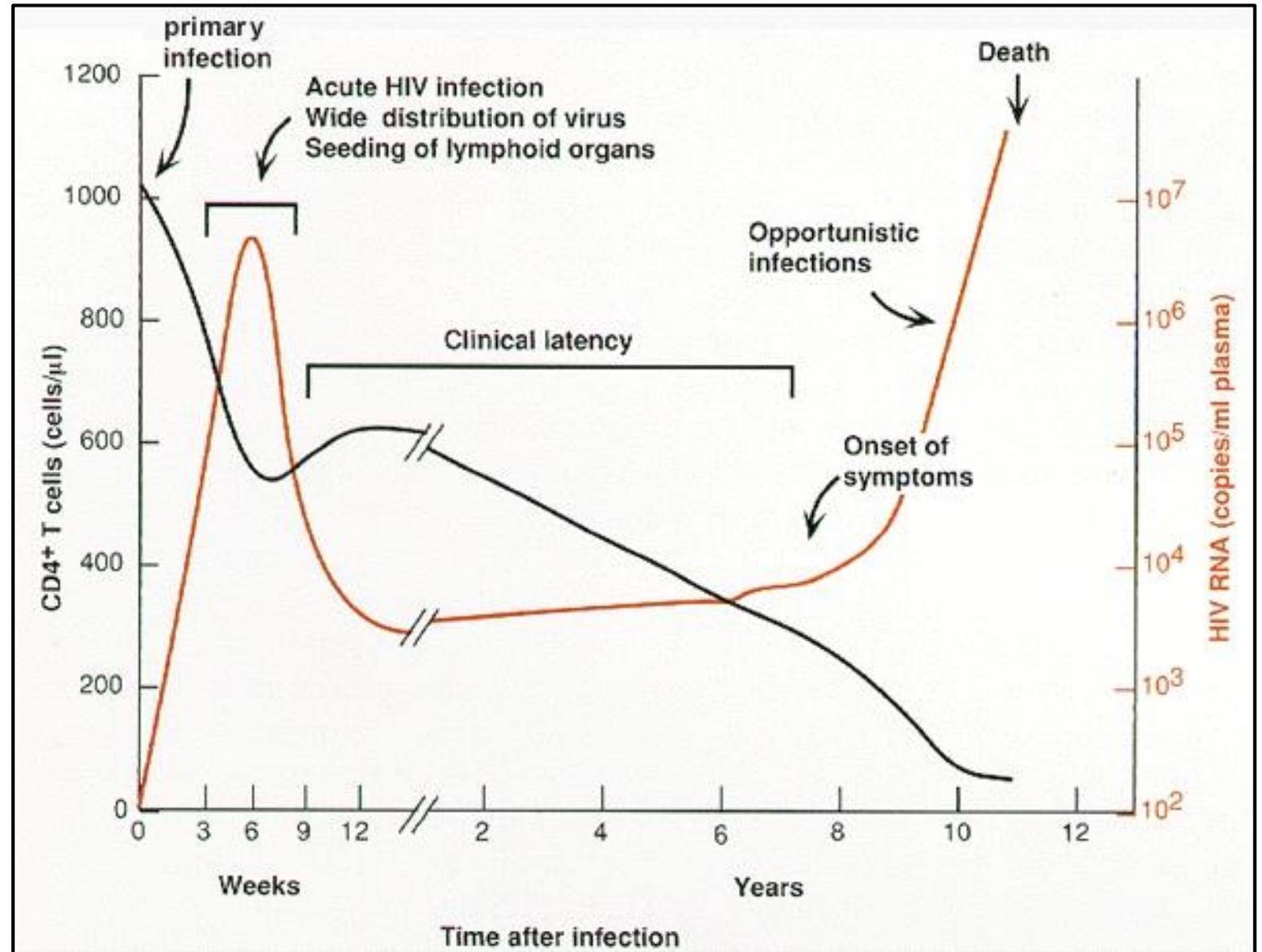
An estimated **1.2 million** people in the **United States** aged **13** and older were living with **HIV** at the end of **2018**



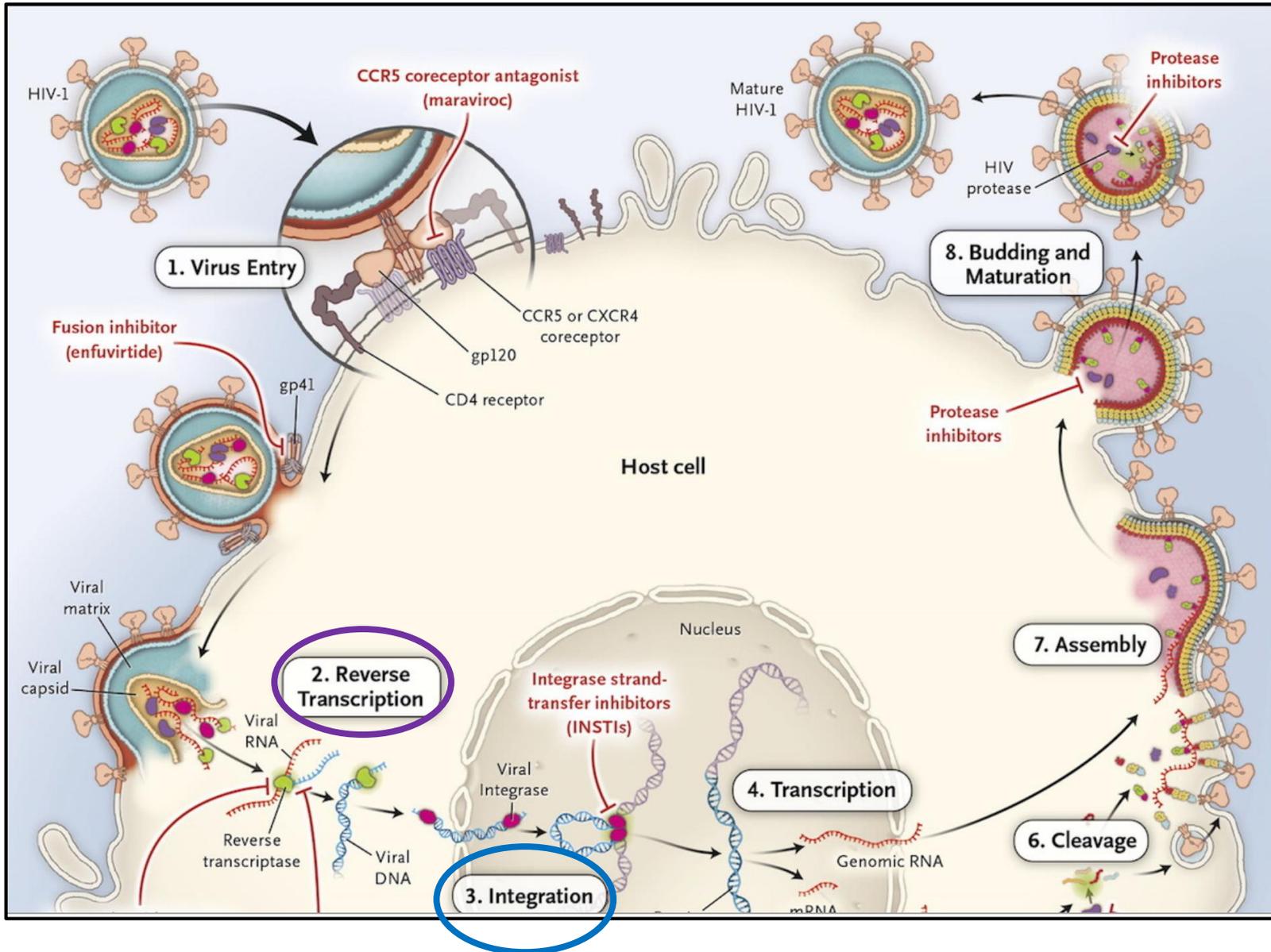
# Untreated HIV Progression



# Course of Untreated HIV Infection



# HIV: Life Cycle



- Medications from various classes target viral replication at different points in the HIV life cycle
- **Nucleoside reverse transcriptase inhibitors (NRTIs)** are the backbone of all first line antiretroviral therapy (ART)
- **Integrase strand-transfer inhibitors (INSTIs)** are the anchor drug in all first line HIV ART

# NIH HIV Guidelines



<https://clinicalinfo.hiv.gov/en/guidelines>

# Different Classes of Antiretroviral Therapy (ART)



- **Non-nucleoside reverse transcriptase inhibitors (NNRTIs)**
- **Nucleoside reverse transcriptase inhibitors (NRTIs)**
- **Protease Inhibitors (PIs)**
- Fusion Inhibitors
- CCR5 Antagonists
- **Integrase Strand Transfer Inhibitors (INSTIs)**
- Post-attachment Inhibitors

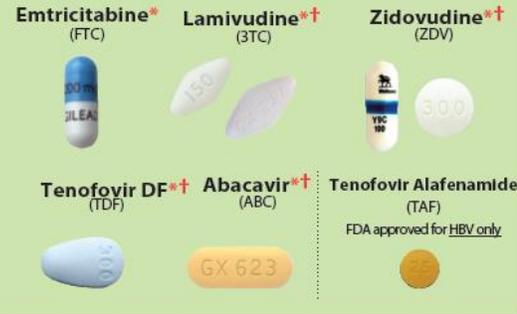
**Bold** = more commonly used classes

## HIV Medication Chart

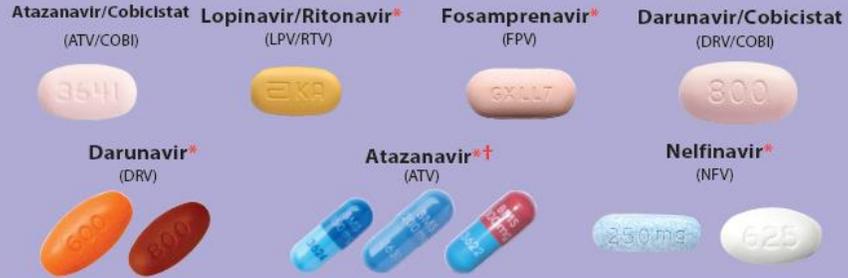
### Combination Antiretrovirals



### Nucleoside/Nucleotide Reverse Transcriptase Inhibitors (NRTI)



### Protease Inhibitors (PI)



### Non-Nucleoside Reverse Transcriptase Inhibitors (NNRTI)



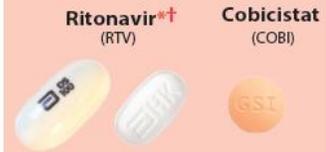
### Entry Inhibitors



### Integrase Inhibitors (INSTI)



### Boosting Agents



All pills shown in relative size/scale. Medication brand names appear in bold. Commonly used abbreviations appear in parentheses.

\*Also available in liquid or powder form. †Generic formulation available. ▲Chewable form available.

6/19

# Many medications!

- Most medications consist of **three** active medications, from at least two classes
  - Two newer ARTs with just two active medications (approved 2017, 2019)
- Many people with HIV are maintained on a single tablet that contains three drugs in one tablet

# New Long-Acting Injectable Therapy - 2021

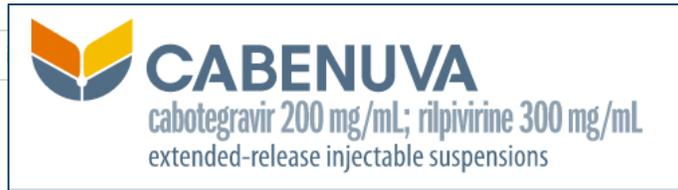
FDA NEWS RELEASE

## FDA Approves First Extended-Release, Injectable Drug Regimen for Adults Living with HIV

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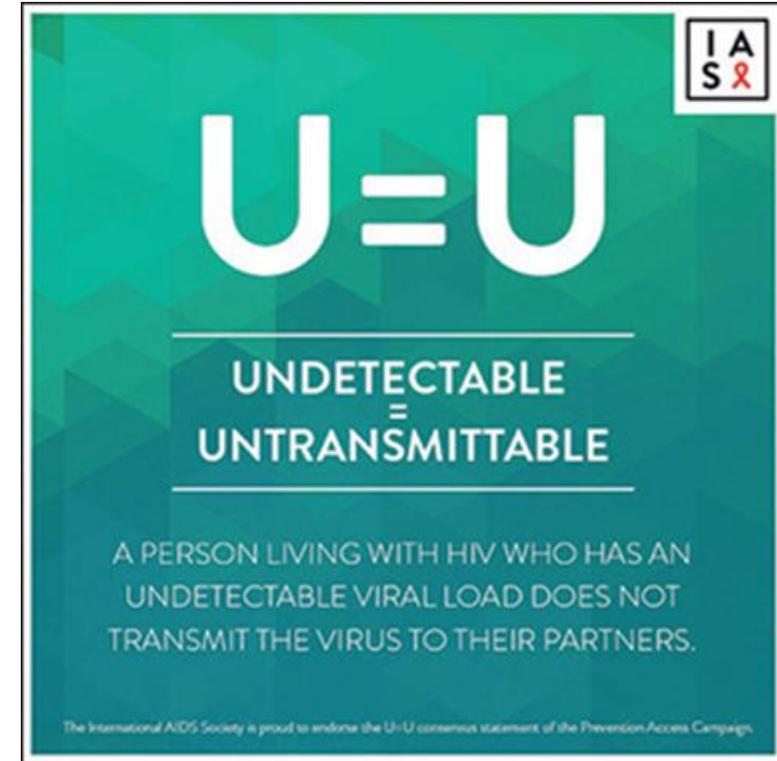
**For Immediate Release:** January 21, 2021

The U.S. Food and Drug Administration today approved Cabenuva (cabotegravir and rilpivirine, injectable formulation) as a complete regimen for the treatment of human immunodeficiency virus type 1 (HIV-1) infection in adults to replace a current antiretroviral regimen in those who are virologically suppressed on a stable antiretroviral regimen with no history of treatment failure and with no known or suspected resistance to either cabotegravir or rilpivirine. This is the first FDA-approved injectable, complete

- No dosage adjustment necessary for patients with mild or moderate renal impairment CrCl > 30mL/min
- In severe renal impairment or end-stage renal disease, increased monitoring for adverse effects is recommended
- As cabotegravir and rilpivirine are greater than 99% protein bound, dialysis is not expected to alter exposures of cabotegravir or rilpivirine.

# Guidelines for Starting ART

- Antiretroviral therapy (ART) is recommended for all persons with HIV (PWH) to reduce the risk of disease progression, HIV → AIDS
- ART also is recommended for PWH to prevent HIV transmission
  - **Undetectable = Untransmittable!**
- PWH starting ART should be willing and able to commit to treatment and understand the benefits and risks of therapy and the importance of consistent adherence
  - HIV mutates readily and non-adherence → drug resistance
- Goal is to start on treatment as soon as possible after diagnosis (start same day as diagnosis)



# What to Start – NIH HIV Clinical Guidelines

*Recommended Initial Regimens for Most People with HIV (in alphabetical order):*

- **Bictegravir/tenofovir alafenamide/emtricitabine**
- **Dolutegravir/abacavir/lamivudine**—**only** for individuals who are HLA-B\*5701 negative and without chronic hepatitis B virus (HBV) coinfection
- **Dolutegravir plus (emtricitabine or lamivudine) plus (tenofovir alafenamide or tenofovir disoproxil fumarate)**

# What to Start – NIH HIV Clinical Guidelines, cont.

- **Dolutegravir/lamivudine** - except for individuals with HIV RNA >500,000 copies/mL, HBV co-infection, or in whom ART is to be started before the results of HIV genotypic resistance testing for reverse transcriptase or HBV testing are available.
- **Raltegravir plus (emtricitabine or lamivudine) plus (tenofovir alafenamide [TAF] or tenofovir disoproxil fumarate [TDF])**

# Primary Care Guidelines for Persons with HIV

*Clinical Infectious Diseases*  
MAJOR ARTICLE

IDSAA hivma OXFORD  
Infectious Diseases Society of America hiv medicine association

## Primary Care Guidance for Persons With Human Immunodeficiency Virus: 2020 Update by the HIV Medicine Association of the Infectious Diseases Society of America

Melanie A. Thompson,<sup>1,a</sup> Michael A. Horberg,<sup>2,a</sup> Allison L. Agwu,<sup>3</sup> Jonathan A. Colasanti,<sup>4</sup> Manta K. Jain,<sup>5</sup> William R. Short,<sup>6</sup> Tulika Singh,<sup>7</sup> and Judith A. Aberg<sup>8</sup>

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Advances in antiretroviral therapy (ART) have made it possible for persons with human immunodeficiency virus (HIV) to live a near expected life span, without progressing to AIDS or transmitting HIV to sexual partners or infants. There is, therefore, increasing emphasis on maintaining health throughout the life span. To receive optimal medical care and achieve desired outcomes, persons with HIV must be consistently engaged in care and able to access uninterrupted treatment, including ART. Comprehensive evidence-based HIV primary care guidance is, therefore, more important than ever. Creating a patient-centered, stigma-free care environment is essential for care engagement. Barriers to care must be decreased at the societal, health system, clinic, and individual levels. As the population ages and noncommunicable diseases arise, providing comprehensive healthcare for persons with HIV becomes increasingly complex, including management of multiple comorbidities and the associated challenges of polypharmacy, while not neglecting HIV-related health concerns. Clinicians must address issues specific to persons of childbearing potential, including care during preconception and pregnancy, and to children, adolescents, and transgender and gender-diverse individuals. This guidance from an expert panel of the HIV Medicine Association of the Infectious Diseases Society of America updates previous 2013 primary care guidelines.

**Keywords.** HIV primary care; HIV care engagement; HIV monitoring; HIV comorbidities; sexually transmitted infections.

Although substantial inequities exist by region and population, with continuous engagement in high-quality human immunodeficiency virus (HIV) care and uninterrupted access to antiretroviral therapy (ART), people with HIV now have the possibility of an expected life span that approaches that of persons not living with HIV, free of opportunistic diseases and without horizontal transmission to partners or vertical transmission to infants [1–4]. Ending the HIV epidemic, must be an overarching priority of HIV primary care. Ensuring stigma-free, culturally appropriate, and patient-centered care experiences is essential to maximize care engagement, treatment adherence, and viral suppression. While ART has become more potent, less toxic, and simpler, other aspects of HIV care have become increasingly complex as people with HIV live longer and experience increased comorbidities across the life span, requiring additional attention to issues

Downloaded from <https://academic.oup.com/cid/advance-article/doi/10.1093/cid/ciaa1391/59569>

# Primary Care Guidelines - Baseline Renal Monitoring

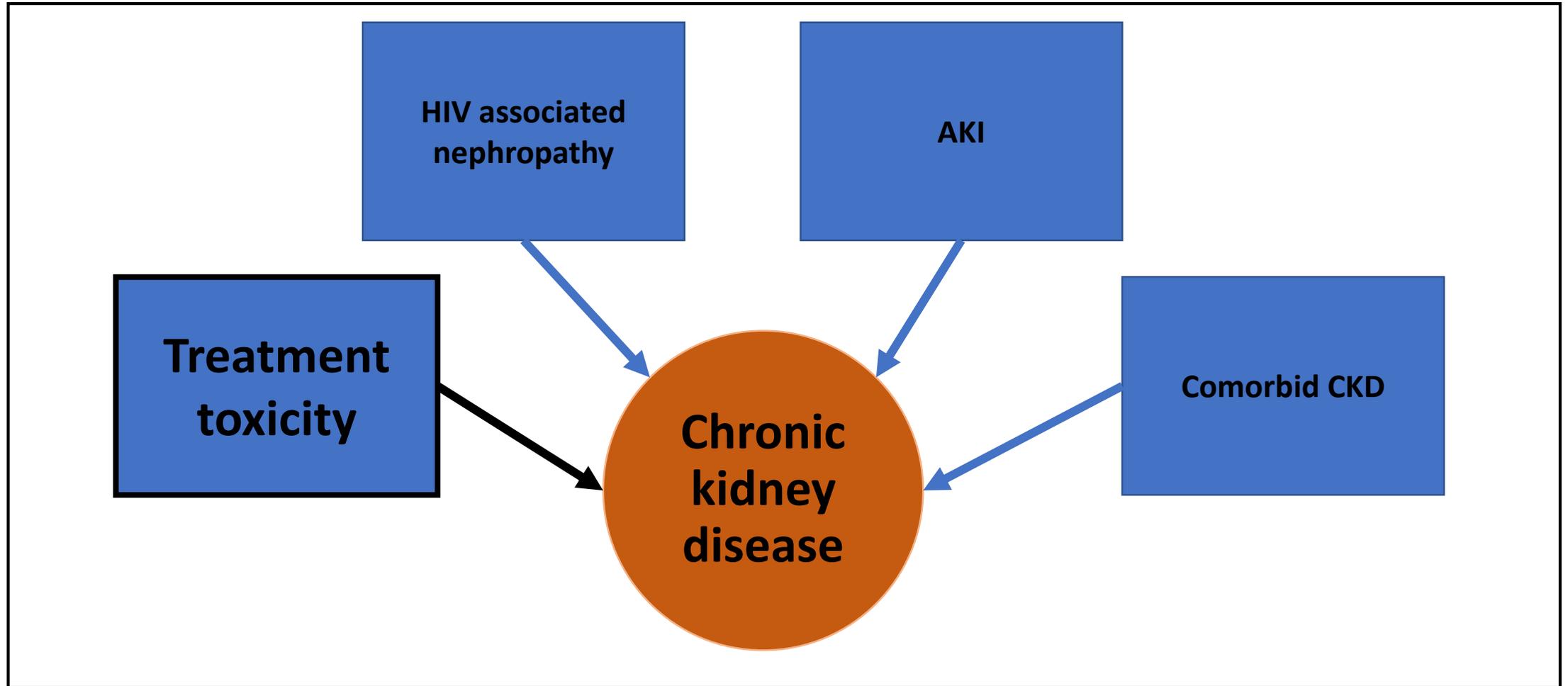
## Urinalysis and Calculated Creatinine Clearance:

- Baseline urinalysis and calculated CrCl or eGFR, especially in Black persons with HIV and those with advanced disease or comorbid conditions, because of an increased risk of nephropathy (*strong recommendation, high quality evidence*)
- Urinalysis and calculated creatinine clearance should also be performed prior to initiating drugs such as tenofovir due to potential for nephrotoxicity (*strong recommendation, moderate quality evidence*).

# NIH Ongoing Renal Monitoring Recommendations

	Monitoring Frequency					
Laboratory Test	Entry into care	ART initiation or modification	2-8 weeks after initiation or modification	Every 3-6 months	Every 6 months	Every 12 months
Basic Chemistry	<b>X</b>	<b>X</b>			<b>X</b>	
Urinalysis	<b>X</b>	<b>X</b>			<b>X</b> (If on TDF)	<b>X</b>

# Kidney Disease in HIV



# Renal AEs Vary by ART Class

Adverse Effect	Drug Class				
	NRTIs	NNRTIs	PIs	INSTIs	EIs
<b>Renal Effects/ Urolithiasis</b>	<p><b>TDF:</b> ↑ SCr, proteinuria, hypophosphatemia, urinary phosphate wasting, glycosuria, hypokalemia, and non-anion gap metabolic acidosis. Concurrent use of TDF with COBI- or RTV-containing regimens appears to increase risk.</p> <p><b>TAF:</b> Less impact on renal biomarkers and lower rates of proteinuria than TDF.</p>	<p><b>RPV:</b> Inhibits Cr secretion without reducing renal glomerular function.</p>	<p><b>ATV and LPV/r:</b> Associated with increased risk of chronic kidney disease in a large cohort study.</p> <p><b>ATV:</b> Stone or crystal formation. Adequate hydration may reduce risk.</p> <p><b>COBI (as a Boosting Agent for DRV or ATV):</b> Inhibits Cr secretion without reducing renal glomerular function.</p>	<p><b>DTG, COBI (as a Boosting Agent for EVG), and BIC:</b> Inhibits Cr secretion without reducing renal glomerular function</p>	<p><b>IBA:</b> SCr abnormalities ≥Grade 3 reported in 10% of trial participants.</p>

# Treatment toxicity

- Tenofovir based regimen considerations (see next slides)
- Common in combination with drugs that inhibit tubular creatinine secretion (i.e. **cobicistat, dolutegravir**)
  - Elevations in serum creatinine are typically in the range of 0.1-0.2mg/dL then plateau, **bictegravir** – less than dolutegravir, **raltegravir**)
- Combination with anti-HCV drugs increases tenofovir levels (e.g. valpatasvir)
- Protease inhibitors – indinavir, lopinavir and atazanavir have all been associated with renal stone formation
  - Atazanavir tubulo-interstitial nephritis

# Tenofovir Toxicity

## Tenofovir Disoproxil Fumarate (TDF)

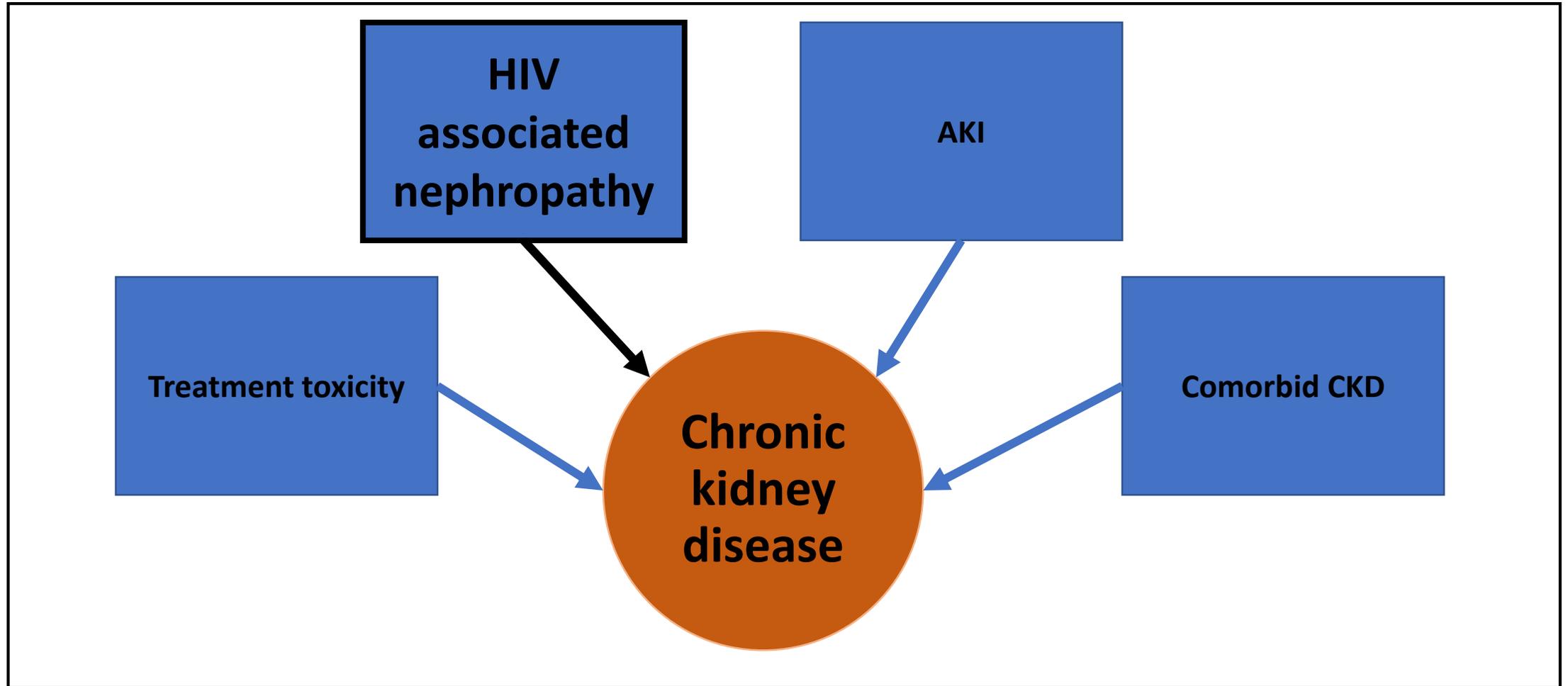
- TDF is an antiretroviral used in HIV treatment and as pre-exposure prophylaxis (PrEP) in Truvada
- Can cause gradual decline in GFR, phosphorous wasting
  - Can present with new proteinuria
- Although rare, proximal tubular dysfunction can progress to Fanconi syndrome, a complete tubulopathy that includes metabolic acidosis and bone disorders
- TDF is not recommended for use in persons who have a Crcl <60 mL/min
- Risk factors for TDF nephrotoxicity = low CD4 count, HCV coinfection, DM, Black, male gender, older age, and baseline hepatic or renal dysfunction
- Markers specific for tubular dysfunction:
  - Glycosuria with normal serum glucose
  - Urinary phosphorus wasting with low serum phosphorus

# Tenofovir Toxicity, cont.

## Tenofovir Alafenamide (TAF)

- TAF is a medication used in HIV treatment and as pre-exposure prophylaxis (PrEP) in Descovy
- 25 mg dose of TAF has 90% lower circulating plasma tenofovir levels when compared with a 300 mg dose of tenofovir disoproxil fumarate
- Improved GFR, glomerular and tubular proteinuria, and bone mineral density
- May see increase in certain lipid parameters (total cholesterol and HDL) but not others (total cholesterol/HDL ratio, triglycerides)
- Improved renal and bone safety profile but association with weight gain, especially when in combo with INSTI → research ongoing

# Kidney Disease in HIV



# HIV-Associated Disease

May present with either AKI or CKD

- HIV associated nephropathy (HIVAN)
- Immune complex kidney disease (HIVICK)

# HIVAN: Background

- First identified in 1984 in patients with advanced AIDS
- Almost exclusively found in African Americans (90%) or Latino populations (10%)
- Third leading cause of ESRD in African Americans ages 20-64

# HIVAN: Presentation + Treatment

- Rapidly progressive renal failure
- Definitive diagnosis via biopsy: Collapsing form of focal segmental glomerular sclerosis (FSGS)
- Direct HIV infection of renal epithelial cells
- Podocyte proliferation is hallmark (but less common in ART treated)
- Moderate-nephrotic range proteinuria without hematuria or RBC casts
- Enlarged, echogenic kidneys on renal US
- Progression to ESRD and/or death nearly universal
- Much less common now as people start ARTs upon diagnosis of HIV
- **Treatment mainstay is ART**, can also use ACEI and prednisone

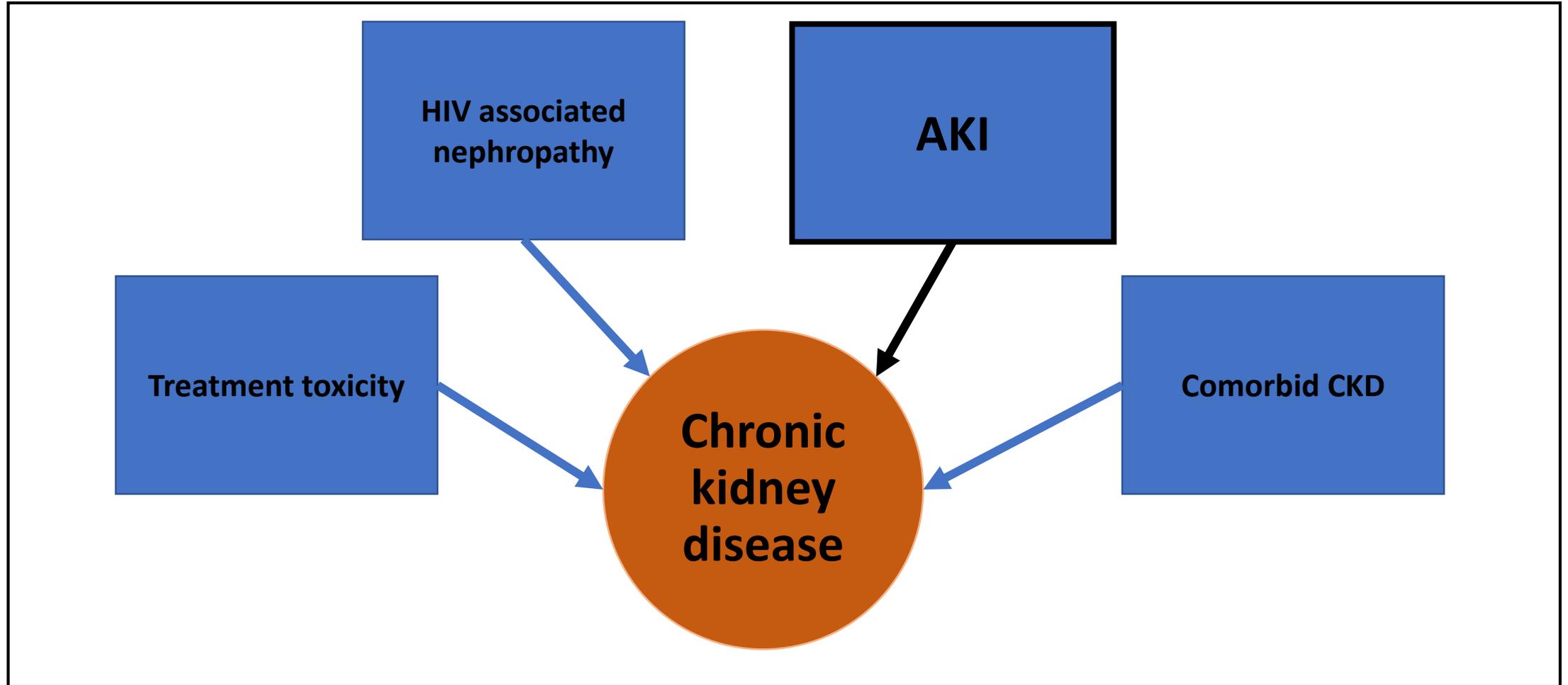
# HIVICK

- Diverse group of immune-mediated disease
  - Immune complex glomerulonephritis
  - Immunoglobulin A nephropathy
  - Lupus-like glomerulonephritis
- Antibody bound to HIV antigens are deposited on capillary loops and in the mesangium
- Complement activation may result in a lupus-like pathology
- Renal cell proliferation with immune complex disease predominately affects mesangial cells, distinguishing HIVICK from HIVAN
- **Presentation:** Proteinuria which may be nephrotic, hematuria, reduced GFR, and low levels of complement are common. May present at any age
- Prognosis appears better than for HIVAN

# HIVICK, HIVAN citations

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- Wyatt CM, Klotman PE, D'Agati VD. HIV-associated nephropathy: clinical presentation, pathology, and epidemiology in the era of antiretroviral therapy. *Semin Nephrol*. 2008;28(6):513-522. doi:10.1016/j.semnephrol.2008.08.005

# Kidney Disease in HIV



# Acute Kidney Injury in HIV

- More common in PWH than general population
- Risk factors for AKI:
  - Male sex
  - CD4 <200, VL >10,000
  - HCV co-infection
  - Older ART drugs
  - Plus traditional risk factors: Older age, Black, DM, CKD
- Associated with adverse outcomes

# Causes of AKI in HIV

## Prerenal

- Even with ART, volume depletion, sepsis and liver disease (cirrhosis) risks remain

## Intrarenal

- Acute tubular necrosis (nephrotoxic meds – more common vs. ischemic)
- Parenchymal infection (TB → granulomas, fungal infection)
- Interstitial nephritis – CMV, EBV
- Glomerular disease (HIVAN, HIVICK, HCV co-infection)

## Postrenal

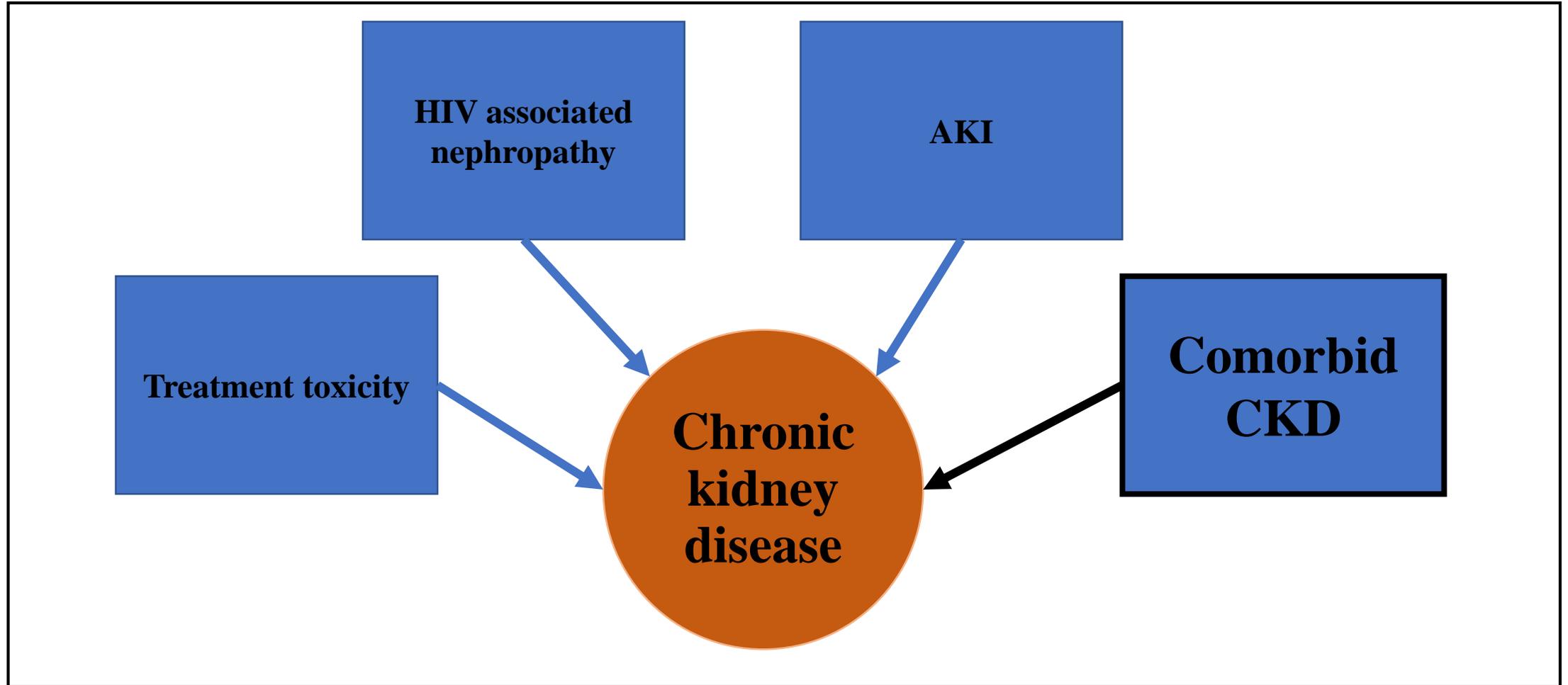
- Urinary obstruction-induced AKI relatively rare

# Acute Kidney Injury in HIV

Wyatt et al. AIDS 2006

- Acute renal failure was reported significantly more often during hospitalizations for PWH than for HIV-negative patients even after the introduction of ART
- Hospitalizations of patients with HIV complicated by ARF had much higher in-hospital mortality (27%) compared to admissions of patients with HIV without acute renal failure (4.5%)
- HIV infection associated with an increased risk of acute renal failure, even after adjustment for demographic and comorbid conditions

# Kidney Disease in HIV



# Renal Considerations in Selecting ART

<p><b>Presence of Other Conditions</b></p>	<p>Chronic kidney disease (defined as CrCl &lt;60 mL/min)</p>	<p><b>In general, avoid TDF.</b></p> <p>ABC may be used if patient is HLA-B*5701 negative. If HIV RNA is &gt;100,000 copies/mL, do not use ABC/3TC plus (EFV or ATV/r).</p> <p>TAF may be used if CrCl &gt;30 mL/min or if patient is on chronic hemodialysis (only studied with EVG/c/TAF/FTC).</p> <p>Consider avoiding ATV.</p> <p><b>ART Options When ABC, TAF, or TDF Cannot be Used:</b></p> <ul style="list-style-type: none"> <li>• DTG/3TC (if HIV RNA &lt;500,000 copies/mL and without HBV coinfection)</li> <li>• DRV/r plus 3TC</li> <li>• DRV/r plus RAL (if CD4 count &gt;200 cells/mm<sup>3</sup> and HIV RNA &lt;100,000 copies/mL)</li> </ul>	<p>TDF has been associated with proximal renal tubulopathy. Higher rates of renal dysfunction have been reported in patients using TDF in conjunction with RTV-containing regimens.</p> <p>An adjusted dose of TDF can be used in patients with ESRD or in those who are on hemodialysis. Refer to <a href="#">Appendix B, Table 10</a> for specific dosing recommendations.</p> <p>TAF has less impact on renal function and lower rates of proteinuria than TDF.</p> <p>ATV has been associated with chronic kidney disease in some observational studies.</p> <p>ABC has not been associated with renal dysfunction.</p>
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# Comorbid CKD

IDSA GUIDELINE

## Clinical Practice Guideline for the Management of Chronic Kidney Disease in Patients Infected With HIV: 2014 Update by the HIV Medicine Association of the Infectious Diseases Society of America

**Gregory M. Lucas,<sup>1</sup> Michael J. Ross,<sup>2</sup> Peter G. Stock,<sup>3</sup> Michael G. Shlipak,<sup>4</sup> Christina M. Wyatt,<sup>2</sup> Samir K. Gupta,<sup>5</sup> Mohamed G. Atta,<sup>1</sup> Kara K. Wools-Kaloustian,<sup>5</sup> Paul A. Pham,<sup>1</sup> Leslie A. Bruggeman,<sup>6</sup> Jeffrey L. Lennox,<sup>7</sup> Patricio E. Ray,<sup>8</sup> and Robert C. Kalayjian<sup>6</sup>**

<sup>1</sup>Johns Hopkins School of Medicine, Baltimore, Maryland; <sup>2</sup>Icahn School of Medicine at Mount Sinai, New York, New York; <sup>3</sup>University of California, San Francisco, and <sup>4</sup>San Francisco Veteran Affairs Medical Center, California; <sup>5</sup>Indiana University School of Medicine, Indianapolis; <sup>6</sup>MetroHealth Medical Center, Case Western Reserve University, Cleveland, Ohio; <sup>7</sup>Emory University School of Medicine, Atlanta, Georgia; and <sup>8</sup>Children's National Medical Center, Washington D.C.

# Comorbid CKD

- CKD is an important complication of HIV infection and treatment
- Prevalence of CKD among PWH in North America and Europe ranges from approx. 4.7 to 9.7%
- Patients living longer and HIV spreading among populations at high risk of renal disease → number of patients with HIV-related ESRD will rise
- ART decreased HIVAN-related ESRD, but can be nephrotoxic and can cause CV and metabolic dysfunction → worsening kidney disease

# Comorbid CKD

- Risk factors for progression to ESRD:
  - HIV-associated nephropathy (HIVAN) diagnosis
  - African American lineage
  - Family history of ESRD
  - Magnitude of proteinuria
  - Advanced immunosuppression

# Comorbid CKD

- **Factors associated with an increased risk of CKD:**
  - Older age
  - Female sex
  - DM
  - Hypertension
  - Injection drug use
  - Lower CD4 cell count
  - History of acute kidney injury
  - Higher HIV RNA levels

# Creatinine Clearance Thresholds for Some ARTs

<b>Generic Name (Abbreviations)</b>  <i>Trade Name</i>	<b>Usual Daily Dose<sup>a</sup></b>	<b>Dosing in Persons with Renal Insufficiency</b>	<b>Dosing in Persons with Hepatic Impairment</b>
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**Some FDC products are not recommended in persons with different degrees of renal insufficiency. The recommendations for individual FDCs based on CrCl level are outlined below.**

- *CrCl <70 mL/min*: **Initiation of Stribild is not recommended.**
- *CrCl <50 mL/min*: **FDCs not recommended:** Atripla, Combivir, Complera, Delstrigo, Dovato, Epzicom, Triumeq, or Trizivir.
- *CrCl <30 mL/min*: **FDCs not recommended:** Biktarvy and Truvada.
- *CrCl <30 mL/min and not on HD*: **FDCs not recommended:** Descovy, Genvoya, Odefsey, Symtuza.

The component drugs in some of the FDC products listed above may be prescribed as individual formulations with dose adjustment based on CrCl level as indicated below in this table.

# ART Single Tablet Regimen (STR) in HD

Generic Name	Brand Name	Standard dosing	Dosing category	Other considerations
<b>Single Tablet Regimen examples</b>				
<b>Elvitegravir/ Cobicistat/ Tenofovir Alafenamide/ Emtricitabine</b>	Genvoya (single tablet regimen)	1 tablet 1x/daily	One tablet once daily. On HD days, administer after dialysis.	<b>Not recommended</b> in patients with CrCl <30 mL/min who are not receiving chronic HD.
<b>Rilpivirine/Tenofovir Alafenamide/Emtricitabine</b>	Odefsey (single tablet regimen)	1 tablet 1x/daily	One tablet once daily. On HD days, administer after dialysis.	<b>Not recommended</b> in patients with CrCl <30 mL/min who are not receiving chronic HD.
<b>Darunavir/Cobicistat/Tenofovir Alafenamide/Emtricitabine</b>	Symtuza (single tablet regimen)	1 tablet 1x/daily	In patients on Chronic HD: One tablet once daily. On HD days, administer after dialysis.	<b>Not recommended</b> in patients with CrCl <30 mL/min who are not receiving chronic HD.
<b>Dolutegravir/ Abacavir/ Lamivudine**</b>	Triumeq (single tablet regimen)	1 tablet 1x/daily		<b>Not recommended</b> if CrCl <50 mL/min. Instead, use the individual component drugs and adjust 3TC dose according to CrCl.
<b>Dolutegravir/Rilpivirine</b>	Juluca	1 tablet 1x/daily	No dose adjustment necessary.  In patients with CrCl <30 mL/min, monitor closely for adverse effects.	

**\*\*Recommended first line agents**

# First-line STR Evaluated for Safety in HD

- Ongoing studies of safety of first line STR bicitegravir/emtricitabine/TAF
  - Eron et al., 2020: Daily regimen of B/FTC/TAF maintained virologic suppression in PWH on chronic HD
  - B/FTC/TAF may be an effective, safe and convenient once daily STR and ameliorate the need for dose adjustment in appropriate PWH who require chronic HD
  - Biktarvy package insert: *No dosage adjustment is recommended in patients with eCrCl greater than or equal to 30 mL per minute, or in virologically-suppressed adults with ESRD (eCrCl below 15 mL/min) who are receiving chronic hemodialysis. On days of hemodialysis, administer the daily dose of BIKTARVY after completion of hemodialysis treatment*
  - Not yet in NIH HIV guidelines for use in HD

# ART non-STR example of dosing for HD

Generic Name	Brand Name	Class	Standard dosing	Hemodialysis dosing
<b>Medications that would need to be combined – Not full regimens</b>				
<b>Raltegravir</b>	Isentress	INSTI	RAL 400 mg twice daily (using Isentress formulation) <i>or</i> RAL 1,200 mg once daily (using Isentress HD formulation only)	No dose adjustment necessary
<b>Lamivudine</b>	Epivir	NRTI	3TC 300 mg PO once daily <i>or</i> 3TC 150 mg PO twice daily	1 x 50 mg, then 25 mg every 24 hours
<b>Tenofovir Disoproxil Fumarate</b>	Viread	NRTI	300mg once daily	300mg every 7 days

# ESRD without HD

- More limited data for patients not on hemodialysis with creatinine clearance between 15-29mL/min
- Some options without need for dose adjustment:
  - Abacavir
  - Dolutegravir (caution if INSTI experienced), Raltegravir, Elvitegravir
  - Darunavir
- Emtricitabine (FTC)
  - CrCl 15 to 29 mL/minute: Capsule: 200 mg every 72 hours.
  - CrCl <15 mL/minute: Capsule: 200 mg every 96 hours.

# Kidney Transplants in PWH – IDSA Recommendations

- Recommend that HIV providers assess patients with HIV and ESRD or imminent ESRD for the possibility of kidney transplantation, considering history of opportunistic conditions, comorbidities, current immune status, and virologic control of HIV with ART (*strong, moderate*).
- Recommend dose adjustment and pharmacologic monitoring of immunosuppressant drugs in patients with HIV after kidney transplantation to account for pharmacologic interactions with antiretroviral drugs. When feasible, ART should be selected that minimizes interactions with immunosuppressant drugs (*strong, moderate*).

# For more information...



The screenshot displays the National HIV Curriculum website. At the top, the logo and text "National HIV Curriculum" are visible. Below this is a dark navigation bar with several menu items: "Antiretroviral Medications", "Course Modules", "Question Bank", "Clinical Challenges", and "Tools & Calculators". The "Course Modules" item is highlighted, and a sub-menu is open, showing "Antiretroviral Therapy". Below the navigation bar, the page title "Antiretroviral Therapy Overview" is displayed in a large purple font, with "2nd Edition" in a yellow box to its right. Underneath the title, there are two columns of text. The left column is titled "Module Core Competency" and contains the text "Apply Evidence-Based Antiretroviral Therapy for Persons with HIV". The right column is titled "Target Audience" and contains the text "The Antiretroviral Therapy module is geared toward clinicians who provide antiretroviral therapy to persons with HIV, with an emphasis on initiating antiretroviral therapy and management of virologic failure."

National HIV Curriculum

Antiretroviral Medications > Course Modules > Question Bank > Clinical Challenges > Tools & Calculators >

Antiretroviral Therapy

## Antiretroviral Therapy Overview 2nd Edition

**Module Core Competency**

Apply Evidence-Based Antiretroviral Therapy for Persons with HIV

**Target Audience**

The Antiretroviral Therapy module is geared toward clinicians who provide antiretroviral therapy to persons with HIV, with an emphasis on initiating antiretroviral therapy and management of virologic failure.

<https://www.hiv.uw.edu/go/antiretroviral-therapy>

# AETC Resources

- **Clinical Consultation Center**  
*<http://nccc.ucsf.edu>*
  - HIV Management
  - Perinatal HIV
  - HIV PrEP
  - HIV PEP line
  - HCV Management
  - Substance Abuse Management
- **AETC National Curriculum**  
*<http://aidsetc.org/nhc>*
- **AETC National HIV-HCV Curriculum**  
*<http://aidsetc.org/hivhcv>*
- **Hepatitis C Online**  
*<https://www.hepatitisc.uw.edu>*
- **AETC National Coordinating Resource Center**  
*<http://aidsetc.org>*
- **Additional Training for Midwest AIDS Training and Education Center (MATEC)**  
*<https://matec.info>*



# Questions?

**Thank you!**

Please contact us at MATEC Michigan with any questions:

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**AIDS Research and Education Center**