

Finding Your Why

Before you can start working towards financial freedom, you need to know where you're going, the path to get to your destination, and, of course, how to drive. In other words, you need to know what you want to work towards.

You desire more from life and your Why is what will keep you motivated when things get hard. It will encourage you when thinking about your future and it will replenish you when you need a little pick-me-up.

Start by thinking about what you would be doing right now if money wasn't an issue. Give yourself a little time to dream about what that might look like.

If you need a little inspiration, here are some things to get you thinking:

- If you didn't have to go to work today, would you still go?
- Would you have a different job that you enjoyed more?
- Would you volunteer at a charity or your kids' school?
- Would you spend your days with your kids or finally get around to those projects you've been putting off?
- Could you spend more time on your hobbies or take up a new one?

Using the next page, free-flow your thoughts by writing down whatever comes to mind, even if it seems silly or far-fetched.

For the next part, consider how it would feel to spend your day doing the things you've outlined. Visualize yourself living that life and put yourself into a moment.

What are you doing? How does it feel? Write your answers here:

Finally, you're going to pull everything you've written so far into one or two sentences. Using one of the fill-in-the-blank sentences on the next page, try to capture your Why.

My Why

I want to be financially free so I can spend my time _____

and experience or feel _____

_____.

My future looks bright. By taking control of my finances, I will feel _____

and be able to spend my time _____

_____.

