

MELC FEBRUARY 2026 MENU

Meal	Monday 2/2	Tuesday 2/3	Wednesday 2/4	Thursday 2/5	Friday 2/6
Breakfast	cereal peaches	waffles strawberries	overnight oats blueberries	french toast mango	muffins bananas
AM snack	fresh yogurt graham crackers	ritz crackers slice cheese	hummus tortilla chips	newton bars fruit cocktail	smoothies pretzels
Lunch	pink pasta peas apples	bean/cheese burritos lettuce grapes	loaded potato soup potato rolls watermelon	dijon chicken/rice green beans oranges	eng muffin pizzas corn pineapple
PM snack	wheat thins mandarin	pirate booty carrot sticks	peaches cottage cheese	applesauce animal crackers	cheese bread marinara
Meal	Monday 2/9	Tuesday 2/10	Wednesday 2/11	Thursday 2/12	Friday 2/13
Breakfast	cereal peach	pancakes blueberries	chia seed yogurt strawberries	ham/chz eng muffin mango	bagels w/ crm chz banana
AM snack	fruit salad nillas	hummus multigrain crackers	annies puffs raisins	string cheese snap pea puffs	froyo bites goldfish
Lunch	hot ham sliders carrots apples	chicken gravy mashed potatoes grapes	beef stew carrot/potatoes oranges	hotdog baked beans cornbread pears	blt pasta salad lettuce/tomato pineapple
PM snack	fruit leather bars cheez its	cottage cheese mandarins	guacamole club cracker	veggie straws applesauce	granola bars clementine
Meal	Monday 2/16	Tuesday 2/17	Wednesday 2/18	Thursday 2/19	Friday 2/20
Breakfast		cereal blueberries	waffles strawberries	biscuits and jelly mangos	muffins banana
AM snack		nillas bell pepper sticks	pirate booty fruit cocktail	carrots applesauce	belvita crackers smoothies
Lunch		pizza pasta bell peppers grapes	chicken pot pies peas/carrots oranges	mac and cheese broccoli pineapple	hotdog cornbread peppers/corn watermelon
PM snack		peaches goldfish	cheese slice saltine	wheat thins sliced turkey	clementines cheez it
Meal	Monday 2/23	Tuesday 2/24	Wednesday 2/25	Thursday 2/26	Friday 2/27
Breakfast	cereal pears	pancakes strawberries	breakfast potatoes blueberries	scrambled eggs mango	bagels w/ crm chz bananas
AM snack	fresh yogurt graham crackers	multigrain cracker guacamole	applesauce saltines	fig bars bell pepper sticks	veggie straws smoothies
Lunch	ham/chz sandwich celery sticks watermelon	marsala bowties mushrooms grapes	quesadillas pico de gallo apples	sweet chili chicken stir fry veggies oranges	grilled cheese tomato soup pineapple
PM snack	cream cheese club crackers	popcorn fruit leather bar	peaches cottage cheese	hummus carrots	pita bread tzatziki
MONTHLY REMINDERS: MENU TO CHANGE BASED ON FOOD AVAILABILITY/SUBS OFFERED FOR APPROPRIATE AGES					