## **JANUARY 2021 MENU**

Week		Monday		Tuesday	Ť	Wednesday		Thursday		Friday 1
One	B:	William	B:	Tuesday	B:	reduceday	B:	Thursday	R·	fresh muffin, raspberries
One	ъ.		ъ.				+		+	resir marrin, raspoerries
	AM:		AM:		AM:		AM:		AM-	mini pretzel, grapes
	AIVI.	December 2020 Menu	ALVI.	December 2020 Menu	ALVI.	December 2020 Menu	A.H.	December 2020 Menu	A.vi.	mini pretzer, grupes
	L:	Becomeer 2020 Mena	L:	Becomeer 2020 Went	L:	Beccineer 2020 Wend	L:	December 2020 Menu	т.	rotini tomato/alfredo, apples, green bean
	2.		L.		2.		+		1 2.	Totali tomato/unredo, uppies, green cedir
	PM:		PM:		PM:		PM:		pM-	fruit smoothie, goldfish
	1 1/1.		11/1.		11,11		1.41.		11,11	Trut smoothe, goldrish
Week		Monday 4		Tuesday 5	+	Wednesday 6	+	Thursday 7	+	Friday 8
Two	B:	cereal, mandarins	R.	sunbutter/jelly english muffins,	R.	pancake, blueberries	R.	scrambled eggs w/cheese, strawberries	R.	fresh muffins, blueberries
20	2.	coroni, mandarino		peaches	- 2.	parieure, oraccerres	+	serameted eggs weneese, saaweernes		marms, stateserries
	AM.	fruit yogurt, graham cracker	AM.	animal cracker, craisins	AM:	applesauce, goldfish	AM-	tortilla chips, salsa	AM-	wheat thins, cream cheese
	A.M.	irait yogart, granam cracker	ALVI.	difficial cracker, craisins	ALVI.	appresauce, gordrish	A.M.	torina emps, saisa	A.vi.	wheat times, cream encese
	L:	sausage, peppers, rice, pears	L:	bbq pork slider, coleslaw, apple	L	turkey wrap w/veggies, fruit salad	L	grilled cheese, potato soup, corn	L	turkey hot dog w/bun, carrots, oranges
		Ges Felferes beams		and the second s	T		T	g, paras soup, com	1	and the second s
	PM:	mini rice cake, pineapples	PM:	cottage cheese, saltines	PM:	chex mix, dried fruit	PM:	granola bar, mangos	PM:	fruit smoothie, club crackers
		, p					1	gg	1	, , , , , , , , , , , , , , , , , , , ,
Week		Monday 11		Tuesday 12		Wednesday 13		Thursday 14		Friday 15
Three	B:	cereal, bananas	B:	cinnamon bun, strawberries	B:	waffles, pears	B:	oatmeal, apples	B:	fresh muffins, blueberries
								,,		.,
	AM:	fruit yogurt, graham cracker	AM:	cheese slices, wheat thins	AM:	pepperoni, ritz	AM:	guacamole, pita bread	AM:	cottage cheese, tortilla chips
	L:	chicken yakisoba w/veggies, peaches	L:	veg enchilada, rice, grapes	L:	chicken coconut curry, rice, mandarin	L:	mac n' cheese w/turkey, pea & carrot,	L:	spaghetti w/meat sauce, green bean,
								pear		mix fruit
	PM:	snap pea crisps, raisins	PM:	watermelon, saltines	PM:	belvita, pineapple	PM:	nutrigrain bar, mango	PM:	fruit smoothie, goldfish
Week		Monday 18		Tuesday 19		Wednesday 20		Thursday 21		Friday 22
Four	B:	cereal, pineapple	B:	pancakes, blueberries	B:	cream of wheat, strawberries	B:	french toast, bananas	B:	fresh muffins, cranberry
	AM:	fruit yogurt, graham cracker	AM:	string cheese, club cracker	AM:	cream cheese, wheat thins	AM:	turkey slice, ritz	AM:	french onion dip, carrots
	L:	chicken pot pies, mix veg, melon	L:	vegetarian sloppy joes, corn, apples	L:	grilled cheese, broccoli cheddar soup,	L:	hot dog cornbread casserole, apples,	L:	pasta salad w/chicken, mix veg, pears
						grapes		green beans	1	
	PM:	fresh popcorn, peaches	PM:	rice cakes, oranges	PM:	ham slice, cheez-its	PM:	cottage cheese, saltines	PM:	fruit smoothie, goldfish
							4		4	
Week		Monday 25		Tuesday 26	1	Wednesday 27	4	Thursday 28	4	Friday 29
Five	В:	cereal, blueberries	B:	cinnamon toast, bananas	В:	oatmeal, raspberries	B:	english muffin w/butter, oranges	B:	fresh muffins, strawberries
		f'44 1		i_i_ii	1	h	+	Laurana akina	1	
	AM:	fruit yogurt, graham cracker	AM:	pepperoni slices, saltines	AM:	hummus, pita bread	AM:	banana chips,	AM:	granola bar, raisins
	7	teriyaki meatball, rice, pineapple,		green chili pork, rice, grapes		beef stroganoff, mix veggies, peaches	-	bbq chicken quesadillas, corn, pears	+	fettucini alfredo w/broccoli, mix fruit
	L:	green bean	L:	green einir pork, rice, grapes	L:	locci strogation, mix veggies, peaches	L:	boq emeken quesaumas, com, pears	L:	rettuenn anreuo w/broccon, mix ffuit
	DM.	cheez-its, applesacue	DM.	animal crackers, melon	DM.	trail mix, dried fruit	DAT.	soft pretzel, cheese dip	DAT.	fruit smoothie, pirate booty
	rivi:	cneez-ns, appresacue	rw:	ammai crackers, meion	FM:	uan mix, diled ituit	FIVI:	sort pretzer, encese trip	FIVI:	Tun smootine, phate booty