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| http://phibrows.com/wp-content/uploads/2014/05/phibrows-logo.png **DELISH BEAUTY - MICROBLADING**   * 504 N 1600 E   Tremonton, UT 84337   * 310-362-6484 Heidi@delishbeauty.net |

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**BEFORE CARE**

* **DO NOT** work out the day of the procedure.
* **DO NOT** tan or have sunburned face.
* **DO NOT** take Aspirin, Niacin, Vitamin E or Ibuprofen 24hrs before procedure.
* No alcohol or caffeine on the day of the procedure.
* No waxing or tanning 3 days before.
* Please note that you will be more sensitive during your menstrual cycle.

**AFTER CARE**

* **First day** (**dry, normal skin**): Rinse the eyebrows with warm water and neutral soap, (baby wash) without stretching the skin. Circle gently on the eyebrows until clean skin is felt under the fingertips. After rinsing, apply a thin layer of skin candy. The first process of rinsing and application should be done half an hour after the treatment. During the day this process should be repeated 3-5 times.
* **First day** (**oily skin**): Rinse the eyebrows with warm water and neutral soap, (baby wash) without stretching the skin. Circle gently on the eyebrows until clean skin is felt under the fingertips. Repeat 3-5 times during the first day and this completes the post-treatment process for oily skin.
* Over the next 7 days apply a thin film 2-3 times a day; do not wash with neutral soap anymore that is only the first day.
* **Avoid any other face creams, all make up including foundation in the eyebrow area. Avoid workouts that involve sweating, sauna, facial massage and steaming. No Brow tint for 4 weeks.**
* Make up may be applied after one week.
* No brow tint for 4 weeks after treatment.
* Sleep on your back the first 4 nights to prevent uneven color from developing due to blood flow.

**PLEASE NOTE**

**Eyebrows will appear 40% darker and 10-15% larger due to swelling, natural scabbing, and healing for up to 7 days. This is very common for all permanent cosmetic procedures.**

Permanent makeup **IS NOT** recommended for any clients who are or have:

* Pregnant or nursing
* Diabetic
* Undergoing Chemotherapy (consult your doctor)
* Viral infection and/ or diseases
* Epilepsy
* A Pacemaker or major heart problems
* Had an Organ transplant
* Skin irritations or Psoriasis near treated area (rashes, sunburn, acne, etc…)
* Sick (cold, flu, etc…)
* Had Botox in the past 30 days
* Used Accutane in the past year