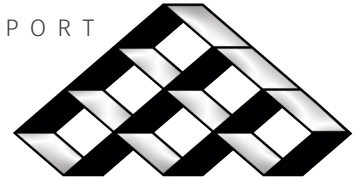


COASTAL-FMC CURRENTS

NEWS AND HAPPENINGS FOR COASTAL & FMC TRANSPORT

ISSUE 65



Katie Montgomery, Editor | September 2022 | www.coastal-fmc.com

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COASTAL-FMC ACKNOWLEDGES DRIVERS DURING 2022 NATIONAL TRUCK DRIVER APPRECIATION WEEK

FROM STAFF | [KIM.R@COASTAL-FMC.COM](mailto:kim.r@coastal-fmc.com)

In honor of National Truck Driver Appreciation Week, Coastal Energy-FMC Transport, along with American Trucking Associations and the entire trucking industry, is thanking the millions of professional truck drivers who work every day to deliver America's freight safely and securely to provide for our communities.

"I want to personally thank you for your hard work, commitment, and sacrifice in ensuring our haz-mat freight is delivered safely and professionally each and every day," said Erik Montgomery, vice president of FMC Transport. "Every week should be Driver Appreciation Week in our opinion! We take this week to celebrate America's professional truck drivers for one of the country's most demanding jobs. Thank you again for being a member of the FMC Transport family and transporting our materials every day safely and securely across the Midwest."



FMC Transport says thank you to all of its drivers in honor of the upcoming National Truck Driver Appreciation Week.

National Truck Driver Appreciation Week, September 11-17, 2022, will mark a special celebration of America's Highway Heroes and pay tribute to all that professional truck drivers have done to help carry America through the coronavirus pandemic and keep our economy and communities moving forward. Often, this meant sacrificing their own health and wellbeing, or that of their families at home. As essential workers, the efforts and contributions of frontline truck drivers are deserving of America's gratitude and appreciation. When the world stopped, they kept moving!

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To honor their own drivers and drivers across the country, FMC Transport will be delivering gifts of appreciation to each of the 55-plus drivers it employs.

There are more than 3.6 million professional truck drivers nationwide that deliver the goods and products our communities need. Everything from the food on the shelves in grocery stores, to the medical equipment in hospitals – 70% of America's freight tonnage is annually delivered by truck, which amounts to over 10 billion tons. These professional men and women log over 400 billion miles every year and roughly, 80 percent of U.S. communities depend solely on the trucking industry as the only method to receive their goods and commodities. Professional truck drivers keep this country moving forward.



FMC Transport requests that all Americans take a few moments this week to recognize the significant contributions and sacrifices of our professional truck drivers. The efficiency and safety that truck drivers provide allow businesses and American citizens to confidently and safely ship goods across state lines and to every corner of the country – which our economy fully depends on.

To learn more about how essential truck drivers are to their communities and the economy, or for more information on NTDaw 2022, please visit www.ntdaw.org.

FMC Transport is a common carrier of petroleum-based products, including gasoline/diesel, ethanol, biodiesel, asphalt/emulsions, and LPG. With 24/7 on-call dispatch, FMC Transport is committed to customer service. We provide on-time delivery with dedicated equipment for each product, with over 100 trucks servicing accounts across the Midwest.

MANAGEMENT UPDATE: VEHICLE CLEANLINESS

FROM ERIK MONTGOMERY | ERIK@COASTAL-FMC.COM



he meaning of clean:

1. The act of removing dirt or something undesirable.
2. To rid of dirt, rubbish, or impurities.
3. The job or activity of keeping a place clean.

The phrase "Cleanliness is next to Godliness" stresses on the need for cleanliness in humans. It promotes the adoption of clean habits and hygiene by the people.

Meaning of respect:

1. A particular aspect, point, or detail.
2. Admire deeply, as a result of ability, quality, or achievement.

Meaning of property:

1. A thing or things that belong to someone.
2. Ownership.

Meaning of performance:

1. The action(s) or process of carrying out or accomplishing an action, task, or function.

We have been seeing an increase in issues with regard to the transportation equipment belonging to the company and the way we

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are seeing this equipment being treated on a daily and weekly basis. Over the last few years, we have worked very hard to upgrade our equipment, with many of our drivers placed in newer trucks with new trailers. This has been a hard struggle for the company, due to the increasing cost of equipment and the new technology that has also been a part of any new purchase.

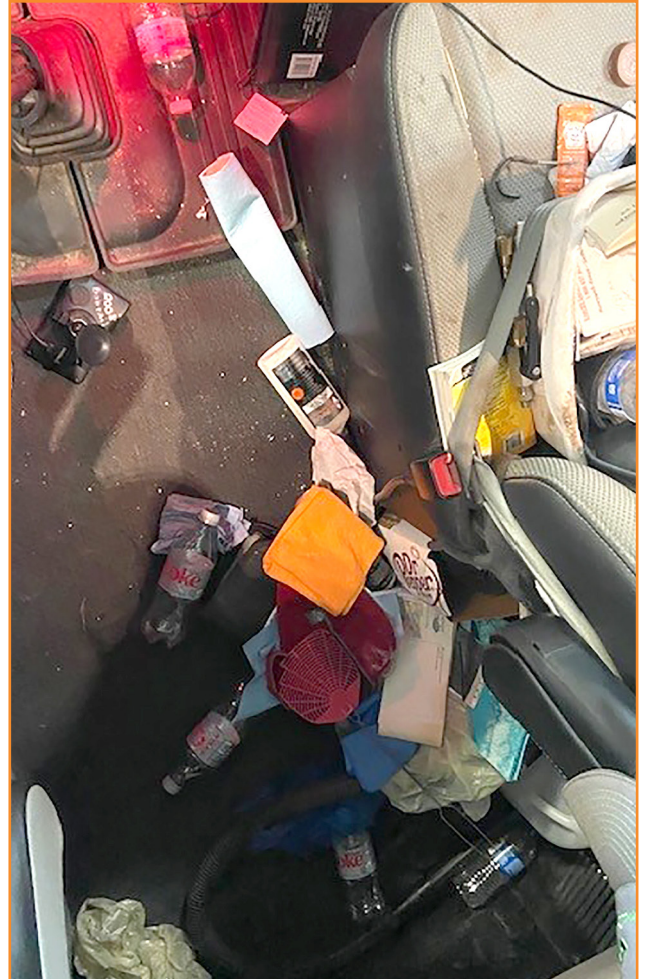
I am sure some may not realize that with any new technology, there is much more to this than just the purchase to keep these units up and running. The company spends funds daily on programs, parts, software, and tools so we can work on these units as they need any type of repairs. We are also seeing outside costs increase on any work done to equipment due to these new changes in our industry.

We attempt to wash all the units on a weekly basis if possible, and I personally check units as they arrive into our yard for visual inspections. We have discussed issues before, and it is time to address the issue once again. This message isn't for everyone, but those who need to see this already know to whom I am speaking.

This morning, we had a unit dropped off in our shop for repairs. Unfortunately, parts are back-ordered for this repair, so this unit has sat here for over a week waiting for these repairs in our shop. The driver was able to get into a spare unit while waiting. As we pulled this unit in the shop, I was notified to please look this unit. The photos below are what we found upon inspection. The photos are from a brand-new truck that came in for repairs, not an older unit or spare truck.

This type of behavior will not be tolerated within the company, and we cannot have our equipment being treated like this. We will meet personally with anyone who leaves equipment with such issues. Effective immediately and going forward, any such issue will be reviewed and will be discussed toward your performance review with management and safety. The driver will have to clean the truck on their own personal time and we will re-inspect.

My newsletters are usually updates and better topics; however, this is something that needs prompt attention and there is no excuse for this level of lack of respect from individuals within the company.



The above photos are from one of FMC's newest trucks that was brought into the shop recently.



Don't forget the
Fall Company BBQ!

SEPTEMBER 17
AT 5:00 PM



Pine Meadows Venue
1449 State Route 76
Willow Springs, Missouri

About the concert

Nashville-based Haley & Michaels are the country-pop singing and songwriting duo of Shannon Haley and Ryan Michaels, recognized for their strong, blended vocal harmonies. Both Bay Area natives of California, they met in Nashville, found they shared common influences in Garth Brooks and James Taylor, and wrote the song "The Price I Pay" together. Released as their debut single in 2013, its music video found attention on the Internet and led to awards including Artist of the Year from the Nashville Independent Music Awards. Their self-released eponymous debut appeared in the fall of 2014 and included the song "Just Another Love Song," which was co-written by Lonestar's Richie McDonald, who also sang on the single. The couple married in the spring of 2015 just as their wedding ballad "Giving It All (To You)" was hitting the country song charts. In early 2018, Hickory Records announced the signing of Haley & Michaels, releasing the single "All Out" in the process.

We'll see you there!

FMC PARTICIPATES IN FREEDOM DRIVERS PROJECT

FROM STAFF | KIM.R@COASTAL-FMC.COM



FMC employees pictured with the Freedom Drivers Project trailer are, from left, Gary Picard, James Sullivan, and Gary Roberts.

FMC Transport partnered with the Missouri Department of Transportation and Truckers Against Trafficking (TAT) to bring the Freedom Drivers Project to Missouri.

The traveling exhibit was at the Missouri State Fair in Sedalia Aug. 18 through Aug. 21. The exhibit was located next to the grandstand on the fairgrounds.

Gary Picard, safety director for FMC Transport, said the company has been involved with Truckers Against Trafficking since 2016. All transport drivers who are new to the company receive training on recognizing human trafficking. Drivers also have door stickers and informational cards to carry in their wallets.

FMC Transport picked up the traveling exhibit from the Iowa State Fair on Aug. 13 and transported it to Sedalia Aug. 17. It was parked at Bear Crossing Truck Wash & Tire Center near the south junction while it was in Willow Springs.

Picard explained the company knew local individuals who were involved in stopping human trafficking and saw an avenue to help.

"It really hit home for some of our drivers, especially the ones with kids and grandkids," said Picard. At a recent online Missouri Motor Carriers meeting, a MoDOT representative said she needed a carrier to volunteer to bring the traveling exhibit to Missouri and Picard volunteered.

"Human trafficking remains a growing concern in Missouri, particularly along the transportation corridors," MoDOT Director Patrick McKenna said in a press release. "That makes uniting the efforts of everyone driving the interstates of vital importance in combatting this rapidly expanding criminal enterprise."

A first-of-its-kind mobile exhibit, the Freedom Drivers Project is a premiere tool in educating the public about the realities of domestic trafficking and how the trucking industry is combating it. FMC Transport played an important role in bringing the trailer to the Missouri State Fair, MoDOT said in its press release.



To prepare for the Missouri State Fair, the Freedom Drivers Project truck received a wash at Bear Crossing Truck Wash & Tire Center in Willow Springs.

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In 2018, Director McKenna signed the Transportation Leaders Against Human Trafficking pledge, committing MoDOT to providing specialized training to employees about the common indicators of human trafficking and how to report potential cases while raising public awareness of human trafficking issues impacting our state and nation.

"Education and public awareness are just two things we can do to help eliminate human trafficking," McKenna said. "Because our jobs carry us to all four corners of the state, MoDOT, the Highway Patrol, and our commercial trucking allies serve as the eyes to recognize and the voice to report suspicious activity along some of the busiest transportation hubs in the country. This exhibit is one more important tool to raise public awareness of human trafficking issues impacting our state and nation."

For more information about MoDOT's efforts to "Put the Brakes on Human Trafficking," go to modot.org/fighthumantrafficking or contact the MoDOT Human Resources office at 573-526-7644.

FMC Transport is a common carrier of petroleum-based products, including gasoline, diesel, ethanol, biodiesel, asphalt/emulsions, and liquified petroleum gas. FMC provides on-time delivery with dedicated equipment for each product and more than 100 trucks servicing accounts across the Midwest. More information on the company is available at coastal-fmc.com.

Picard added that he hopes that by bringing the trailer to the Missouri State Fair this will encourage law makers to require that all Commercial Motor Vehicle Drivers receive mandatory training in Missouri as Kansas and Arkansas already have.



NATIONAL BRATWURST DAY

**August 16 was
National Bratwurst Day.
Coastal-FMC celebrated in
our favorite manner...EATING!!
Who doesn't like a good
cookout and a good brat?
Pictured at left are Clinton
crew members enjoying
a cookout. Below, Willow
Springs employees gathered
in the FMC shop.**



CELEBRATING CHOCOLATE CHIP COOKIE DAY

FROM STAFF | KIM.R@COASTAL-FMC.COM

Fun was had all around as the home office celebrated Chocolate Chip Cookie Day on Thursday, August 4, with a cookie-baking contest. Several participated, with Brenden Ferguson and Kim Rich tying for first place and each winning a \$50 Amazon gift card. The other participants each won a \$20 gift card to Subway. Their recipes are below.

Chocolate Chip Cookies

Brenden Ferguson

½ cup Crisco
¾ cup sugar
¾ cup brown sugar
1 tsp. vanilla
2 eggs
2 ¼ cups flour
1 tsp. baking soda
1 tsp. salt
1 package semi-sweet chocolate chips

Cream Crisco and sugars. Add eggs and vanilla, then beat until creamy. Add flour, salt, and baking soda. Mix until just combined. Place on greased baking sheet by teaspoon. Bake 8 minutes at 350 degrees.



Brenden Ferguson tied for first place in the bake-off, winning a \$50 Amazon gift card.

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Participating in the cookie bake-off were, from left, Kyla Dixon, Kristen VanWinkle, Debbie Malkowski, and Kevin Osborn.

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The Ultimate Chocolate Chip Cookie

Kim Rich

¾ cup butter-flavored Crisco
1 ¼ cups firmly packed brown sugar
2 tbs. milk
1 tbs. vanilla
1 egg
1 ¾ cup all-purpose flour
1 tsp. salt
¾ tsp. baking soda
1 cup dark chocolate chips (Ghirardelli preferred)

Heat oven to 375. Combine Crisco, brown sugar, milk, and vanilla in a large bowl. Beat at medium speed of electric mixer until smooth and creamy. Beat egg into creamed mixture. Combine flour, salt, and soda into sifter, and sift flour into creamed mixture until blended. Stir in chocolate chips. Drop rounded tablespoons of batter (approximately 2 tbs.) about 3 inches apart on ungreased baking sheet. Bake for 8 to 10 minutes for tender cookies. (Cookies will appear moist. Do not over bake. For best cookies, bake until barely golden at peaks.) Or bake 11 to 13 minutes for crisp cookies. Cool on baking sheet for 2 minutes. Remove to platter. Yield: about 2 ½ dozen cookies.



Kim Rich also tied for first place in the bake-off.

Lady Di's Chocolate Chip Cookies

Kevin Osborn

1 1/3 cups shortening	2 cups sugar
1 cup brown sugar	4 eggs
4 ½ cups flour	2 tsp. baking soda
2 tsp. salt	4 tsp. vanilla
2 cups chopped nuts	1 (12-ounce) package chocolate chips

Cream shortening with sugars. Beat eggs and add to mixture. Sift dry ingredients together and add to creamed mixture; stir well. Add vanilla, nuts, and chocolate chips; mix well. The dough should be fairly stiff. Place by teaspoonfuls about 2 inches apart on cookie sheet. Bake 10 to 12 minutes at 350. You can use peanut butter chips, chocolate caramel swirl chips, etc.

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Chili Cookoff

We will be having a chili cookoff with prizes awarded at Willow, Miller and Clinton! Dig out your favorite chili recipe and get ready!

Date: October 28th

Votes will be cast by your peers.

Mmmmm Mmmmm Good!

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Original Nestle Toll House Chocolate Chip Cookies

Debbie Malkowski

2 ¼ cups all-purpose flour	1 tsp. baking soda
1 tsp. salt	1 cup butter, softened
¾ cup granulated sugar	¾ cup packed brown sugar
1 tsp. vanilla extract	2 large eggs
2 cups Nestle Toll House semi-sweet chocolate chips	1 cup chopped nuts
¼ tsp. almond extract	
Flaky sea salt on top before baking	

Preheat oven to 350 degrees Fahrenheit. Combine flour, baking soda, and salt in small bowl. Beat butter, granulated sugar, brown sugar, and vanilla extract in a large mixer bowl until creamy. Add eggs, one at a time, beating well after each addition. Gradually beat in flour mixture. Stir in morsels and nuts. Drop by rounded tablespoon onto ungreased baking sheets.

Bake for 9 to 11 minutes or until golden brown. Cool on baking sheets for 2 minutes; remove to wire racks to cool completely.

Tips:

- May be stored in refrigerator for up to 1 week or in freezer for up to 8 weeks.
- Pan cookie variation: Grease 15 x 10-inch jelly-roll pan. Prepare dough as above. Spread into prepared pan. Bake for 20 to 25 minutes or until golden brown. Cool in pan on wire rack. Makes 4 dozen bars.
- Slice and bake variation: Prepare dough as above. Divide in half; wrap in waxed paper. Refrigerate for 1 hour or until firm. Shape each half into 15-inch log; wrap in waxed paper. Refrigerate for 30 minutes. Preheat oven to 375 degrees Fahrenheit. Cut into ½-inch-thick slices; place on ungreased baking sheets. Bake for 8 to 10 minutes or until golden brown. Cool on baking sheets for 2 minutes; remove to wire racks to cool completely. Makes about 5 dozen cookies.
- For high-altitude baking (5,200 feet): Increase flour to 2 ½ cups. Add 2 tsp. water with flour and reduce both granulated sugar and brown sugar to 2/3 cup each. Bake drop cookies for 8 to 10 minutes and pan cookie for 17 to 19 minutes.

Chocolate Chip Cookies

Kyla Dixon

1 cup unsalted butter (16 tbs.), softened	½ cup granulated sugar
1 cup light brown sugar, tightly packed	2 large eggs, room temperature
2 tsp. vanilla extract	1 tsp. baking soda (sifted)
3 cups all-purpose flour (<i>Sift flour, then spoon into measuring cup. Do not pack. Level with knife.</i>)	1 tsp. salt
	2 cups semi-sweet or milk chocolate chips

Preheat oven to 350 degrees Fahrenheit. Line a cookie sheet with parchment paper. In bowl, combine 2 sticks of butter, 1 cup packed brown sugar, and ½ cup granulated sugar. Beat for 5 minutes on medium/high speed until creamy and light, scraping bowl as needed.

Add eggs, one at a time, beating well with each addition. Scrape bowl as needed, then beat in 2 tsp. of vanilla. In separate bowl, combine sifted flour, 1 tsp. salt, and 1 tsp. baking soda (sifted as well). Add flour mixture to the creamed butter in thirds, mixing to incorporate each addition. Fold in 2 cups of chocolate chips.

Use cookie scoop to make each cookie 1.5 tbs. Place scoops on lined pan about 2 inches apart. Bake immediately or refrigerate until ready to bake. Bake cookies for 11 minutes or until "shine" is gone from top of cookies. Edges will be golden brown. Tops will not look done, but they are.

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***Please share your work-related or family photos with the rest of the Coastal-FMC team.
Email photos to kim.r@coastal-fmc.com.***

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Caramel-chocolate chip cookies

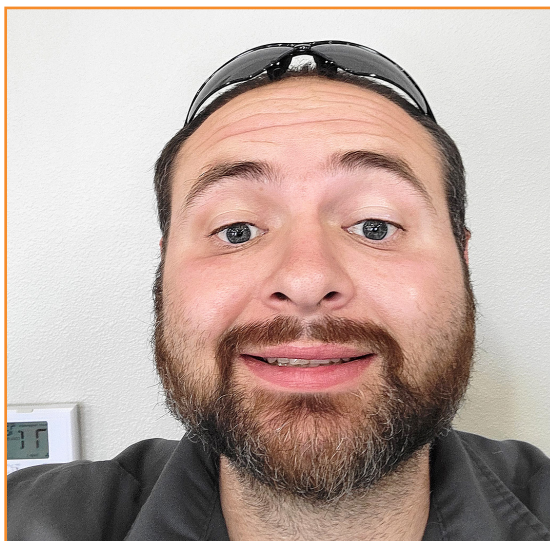
Kristen VanWinkle

3 cups flour
1 tsp. salt
1 cup unsalted butter, softened
2 large eggs
2 cups chocolate chunks

1 tsp. baking soda
1 $\frac{3}{4}$ cups brown sugar
 $\frac{1}{4}$ cup white sugar
2 tsp. vanilla extract
1 cup caramel baking bits

Preheat oven to 350 degrees, and sift together the flour, baking soda, and salt in a large bowl. In a stand mixer, beat the brown sugar, butter, and sugar until lightened and creamy (2-3 minutes), then add the eggs and vanilla until fully combined.

Add the flour mixture until just combined, then fold in the chocolate and caramel chips. Scoop in 2 tbs.-sized balls and bake for 13-15 minutes until golden brown.



Immanuel Ward

NEW HIRE - IMMANUEL WARD

POSITION: BEAR CROSSING, TRUCK WASH



rior to joining the team at Bear Crossing Truck Wash & Tire Center, Immanuel worked for 10 years at Caterpillar. He has a son and enjoys anything outdoors. He also enjoys family time and farming.

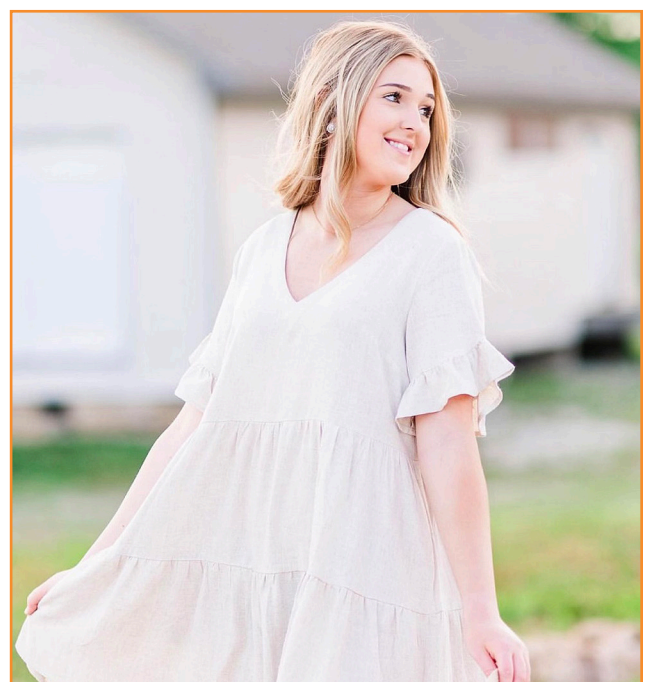
NEW HIRE - BRYNNA BARNES

POSITION: BEAR CROSSING, FRONT SECRETARY, NIGHT SHIFT



ryanna joins the Bear Crossing family after spending time working for Vintage Floral and Town & Country. Her family includes her mom, Melissa Eggert; stepdad, Allen Eggert; and dad, William Barnes.

Brynna's hobbies include tennis (she played in high school), plus shopping or spending time with friends and family.



Brynna Barnes

NEW HIRE - STACY YOUNG

POSITION: FMC DISPATCH

Stacy worked in transportation for about 26 years prior to coming to Coastal-FMC. She worked 10 years as a logistics manager at Intercity Direct in Lexena, Kansas, servicing the Polaris account. Prior to that, she owned her own freight brokerage for about five years. Her transportation experience also includes dry van, reefer, flatbed, heavy haul, intermodal, and expedited freight.



Stacy Young

She was born and raised in Kansas City and has three other siblings. She and her sister moved to Cabool almost a year ago. Stacy's hobbies include storm chasing, rock hounding, fishing, gardening, and natural medicine.



Kyla Dixon and son Sutton

NEW HIRE - KYLA DIXON

POSITION: FMC DISPATCH, CUSTOMER SERVICE

Kyla has healthcare as a CNA since age 20. "So coming to work at FMC is a huge change for me, but I'm super excited to be here!"

She has a 2-year-old son named Sutton Hayes "and he is my absolute best friend," she said.

Kyla's hobbies include working on vehicles, spending time with her son. She also enjoys cooking and baking.



Daniel Williams

NEW HIRE - DANIEL WILLIAMS

POSITION: CLINTON FACILITY, PLANT OPERATOR

Before coming to Coastal Energy, Daniel worked for Express Personnel doing odd jobs for the past three years. He also worked at Lucky Star Casino, dealing poker and Black Jack for nine years.

He has been married to wife Victoria for 14 years. They have three children – Kenneth, Sophia, and Cooper.

His hobbies include fishing, playing cards, and listening to music on Spotify, as well as playing Nintendo Switch with his kids.



**The Montgomery family - Erik, Katie, Sydney, and Sophie - along with Susan James
headed to Nashville, TN for the USA National Clogging Championships
over Labor Day Weekend**



SEPTEMBER-OCTOBER BIRTHDAYS

September

September 1 – Bruce Batesel

September 3 – Victoria Bledsoe

September 6 – Michael Goatcher

September 10 – Matthew Alcorn

September 24 – Brenda Montgomery, Lynn Sweetwood

September 26 – Tony Craig

September 29 – John Patton

October

October 5 – Roger Blevins

October 6 – Martin Beljean

October 7 – Ryan Poe

October 9 – Bill Joslin

October 11 – Tyler Carr

October 14 – Brenden Ferguson

October 16 – Harold Metcalf

October 17 – Daren Rust

October 24 – Mark Wise

October 31 – Debbie Malkowski, Matthew Shields

FMC TRANSPORT FUELING LOCATIONS

Each month, we will feature a list of preferred fueling location as we work to negotiate better fuel savings with various fuel stops. This list will hopefully continue to grow!

1. Miller FMC Transport Fuel Island
2. Sapp Brothers – Harrisonville, MO
3. Love's T/S – Willow Springs, MO
4. Love's T/S – All other locations
5. Casey's Travel Centers
6. Lamarties Travel Center

