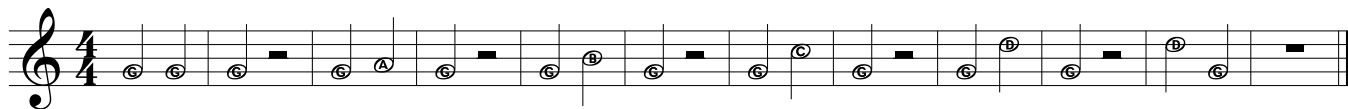


Daily 5-Minute Warm-Ups

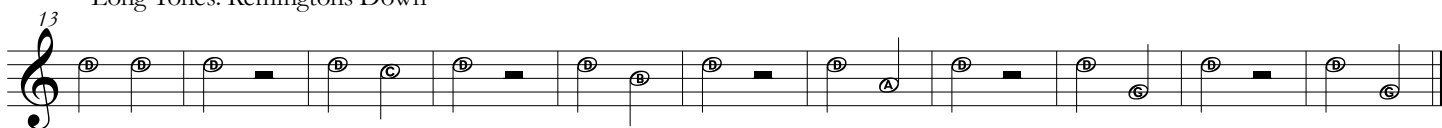
Elementary Band



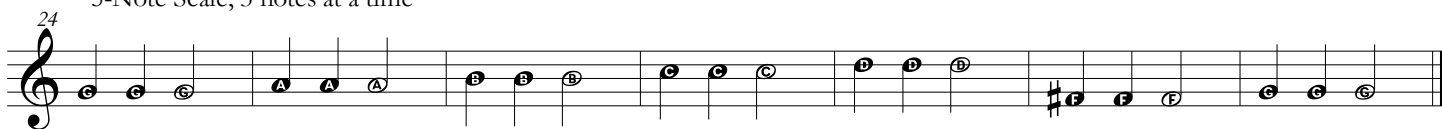
Long Tones: Remingtons Up



Long Tones: Remingtons Down



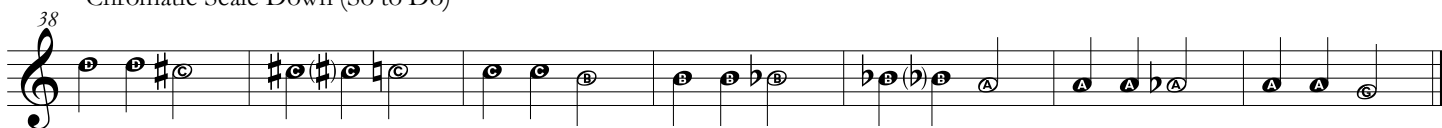
5-Note Scale, 3 notes at a time



Chromatic Scale Up (Do to So)



Chromatic Scale Down (So to Do)



Tonic Patterns (Concert B-flat Do)



Tonic and Dominant Patterns



61

Tonic Subdominant Dominant Tonic

Do Mi So Do Fa La So Fa Re Ti Do Mi So.

Patterns for Improvisation: Use these notes in any order to make your own songs

Long Tones: Remingtons Up



Long Tones: Remingtons Down



5-Note Scale, 3 notes at a time

