

Daily 5-Minute Warm-Ups

Elementary Band

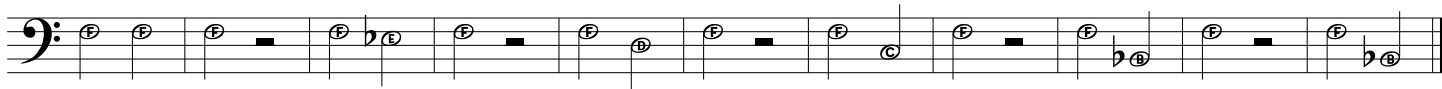


Long Tones: Remingtons Up



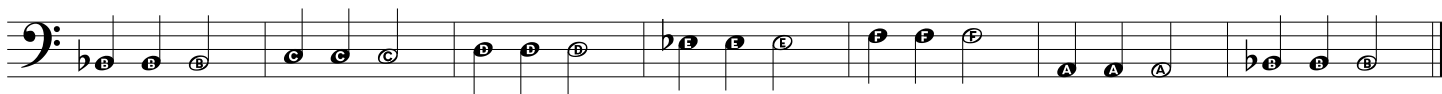
Long Tones: Remingtons Down

13



5-Note Scale, 3 notes at a time

24



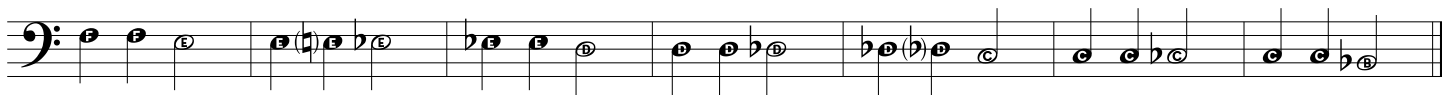
Chromatic Scale Up (Do to So)

31



Chromatic Scale Down (So to Do)

38



Tonic Patterns (Concert B-flat Do)

45



Tonic and Dominant Patterns

53



Tonic

Subdominant

Dominant

Tonic

61



Do

Mi

So

Do

Fa

La

So

Fa

Re

Ti

Do

Mi

So.

Patterns for Improvisation: Use these notes in any order to make your own songs

Long Tones: Remingtons Up

65



Long Tones: Remingtons Down

77



5-Note Scale, 3 notes at a time

88



Chromatic Scale Up (Do to So)

95



Chromatic Scale Down (So to Do)

102



Tonic Patterns (Concert B-flat Do)

109



Tonic and Dominant Patterns

117



Tonic

Subdominant

Dominant

Tonic

125



Do Mi So Do Fa La So Fa Re Ti Do Mi So.

Patterns for Improvisation: Use these notes in any order to make your own songs