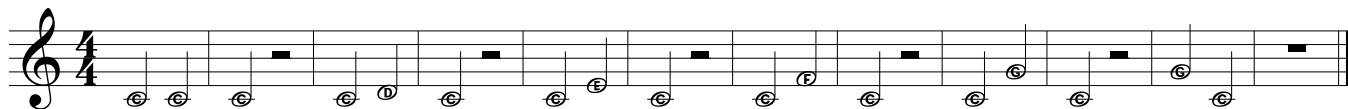


Daily 5-Minute Warm-Ups

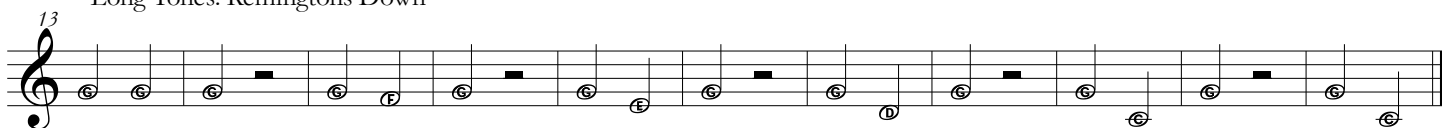
Elementary Band



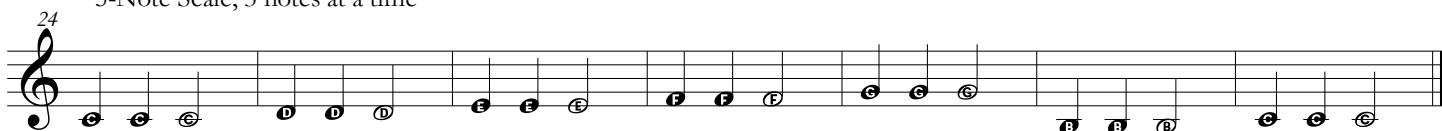
Long Tones: Remingtons Up



Long Tones: Remingtons Down



5-Note Scale, 3 notes at a time



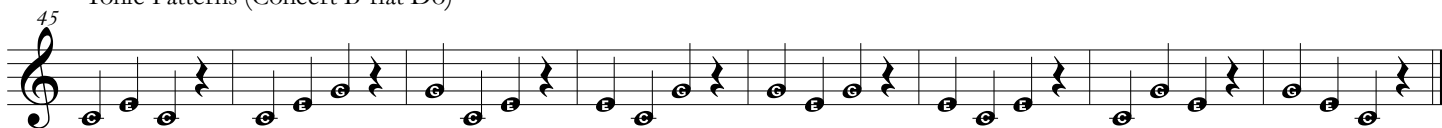
Chromatic Scale Up (Do to So)



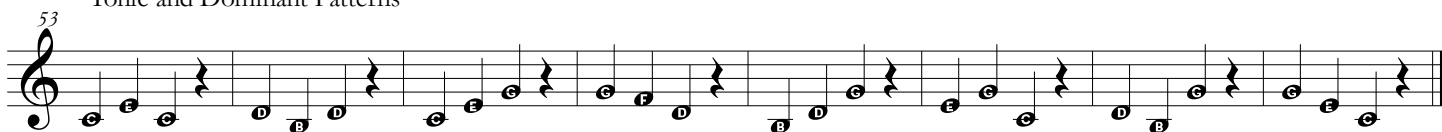
Chromatic Scale Down (So to Do)



Tonic Patterns (Concert B-flat Do)



Tonic and Dominant Patterns



Tonic

Subdominant

Dominant

Tonic



Do Mi So

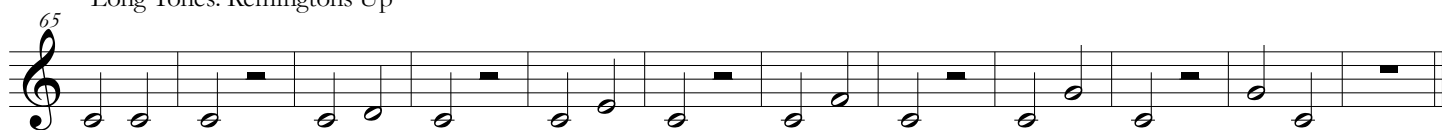
Do Fa La

So Fa Re Ti

Do Mi So.

Patterns for Improvisation: Use these notes in any order to make your own songs

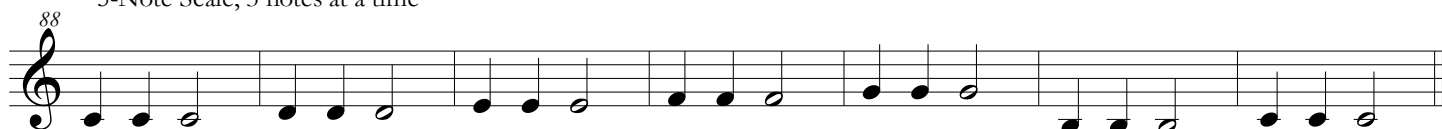
Long Tones: Remingtons Up



Long Tones: Remingtons Down



5-Note Scale, 3 notes at a time



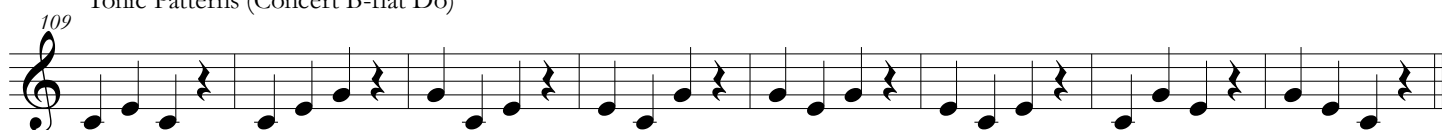
Chromatic Scale Up (Do to So)



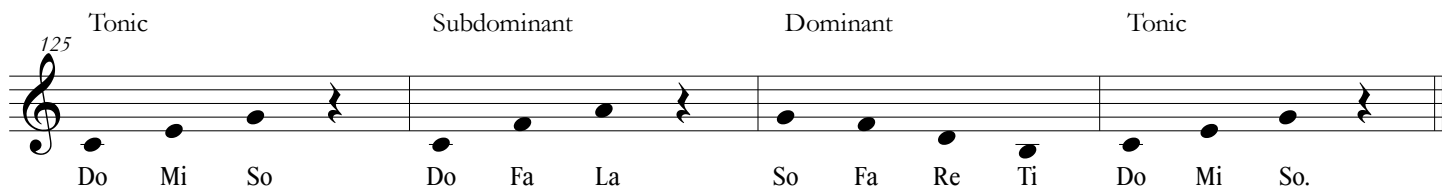
Chromatic Scale Down (So to Do)



Tonic Patterns (Concert B-flat Do)



Tonic and Dominant Patterns



Patterns for Improvisation: Use these notes in any order to make your own songs