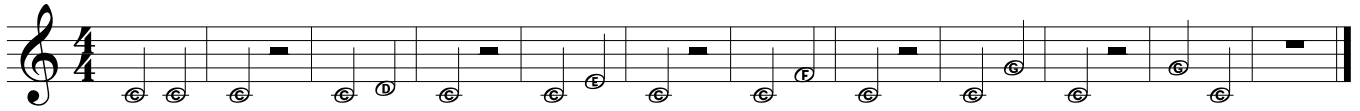


Daily 5-Minute Warm-Ups

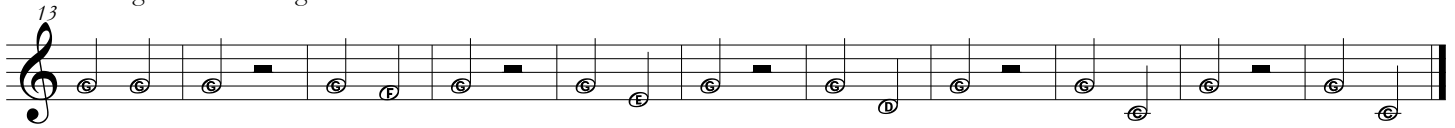
Elementary Band



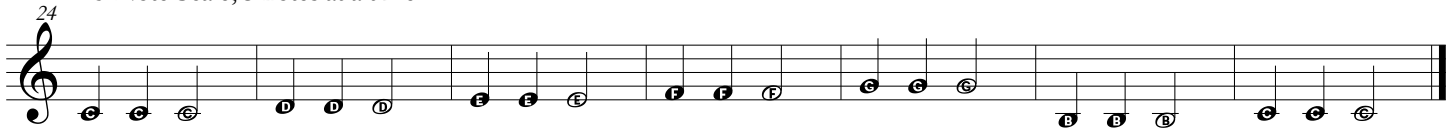
Long Tones: Remingtons Up



Long Tones: Remingtons Down



5-Note Scale, 3 notes at a time



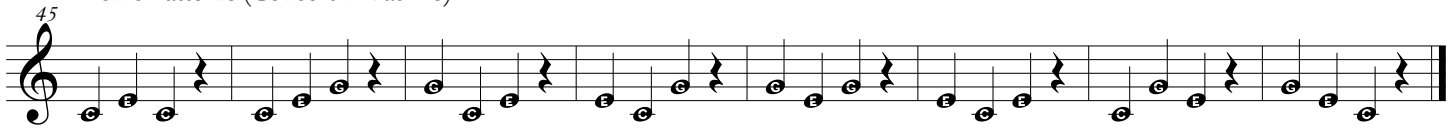
Chromatic Scale Up (Do to So)



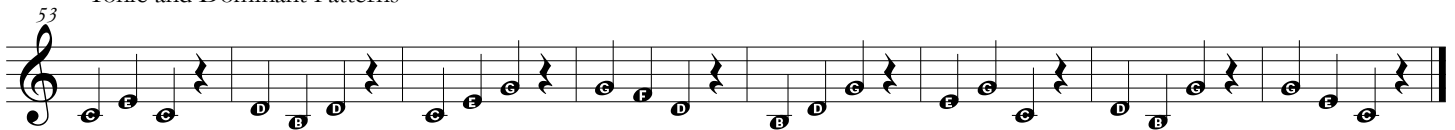
Chromatic Scale Down (So to Do)



Tonic Patterns (Concert B-flat Do)



Tonic and Dominant Patterns



Tonic

Subdominant

Dominant

Tonic

Patterns for Improvisation: Use these notes in any order to make your own songs



Do Mi So Do Fa La So Fa Re Ti Do Mi So.

Long Tones: Remingtons Up

65

Long Tones: Remingtons Down

77

5-Note Scale, 3 notes at a time

88

Chromatic Scale Up (Do to So)

95

Chromatic Scale Down (So to Do)

102

Tonic Patterns (Concert B-flat Do)

109

Tonic and Dominant Patterns

117

Tonic

Subdominant

Dominant

Tonic

125

Do Mi So Do Fa La So Fa Re Ti Do Mi So.

Patterns for Improvisation: Use these notes in any order to make your own songs