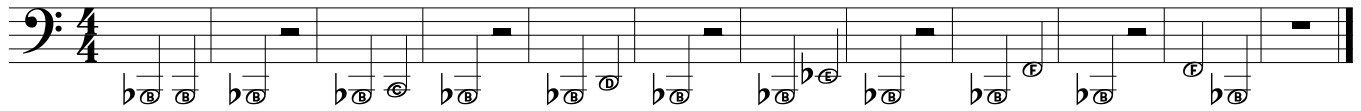


Daily 5-Minute Warm-Ups

Elementary Band

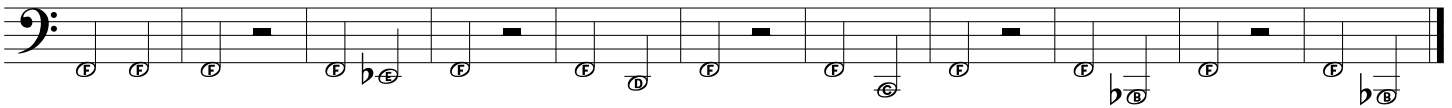


Long Tones: Remingtons Up



Long Tones: Remingtons Down

13



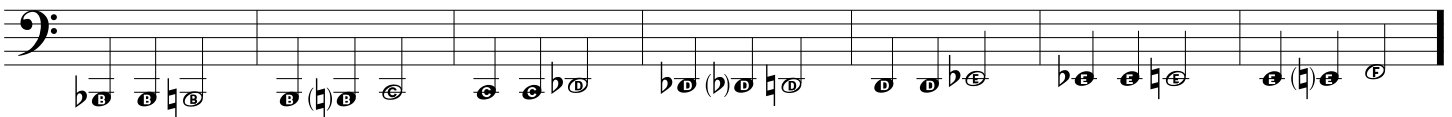
5-Note Scale, 3 notes at a time

24



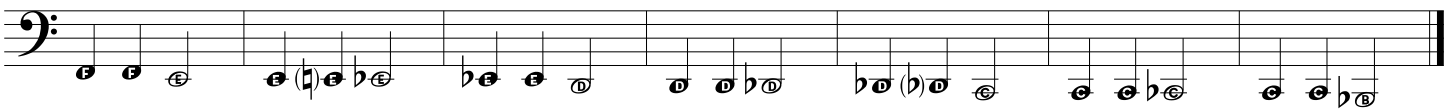
Chromatic Scale Up (Do to So)

31



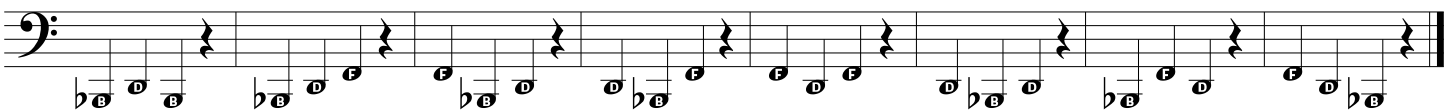
Chromatic Scale Down (So to Do)

38



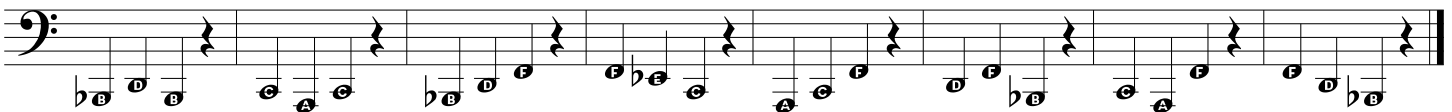
Tonic Patterns (Concert B-flat Do)

45



Tonic and Dominant Patterns

53



Tonic

Subdominant

Dominant

Tonic

61



Patterns for Improvisation: Use these notes in any order to make your own songs

Long Tones: Remingtons Up

65



Long Tones: Remingtons Down

77



5-Note Scale, 3 notes at a time

88



Chromatic Scale Up (Do to So)

95



Chromatic Scale Down (So to Do)

102



Tonic Patterns (Concert B-flat Do)

109



Tonic and Dominant Patterns

117



Tonic

Subdominant

Dominant

Tonic

125



Patterns for Improvisation: Use these notes in any order to make your own songs