

# Daily 5-Minute Warm-Ups

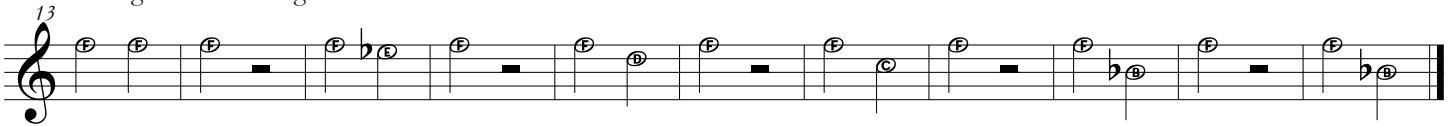
## Elementary Band



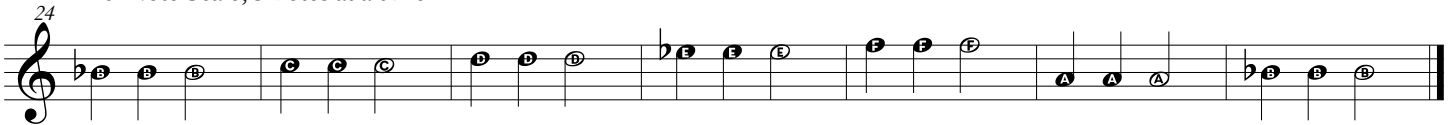
## Long Tones: Remingtons Up



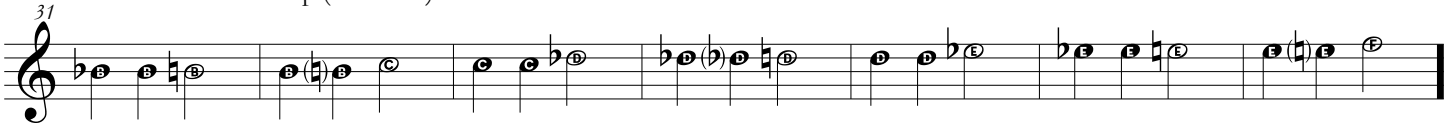
## Long Tones: Remingtons Down



### 5-Note Scale, 3 notes at a time



## Chromatic Scale Up (Do to So)



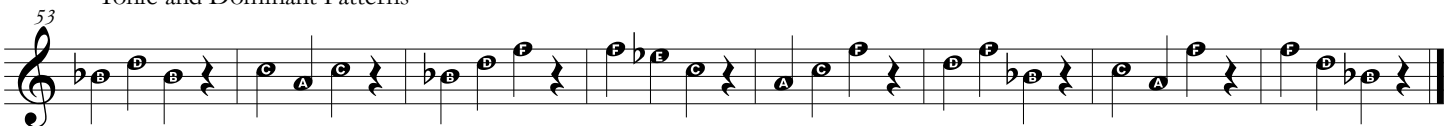
## Chromatic Scale Down (So to Do)



Tonic Patterns (Concert B-flat Do)



## Tonic and Dominant Patterns



Tonic

## Subdominant

## Dominant

Tonic



Do      Mi      So                      Do      Fa      La                      So      Fa      Re      Ti                      Do      Mi      So.

*Patterns for Improvisation: Use these notes in any order to make your own songs*

[illegible][illegible]

88 5 Note Scale, 5 notes at a time



Exercise 88 is a 5-note scale in B-flat major, 5 notes at a time. The notation is on a single staff with a treble clef and a key signature of one flat (B-flat). The scale consists of the notes B-flat, C, D, E, and F. The notes are grouped into five sets of five notes each, with a double bar line at the end.

95 Chromatic scale Up (D<sub>4</sub> to G<sub>5</sub>)

A musical staff in treble clef with a key signature of one flat (B-flat). The scale starts on D4 (two lines below the staff) and ascends chromatically to G5 (two lines above the staff). The notes are: D4, D#4, E4, E#4, F4, F#4, G4, G#4, A4, A#4, B4, B#4, C5, C#5, D5, D#5, E5, E#5, F5, F#5, G5. The notes are grouped in pairs of eighth notes, with a final quarter note G5. The staff is divided into measures by vertical bar lines.

[illegible][illegible]

117 Tonic and Dominant Patterns

The musical notation for measure 117 is written on a single staff in treble clef with a key signature of one flat (B-flat). The measure contains eight eighth notes, each followed by a quarter rest. The notes are: B-flat, D, B-flat, D, B-flat, D, B-flat, and D. This represents a descending eighth-note scale from B-flat to D.

125

Tonic Subdominant Dominant Tonic

Example 125

*Patterns for Improvisation: Use these notes in any order to make your own songs*