

LCK Beauty Life

Pre-appointment instructions and preparation

Things to take in to account before booking you appointment:

All results will vary, and due to individual factors, a final outcome cannot be guaranteed. It is important to understand that you will require touch-ups for maintenance after your initial appointment. You receive one complimentary touch-up with your initial treatment. The pigment will significantly fade within the first 7-10 days after your initial treatment. The “magic” and perfecting of the desired look will happen after initial procedure at the touch up. Additional touch-ups may be required to achieve your desired outcome. If you require additional touch-ups after your complimentary touch-up, this will be in accordance with the touch up timeline quotation, without exceptions.

Please follow below in order to achieve optimal results to your procedure.

You cannot receive a cosmetic tattoo while pregnant as there is a risk of infection.

- Do not have any major beauty treatments to the area for two weeks prior to procedure date. This includes chemical peels, Retin-A etc.
- Do not get Botox at least two weeks prior to your appointment
- Do not get any laser treatments on treated area four weeks prior to your appointment.
- Please do not thread or wax prior to your appointment. It is important to see the natural hair pattern to construct shape.
- Do not take Vitamin E orally two weeks prior to treatment.
- Try not to book your appointment during your period as it can elevate the pain.
- Do not drink alcohol 24 hours before your treatment.
- Do not take Aspirin or Advil/Ibuprofen 24 hours before your treatment.
- Please plan to have your hair washed and clean on day of the treatment as it is advised that you should not get the treated area wet after. This can make showering difficult. Dry shampoo is recommended in the days following for optimal healing.
- If you sweat, plan to avoid working out sweat causing exercise for a week after treatment.
- Please plan to avoid swimming pools, hot tubs and steam rooms for 10-14 days after your treatment.
- You will need to sleep on your back for at least the first week this is to avoid your face from going to the side and rubbing your eyebrow with your pillow.
- If you have rosacea/redness of your skin or have very thin or very sensitive skin, you are likely not an ideal candidate. Please consult your physician.

For eyebrows:

Consider what shape you would like prior. Eyebrows are unique to your face and we will discuss shape, color, arch, length etc. If you wish you may attend your appointment with brows filled in and shaped to your preference. With your preference and professional guidance we will construct eyebrows best for you. Please allow adequate time for your appointment (1.5-3 hrs). Be prepared your eyebrows may be red, swollen and raised for up to 3 days after procedure.

For eyeliner:

Consider what thickness you would like prior. We can always start out thinner and build if you choose.

- Please do not wear contact lenses or please bring a case. It is not recommended to put contact lenses right back in to your eyes after the procedure if possible as there may still be small amounts of pigment remaining until the eye naturally flushes out.
- No mascara will be allowed for 7-10 days after the procedure. Please keep in mind to book a few days in advance if you wish to tint and lift your lashes a few days prior.
- No *Latisse* or lash growth serums for 2 weeks before and after procedure.
- No eye surgeries can be done up to 6 mts before liner tattoo.
- No lash extensions on during time of procedure. Please have them removed before your procedure and keep your 6 week touch up in mind when planning re-application. It is not recommended to have lash extensions re-applied for at least 2 weeks after the procedure.

For Lips:

If you are prone to coldsores, you will need to take an antiviral medication such as Acyclovir (Zovirax).*

*This may be recommended to be taken 3-5 days prior and on a 7-10 day total period.

If you have lip injections please be aware the color retention may not be as high as it normally would without. Please wait 3 weeks after lip injections for any lip tattoo procedures.

No lip implants or lip surgeries can be done in the last 6 mts. Please consult with your physician when safely recommended to proceed with lip tattoo between the period of 6 mts to 1 year.

A few items you may wish to pick up to assist your healing process:

- Dry shampoo to keep your hair clean while you are healing and trying to wet the treated area.
- Facial wipes for make-up and cleansing. You will be trying to clean your face around the treated area without getting it wet.