



A “Noisy Offering” Sundays in March (10, 17, 24, & 31) for Minnesota Food Share

On each Sunday in March, we will have a special offering for Minnesota Food Share month. Bring your coins and let's make a loud noise for those who are hungry in our area.

Over 3 million visits are made to MN food shelves each year.

Nearly one in ten Minnesotans experience food insecurity.

One in eight children in Minnesota struggle with hunger.

Local food shelves can stretch your \$1 into enough food for 2-3 meals.

About 9.5% of Minnesotans
(13.8 % of children) were in poverty in 2017.

Often needed items:

- Proteins—canned meats, fish, and beans, nuts
- Fresh/dried herbs & spices;
White, wild, & brown rice varieties
- Gluten free flours & flower blends
- Personal care items—shampoo/soap, deodorant, toothbrush, feminine hygiene, diapers, toilet paper
- Household supplies—laundry & dish detergent, kitchen & bathroom cleaners, paper towels



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