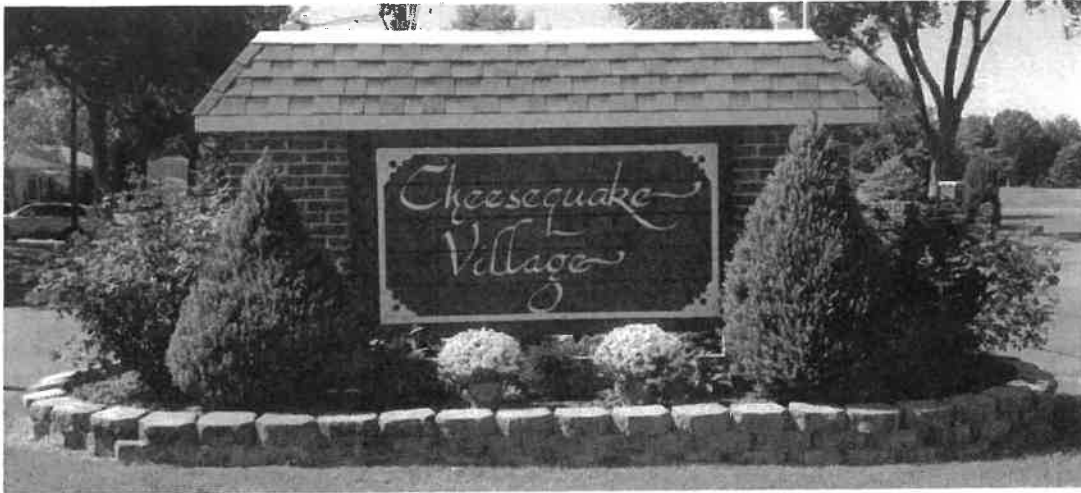


# *Cheesequake Bulletin*

## *JUNE 2025*



Dear Fellow Villagers:

And just like that, it's June.

Summer is in full swing in the Village. The pool is open and, hopefully, the water will warm up so that everyone can enjoy it. Even so, the pool area is ready to enjoy and relax.

As usual, the Activities Committee has been working overtime. As of right now the Committee is planning a "Summer Fling" for June 21. The event will be held in the Clubhouse Ballroom and the DJ who was here for New Year's Eve has been hired for entertainment. The cost will be \$20. More details are inside.

The Board has become aware of issues pertaining to the new Landscape Company. Meetings have been held with the owner of the Company and the 'kinks' will be resolved very soon.

In the meantime, the Maintenance Department has been working diligently (even though we are short a man due to Leon's resignation). Please let us know if you are aware of anyone who would be interested in working full time in the Maintenance Department. We are also looking for someone to power wash. This would be a seasonal job.

The Victory Garden is full. (If you don't have a spot, maybe you could befriend someone who grows more vegetables than they need.)

Again, please remember that when everyone moved into the Village a covenant was signed acknowledging that the lifestyle of the Village is very different from owning your own home. Consideration must be given to all your neighbors. Most people moved here to enjoy this time of life. It is unfair for anyone to have their peace destroyed by undue noise and other issues. While marijuana has been legalized, it affects surrounding neighbors. The same applies to cigarettes. Please consider the affects these recreational items have on your neighbors.

~ Maureen Doloughy, President ~

## **CHEESEQUAKE VILLAGE** **2025 BOARD OF TRUSTEES**

President..... Maureen Doloughy  
maureen13hawaii@yahoo.com  
Vice President..... Ken Rigatti  
kenrigatti@yahoo.com  
Treasurer..... Patricia Smith  
Trustee..... James Nolan  
merlin777.jn@gmail.com  
Trustee..... Jeff Pantelas  
Trustee..... Rich Kubian  
Trustee..... Kevin Garcia

### **CONTACT INFORMATION**

**Main Number: 732-566-6323**

**Email: Cheesequake@verizon.net**

**After Hours Emergency Number:  
732-425-2011**

When calling the emergency number, if no answer, leave a detailed message on voicemail and someone will return your call as soon as possible. **DO NOT CALL** any Trustee at home in an emergency.

### **CHEESEQUAKE VILLAGE OFFICE**

**Office Hours: 8:00AM – 3:00PM.  
(732) 566-6323**

**Copy machine:** Available 9:00 AM - 2:00 PM.

**Notary Public:** Available 9:00 AM- 2:00 PM

with a fee of \$5.00 **by appointment only.**

Certain documents are excluded, so please be sure to check when you call to make an appointment.

**Fax machine is for office use only,  
not for residents.**

If you see the CVA Office phone number on your answering machine, please listen to the message. Be sure you have a current phone number on file with the office.

#### *In Memoriam*

*Charles Corio – May 12, 2025 – 36 Haven Drive*

*If you are aware of someone who has passed away,  
please let the Office know; we will include their name.*

## **TOWNSHIP INFORMATION**

Township Main Number.....732-721-5600  
Police.....732-721-4000  
OBMUA..... 732-566-2534  
Building Code Enforcement..... 732-721-5600  
x 2420  
Recycling..... 732-721-5600 x 6107  
If recycling not picked up.....1-800-488-6242  
Silver Linings.....732-721-5600 x 6600  
Library .....732-721-5600 x 5010  
Food Bank.....732-721-5600 x 2022  
Mayor's Office.....732-721-5600 x 2200

### **UTILITIES**

New Jersey Natural Gas: 1-800-221-0051  
Gas Leak: 1-800-427-5325  
JCP&L: 1-800-662-3115  
Street Light Outage: 1-888-544-4877  
Optimum: 1-732-583-0606  
Fios: 1-800-837-4966  
Suburban Disposal, Inc.:  
If trash not picked up: 1-973-227-7020  
or email: Notifysdimc@gmail.com

**MEALS ON WHEELS:** Will deliver hot meals Mon-Fri for a minimal fee. (732) 607-1582.

**STOP & SHOP PEAPOD:** Home delivery service is now available. To order, call: 1-800-5PEAPOD or go to the web at **www.PeaPod.com**

### **OLD BRIDGE TOWNSHIP BUS:**

Call (732) 721-5600 X 6600 for information and bus service. Also, for disabled seniors 60 or over, by appointment call 1-800-221-3520 Area Wide Transportation. You need to call them; they do not come in without calling.

**SHOP RITE:** Home shopping – register at **shoprite.com**

### **MEMBER MEETING SCHEDULE:**

Next CVA meeting is Thursday, June 19.

## TO THE POINT



### ✓ **Garbage pickup – Tuesday and Friday**

✓ June 5 – Resident's 85+ Luncheon -- 12 Noon

✓ **\$215. maintenance fee as of July 1, 2025**  
**Be sure to adjust your July payment for ZRent**

✓ Summer Fling – June 21  
Clubhouse – \$20. 7 PM – 11 PM  
DJ, BYOB

✓ Put your unit # on recycle bins

✓ Office will be open until 6 PM on June 9 & June 23

✓ Do you have a parking pass?

If you get a new car, do not use your old parking pass. Come into the Office for a new one.

✓ Do not walk in the middle of the street.  
Stay close to the curb.

✓ Signed up for ZRent?

✓ Put the calendar and important phone numbers on your refrigerator for reference.

✓ Do you need to have your dryer vent cleaned?  
Must be done every 5 years. Call the office to confirm the date of the last cleaning if you are unsure.

✓ Call the Police if you see any solicitors in the Village.

✓ Remember to inform your visitors including contractors to use the "V" spots for parking

✓ Lost something outside? Call the Office.

✓ We are accepting cash only for any activities.

✓ Have a question on recycle dates?

Join the Old Bridge Recycling Facebook Group and download the Recycle Coach app. Any changes are posted there.

## **UPCOMING EVENTS**

✓ Look for the Food Trucks – Coming on Wednesdays at the Clubhouse

### **SEPTEMBER**

CVA Talent Show – Come show off your talent

Sign up at Office

We will contact (this summer) for rehearsals or help with your act.



The idea of Father's Day was conceived more than a century ago by Sonora Dodd of Spokane, Washington. Dodd wanted a special day to honor her father, William Smart, a widowed Civil War veteran who was left to raise his six children on a farm.

In 1966, then-President Lyndon Johnson issued a proclamation setting aside the third Sunday in June to honor fathers. Father's Day has been celebrated annually since 1972 when then-President Richard Nixon signed a law making it a permanent national holiday.

#### **FATHERS BY THE NUMBERS**

**72 million:** The estimated number of fathers across the nation.

**29 million:** The number of fathers who were grandfathers.

**24 million:** The number of fathers living in opposite-sex married-couple family groups with children younger than age 18 in 2023.

**2 million:** Of the about 10 million parents living with their children under 18 (with no other parent living with them), 20 percent (2 million) were fathers.

**231,000:** The estimated number of stay-at-home dads in 2023.



Why do golfers carry an extra pair of socks?

In case they get a hole in one!

## **Footsteps in History By CVA Trustee**

**James Nolan**

**Episode 24 – June 2025 –**

### **“We are fortunate to be here”**

“Welcome and congratulations! I am delighted that you could make it. Getting here was not easy; in fact, I suspect it was tougher than you realize... Not only have you been lucky enough to be attached since time immemorial to a favored evolutionary line, but you have been extremely miraculous, even fortunate in your personal ancestry. Consider the fact that for 3.8 billion years, a period of time older than the Earth's mountains and rivers and oceans, every one of your forebears on both sides has been attractive enough to find a mate, healthy enough to reproduce, and sufficiently blessed by fate and circumstances to live long enough to do so. Not one of your pertinent ancestors was squashed, devoured, starved, stranded, stuck fast, untimely wounded, or otherwise deflected from its life quest of delivering a tiny charge of genetic material to the right partner, at the right moment, in order to perpetuate the only possible sequence of hereditary combinations that could result in you!” This excerpt, from Bill Bryson's “A Short History of Nearly Everything,” should give us all pause to be grateful for each moment we are alive. Of Note here, from the poet Horace, “carpe diem” – “seize the day trusting as little as possible in the next one.”



### **WELCOME TO NEW RESIDENTS**

Debra Suarto – 3D Pennsylvania Dr.  
Lou-Ann Porcello – 2D Maine Ct.  
Juliette Zebrowski – 16 Ohio Ct.

## ACTIVITIES



**BINGO:** Come join us on Wednesday, June 4 at 7 PM and Sunday, June 22 at 1:30 PM. Volunteers are needed; call the Office if interested.

**REPUBLICAN CLUB:** No meeting until September.

**DEMOCRATIC CLUB:** Next meeting is Tuesday, June 24 at 7 PM.

**SUNSHINE CLUB:** The Sunshine Club visits our homebound residents especially when they come home from the hospital. If you would like to volunteer, please call Barbara Karlik at (732) 242-9150.



### ZUMBA CLASSES

Monday & Wednesday Nights  
at 6:15 PM in the Clubhouse  
Free to Attend

### AQUA ZUMBA

Tuesdays & Wednesdays:  
June 17 & June 18  
June 24 & June 25  
6:30 PM – 7:20 PM  
Karen Schwenk, Instructor



### RESIDENT'S LUNCHEON 85 YEARS OF AGE OR MORE

You are invited as a guest of the Sunshine Club for a luncheon on Thursday, June 5, 2025 at noon in the Clubhouse. Please RSVP Barbara at (732) 242-9150 by May 29, 2025.

### NO CVA BULLETIN JULY & AUGUST

Activities calendars will be available  
outside of the Office window.

## ATLANTIC CITY BUS



### ATTENTION: ATLANTIC CITY BUS UPDATE

The next AC bus leaves on Wednesday, June 11, 2025 at 10:30 AM. Due to the increase in the bus rates, the price is now \$40. per person. You get \$20. back at the Casino.

**Payments and sign-ups must be made at my home: 57D Galewood Drive.** Check to be made out to "Cash" and please call me before you come.

**347-988-2515 – Elsie**

**There will be no refunds for cancellations.**

Please note: The July AC bus is scheduled for Wednesday, July 2.



### Friday Night Get Togethers in the Clubhouse

Game Night  
June 13 & June 27  
7 – 10 PM

## VOLUNTEER

### COMMITTEE VOLUNTEERS NEEDED

In order to have all the activities we plan, we need volunteers to join the Activities Committee. We meet on the first Thursday of the month at 7:00 PM in the Clubhouse.

Volunteers to deliver the monthly bulletin are also needed.  
Please call the office if you are interested.

## **RECYCLABLES & TOWNSHIP INFO**

### **RECYCLABLES PICK-UP DATES:**

**June 9 & June 23**

**July 7 & July 21**

**August 4 & August 18**

If the recyclable date falls on a Monday holiday, the pickup will be on the following Saturday. Recyclables should be put out the night before, after 4:30 PM. In the Gettysburgs, please place them in the walkway between the cars near the street **and keep them outside, rain or shine**. If recyclables are not picked up, call (800) 488-6242.

**Please follow these rules:**

**DO NOT PUT RECYCLABLES IN PLASTIC BAGS. USE YOUR RECYCLE BINS.**

**RECYCLE ONLY:** Aluminum cans, clean glass bottles and jars, steel and tin cans, plastic bottles with a #1 or #2 on the bottom, newspapers, corrugated cardboard (boxes must be flattened and tied), and mixed paper (magazines, paper, and junk mail).

**ITEMS NOT FOR RECYCLING: PIZZA BOXES, STYROFOAM, ELECTRONICS OR BATTERIES, SHREDDED PAPER, CERAMICS/DISHWARE, PAINT, POTS & PANS, OR PLASTIC BAGS.**

Recyclable buckets can be purchased at the Old Bridge Town Center for \$10.00. New residents (within a year of occupancy) can get them free, if available.

Do not put recyclables in the garbage as there are strict rules about this from the State EPA. Garbage collectors are not allowed to pick up recyclables so please be aware of this.

**White Appliances (microwaves, refrigerators, dishwashers, or stoves):**  
**Schedule pick up for these items at Old Bridge Recycling (732) 721-5600 Ext. 6107 and they will advise of the pickup date, cost, and procedure.**

## **GARBAGE PICKUP INFORMATION**

The garbage pickup days are **TUESDAYS** and **FRIDAYS**. If either day falls on a holiday, then garbage will be picked up on the following pickup day.

**Garbage:** Must be in the green receptacle. Overflow should be on top of receptacle. **Bulk pickup:** Call Suburban Disposal, Inc. (973) 227-7020 or email [Notifysdimc@gmail.com](mailto:Notifysdimc@gmail.com) for further information. Please note there is a charge for this service.

## **IMPORTANT UPDATE**

**MAINTENANCE FEE:** Effective July 1, 2025, the maintenance fee will be **\$215**. It is due the first of each month. No statement is sent unless it has not been paid by the 15<sup>th</sup>, at which time a \$30. late fee is charged. The check must be **received in the Office by the 15<sup>th</sup> of the month to avoid the late fee.** Do not post-date your check.

**If you are still writing a check for the maintenance fee, please make sure your unit address is on the check and print the amount very carefully.**

Call the office and leave a message if you are having difficulty in paying your monthly maintenance fee.

## **\*\* BE MINDFUL OF OTHERS \*\***

Please be considerate of your neighbors and turn down the volume of your TVs, stereos, and radios.

Don't park your cars in the fire lanes too long hindering others from passing or dropping off at their condos.

Dogs should always be on leashes and leashes should be picked up and not left lying on the ground where your neighbors may trip.

Don't walk behind residences either with your dog or just strolling. They are not walkways. You are intruding on the privacy of others.

**BY VISITING ASTEROIDS,  
SCIENTISTS HOPE TO LEARN HOW  
THE EARTH'S SURFACE BECAME  
AN OASIS FOR LIFE, EVEN THOUGH  
THE PLANET FORMED SO CLOSE  
TO THE SUN**

By visiting asteroids in space and sampling them, scientists may help solve an enduring mystery: How did Earth's surface become an oasis for life, even though the planet formed so close to the sun? As it took shape more than 4-5 billion years ago, our home world went through a scorching, hellish youth. Yet here we sit, our pale blue dot sloshing through space as a biological haven that depends on water and carbon.

Some research suggests that despite baking in the inner solar system, the infant Earth's building blocks could have contained enough hydrogen to account for much of our planet's water. But meteorites and impact craters across the solar system point to another, paradoxically violent source of hydration: bombardment by asteroids and comets. So far, missions sent out to small bodies have provided tantalizing hints of these ancient impacts' boosts to Earth's prebiotic chemistry.

The 1,500 grains of Itokawa returned by the first Hayabusa mission show that the asteroid's minerals contain water that looks chemically similar to Earth's. And when the European Space Agency's Rosetta mission became the first spacecraft to orbit and land a probe on a comet, between 2014 and 2016, it revealed that up to a quarter of the comet's mass is made up of organic molecules formed by nonliving processes. It also showed that some of the material brought to an infant Earth may have been especially fragrant: Based on its chemical profile, the comet would smell like a noxious blend of rotten eggs, formaldehyde,

and a horse stable's harsh fumes, with a dash of almond.

Clearly, small bodies aren't bit players in the epic saga of Earth's evolution – they're central characters. But we can't just think in terms of their utility to Earth. If anything, robotic missions have underscored that asteroids and comets are tiny worlds with terrains all their own. These objects cover such a wide range of shapes, sizes, and histories, "it's as if we suddenly have a million new kinds of worlds to explore," says Arizona State University planetary scientist Lindy Elkins-Tanton, who is principal investigator on a NASA mission to explore an oddly reflective, likely metallic asteroid called Psyche.

Beyond their makeup, the diverse movements of small bodies are revealing how important these worlds have been in shaping the star system we all call home.

*Excerpt from National Geographic 2021*



**A Father and Mother Tell  
Their Sides of the Story**

A child asked his father, "How were people born?" So his father said, "Adam and Eve made babies, then their babies became adults and made babies, and so on." The child then went to his mother, asked her the same question and she told him, "We were monkeys and then we evolved to become like we are now." The child ran back to his father and said, "You lied to me!" His father replied, "No, your Mom was talking about her side of the family."

**STREETLIGHT & POWER OUTAGES:**

Call JCP&L at 1-888-544-4877 to report the outage with the street name and the cross street. DO NOT CALL THE OFFICE FOR POWER OUTAGES.

## **HIGHLIGHTS OF THE** **May 15 CVA MEETING**

### **Trustee James Nolan, Regulatory & Compliance:**

Jim welcomed all to the meeting and was the moderator. A salute to the flag was conducted including a moment of silence for the sick, suffering, essential workers, and those serving in the Military. The next open CVA meeting is Thursday, June 19, 2025. The minutes of the April 2025 meeting were read and accepted. A question-and-answer session will be held after the conclusion of the presentation by the Board. Due to the wildfires in California, Jim spoke with the park ranger in Cheesequake Park. The fire wall between the park and the Village is maintained twice a year by cutting the grass. Jim has a handout on how to protect your property from outside fire. Again, he reminded residents to slow down on the roads and to make sure to clean up after your dog.

**Pres. Maureen Doloughty:** The pool opening party will be held on Saturday, May 24 with rain dates of the 25<sup>th</sup> and 26<sup>th</sup>. The cost is \$20. per person. A Summer Fling will be held on Saturday, June 21 with a DJ. The cost will be \$20. A few of the outside benches that were damaged will be replaced shortly. Please do not throw your cigarette butts on the ground or in the planters. We have an open Maintenance Department position for a full-time worker and a part-time position for someone who could assist with power washing. Please allow the worker to use your outside faucet for the water. Keep your dogs out of the middle of the roads to avoid any accidents. The HOA fee will be increased to \$215 starting July 1, 2025, to compensate for the increase in our daily operating expenses. Call the Office if you see a car sitting in a "V" spot for an extended period of time. We are working on replacing the electric pans around the meters on the outside of the buildings for those who received notices from JCP&L.

**V.P. Ken Regatti:** The bocce court is getting an enclosure to block the sun and weather elements for players. It is required to have eight people to reserve a table for the pool party. Food will be served starting around 1:30. After cleaning up, the band will begin around 4 PM. We are considering having a food truck outside the Clubhouse on Wednesdays starting in mid-June. If you know of any licensed electrician/plumbing/HVAC

companies who would like to advertise in our monthly Bulletin, please call the Office for further information. Residents repeatedly call the Office for referrals. No party will be held on July 4, but you are welcome to use the grills and the tables for yourselves. We will need to purchase a new pool cover at the end of this season.

**Treasurer Patricia Smith:** The Allocated and Reserve Report was presented to attendees and accepted as read. The 2025-2026 Budget was presented and approved by the Board.

**Trustee Kevin Garcia:** Absent

**Trustee Rich Kubian:** We have not had any real back-ups recently which is good news. The landscapers were unable to mow because of the constant rain. Rich will inspect the Village with the supervisor of the landscape company emphasizing which areas need special attention. If you see damage from the landscapers, please call the Office. If you would like to volunteer to water the plants around the pool and the Clubhouse, call the Office to leave your name and contact information. The outside perimeter of the Village will be sprayed for ticks.

**Trustee Jeff Pentelas:** Absent

**Guest Speaker:** We welcomed Steven Reisler, Alliance Insurance Services, as our guest speaker who provided detailed information regarding the renewal of our liability and commercial property insurance for the upcoming fiscal year.

A question-and-answer session was held addressing such issues including: a suggestion of reaching out to the VA for a maintenance worker; development of a Facebook page for the Village; repainting the numbers on parking spots; and dryer vent cleaning.

**Barbara Karlik – Sunshine Club** – A luncheon will be held for residents 85+ in the Clubhouse on Thursday, June 5. See either the May or June CVA Bulletin for further information or contact the Office.

A special thank-you to Joe Sheff for his donation of additional slow-down signs.



## FROM THE BOARD

### **SEWER BACKUP PROBLEMS**

If there is a backup in the toilet in your unit, it is the policy of the Cheesequake Village Association that you **first call the office** – or the emergency number after hours ---

**(732) 425-2011.**

We have a full-time Maintenance Staff and someone is on call 24-7.

A member of the Maintenance Staff will try to clear the obstruction. If the obstruction is in the main sewer line, the staff member will call someone such as A-General to clear the obstruction and the Association will pay for the expense. **If you, as a homeowner, call a plumber without allowing the Association to try to resolve the problem, the Association will not pay for that cost.**

This applies only to toilet backups, not sink or washing machines. Nothing but toilet paper goes down the toilet, that is: NO GREASE, NO WIPES OF ANY KIND, NO RAGS, NO PAPER TOWELS OR KLEENEX AND NO DIAPERS. **If it is determined that any of these items come from your condo, you will be responsible for the repair costs.**

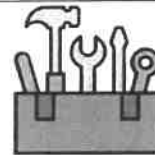
Do not use baking soda and vinegar in your drains. It has been proven to cake up similar to powdered detergents. ZEP and PEQUA, available at Home Depot, are the alternatives to use.

**NO WIPES  
NO PLASTIC BAGS  
NO ADULT DIAPERS  
NO PAPER TOWELS  
NO TISSUES  
NO RAGS  
NO DOG FECES**



### **WORK ORDER REQUEST**

Please be patient after making a work order request to the Office. Our Maintenance Staff takes care of emergencies first and all other work is done in a timely manner.



CVA has an open full-time maintenance position. If you or anyone you know may be interested, please give the Office a call at

**732-566-6323**

A part-time position is also available.

### **PERFORMANCES AT GARDEN STATE ARTS FOUNDATION**

The following shows are scheduled for June:

#### **Tuesday, June 10**

The Grass Roots & The Buckinghams  
**Bus leaves at 12 Noon. Bus fee: \$5.00**  
**No Refunds**

#### **Thursday, June 5 7:30 PM**

Cousin Brucie Presents:  
Tony Orlando & Andy Kim  
Special Tribute to Our Veterans &  
Francis Albert Sinatra Award  
**Bus leaves at 6:00 PM. Bus Fee: \$5.00**  
**No Refunds.**

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**Tickets are available in the Office for  
the following show, but there is no  
CVA Bus Transportation:**

#### **Thursday, June 19 7:30 PM**

Hispanic Culture Night  
Featuring Los Lobos  
Additional Acts TBD

For further information, please call the Office



Every car parked in the Village **MUST** have a parking sticker. Bring your car to the Office with your license and registration to update your file. If you get a new car, you are required to obtain a new sticker.

## **SENIOR SERVICES** **OLD BRIDGE SILVER LININGS**

**PROGRAM:** Now open to members from 8 AM – 3:30 PM. Membership is \$5. See [oldbridge.com/silverlinings](http://oldbridge.com/silverlinings) or call (732) 721-5600 Ext. 6600 for more info.

## **SEN. OWEN HENRY'S OFFICE IS NOW AT 2501 HIGHWAY 516, OLD BRIDGE :**

Get help with your Gas and Electric bills this spring and next summer. Sign up now for **USF/LIHEAP/PAAD/SENIOR GOLD**. Also, get help with your PTR-2 Blue Book, which is the Senior Tax Freeze Reimbursement Program. **By appointment only.**

**Call Sen. Owen Henry's Office at  
(732) 607-7580**

## **OLD BRIDGE TOWNSHIP --** **HOME REPAIR PROGRAM**

Did you know you can receive up to \$20K in repairs? No cost to apply, zero percent interest, no monthly payment, and no payment due until the sale of your home. For details, call (609) 664-2769 Ext. 9 or [www.hip.cgph.net](http://www.hip.cgph.net)

### **COME JOIN US!**

#### **Senior "Club 60"**

We meet every Wednesday at 11AM  
in the Clubhouse.

**We play Trivia & Bingo**

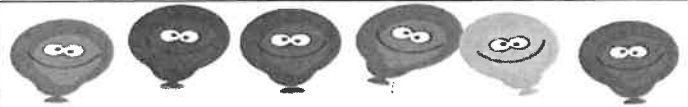
Refreshments served!

Call: President Lena Alaimo  
718-909-0862

Men and women are always welcome!

## **FOOD BANK IN OLD BRIDGE**

Broken Loaves Food Bank is available to residents of Old Bridge in need. The address is 139 White Oak Lane, Old Bridge, off of Route 516. Call for more info, directions, and to make an appointment (732) 679-4837.



## **INTERESTED IN RENTING THE BALLROOM?**

The CVA Ballroom is available for rental by residents only. Complete information and the registration form are available at the Office.



## **ASK YOUR VNA NURSE**

Laura Dugan, our VNA Nurse, has retired. VNA will contact us regarding this program to find a replacement nurse. We will advise as soon as we have current information.

## **HERB OF THE MONTH**



*Sweet Basil*

Sweet Basil, known as *Ocimum Basilicum*, provides equal benefits and is used traditionally in Mediterranean pesto and pesto-based recipes.

Besides, dried flowers, seed heads, and stem possess a spicy, herbal scent ideal for potpourri, which can freshen up a sock drawer or cupboard.

Generally, Sweet Basil boasts of a sweet fragrance with a robust flavor with notes of anise and clove. It improves digestion, relieves anxiety and pain, prevents infection, helps in weight loss, and treats acne while providing decorative or spiritual benefits.

It has green leaves that are directly edible, and dried ones are processed for medical properties. The Basil extracts are also used in making perfumes, dental-care products and household cleaners.

Besides, Sweet Basil contains vitamin A, vitamin K, manganese, iron, calcium, and essential oils.

Best with: Eggplant, tomatoes, zucchini, beef, chicken, eggs, fish

Notable Dish: Italian Pesto Sauce

## **REMINDERS**

**SELLING YOUR UNIT:** If you are selling your unit, it is **mandatory** that you contact the office to inform us of the sale. There is paperwork that needs to be completed and the unit's files in the office need to be updated.

**ALTERATION FORMS:** It is imperative that Alteration forms be submitted to the Office for any renovations to the unit. We are required to keep updated records on all units in the Village. Alteration forms will NOT be accepted for electrical or plumbing projects without a copy of the electrician's or plumber's valid license and insurance attached

**PARKING PERMIT STICKERS:** Every car parked in the Village **MUST** have a parking sticker. Bring your car to the Office with your license and registration. This is mandatory. If you receive a letter about getting a permit, you must reply within 10 days, or you will be fined.

**DOGS ON EXTENDED LEASHES:** Please be mindful of other people when using extended leashes for your dogs or cats. Your neighbors can easily trip on them. Better yet, try not using them at all because Old Bridge rule allows for only 6 foot long leashes!!

**FIBERGLASS BALCONIES:** No rugs or any form of carpeting on the new fiberglass balconies or patios. These coverings cause the deterioration of the cement as well as the new fiberglass.

**DOG & CAT OWNERS:** Dog droppings are still an issue. By law, you must pick up after your pet. If you are observed not picking up after your pet, you will be fined. Please do not walk your pet behind or on the side of other units since you are intruding on the privacy of other residents. **PICK UP AFTER YOUR PET—IT'S THE LAW -- DON'T DISPOSE OF THE BAG IN THE SEWER OR SOMEONE'S TRASH BIN**

**VISITING CHILDREN:** Children are not allowed to play in the streets. No bikes or skateboards allowed. Visiting children should be respectful and not disturb neighbors living in the vicinity.

**CLOTHESLINES:** They must be folded after use. The CVA is not responsible for clotheslines getting damaged by the landscapers.

**COMPLAINTS & GRIEVANCES:** If you have a complaint or problem with your unit, you must call the Office. If you have a grievance, please submit it in writing to the Office, attention Grievance Committee. It must include your name and address, or it will not be considered for action. Or you can email Maureen Doloughy at [Maureen13Hawaii@yahoo.com](mailto:Maureen13Hawaii@yahoo.com)

**CHANGES IN UNITS:** As equipment has been changed (Ex: Furnaces, air conditioners, windows), new situations have arisen. When contractors add or change equipment, be advised that these changes created by your contractor are your responsibility and must be maintained by you and be added to your insurance policy. You must apply for an alteration permit from the CVA and from Old Bridge Township before making changes to your unit. Failure to do so will generate a fine.



Please drive slowly through the complex. As it gets dark, pedestrians are not easily seen. We have received multiple complaints about vehicles speeding. Watch for deer crossing the roads as these accidents have been reported to the office lately.

If you are interested in helping out your neighbor by driving them to the doctor or someplace else, please call the Office.

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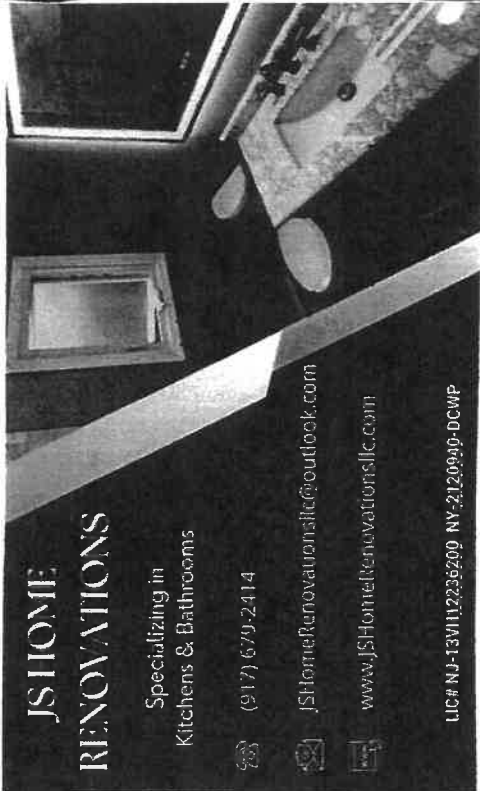


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