



We Welcome You!

Welcome! I'm excited to partner with you as you work toward your vision and goals in life and work.

How we'll begin

We'll confirm the number and length of sessions during your discovery call. Between sessions, you're welcome to email brief updates, wins, or quick questions.

Getting started

Please review the enclosed materials. Once I receive your signed **Coaching Agreement** and **Client Information Form**, I'll contact you to schedule your first session and provide a brief **State of Your Life Assessment**. The remaining forms can be submitted prior to that session.

Please email the following to tracye@psalm119-105coaching.com:

- Coaching Agreement (signed online on my website)
- Client Information Form
- Client History
- Coaching Call Agenda

Optional resources

I also have additional worksheets and tools available on request. I'll tailor our approach to your learning and coaching style.

If you have questions before we meet, feel free to call or email.

Thank you for the privilege of serving as your coach.

Warmly,

Tracye Morris

MSW, LSW • Certified Life Coach

p: (317) 341-1534

e: tracye@psalm119-105coaching.com

w: www.psalms119-105coaching.com



Coaching Client Information Form

I am delighted to be your coach. I look forward to being your partner as you identify and move towards your vision. You really can have, be, and do exactly what you want, and we will put a structure in place to make it happen. Welcome to Psalm 119-105 coaching!

Please take some time to enjoy the reflection process that follows. Enter your responses into this form, then attach it to an email and send it to me at tracye@psalm119-105coaching.com.

About You

First Name		Last Name	
Address		City	
State/Province		Postal Code	
Country		Company	
Title		Home Phone	
Work Phone		Work Extension	
Mobile Phone			
Email		2nd Email	
Occupation		Who Referred You?	
Birthday		Married?	
Religious affiliation, if any		Spouse/significant other name	
Anniversary, if any		Children? Names and ages	

What are the two biggest changes you want to make in your life in the next three months?

What are the three biggest changes you want to make in your life over the next three years?

What do you most want to achieve during our initial coaching period? What most threatens to hold you back from achieving this desire?



Coaching Client History

As your coach, it is helpful for me to find out more about you so that I can better support, encourage and challenge you as you move towards your ideal life. Please review and answer these questions and return them to me at your earliest opportunity.

Thank you.

- 1. What have been your three most fulfilling accomplishments in life, thus far?**
- 2. What was the biggest obstacle you have had to overcome?**
- 3. How strong/powerful/healthy have your past personal or business role models been?**
- 4. How have you failed, and how has that affected the way you think and act today?**
- 5. Have you worked with a coach before? What worked? What did not work?**
- 6. What has made you the most successful or powerful?**
- 7. How would those closest to you describe your greatest strength?**
- 8. Do you have any mental health challenges that have affected you? Tell me about that.**
- 9. What should I know about your professional background or history?**
- 10. What should I know about your personal background or family history?**



Privacy Policy Statement

Protecting Your Personal Information at PSALM 119-105Coaching

Introduction

At PSALM 119-105 Coaching ("we," "us," or "our"), your privacy is important to us. This Privacy Policy explains how we collect, use, disclose, and protect your personal information when you interact with our coaching services, website, and communications.

1. Information We Collect

- Personal Identification Information: Name, email address, phone number, mailing address, and other contact details you provide when registering for our services or contacting us.
- Coaching Session Records: Notes, feedback, and other information shared during coaching sessions, subject to confidentiality agreements.
- Payment Information: When you purchase services, we may collect payment details. Third-party providers manage payment processing securely.
- Website Usage Data: Information about your device, IP address, browser type, and usage patterns collected through cookies and analytics tools.

2. How We Use Your Information

- To provide and personalize coaching services.
- To communicate with you regarding appointments, updates, and relevant information
- To process payments and manage billing.
- To improve our website and services through analytics
- To comply with legal obligations and resolve disputes.

3. How We Share Your Information

- We do not sell or rent your personal information to third parties.
- We may share information with trusted partners who assist in operating our business, so long as those parties agree to keep this information confidential.
- We may disclose information if required by law or to protect our rights, safety, or property.

4. Data Security

We implement appropriate security measures to safeguard your personal information from unauthorized access, alteration, disclosure, or destruction. However, no method of transmission over the internet or electronic storage is 100% secure.

5. Your Choices and Rights

- You may request access, correct, or delete your personal information.
- You may opt out of marketing communications at any time by following unsubscribed instructions or contacting us directly.
- Depending on your location, you may have additional rights under applicable privacy laws.

6. Cookies and Tracking Technologies

Our website may use cookies and similar technologies to enhance user experience and analyze site usage. You can adjust your browser settings to refuse cookies, but this may affect website functionality.

7. Children's Privacy

Our services are not directed to children under the age of 18. We do not knowingly collect personal information from minors.

8. Changes to This Privacy Policy

We may update this Privacy Policy periodically. We will notify you of significant changes by posting the new policy on our website with an updated effective date.

9. Contact Us

If you have any questions or concerns about this Privacy Policy or our data practices, please contact us at:

PSALM 119-105 Coaching

Tracye@psalm119-105coaching.com

317-341-1534

Effective Date: 11/13/2025