

# EMERGENCY FIRST AID & USE OF AED

**Delivery method:** Classroom & Practical Based

**Delivery Location:** Nigeria – can be delivered at company offices

**Course Duration:** 1 day

**Minimum Number per course:** 10 learners



## Course Overview:

This course is suitable for anyone over the age of 16, that might need to provide first aid and life preserving techniques to those who are ill or have injuries.

It is ideal for organisations who require someone to hold a current emergency first aid certificate. **Learners will also receive an emergency first aid manual to take away with them.**

## Course lessons:

This course provides basic lifesaving first aid skills and knowledge of workplace health and safety regulations, covering:

- Role of the first aider (including knowledge of health and safety regulations)
- Adult resuscitation (CPR)
- Defibrillator prompts and how to respond
- Defibrillator pad placement
- Burns and scalds
- Choking adult
- Communication and casualty care
- Minor and severe bleeding
- Seizures
- Shock
- Unresponsive adult
- Anaphylaxis

## Certification obtained

Students who successfully complete this course will be issued with a Horizon West Africa certificate of completion which is valid for three (3) years.

## Who should attend?

This course is suitable for managers, supervisors and employees who are interested in learning first aid, from basic everyday skills to coping with emergencies.

## Benefits of attending

To provide you with the knowledge of how to effectively provide first aid skills, which could potentially save a life.

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