

January 2026 - DALLAS AREA SENIORS CALENDAR OF ACTIVITIES

HOURS: 10AM – 3PM MONDAY - FRIDAY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 New Years Day Closed for Holiday	2 10AM Cards/Table Games 10AM 6 handed Pinochle 10AM Art Workshop 12PM Watch Clinic 1:30PM 10 Minute Writing	3
4 10AM Cards/Table Games 10AM 5 Crowns Game 12PM Duplicate Bridge 1PM Walking Group 4PM Karaoke	5 10AM Cards/Table Games 10AM 5 Crowns Game 12PM Duplicate Bridge 1PM Walking Group 4PM Karaoke	6 10AM Cards/Table Games 10:15AM Low Impact Exercise 11AM Scrabble 11:10AM Low Impact Exercise 1PM Healthy Soul	7 10AM 4 Handed Pinochle 10AM Card/Table Games 11AM Mah-Jongg 1PM Walking Group 1PM Ice Cream Social	8 10AM Card/Table Games 10:15AM Low Impact Exercise 11:10AM Low Impact Exercise 11:30AM Lunch Bunch 12PM Bridge	9 10AM Cards/Table Games 10AM 6 handed Pinochle 10AM Art Workshop 1:30PM 10 Minute Writing 5:00PM Bingo Dinner 6PM Bingo	10 8AM Board of Directors 10AM DAS General Meeting & Potluck
11 10AM Cards/Table Games 10AM 5 Crowns Game 1PM Walking Group 3PM Movie Matinee	12 10AM Cards/Table Games 10AM 5 Crowns Game 1PM Walking Group 3PM Movie Matinee	13 10AM Cards/Table Games 10:15AM Low Impact Exercise 11:10AM Low Impact Exercise 1PM Bunko	14 10AM 4 Handed Pinochle 10AM Card/Table Games 10AM Resource Navigation 11AM Mah-Jongg 1PM Walking Group	15 10AM Card/Table Games 10:15AM Low Impact Exercise 11:10AM Low Impact Exercise 12PM Bridge	16 10AM Cards/Table Games 10AM 6 handed Pinochle 10AM Art Workshop 1:30PM 10 Minute Writing	17
18 10AM Cards/Table Games 10AM 5 Crowns Game 12PM Duplicate Bridge 1PM Walking Group 4PM Karaoke	19 10AM Cards/Table Games 10AM 5 Crowns Game 12PM Duplicate Bridge 1PM Walking Group 4PM Karaoke	20 10AM Cards/Table Games 10:15AM Low Impact Exercise 11AM Scrabble 11:10AM Low Impact Exercise 1PM Healthy Soul	21 10AM 4 Handed Pinochle 10AM Card/Table Games 11AM Mah-Jongg 1PM Walking Group	22 10AM Card/Table Games 10:15AM Low Impact Exercise 11:10AM Low Impact Exercise 12PM Bridge Deadline For Calendar and Newsletter	23 10AM Cards/Table Games 10AM 6 handed Pinochle 10AM Art Workshop 1:30PM 10 Minute Writing 5:00PM Bingo Dinner 6PM Bingo	24
25 10AM Cards/Table Games 10AM 5 Crowns Game 1PM Walking Group	26 10AM Cards/Table Games 10AM 5 Crowns Game 1PM Walking Group	27 10AM Cards/Table Games 10:15AM Low Impact Exercise 11:10AM Low Impact Exercise 1PM Bunko	28 10AM 4 Handed Pinochle 10AM Card/Table Games 10AM Resource Navigation 11AM Mah-Jongg 1PM Walking Group 1PM Birthday Celebration	29 10AM Card/Table Games 10:15AM Low Impact Exercise 11:10AM Low Impact Exercise 12PM Bridge	30 10AM Cards/Table Games 10AM 6 handed Pinochle 10AM Art Workshop 1:30PM 10 Minute Writing	31