

March 2026 - DALLAS AREA SENIORS CALENDAR OF ACTIVITIES

HOURS: 10AM – 3PM MONDAY - FRIDAY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 10AM Cards/Table Games 10AM 5 Crowns Game 12PM Bridge	3 10AM Cards/Table Games 10:15AM Low Impact Exercise 11AM Scrabble 11:10AM Low Impact Exercise	4 10AM 4 Handed Pinochle 10AM Card/Table Games 11AM Mah-Jongg 1PM Ice Cream Social	5 10AM Card/Table Games 10:15AM Low Impact Exercise 11:10AM Low Impact Exercise 12PM Bridge	6 10AM Cards/Table Games 10AM 6 handed Pinochle 10AM Art Workshop 12PM Watch Clinic 1:30PM 10 Minute Writing	7
8	9 10AM Cards/Table Games 10AM 5 Crowns Game 3PM Movie Matinee	10 10AM Cards/Table Games 10:15AM Low Impact Exercise 11:10AM Low Impact Exercise 1PM Bunko	11 10AM 4 Handed Pinochle 10AM Card/Table Games 10AM Resource Navigation 11AM Mah-Jongg	12 10AM Card/Table Games 10:15AM Low Impact Exercise 11:10AM Low Impact Exercise 11:30AM Lunch Bunch 12PM Bridge	13 10AM Cards/Table Games 10AM 6 handed Pinochle 10AM Art Workshop 1:30PM 10 Minute Writing 5:00PM Bingo Dinner 6PM Bingo	14 8:30AM Board of Directors 9:30AM DAS General Meeting & Brunch
15	16 10AM Cards/Table Games 10AM 5 Crowns Game 12PM Bridge	17 10AM Cards/Table Games 10:15AM Low Impact Exercise 11AM Scrabble 11:10AM Low Impact Exercise St. Patrick's Day Dinner 4PM	18 10AM 4 Handed Pinochle 10AM Card/Table Games 11AM Mah-Jongg	19 10AM Card/Table Games 10:15AM Low Impact Exercise 11:10AM Low Impact Exercise 12PM Bridge	20 10AM Cards/Table Games 10AM 6 handed Pinochle 10AM Art Workshop 1:30PM 10 Minute Writing	21
22	23 10AM Cards/Table Games 10AM 5 Crowns Game Deadline For Calendar and Newsletter	24 10AM Cards/Table Games 10:15AM Low Impact Exercise 11:10AM Low Impact Exercise 1PM Bunko	25 10AM 4 Handed Pinochle 10AM Card/Table Games 10AM Resource Navigation 11AM Mah-Jongg 1PM Birthday Celebration	26 10AM Card/Table Games 10:15AM Low Impact Exercise 11:10AM Low Impact Exercise 12PM Bridge	27 10AM Cards/Table Games 10AM 6 handed Pinochle 10AM Art Workshop 1:30PM 10 Minute Writing 5:00PM Bingo Dinner 6PM Bingo	28
29	30 10AM Cards/Table Games 10AM 5 Crowns Game	31 10AM Cards/Table Games 10:15AM Low Impact Exercise 11:10AM Low Impact Exercise				