

Contents

- 01: New News Starts
- 02: Our Business Member
- 03: New News Continues
- 03: Movie Matinee
- 04: Out to Lunch Bunch
- 04: Birthday Celebration
- 04: Flu, Cold, RSV and Covid
- 04: Executive Officers and Directors
- 05: The Spring Living
- 06: Be Seated Word puzzle



Announcements

Closed January 1st for New Year's

New News Starts

First off let us congratulate the Executive Officers and Directors elected for 2026. Lee Schlenker was elected President, Nancy Howells was elected Secretary, and Nancy Blivens, Judy Reid, Judy Greening, and Lynette Horton were elected as Directors. They begin their term on Jan. 1st, 2026.

During this election cycle several issues came up. Betty Sledge and I went to work on the bylaws to fix these issues so that they don't happen again. This resulted in some major changes to our bylaws. We had to make these changes to ensure that we do not have any issues next year. Here is a snapshot of the major changes.

DAS Meeting Information



DAS Board of Directors Meeting

8:00AM Saturday, Jan. 10th

DAS General Membership Meeting

10:00AM Saturday, Jan. 10th

DAS Online Sites

[DALLAS AREA SENIORS](#)

<https://www.dallasareasenior.net>

[Facebook](#)

Our Business Members



312 Main St. *Hearing Aids
Dallas, OR 97338 *Hearing Test
503-623-0290
*Service and Programming most
Hearing Aids
*Video-Otoscopy & Wax Removal
We honor most Medicare supplement plans

Willamette Valley Fiber

988 SE Jefferson St.
Dallas, Oregon 97338
503-837-1700 (After Hours Support
Press Option #1)

Tim's Automotive Specialties

172 SW Washington St,
Dallas, OR 97338
(503) 623-9774

Jefferson Lodge Memory Care

Come on by for your tour!
The Difference Between Living and Living Well!
664 SE Jefferson Street
Dallas OR 97338
503-623-8104



201 NE Polk Station Road, Dallas, OR
(971) 718-4042



Riddle Me This

1. Without a bridle or a saddle, across a thing, I ride a-straddle. And those I ride, by help of me, though almost blind, are made to see. What am I?
2. George, Helen, and Steve are drinking coffee. Bert, Karen, and Dave are drinking Pepsi. Following this pattern, is Elizabeth drinking coffee or soda?
3. First, think of the color of the clouds. Next, think of the color of snow. Now, think of the color of a bright, full moon. Now, answer quickly: What do cows drink?

Answers on Next Page

Answers to Riddles

1. Eyeglasses.
2. Coffee, just like all the other names with two E's. Those with one "E" drink Pepsi.
3. Water.

New News Continues

- Vote by email
- No Executive Officer or Director can serve on the Nominating Committee
- A member of the Nominating Committee that decides to run for office must leave the committee.
- Day of the week and where the Nominating Committee will count the votes
- How the membership can request a recount of a vote

Betty and I spent a lot of time working on these changes. These changes have now been reviewed by the whole Board of Directors. Any changes or updates they felt were needed have been placed in the bylaws as well. We have emailed copies of the draft version to the members that have an email address. Those of you who do not have an email address can pick up a copy of the draft at the center.

We are hoping to vote on these changes at our general membership meeting on Jan. 10th. If you have any questions or concerns regarding these changes, please

stop by the center and ask for Brad. I'm there just about every day and will be more than happy to sit down and talk with you about these changes. I will make every effort to address any concerns or questions about the changes before the vote happens.

Movie Matinee: This month's movie will be Singin' in the Rain. This movie will be shown on Jan. 12th at 3PM downstairs at the senior center. There will be a concession stand for candy during the movie. Money raised from concession sales will go to pay for the license we need to show movies.



**SINGIN'
IN THE RAIN**



Lunch Bunch: Jan. Out to Lunch Bunch, are you hungry for good food and fellowship? You are welcome to join us!

Westside Pacific Family Restaurant

670 S Pacific Hwy W,

Rickreall, OR 97371

(503) 831-4601

Thursday, Jan. 8th, 11:30 AM

Text Shirley Hill at 503-871-0843 or sign up at the Senior Center if you plan to come.

Birthdays This Month: These people are celebrating a birthday this month. Cecelia Blake, Cherel Shuler, Carl Smock, Beverly Chappell, Beverly Crosby, Kay Dixon, Bonnie Franz, Lois Gentry-Fulton, Nancy Howells, Joyce Johnson, Michael Thommen, Billie Tipton, Paula VanElverdinghe. If you see these folks, please wish them a Happy Birthday for the month of January.

Flu, Cold, RSV and Covid: Covid has been rampant since this last summer. Cold and Flu season is full swing right now. Please, if you are sick staying at home is good for you and the senior center. Do not come into the senior center. We have many members with compromised immune systems. It is more difficult for them to overcome an illness.

Executive Officers & Directors

Executive Officers

President - Lee Schlenker

Vice President – Brad Kane

Treasurer – Judy Jones

Secretary – Nancy Howells

Directors

Nancy Blivens

Brian Dalton

Tommy Steggell

Judy Reid

Judy Greening

Lynette Horton

These are your Executive Officers and Directors as of January 1st, 2026.



The Springs Living®

Join us to learn about
SENIOR HOUSING
What to Expect?



Friday, January 9th 1:00PM

Location: Dallas Senior Center
817 SW Church St, Dallas, OR 97338

CARI BUCHHOLZ

SENIOR EXECUTIVE DIRECTOR

Cari Buchholz has worked in senior housing for the last 30 years. Her dedication and loyalty to helping seniors has been recognized throughout the Salem community. She lives by the saying "Do the right thing" That is what she has instilled into The Springs Communities and everywhere she goes.



We invite you to join us for an informative event on Senior housing. Learn more about what to expect when moving to a senior living community and the financial resources available for seniors presented to you by Cari Buchholz and team from The Springs Living of Salem. There will be a Q&A session after the presentation so you can ask any questions you may have.

Independent Living | Assisted Living | Memory Care
TheSpringsliving.com | 503-339-4148 | Salem OR

Be Seated

P	T	H	R	O	N	E	O	Z	Z	X	S	Z	A
B	T	X	R	E	T	S	O	O	B	B	C	R	Y
E	A	R	M	C	H	A	I	R	H	T	O	O	B
N	A	V	I	D	M	C	E	S	I	A	H	C	P
C	U	S	H	I	O	N	A	S	W	B	A	K	A
H	S	K	I	L	I	F	T	E	E	C	S	E	P
S	A	D	D	L	E	P	P	A	L	V	S	R	A
E	H	K	C	A	B	G	N	I	W	B	O	K	S
T	T	E	O	Z	A	B	U	T	O	N	C	L	A
T	R	I	U	N	A	M	O	T	T	O	K	L	N
E	A	E	C	G	F	U	T	O	N	A	F	O	S
E	C	X	H	L	O	O	T	S	T	O	O	P	E

ARMCHAIR
BEANBAG
BENCH
BLEACHER
BOOSTER
BOOTH
CART
CHAIR
CHaise
COUCH

CUSHION
DIVAN
FUTON
HASOCK
LAP
LOVESEAT
OTTOMAN
PAPASAN
PEW
RECLINER

ROCKER
SADDLE
SETTEE
SKI LIFT
SOFA
STOOL
STOOP
THRONE
WINGBACK
ZABUTON

January 2026 - DALLAS AREA SENIORS CALENDAR OF ACTIVITIES

HOURS: 10AM – 3PM MONDAY - FRIDAY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 New Years Day Closed for Holiday	2 10AM Cards/Table Games 10AM 6 handed Pinochle 10AM Art Workshop 12PM Watch Clinic 1:30PM 10 Minute Writing	3
4	5 10AM Cards/Table Games 10AM 5 Crowns Game 12PM Duplicate Bridge 1PM Walking Group 4PM Karaoke	6 10AM Cards/Table Games 10:15AM Low Impact Exercise 11AM Scrabble 11:10AM Low Impact Exercise 1PM Healthy Soul	7 10AM 4 Handed Pinochle 10AM Card/Table Games 11AM Mah-Jongg 1PM Walking Group 1PM Ice Cream Social	8 10AM Card/Table Games 10:15AM Low Impact Exercise 11:10AM Low Impact Exercise 11:30AM Lunch Bunch 12PM Bridge	9 10AM Cards/Table Games 10AM 6 handed Pinochle 10AM Art Workshop 1:30PM 10 Minute Writing 5:00PM Bingo Dinner 6PM Bingo	10 8AM Board of Directors 10AM DAS General Meeting & Potluck
11	12 10AM Cards/Table Games 10AM 5 Crowns Game 1PM Walking Group 3PM Movie Matinee	13 10AM Cards/Table Games 10:15AM Low Impact Exercise 11:10AM Low Impact Exercise 1PM Bunko	14 10AM 4 Handed Pinochle 10AM Card/Table Games 10AM Resource Navigation 11AM Mah-Jongg 1PM Walking Group	15 10AM Card/Table Games 10:15AM Low Impact Exercise 11:10AM Low Impact Exercise 12PM Bridge	16 10AM Cards/Table Games 10AM 6 handed Pinochle 10AM Art Workshop 1:30PM 10 Minute Writing	17
18	19 10AM Cards/Table Games 10AM 5 Crowns Game 12PM Duplicate Bridge 1PM Walking Group 4PM Karaoke	20 10AM Cards/Table Games 10:15AM Low Impact Exercise 11AM Scrabble 11:10AM Low Impact Exercise 1PM Healthy Soul	21 10AM 4 Handed Pinochle 10AM Card/Table Games 11AM Mah-Jongg 1PM Walking Group	22 10AM Card/Table Games 10:15AM Low Impact Exercise 11:10AM Low Impact Exercise 12PM Bridge Deadline For Calendar and Newsletter	23 10AM Cards/Table Games 10AM 6 handed Pinochle 10AM Art Workshop 1:30PM 10 Minute Writing 5:00PM Bingo Dinner 6PM Bingo	24
25	26 10AM Cards/Table Games 10AM 5 Crowns Game 1PM Walking Group	27 10AM Cards/Table Games 10:15AM Low Impact Exercise 11:10AM Low Impact Exercise 1PM Bunko	28 10AM 4 Handed Pinochle 10AM Card/Table Games 10AM Resource Navigation 11AM Mah-Jongg 1PM Walking Group 1PM Birthday Celebration	29 10AM Card/Table Games 10:15AM Low Impact Exercise 11:10AM Low Impact Exercise 12PM Bridge	30 10AM Cards/Table Games 10AM 6 handed Pinochle 10AM Art Workshop 1:30PM 10 Minute Writing	31