

Contents

- 01: New News Starts
- 02: Our Business Member
- 02: Your Opinion Matters
- 03: New News Continues
- 03: Movie Matinee
- 04: Out to Lunch Bunch
- 04: Birthday Celebration
- 04: Flu, Cold, RSV and Covid
- 04: Upcoming Events
- 04: Arts and Crafts
- 05: Types of Fruit Word Search
- 06: 80's Movies Word Search



We are collecting the 2026 Dues.

**If you have not paid, please come by
and pay your dues for the year.**

Announcements

New News Starts

Lee Schlenker – President: Well, hello and welcome to March. The heat is off again, and the lights are still out. But we are making progress. The city employee in charge of maintenance of our building has been out sick, and the city still knows of our problems. The city has kept me informed on where they stand on maintenance of the building. The lights in the kitchen are scheduled to be fixed on Friday morning 2/20/2026. A big thank you to those who are sitting at the front desk and welcoming all who come into the center, your effort and work is greatly appreciated.

I have contacted Easter Seals again and they replied that they have people that could work at the center.

DAS Meeting Information



DAS Board of Directors Meeting

8:30AM Saturday, March 14th

DAS General Membership Meeting

9:30AM Saturday, March 14th

DAS Online Sites

[DALLAS AREA SENIORS](https://www.dallasareasenior.net)

<https://www.dallasareasenior.net>

[Facebook](#)

Our Business Members



312 Main St. *Hearing Aids
Dallas, OR 97338 *Hearing Test
503-623-0290

*Service and Programming most
Hearing Aids

*Video-Otoscopy & Wax Removal

We honor most Medicare supplement
plans

Willamette Valley Fiber

988 SE Jefferson St.
Dallas, Oregon 97338
503-837-1700 (After Hours Support
Press Option #1)

Tim's Automotive Specialties

172 SW Washington St,
Dallas, OR 97338
(503) 623-9774

Jefferson Lodge Memory Care

Come on by for your tour!
**The Difference Between Living and
Living Well!**
664 SE Jefferson Street
Dallas OR 97338
503-623-8104

All Are Welcome All Are Loved



976 SW Hayter St. Dallas, OR 97338
503-623-8277 dallasfour.com

SERVICES

- Residential Moving Experts
- Commercial Moving Experts
- Storage Unit Clear-Outs
- Out-Of-State Moving
- Responsible Junk Removal

Serving All Of Oregon

Trent Buchler – (503) 549-9433

Your Opinion Matters: We are thinking of doing a spaghetti feed before the Music in the Park (Sounds of Summer). We would like to get some feedback if you think this is a good idea. We feel that offering a meal before the concert should bring people in to help support us and the community. Please let Lee or Brad know if you think this is a good idea. Please let us know by March 31st.

Riddle Me This

1. What five-letter word has one left when two letters are removed?
2. How much dirt is in a hole that's two feet by three feet?
3. What has teeth, but doesn't bite?

Answers on Next Page

Answer for Riddles

1. Stone.
2. None, it's a hole.
3. A comb.

New News Continues

We have a committee that will be working on interviewing the two people they have said are willing to work for us. Hopefully we can get this done in the very near future.

We have been updating our handouts to correctly list what happens here at the center. So, feel free to pick one up so that you can give it to someone that might like to join us.

Bingo is going strong. Karaoke should be restarting in the spring as it stays lighter later. But what do you think about moving it forward, so it starts maybe an hour earlier? Need to hear from you all.

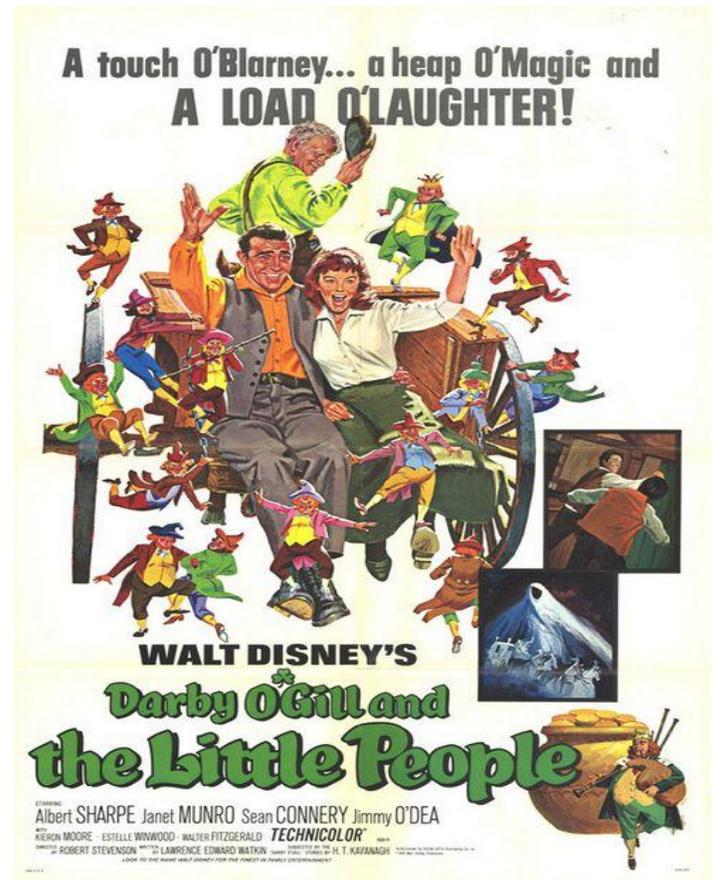
There is still work to do on the bylaws and the executive officers and the board are still working on the changes to be made. If you have any concerns, please feel free to talk with Brad or me (Lee) about them.

I have talking with the other Senior Centers in Polk and Marion counties and have discovered several things that could really help us. The first is working on a grant for about \$50k that would pay the salary of an Exec. Director and could

possibly lower dues. The second item is to have a spaghetti feed once a month on a Tuesday or Thursday evening that would be another source of income for the center. Please let me know if you are interested and willing to work on it.

So, see you at the center! - Lee

Movie Matinee: This month's movie will be Darby O'Gill and the Little People. This movie will be shown on March 9th at 3PM downstairs at the senior center. There will be a concession stand for candy during the movie. Money raised from concession sales will go to pay for the license we need to show movies.





Lunch Bunch: Mar. Out to Lunch Bunch, are you hungry for good food and fellowship? You are welcome to join us!

Masala Bites Indian Restaurant
413 Main St,
Dallas, OR 97338
(503) 751-1266

Thursday, March 12th, 11:30 AM

Text Shirley Hill at 503-871-0843 or sign up at the Senior Center if you plan to come.

Birthdays This Month: These people are celebrating a birthday this month. Joan Baker, Janet Engel, Rebecca Graham, Roxanne Hanneman, Helen McCann, Patricia Meling, Marvella Webster. If you see these folks, please wish them a Happy Birthday for the month of February.

Flu, Cold, RSV and Covid: Covid has been rampant since this last summer. Cold and Flu season is full swing right now. Please, if you are sick staying at home is good for you and the senior center. Do not come into the senior center. We have many members with compromised immune systems. It is more difficult for them to overcome an illness.

Upcoming Events:



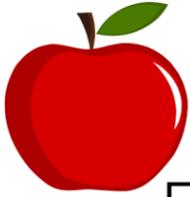
Come to the St. Patrick Day dinner March 17th at 4PM. Meal provided by the center. There will be a silent auction so bring lots of money. Donations for the auction are welcome. Contact Tike Miller or Nancy Bliven if you have questions.

Arts & Crafts are looking for members to come and participate in the fun on Friday. The Arts & Crafts meet from 10AM to 12PM upstairs at the center. Bring your favorite art or craft project and enjoy the fun of being with other creative people. This is a picture of our Arts and Crafts people from a couple of years ago. Unfortunately, we have lost several members. Hopefully you will find the time to come and join in the fun.



Food Word Search

Name: _____



TYPES of FRUIT

U	F	K	L	E	M	O	N	B	I	E	A	E	H	T
W	I	P	I	N	R	A	S	P	B	E	R	R	Y	P
S	Y	E	Z	W	Y	I	O	M	H	Y	S	V	T	O
P	T	A	C	M	I	M	R	F	H	R	C	Y	R	P
E	G	R	Y	D	A	V	A	P	N	R	L	C	C	E
M	R	F	A	P	A	R	N	C	H	E	R	R	Y	A
A	A	H	I	W	T	T	G	Z	L	B	P	A	K	O
N	P	C	N	G	B	Q	E	P	Z	E	A	I	A	O
G	E	V	L	B	S	E	P	S	R	U	P	S	P	J
O	F	V	I	O	A	A	R	T	Z	L	A	I	E	T
Y	R	R	M	G	E	N	H	R	L	B	Y	N	A	A
M	U	Y	E	N	H	O	A	A	Y	M	A	S	C	P
Z	I	G	I	B	O	X	M	N	J	U	G	Z	H	P
K	T	P	F	T	D	U	E	S	A	L	A	O	O	L
X	H	V	E	G	R	A	P	E	S	P	O	L	M	E

Word list:

- | | | |
|------------|--------|------------|
| APPLE | GRAPES | PEACH |
| BANANA | KIWI | PEAR |
| BLUEBERRY | LEMON | PINEAPPLE |
| CHERRY | LIME | PLUM |
| DATES | MANGO | RAISINS |
| FIGS | ORANGE | RASPBERRY |
| GRAPEFRUIT | PAPAYA | STRAWBERRY |



SunCatcherStudio.com

80s Movies

B	I	G	A	N	D	H	I	L	T	N	E	Y	A
A	J	Y	R	O	L	G	N	O	R	T	W	X	T
T	E	H	G	O	O	N	I	E	S	I	W	N	F
M	N	S	Y	C	B	P	B	U	T	L	A	O	R
A	A	N	D	O	B	O	E	N	R	S	R	O	A
N	L	I	I	C	D	D	E	E	I	S	G	T	N
U	P	L	E	Y	A	S	D	L	P	D	A	A	C
G	R	M	H	M	S	S	K	A	E	I	M	L	E
P	I	E	A	J	B	W	T	L	S	N	E	P	S
O	A	R	R	T	O	O	T	S	I	E	S	S	O
T	M	G	D	O	O	E	C	A	F	R	A	C	S
P	R	E	D	A	T	O	R	S	P	L	A	S	H

AIRPLANE

AMADEUS

BATMAN

BIG

BODY HEAT

COCOON

DAS BOOT

DIE HARD

DINER

FRANCES

GANDHI

GLORY

GOONIES

GREMLINS

PLATOON

PREDATOR

RAIN MAN

RAN

REDS

SCARFACE

SILKWOOD

SPLASH

STRIPES

TAPS

TOOTSIE

TOP GUN

TRON

WARGAMES

WITNESS

YENTL

March 2026 - DALLAS AREA SENIORS CALENDAR OF ACTIVITIES

HOURS: 10AM – 3PM MONDAY - FRIDAY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 10AM Cards/Table Games 10AM 5 Crowns Game 12PM Bridge	3 10AM Cards/Table Games 10:15AM Low Impact Exercise 11AM Scrabble 11:10AM Low Impact Exercise	4 10AM 4 Handed Pinochle 10AM Card/Table Games 11AM Mah-Jongg 1PM Ice Cream Social	5 10AM Card/Table Games 10:15AM Low Impact Exercise 11:10AM Low Impact Exercise 12PM Bridge	6 10AM Cards/Table Games 10AM 6 handed Pinochle 10AM Art Workshop 12PM Watch Clinic 1:30PM 10 Minute Writing	7
8	9 10AM Cards/Table Games 10AM 5 Crowns Game 3PM Movie Matinee	10 10AM Cards/Table Games 10:15AM Low Impact Exercise 11:10AM Low Impact Exercise 1PM Bunko	11 10AM 4 Handed Pinochle 10AM Card/Table Games 10AM Resource Navigation 11AM Mah-Jongg	12 10AM Card/Table Games 10:15AM Low Impact Exercise 11:10AM Low Impact Exercise 11:30AM Lunch Bunch 12PM Bridge	13 10AM Cards/Table Games 10AM 6 handed Pinochle 10AM Art Workshop 1:30PM 10 Minute Writing 5:00PM Bingo Dinner 6PM Bingo	14 8:30AM Board of Directors 9:30AM DAS General Meeting & Brunch
15	16 10AM Cards/Table Games 10AM 5 Crowns Game 12PM Bridge	17 10AM Cards/Table Games 10:15AM Low Impact Exercise 11AM Scrabble 11:10AM Low Impact Exercise St. Patrick's Day Dinner 4PM	18 10AM 4 Handed Pinochle 10AM Card/Table Games 11AM Mah-Jongg	19 10AM Card/Table Games 10:15AM Low Impact Exercise 11:10AM Low Impact Exercise 12PM Bridge	20 10AM Cards/Table Games 10AM 6 handed Pinochle 10AM Art Workshop 1:30PM 10 Minute Writing	21
22	23 10AM Cards/Table Games 10AM 5 Crowns Game Deadline For Calendar and Newsletter	24 10AM Cards/Table Games 10:15AM Low Impact Exercise 11:10AM Low Impact Exercise 1PM Bunko	25 10AM 4 Handed Pinochle 10AM Card/Table Games 10AM Resource Navigation 11AM Mah-Jongg 1PM Birthday Celebration	26 10AM Card/Table Games 10:15AM Low Impact Exercise 11:10AM Low Impact Exercise 12PM Bridge	27 10AM Cards/Table Games 10AM 6 handed Pinochle 10AM Art Workshop 1:30PM 10 Minute Writing 5:00PM Bingo Dinner 6PM Bingo	28
29	30 10AM Cards/Table Games 10AM 5 Crowns Game	31 10AM Cards/Table Games 10:15AM Low Impact Exercise 11:10AM Low Impact Exercise				