Contents

01: New News Starts

02: Our Business Member

03: New News Continues

04: Out to Lunch Bunch

04: Book Club

04: Newsletter Editor Comments

04: Financial Training

05: Where's the Board Member

06: St. Patrick's Day Party Flyer

07: Program and Events Survey

08: Board Game Word Search



Announcements

Saint Partick's Day Party – March 18th
Financial Training Class – March 12th, 10AM
Gardening Class – March 21st, 10AM
Book Club – Moving to Dallas Library

New News Starts

Executive Director - Steve Mohr



Attention all seniors! We are asking for your support! The Dallas Area Senior board of directors has sent a letter to the City Manager of Dallas, asking the city to

increase their support of the senior center. This year we had to increase our dues by 600% (from \$20 to \$120) per year to help cover our expenses. The Senior Center here in Dallas is not a department of the city and therefore obtaining funding is totally the responsibility of the Seniors who use and enjoy the programs and events we provide. As a result of the huge increase in our dues, we lost 50% of our members.

DAS Meeting Information



DAS Board of Directors Meeting 8:30AM Monday, March 3rd DAS General Membership Meeting 11:30AM Saturday, March 8th

DAS WEB Site:

DALLAS AREA SENIORS

https://www.dallasareaseniors.org

Continued Page 3

Our Business Members



312 Main St. *Hearing Aids
Dallas, OR 97338 *Hearing Test
503-623-0290

*Service and Programming most Hearing Aids

*Video-Otoscopy & Wax Removal We honor most Medicare supplement plans



967 Main Street
Dallas OR 97338
Benefit to
Member: 10% off
purchased
(Alcoholic
beverages not
included)

Willamette Valley Fiber

988 SE Jefferson St. Dallas, Oregon 97338 503-837-1700 (After Hours Support Press Option #1)

Tim's Automotive Specialties

172 SW Washington St, Dallas, OR 97338 (503) 623-9774



170 E. Ellendale
Ave
Dallas OR 97338
Benefit to
Member: Free
Non-Alcoholic
Beverage W/Meal



Jefferson Lodge Memory Care

Come on by for your tour!

The Difference Between Living and Living Well!

664 SE Jefferson Street

Dallas OR 97338

503-623-8104

It is better to keep your mouth closed and let people think you are a fool than to open it and remove all doubt.

Mark Twain

Riddle Me This

- 1. Sam's dad has three daughters. Two are named Stephanie and Amanda. What's the name of the third daughter?
- 2. Two fathers and two sons are in a car, but there are only three people in the vehicle. How?
- 3. A man rode into town on Tuesday and left a few days later on Tuesday. How is that possible?

Answers on Next Page

Riddle Me This - Answers

1. Answer: Sam

2. Answer: The group consists of a grandfather, a father, and his son

3. Answer: Tuesday was his horse's

name

New News Continues

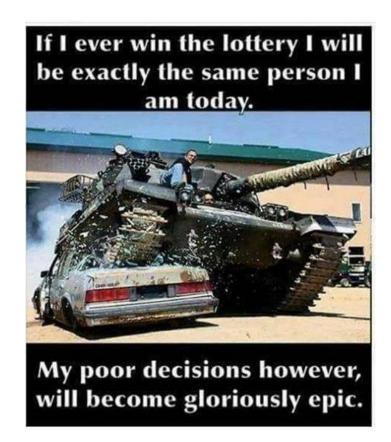
Last year we approached the city a few times asking for support, but we didn't get the level of support we need. Again, we have approached the city to increase their support so that more seniors can take advantage of our programs. Across the country and in our neighboring cities like Monmouth, the city fully funds their senior centers.

We are asking that you seriously consider sending letters to the city manager and to the city council, asking them and the budget committee to grant our request for additional funds to help us meet our budget. We would like to reduce our fees if possible so that more seniors can participate. The only way this will happen is if our city will grant our request for more funds. We are not asking them to completely fund the senior center like most cities in our country. The amount we are requesting is less than half of what the city of Monmouth budgets for their senior center.

Dallas is a town with 25% of the citizens who are 60+ years of age, and

many can't afford to pay the amount of our dues. We need greater support from our city to operate and offer the programs and opportunities we provide.

Please send your letter ASAP as the city manager is starting to work on the budget. Address your letters to both the City Manager and to the City Council. We really appreciate your help in this manner. Please ask your friends and family to write as well. I plan on attending the budget committee along with some of our seniors when they meet. Thanks in advance for helping us in this manner.





<u>Lunch Bunch:</u> Mar. Out to Lunch Bunch, are you hungry for good food and fellowship? You are welcome to join us!

Spoon N Folks Thai Cuisine
184 SE Washington St., Dallas
Thursday, Mar. 13th, 11:30 AM

Text Shirley Hill at 503-871-0843 or sign up at the Senior Center if you plan to come.



Book Club: Is moving to the Dallas Library. It will continue to meet on the third Tuesday of each month at 12:30PM. If you

have any questions about this change, please contact Laurie Wilson at 503-580-7029.

Flu, Cold, RSV and Covid: Covid has been rampant since this last summer. Cold and Flu season is full swing right now. Please, if you are sick staying at home is good for you and the senior center. Do not come into the senior center. We have many members with compromised immune systems. It is more difficult for them to overcome an illness.



Financial Education: Rebecca Masingale will be holding a WaFd Financial Education Class on March 12th, 10:00AM. This is a free class for all members. Newsletter Editor Comments: I don't make a lot of comments. However, this month I feel the need to make a couple. The first thing you will notice is that several pages are missing from the newsletter. We reprinted these pages every month as we were using our newsletter as a marketing brochure. We have now developed a marketing brochure so those pages could be removed.

With those pages removed I want to make the newsletter more member focused. Any suggestions or information that would help the membership would be appreciated. Any member that would like to write a monthly article for the newsletter would also be welcomed. So, if you have suggestions or want to write for the newsletter, please let me know. All help is appreciated.

Finally, the Activities List and the Community Resource information are posted on the appropriate bulletin board at the senior center. Thank you everyone.

When I want to buy up any politician I always find the anti-monopolists the most purchasable -- they don't come so high.

Vanderbilt, William

Where's the Board Member: No, we're not playing Where's Waldo. This is to help you to understand when board members are at the center. So, let's get started.

Betty Sledge: Betty is Chairman of the Board and the Executive President for the senior center. Betty is also still working. Even with all that Betty does three activities for the center, Circle of Friends, Age Café, and 10 Minute Writing. These activities are on Tuesdays and Thursdays. Betty still finds time to stop by when she has spare time for other activities such as Bingo.

<u>Bob Brannigan:</u> The first and third Monday and every Thursday. One word Bridge. Bob is an avid Bridge player and seldomly misses a Bridge game. Bob still stops by during the week for other games such as Pinochle and has been spotted at a few Bingo games as well.

Judy Jones: Judy is a tough one because she grew up here in Dallas. Her commitment to the local community keeps her involved in several local community groups. You may catch Judy coming in to get signatures so she can pay bills to keep the senior center open. Judy is always at Bingo working. The best time to catch her is at the Board or General Membership meetings.

Bob Anderson: Bob is another one involved in many activities in the local area. Bob does stop by from time to time to socialize with the members. Bob can also be found at Karaoke. He loves to sing. You can also catch Bob at the Board and General Membership meetings.

Nancy Bliven: You can catch Nancy at the early morning exercise class at 10AM on Tuesdays and Thursdays. She seldomly misses these classes. Nancy has been at most of our fundraisers and other events put on by the senior center. Nancy likes the 10 Minute Writing that Betty teaches. Both meetings for the Board and General Membership you can usually catch her.

<u>Brian Dalton:</u> Is a new board member. Right now, the best time to catch Brian is at our Board meeting.

Nancy Howells: Another happy exercise person. Early mornings on Tuesdays and Thursdays you can catch Nancy. She also attends many fundraisers and other events at the senior center. She is also at both Board and General Membership meetings. Brad Kane: Has a cot at the senior center. Just kidding. I am there as much as I can be.

Rebecca Masingale: Works full time for WaFd so her time is limited. She does teach a financial class for us on the latest scams so we can protect ourselves. Our Board meeting is another great time for catching her.

Lee Schlenker: Lee is here most every day for at least an hour or more. Plays pinochle and other games with other members. Lee is trying to get a garden class going for the members. You can also catch Lee at both the Board and General Membership meetings.



Programs and Events

The Dallas Area Senior Center is looking for events to hold during the year that members will attend. This will involve a group of members to plan and pull off the event to the benefit of the Center and its members. Please look at this list and pick up to seven (7) events that you would like to participate in. You can also mark that you would like to be involved in the planning and running of that event.

Print Name:		

Like	Help	Event				
		St. Patrick's Day/1st day of Spring (March 17th)				
×		Easter/Earth Day (April 20-22)				
		Mother's Day (May 11 th)				
	Memorial Day (May 26 th)					
		Flag Day/ Father's Day (June 14/15)				
Juneteenth/First Day of Summer (June 19/20)						
Independence Day (July 4 th)						
		Polk County Fair help staff booth (August 6-9) with Monmouth Center				
:0		Labor Day (Sept 1st)				
	Grandparents Day (Sept 7 th)					
		Patriot Day (Sept 11 th)				
		First Day of Autum (Sept 22 nd)				
2		Columbus Day/Indigenous Peoples' Day (Oct 13th)				
		Halloween (Oct 31st)				
e.	ç.	Veterans Day (Nov 11 th)				
		Thanksgiving Day (Nov 27 th)				
		Christmas (Dec 25 th)				

Please note that the actual day of the event may not be the same Calander day as the event is held at the center due to the actual day of the week that the events falls upon and the center is open.

Thanks for your input! – Please let Lee Schlenker know if you have any questions or comments. If you receive the newsletter through the post office, remove the page, mark your choices, and return to the senior center. If you receive the newsletter through email, print out the page, mark your choices, and return to the senior center.

<u>Please have survey returned to the Senior Center on or by March 8th General Membership Meeting</u>

BOARD GAMES WORD SEARCH PUZZLE

```
E
                          N
                                 Ν
                                                           S
                                                           E
D
В
                                                        Ζ
   D
                                                           D
                                                           Α
                                                        S
                                                           N
                                                        S
         D
                R
                   D
                          S
                             Н
                                       Е
                                              D
                       Α
```

BACKGAMMON BALDERDASH BATTLESHIP CANDYLAND CHECKERS

CHESS
CLUE
CONNECT FOUR
CRANIUM
MONOPOLY

MOUSETRAP OPERATION OTHELLO PARCHESI PICTIONARY RISK SCRABBLE SORRY STRATEGO TRIVIAL PURSUIT

www.WordSearchAddict.com

March 2025 - DALLAS AREA SENIORS CALENDAR OF ACTIVITIES

HOURS: 10AM – 3PM MONDAY - FRIDAY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3 8:30AM Board of Directors 10AM Cards/Table Games 10AM 5 Crowns Game 12PM Bridge 4PM Karaoke	4 10AM Cards/Table Games 10:15AM Low Impact Exercise 10:30AM Circle of Friends 11:10AM Low Impact Exercise 1PM Healthy Soul	5 10AM 4 Handed Pinochle 10AM Card/Table Games 11AM Mah-Jongg	6 10AM Card/Table Games 10:15AM Low Impact Exercise 11:10AM Low Impact Exercise 12PM 10 Minute Writing 12PM Bridge	7 10AM Cards/Table Games 10AM 6 handed Pinochle 10AM Art Workshop 12PM Watch Clinic	8 11:30AM DAS General Meeting & Potluck
9 Set Your Clocks Ahead One Hour	10 10AM Cards/Table Games 10AM 5 Crowns Game	11 10AM Cards/Table Games 10:15AM Low Impact Exercise 10:30AM Circle of Friends 11:10AM Low Impact Exercise 1PM Bunko	12 10AM 4 Handed Pinochle 10AM Card/Table Games 10AM Financial Training 11AM Mah-Jongg	13 10AM Card/Table Games 10:15AM Low Impact Exercise 11:10AM Low Impact Exercise 11:30AM Lunch Bunch 12PM 10 Minute Writing 12PM Bridge	14 10AM Cards/Table Games 10AM 6 handed Pinochle 10AM Art Workshop 5PM Bingo Dinner 6PM Bingo	15
16	17 10AM Cards/Table Games 10AM 5 Crowns Game 12PM Bridge 4PM Karaoke Saint Patrick's Day	18 10AM Cards/Table Games 10:15AM Low Impact Exercise 10:30AM Circle of Friends 11:10AM Low Impact Exercise 1PM Healthy Soul 6PM St. Patrick's Day Party	19 10AM 4 Handed Pinochle 10AM Card/Table Games 11AM Mah-Jongg	20 10AM Card/Table Games 10:15AM Low Impact Exercise 11:10AM Low Impact Exercise 12PM 10 Minute Writing 12PM Bridge 1PM Age Café	21 10AM Cards/Table Games 10AM 6 handed Pinochle 10AM Art Workshop 10AM Gardening Class Deadline For Calendar and Newsletter	22
23	24 10AM Cards/Table Games 10AM 5 Crowns Game	25 10AM Cards/Table Games 10:15AM Low Impact Exercise 10:30AM Circle of Friends	26 10AM 4 Handed Pinochle 10AM Card/Table Games 11AM Mah-Jongg	27 10AM Cards/Table Games 10:15AM Low Impact Exercise 11:10AM Low Impact Exercise	28 10AM Cards/Table Games 10AM 6 handed Pinochle 10AM Art Workshop	29
30	31 10AM Cards/Table Games 10AM 5 Crowns Game	11:10AM Low Impact Exercise 1PM Bunko		12PM 10 Minute Writing 12PM Bridge	5PM Bingo Dinner 6PM Bingo	