

# East of the Bay Area H & I Subcommittee Meeting Format

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Hi, I am an addict and my name is \_\_\_\_\_. I would like to welcome everyone to this meeting.

Can we open with a moment of silence followed by the Serenity Prayer?

Could someone please read?

1. Who is an addict
2. Why are we here
3. What is the NA program
4. How it works
5. We do recover

Thank you to everyone who read to help open this meeting.

This is a hospitals and institutions meeting we bring this meeting to you because you have no access to regular NA meeting. We are not affiliated with this facility. We are not social or welfare workers, we do not offer any counseling or education to any staff or residents. We do not provide jobs, housing, money, etc. or letters of reference to the judicial systems. The only thing we offer is the message of recovery from active addiction through Narcotics Anonymous. We are solely volunteers and are not compensated in any way to be here. We are simply here because we choose to be.

## Information Pamphlets

I ask that you respect the speaker; there will be no cross-discussion while anyone is sharing. Please hold any questions or comments you may have until the end of the meeting.

I would also like to remind you to compare in not out meaning look for the similarities and not the differences.

I have asked \_\_\_\_\_ to share his experience, strengths and hope so I will turn the meeting over to him/her.

I would like to thank the speaker and everyone for a really good meeting. We have a nice way of closing could someone read just for today? Then with a moment of silence followed by the serenity prayer

# East of The Bay H & I

Panel Leader: \_\_\_\_\_

Facility: \_\_\_\_\_

Date: \_\_\_\_\_

Literature

Amount Ordered: \_\_\_\_\_

Amount Distributed \_\_\_\_\_

Local Schedules

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Regional Schedules

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White Books

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#7 Am I An Addict

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#23 Staying Clean on the Outside

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# Intro to NA Meetings

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