## **HOW TO INTRODUCE**



Today, we have the honor of welcoming a remarkable individual whose life story is not just an inspiration but a testament to the unbreakable strength of the human spirit. Please join me in welcoming Brescia Bianco-Badenhorst, a professional speaker, advocate for mental health and addiction awareness, and the proud owner of Semicolon Marketing and Events.

Brescia's journey has been one marked by profound tragedy and overwhelming adversity. From a childhood shadowed by the loss of her grandfather to alcoholism, her grandmother, father and uncle to suicide, to witnessing her brother's heartbreaking struggles with bipolar depression resulting in his death by suicide as well, her life has been a battleground.

Addiction became an unfortunate companion during these dark times, leading her down a path of crime, homelessness, and despair. But it was in the very depths of this darkness that Brescia found the courage to change her story. With the unwavering support of loved ones, she fought her way back, celebrating 21 years of sobriety in September 2024.

Today, Brescia stands before us as a beacon of resilience and hope. Through her powerful advocacy, she brings light to the importance of mental health awareness, suicide prevention, and drug addiction recovery. Her work has touched countless lives, from schools to churches, where she boldly addresses the issues that society often shies away from.

Her story is one of transformation—from the depths of despair to the heights of success, as she now dedicates her life to helping others continue their stories, no matter the challenges they face. Brescia exemplifies the power of resilience, faith, and love in overcoming life's greatest obstacles.

Ladies and gentlemen, please put your hands together and give a warm welcome to Brescia, as she shares her incredible journey and the powerful message that no darkness is too great to overcome.