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January 2025

To Whom it may concern

RE: Brescia Bianco-Badenhorst Introduction

Dear Sir/Madam

I am pleased to offer this letter of recommendation for Brescia Bianco-Badenhorst in support of her participation in Teen Suicide Awareness Week, scheduled for February 10–15, 2025. Brescia is a passionate advocate for mental health awareness and suicide prevention, and her unwavering commitment to providing young people with safe spaces to openly discuss these vital issues is both inspiring and impactful.

Brescia's advocacy is deeply personal, as she draws from her own experiences, speaking with sincerity and empathy. This authenticity enables her to connect with her audience, particularly teenagers, in a way that is both meaningful and relatable. During Teen Suicide Awareness Week, Brescia will be visiting schools to deliver a powerful, thought-provoking talk on mental health and suicide prevention. Additionally, she will engage students in an interactive activity aimed at fostering meaningful conversations around these topics.

Having seen Brescia in action during previous engagements, I can attest to her professionalism and ability to leave a lasting impression on those she speaks to. She consistently tailors her message to meet the unique needs of her audience, offering not just valuable information, but also hope and encouragement to those who may be experiencing personal struggles.

I strongly recommend Brescia Bianco-Badenhorst for this initiative, and I am confident her involvement will significantly contribute to raising awareness about mental health and suicide prevention among young people. Should you require any further information or have questions, please feel free to contact me at director@elimclin.co.za or 0798889986

Thank you for your time and consideration.

Best regards,

Roger Weimann Director Elim Clinic