

# Happiness is For Everyone

Teaching kids that happiness is a choice everyone can make!

Inspired by the adult non-fiction book, *The Quest for Happiness. To Be Happy, or Not to Be Happy. The Choice is Yours.*, this playful book helps kids ages 3 to 8 discover that happiness is a choice everyone deserves. Through the fun and uplifting poem, children will learn simple ways to create happiness—by being kind, grateful, and finding joy in everyday moments. A heartwarming journey that empowers kids to shine from within!

*"A beautifully crafted story for children to learn happiness" - Keely, preschool teacher*

*"I have read this over and over to my child with delight" - Christy, a parent*

*"My child asks me daily to do things that make them happy now!" - Chancy, parent*

## About the Author



**Paula Price** is a mother, wife, daughter, fixer of things, recovering perfectionist, voiceover actress, author, and certified happiness coach. She received a BA in Communications: Radio/TV a Business Minor from

Xavier University and has done everything from running a corporate video studio to producing her own films. Each day in sunny Los Angeles brings about new blessings and challenges but Paula has learned to take everything in stride with a sense of humor and fiery drive. Her goal is to help others find and use their own light to live in their true purpose.

**Illustrator Olivia Mole** is a New York-based artist whose passion for art began in childhood and led her to earn a BFA in Illustration from the School of Visual Arts. Working primarily in digital media, she creates bold, vibrant pieces characterized by simple, striking shapes. Influenced by her Black and Latino heritage and her New York upbringing, Mole's work tells stories that reflect her culture, personal history, and the communities that have shaped her.



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Making the world better, one heart at a time.



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